# 12 LEAD ECG INTERPRETATION in

# ACUTE CORONARY SYNDROME

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Bayfront Health Seven Rivers
Crystal River, FL

St. Joseph's Hospital
Tampa, FL

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### PROGRAM CONTENTS

### **SESSION ONE:**

"Laying the <u>FOUNDATION</u> of your EKG ASSESSMENT SKILLS"...

1. THE EKG IN PERSPECTIVE

2. ESSENTIAL ANATOMY and PHYSIOLOGY

3. BASIC EKG PRINCIPLES

4. WAVEFORMS and INTERVALS

5. QRS PATTERNS

6. BUNDLE BRANCH BLOCKS

- 7. FACTORS EFFECTING THE EKG
- 8. STRUCTURED APPROACH TO EKG EVALUATION

- 9. EVALUATING RATE and RHYTHM
- 10. AXIS DEVIATION

11. AXIS ROTATION and R-WAVE PROGRESSION

# PROGRAM CONTENTS SESSION TWO

# THE ACUTE CORONARY SYNDROMES



- STEMI
- NSTEM
- UNSTABLE ANGINA / OBSTRUCTIVE C.A.D.



### PROGRAM CONTENTS

### SESSION THREE

(4 HOURS)

- ~ Paced Rhythms
- ~ Early Repolarization
- ~ Pericarditis / Myocarditis
- ~ EKG features of Old MI
- ~ Hemiblocks, BiFasicular Blocks, Heart Blocks
- ~ Chamber Hypertrophy
- ~ Electrolyte Imbalance effects on EKG
- ~ Medication Effects on EKG
- ~ Wolff-Parkinson-White
- Ventricular Tachycardia vs.
   Supraventricular Tachycardia with BBB

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   Supraventricular Tachycardia with BBB

### ..... But NOT Today!

# Curriculum Development:

- Didactic Materials:

"Practical Electrocardiography" by Galen Wagner, MD and Henry J. L. Marriott, MD

"Practical Electrophysiology" by Richard Fogoros, MD

70+ current Medical Journal article citations: primary sources NEJM, JACC, JAMA, AHA Circulation, + others

<u>CASE STUDIES</u> from St. Joseph's Hospital CARDIAC CATH LAB 1997 – TODAY

PowerPoint presentation converted to TEXTBOOK in 2010.

In the CARDIAC CATHETERIZATION LAB, we read our patients. 12 Lead ECGs and then evaluate their coonsary unterest and vertricular function during argiography. Stated in plan English, we republif learn how to correlate 12 least ECG findings with what's really gobig on inside our partents' hourts. Seeing ECGs from this perspective adds a new dimension to understanding the complex pathophysiologies of cardiovascular disease.

#### This book prepares you to:

- INTERPRET 12 Lead ECGs.
- ASSMILATE DATA derived from the 12 Lead ECG into a comprehensive patient evaluation process designed to maximize diagnostic accuracy, while taking into consideration the 12 Lead ECGs enherent LACK of SENSTITUTY and SPECIFICITY.
- IDENTIFY 13 PATTERNS associated with myocardial ischemia and infarction, including the most subtle ECG changes often missed by clinicians and the ECG machine's computerized interpretation software.
- CORRELATE each lead of the ECG with specific regions of the heart and the CORONARY ARTERIAL DISTRIBUTION that commonly supplies it. In cases of STEM, this knowledge propers you to ARTICIPATE the FALLURG OF CRITICAL CARDIAC STRUCTURES – often BEFORE THEY FAIL.

For those who need to master essential material quickly, this book has been written with an expedited learning feature, designed to make learning as easy as 1 2 3:

- 1. READ the YELLOW HIGHLIGHTED TEXT
- 2. STUDY the GRAPHIC IMAGES, PICTURES and ECGs
- 3. CORRECTLY ANSWER the REVIEW QUESTIONS at the end of each section.

This is an invaluable resource for every medical professional who evaluates policets and reads their 12 lead ECGs:

- Fellows in Energency, Cardiology, and Family Medicine
- Medical Residents
- Veteran Physicians weeting a good review in ACS patient evaluation
- Physician Assistants and Nurse Practitioners
- \* Energency Department Norses
- Coronary Care Unit and Cardiac Telepostry Warnes
- Wall-In Clinic Physicians and Marine
- Paramedes

"I Blink this book will be a wonderful addition to the textbooks that are already available, with a fresh perspective"

#### Joseph F. Ornato, MD, FACP, FACC, FACEP

- Professor and Chairman, Department of Emergency Medicine
- Medical College of Virginia/Virginia Commonwealth University
- Medical Director, Richmond Ambulance Authority,

Richmond, Virginia

"This book integrates academic ECG principles with real-world clinical practice by incorporation of well chosen callf lab case studies wide is curriculum. This combination late readers are patients and their ECGs through the eyes of an experienced callf lab instruminated, and provides a balanced approach to patient evaluation that compressates for the ECGs inherent tack of sensitivity and specificity. I highly-recommend this book for all Emergency Medicine and Cardiology Fellows. For experienced clinicians, the a superir neview."

Humberto Coto, MD, FACP, FACC

- Chief of Interventional Cardiology

St. Joseph's Hospital Tampa, Florida



LEAD

CATH

LAB

THE CATH LAB SERIES presents. 2 LEAD ECG INTERPRETATION ACUTE CORONARY SYNDROME with CASE STUDIES from the CARDIAC CATHETERIZATION LAB WAYNE W RUPPERT

<u>www.TriGenPress.com</u> www.ECGtraining.org BarnesandNoble.com
Amazon.com

### **TEXTBOOK REVIEWED BY:**

Joseph P. Ornato, MD, FACP, FACEP, FACC, Professor and Chairman, Department of Emergency Medicine, Medical College of Virginia-Virginia Commonwealth University

Humberto Coto, MD, FACP, FACC, Chief of Cardiology, St. Joseph's Hospital

Matthew Glover, MD, FACP, FACC, Interventional Cardiologist, St. Joseph's Hospital

Xavier Prida, MD, FACP, FACC, Interventional Cardiologist, St. Joseph's Hospital

<u>Charles Sand, MD, FACP, FACEP</u>, Emergency Department Physician, St. Joseph's Hospital

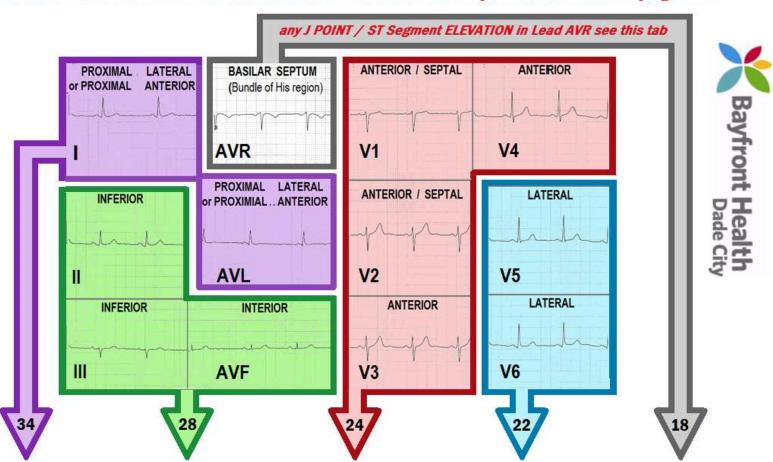
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# STEMI Assistant

by Wayne Ruppert

UNIVERSAL ACS PATIENT MANAGEMENT ALGORITHM
--- See PAGE ONE ---

Select LEAD SET with HIGHEST ST ELEVATION and open to associated page . . .



www.TriGenPress.com www.ECGtraining.org

CRASH CART EMERGENCY REFERENCE

BarnesandNoble.com Amazon.com

### **TEXTBOOK REVIEWED BY:**

<u>Barbra Backus, MD, PhD</u> Inventor of "The HEART Score," University Medical Center, Utrech, Netherlands

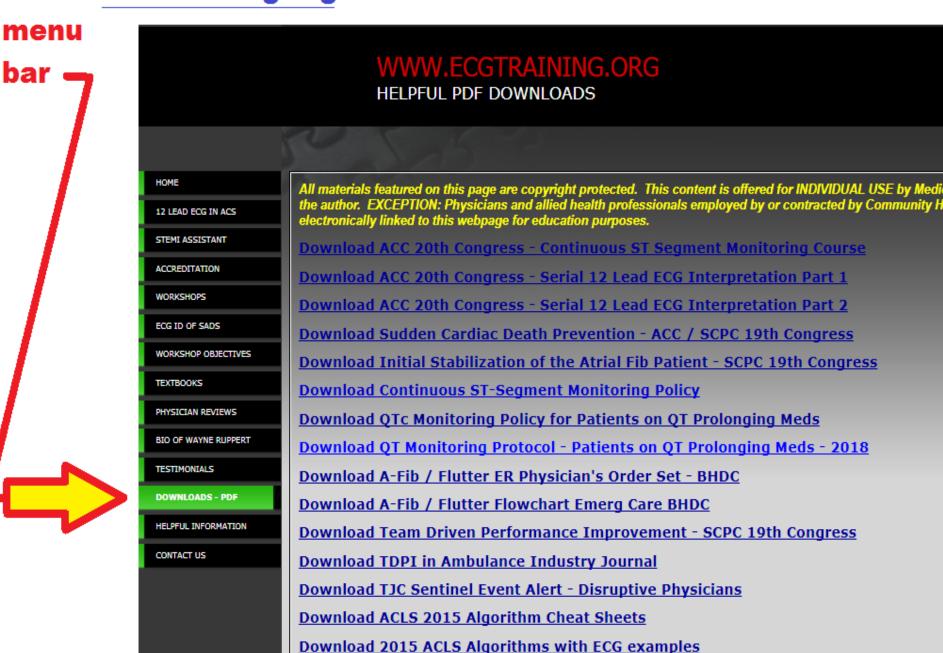
Michael R. Gunderson, National Director, Clinical and Health IT, American Heart Association

<u>Anna Ek, AACC, BSN, RN</u> Accreditation Review Specialist, The American College of Cardiology

William Parker, PharmD, CGP, Director of Pharmacy, Bayfront Dade City

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### Go to ECGtraining.org then select DOWNLOADS PDF from



Download Basic ECG Course Handout - 4 slides per page

### The EKG in PERSPECTIVE

- Much development in the 1950s and 60s, and at that time, EKGs were the primary diagnostic tool.
- 2. Today we have better diagnostic tools (e.g. ECHO, CARDIAC CATH, EP STUDIES) that sometimes conflict with traditional EKG-made diagnoses.
- 3. Some EKG findings are more accurate and reliable than others.



### The EKG in PERSPECTIVE

PROBLEMS WITH EKGs...

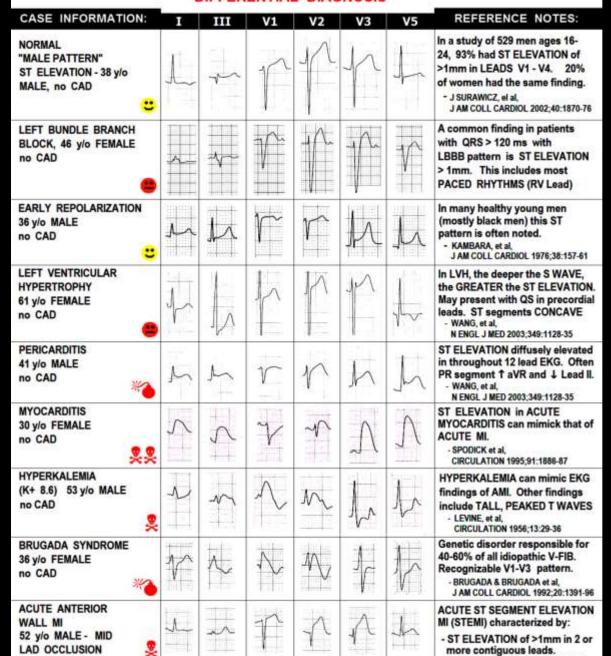
- **↓** SENSITIVITY
  - ( FALSE NEGATIVES )
- **↓** SPECIFICITY

( FALSE POSITIVES )

AND . . .

### ST SEGMENT ELEVATION

DIFFERENTIAL DIAGNOSIS



- ST segments usually CONVEX

# **EKGs in PERSPECTIVE, con't:**

In my personal experience, the reliability of the following EKG findings are:

Heart Rates Heart Blocks Bundle Branch Blocks	<ul><li>Extremely accurate</li><li>Extremely accurate</li><li>Extremely accurate</li></ul>
Acute MI Old MI (necrosis) Pericarditis	<ul><li>Usually accurate</li><li>Usually accurate</li><li>Usually accurate</li></ul>
Ischemia	- Somewhat accurate
V-tach vs. SVT abberancy Fascicular Blocks Chamber Hypertrophy	- Not very accurate - Not very accurate - Not very accurate



# **EKGs in PERSPECTIVE, con't:**



One of the MOST MISLEADING scenarios of all is when the EKG APPEARS PERFECTLY NORMAL . . .







. . . but MASKS serious, LIFE - THREATENING CONDITIONS.



that is why <u>YOU</u> must do a THOROUGH PATIENT EVALUATION . . . and have a HIGH INDEX OF SUSPICION !!!



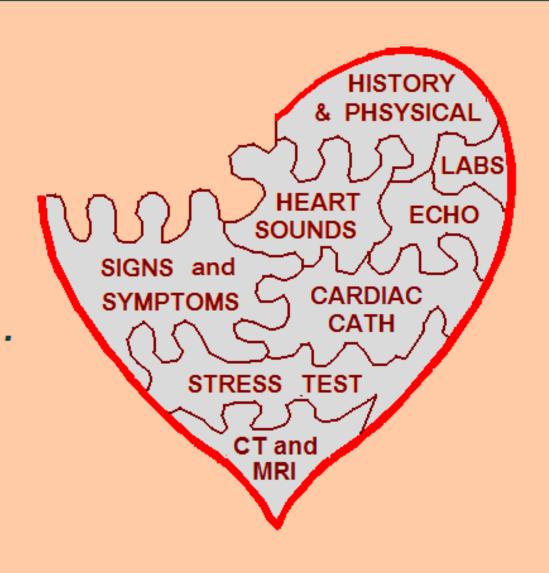
DESPITE ALL OF OUR TECHNOLOGICAL ADVANCES IN DIAGNOSTIC CARDIOLOGY....

THE 12 LEAD EKG IS THE QUICKEST AND MOST COST-EFFICIENT FRONT-LINE TRIAGE TOOL THAT WE HAVE TODAY.

# REMEMBER . . . . Keep the ECG Results in PROPER PERSPECTIVE . . . .



REMEMBER . . . it's only
ONE PIECE
of the
DIAGNOSTIC
PUZZLE!



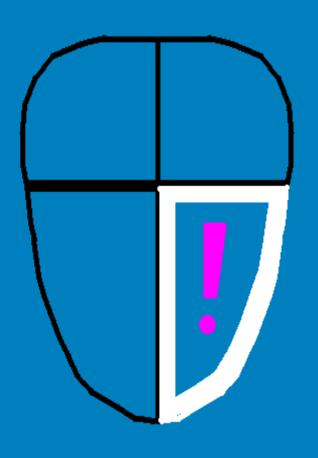
# THE CHAMBER MOST IMPORTANT TO KEEPING THE PATIENT ALIVE

(and the ONLY one you can't live without)

IS THE

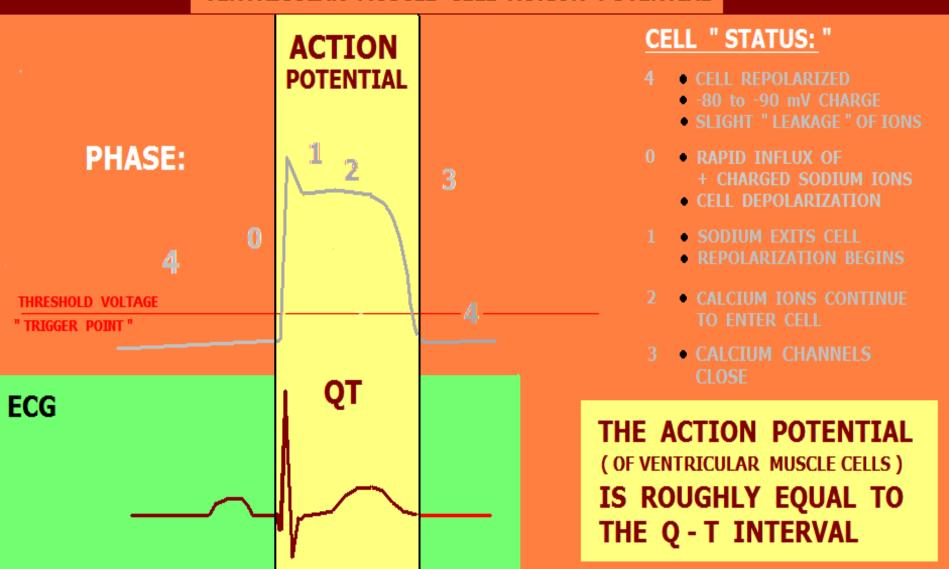
LEFT VENTRICLE

WHICH WE WILL REFER TO AS THE PUMP

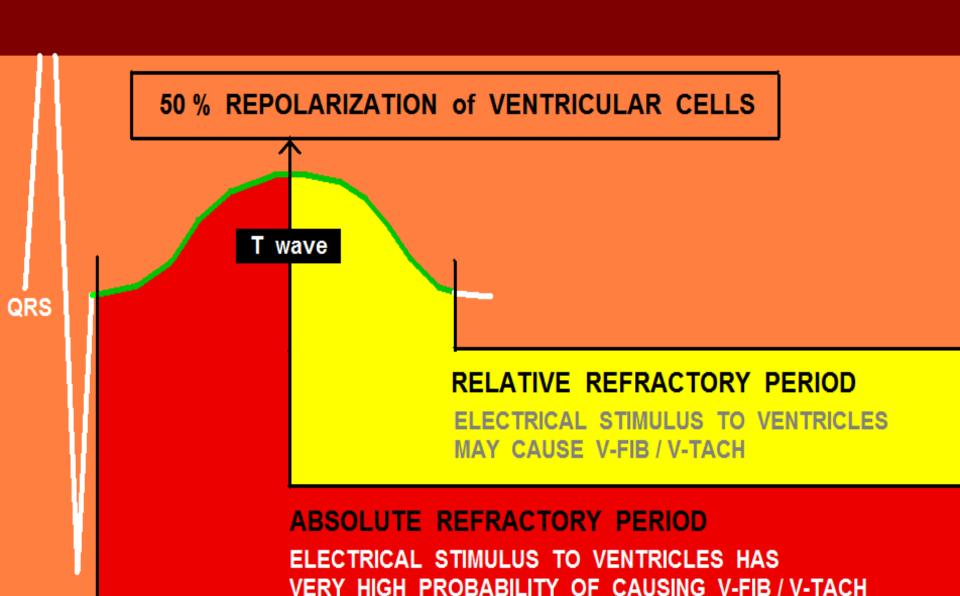


### CARDIAC ANATOMY and PHYSIOLOGY "101"

#### VENTRICULAR MUSCLE CELL ACTION POTENTIAL

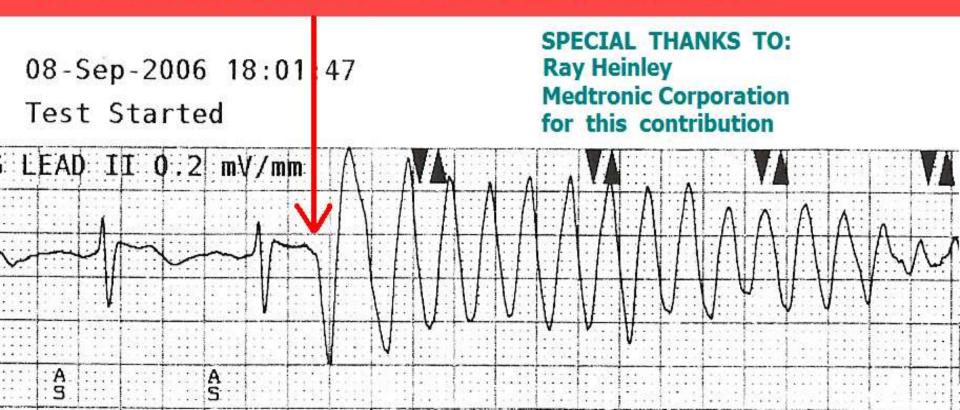


### CARDIAC ANATOMY and PHYSIOLOGY "101"



# ROUTINE TEST OF ICD

ELECTRICAL IMPULSE
ADMINISTERED DURING ABSOLUTE
REFRACTORY PERIOD -- INDUCES
VENTRICULAR FIBRILLATION



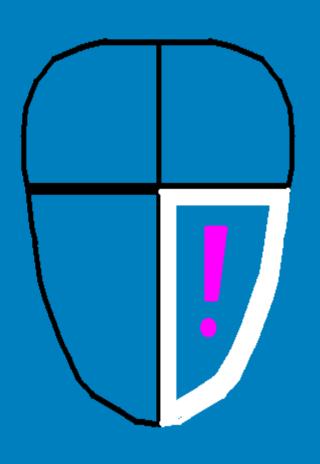
# THE CHAMBER MOST IMPORTANT TO KEEPING THE PATIENT ALIVE

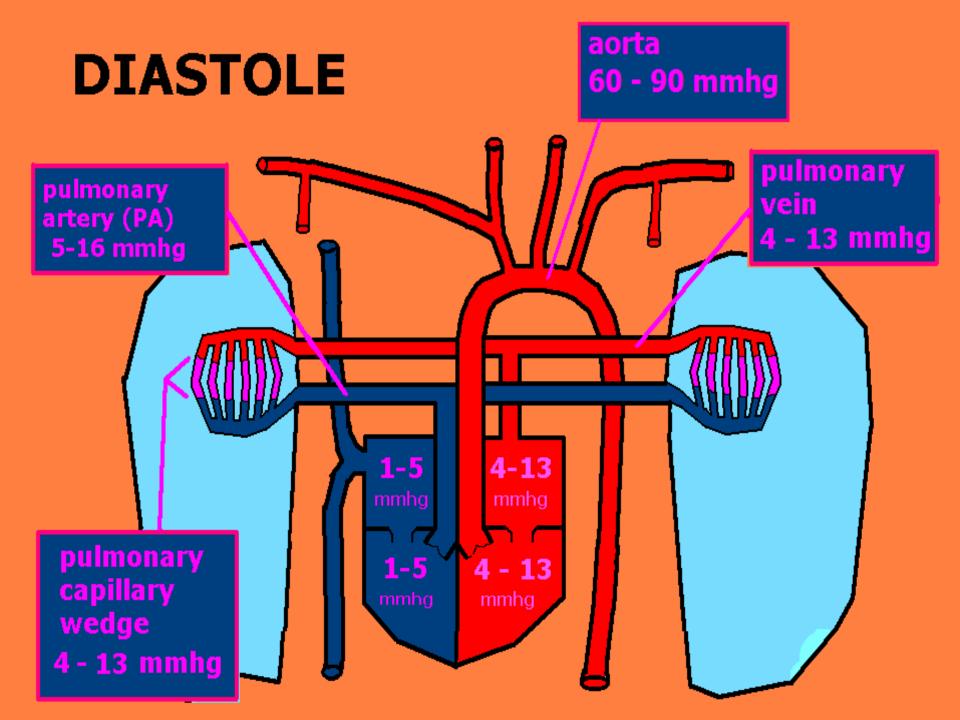
(and the ONLY one you can't live without)

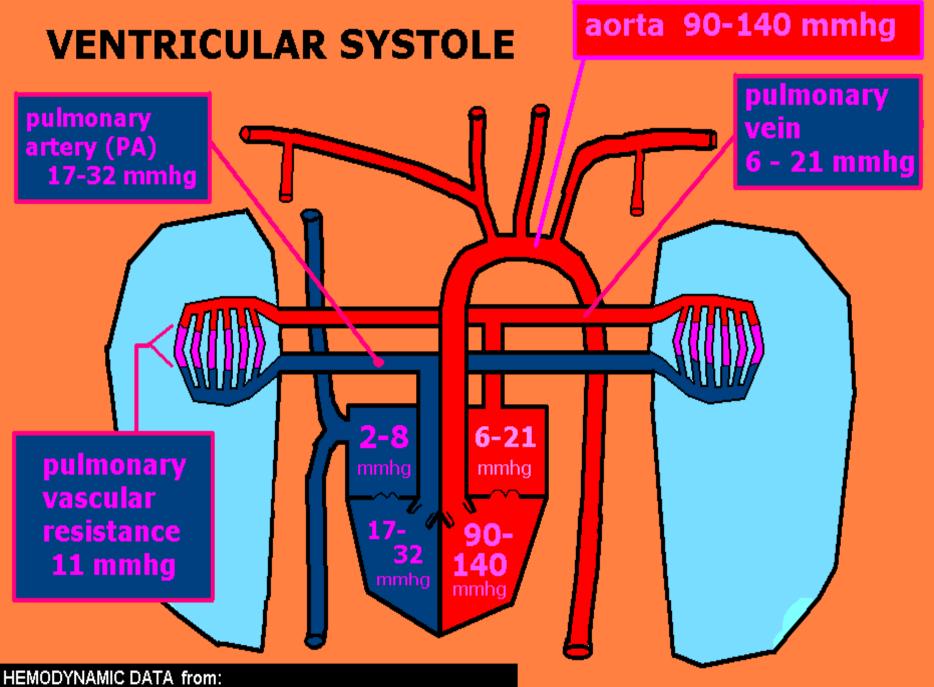
IS THE

LEFT VENTRICLE

WHICH WE WILL REFER TO AS THE PUMP







"The Cardiac Catheterization Handbook," Morton J. Kearn, MD



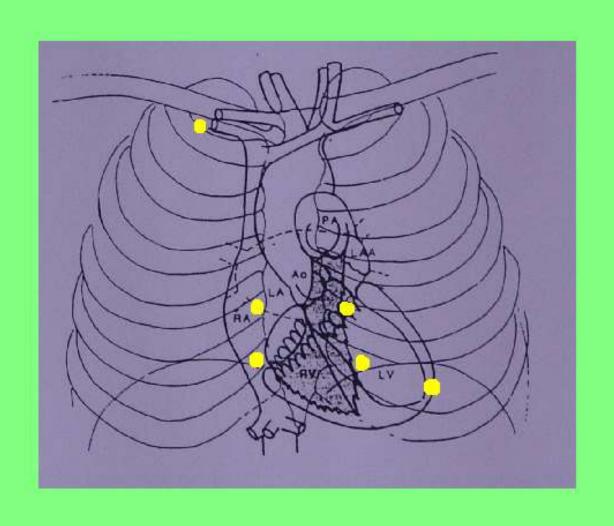
## BASIC HEART SOUNDS ASSESSMENT

# ABNORMAL EKG CHANGES THAT MAY PRESENT WITH ABNORMAL HEART SOUNDS:

- ACUTE MI
- CHAMBER HYPERTROPHY
- RECENT MI (NECROSIS)
- PERICARDITIS







### VERY

### BASIC HEART SOUNDS ASSESSMENT

- NormalHeartSounds
- Murmurs
  - systolic
  - diastolic
- FrictionRubs



SCOTT DAVIDSON, RN auscultating heart sounds at St. Joseph's Hospital Heart Institute Tampa, FL

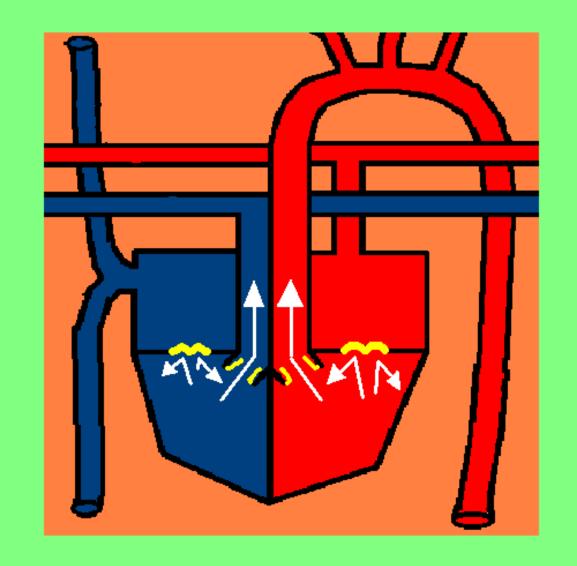
HEART SOUNDS ARE GENERATED BY THE SOUND OF THE HEART VALVES CLOSING.

THERE ARE TWO NORMAL HEART SOUNDS, KNOWN AS: S-1 and S-2

WE OFTEN DESCRIBE THESE HEART SOUNDS AS "LUB - DUP"

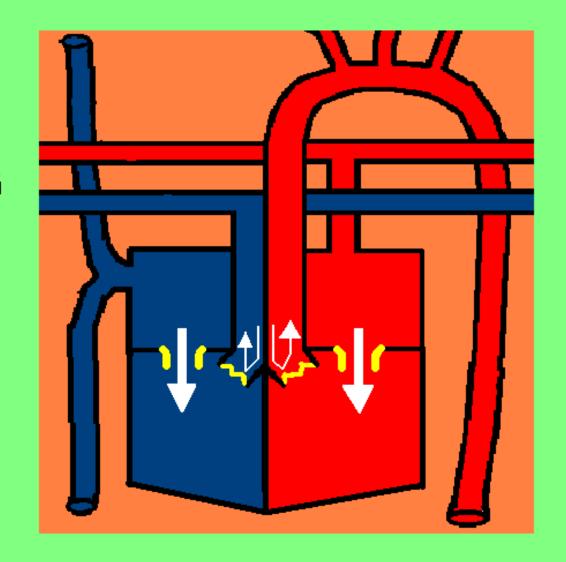
S-1 BEGINNING OF SYSTOLE.

SOUND OF THE MITRAL AND TRICUSPID VALVES CLOSING.

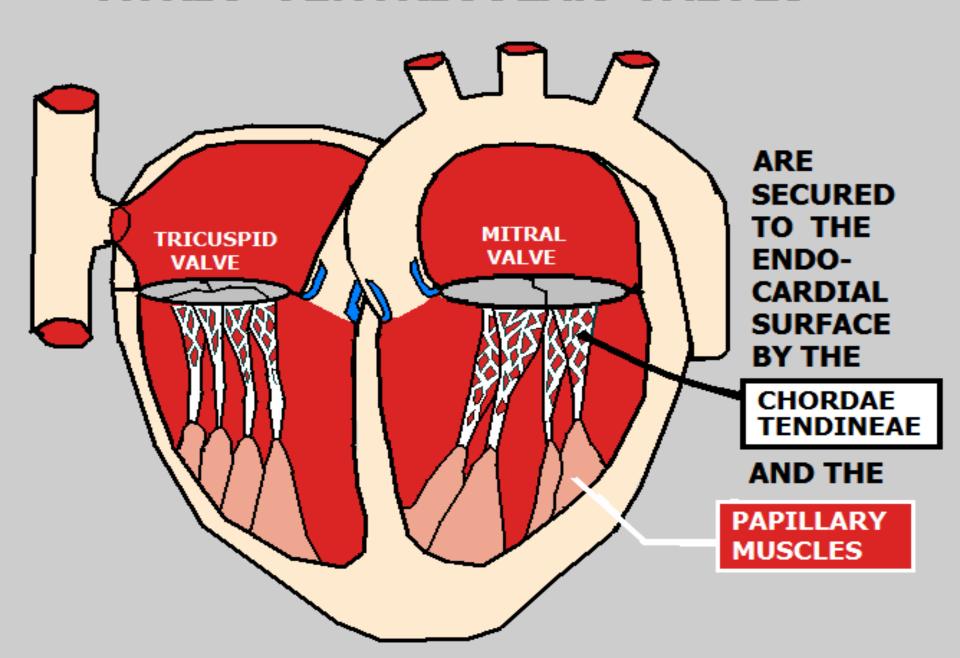


S-2 OCCURS AT THE END OF SYSTOLE (THE BEGINNING OF DIASTOLE).

IT IS THE SOUND OF THE AORTIC AND PULMONARY VALVES CLOSING.

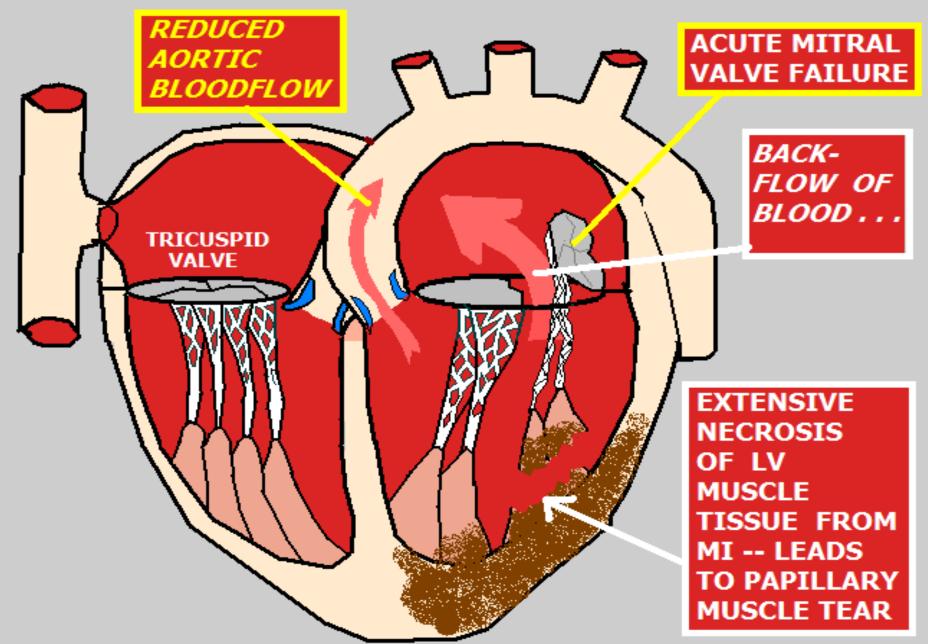


### ATRIO-VENTRICULAR VALVES



### ACUTE MITRAL REGURGITATION

**DURING VENTRICULAR SYSTOLE** 



### BASIC HEART SOUNDS ASSESSMENT

MURMUR = "SWOOSH" SOUND CAUSED BY THE SOUND OF TURBULENCE.

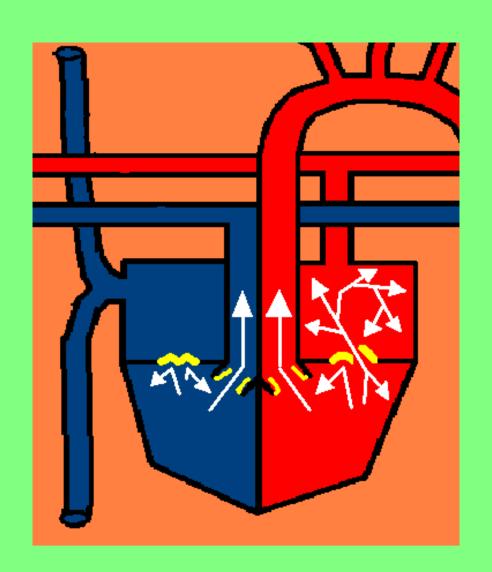
S-1 MURMUR SOUNDS LIKE:





#### CAUSE OF SYSTOLIC (S 1) MURMUR

- DAMAGE TO
   MITRAL and/or
   TRICUSPID
   VALVE(s)
- CAUSESREGURGITATION

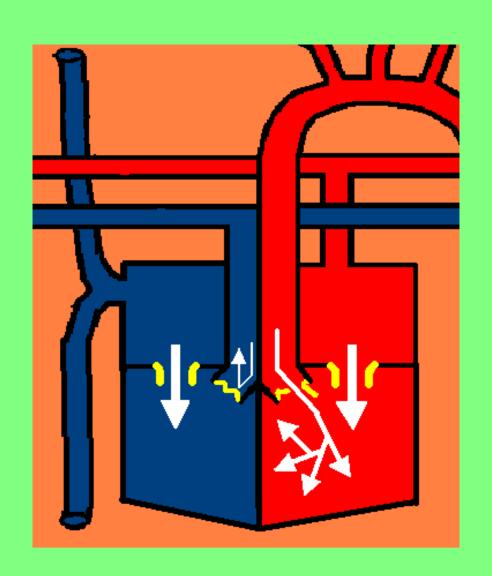


MOST SYSTOLIC MURMURS CAUSED BY MITRAL VALVE FAILURE.

ACUTE MITRAL VALVE
REGURGITATION IS A
POTENTIALLY LETHAL
COMPLICATION OF
ACUTE / RECENT
EXTENSIVE TRANSMURAL MI

#### CAUSE OF DIASTOLIC (S2) MURMUR

- DAMAGE TO
   AORTIC and/or
   PULMONIC
   VALVE(s)
- CAUSESREGURGITATION



#### BASIC HEART SOUNDS ASSESSMENT

MURMUR = "SWOOSH" SOUND CAUSED BY THE SOUND OF TURBULENCE.



#### S-2 MURMUR SOUNDS LIKE:

```
"LUB-SWOOSH . . . . LUB-SWOOSH . . . . LUB-SWOOSH . . . . LUB-SWOOSH . . . . LUB-
```

■ AORTIC VALVE FAILURE MOST COMMON CAUSE OF S-2 MURMUR

DUE TO THE HIGHER PRESSURES OF THE LEFT SIDE OF THE HEART

#### BASIC HEART SOUNDS ASSESSMENT

#### FRICTION RUB

- ASSOCIATED WITH PERICARDITIS
- SOUNDS LIKE THE GENTLE RUBBING OF SANDPAPER
- ☐ HAS 3 COMPONENTS: SYSTOLIC, EARLY, and LATE DIASTOLIC



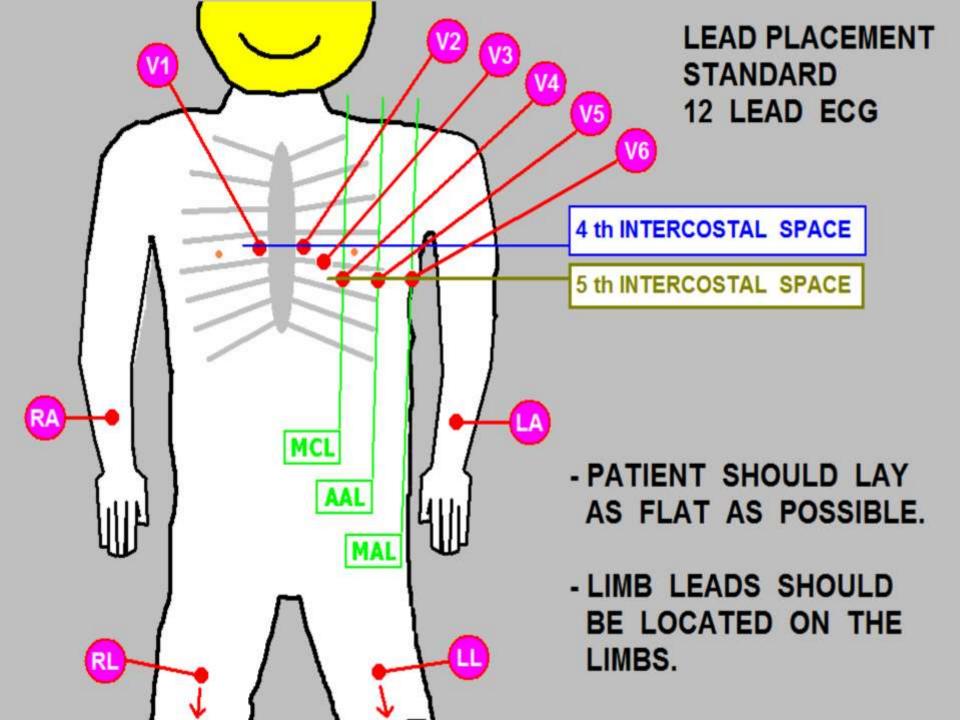
#### BASIC HEART SOUNDS ASSESSMENT

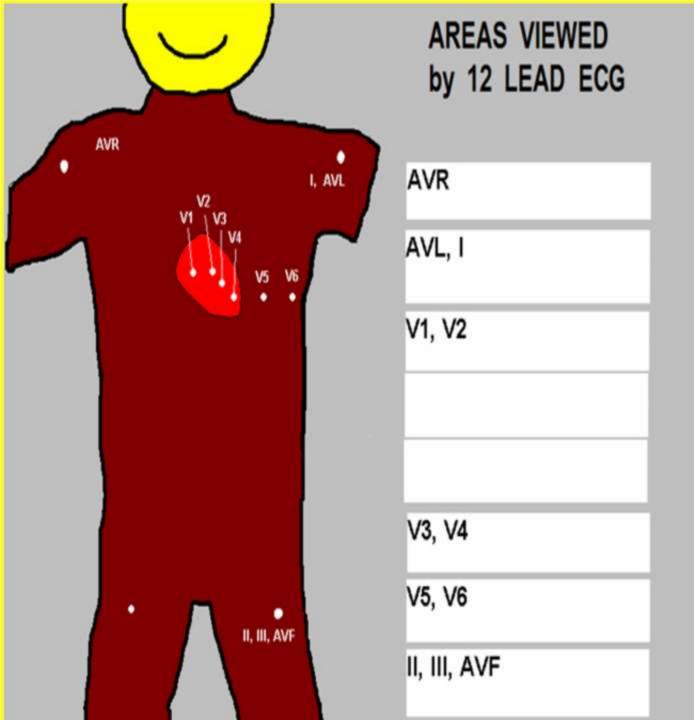
#### FRICTION RUB

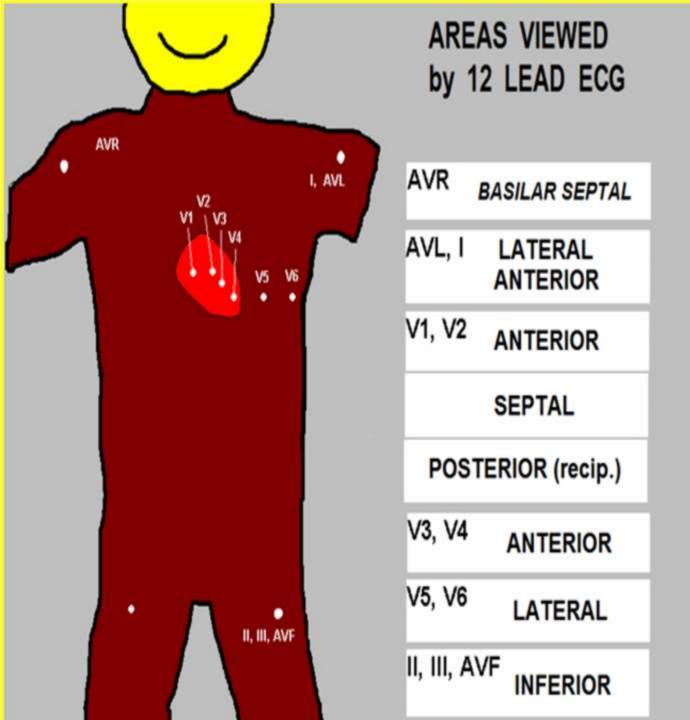
☐ IS PRESENT IN MOST ACUTE TRANSMURAL MI PATIENTS

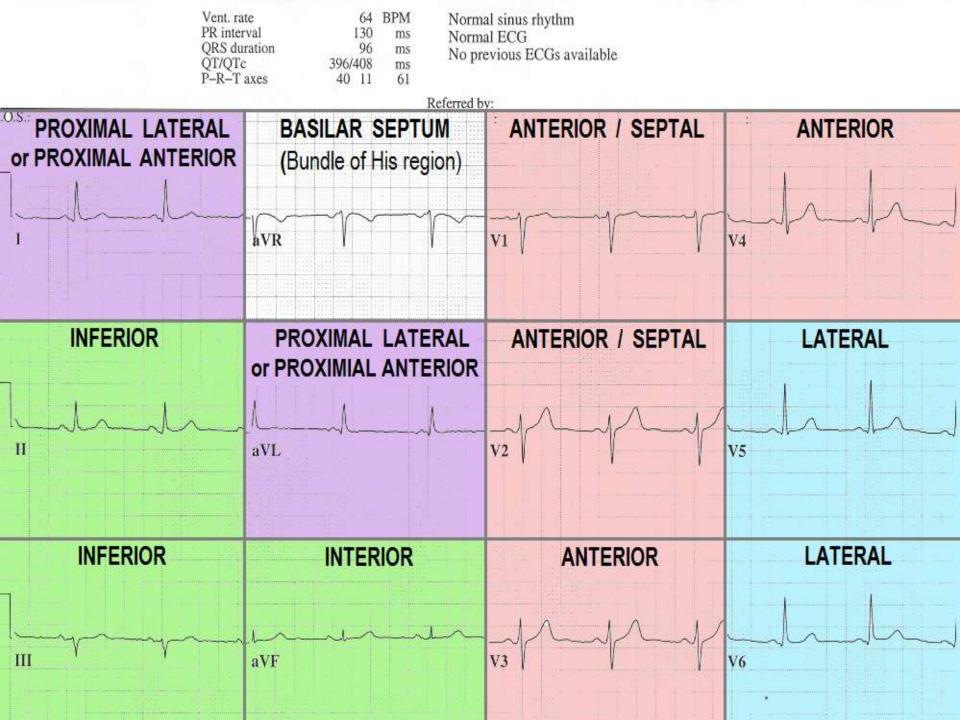


- MAY BE PRESENT
  WITHIN HOURS AFTER ONSET
- IS TRANSIENT -- MAY LAST FOR A FEW DAYS









# THE CORONARY



ARTERIES

STRUCTURES SERVED BY THF CORONARY ARTERIES



"Having knowledge of common coronary artery anatomy is the ....

to understanding the PHYSIOLOGICAL CHANGES that occur during ACUTE MI."

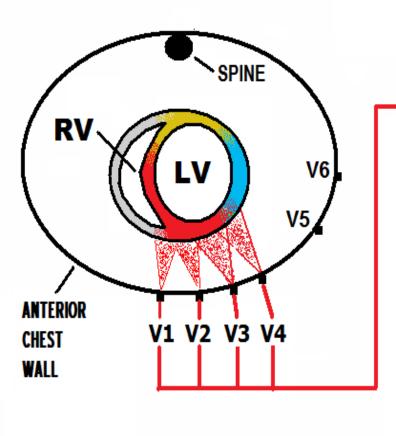
"INVALUABLE ASSET for ALL MEDICAL PROFESSIONALS who provide direct care to STEMI patients!"

### INTERPRET THE EKG, THEN:

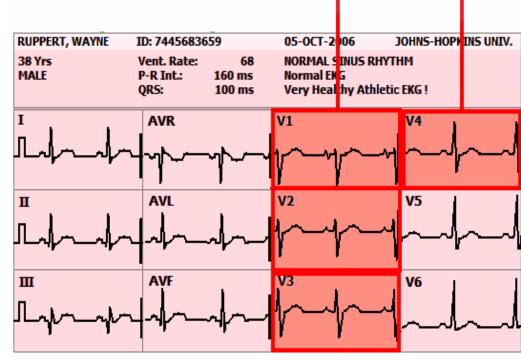
- IDENTIFY THE AREA OF THE HEART WITH A PROBLEM...
- RECALL THE ARTERY WHICH SERVES THAT REGION...
- RECALL OTHER STRUCTURES
  SERVED BY THAT ARTERY...
- THOSE STRUCTURES . . .
- INTERVENE APPROPRIATELY!

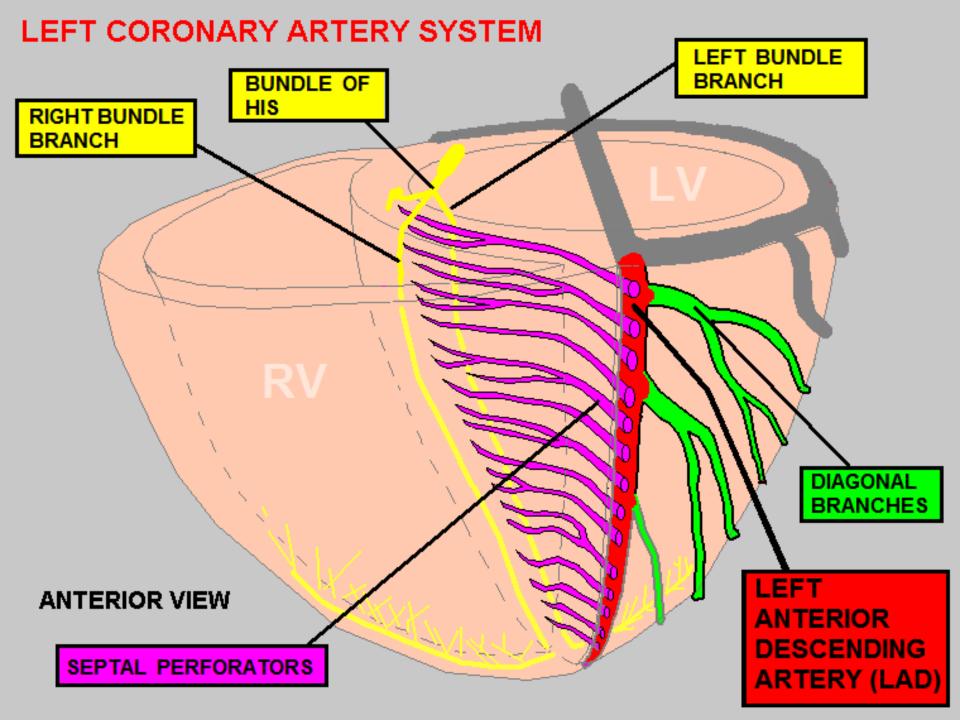
## V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL

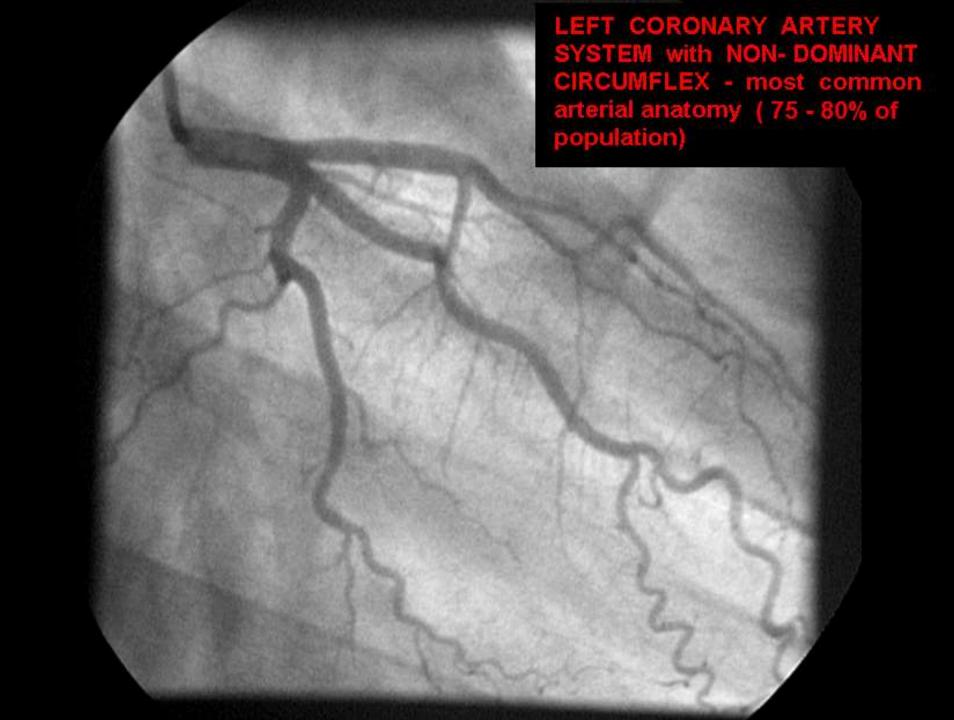
of the LEFT VENTRICLE



V1, V2 - ANTERIOR / SEPTAL V3, V4 - ANTERIOR









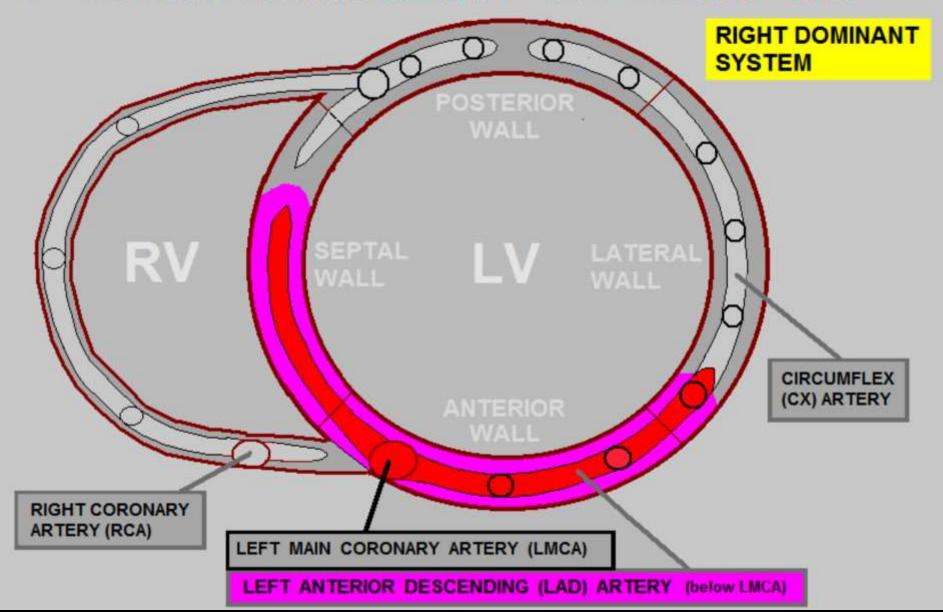


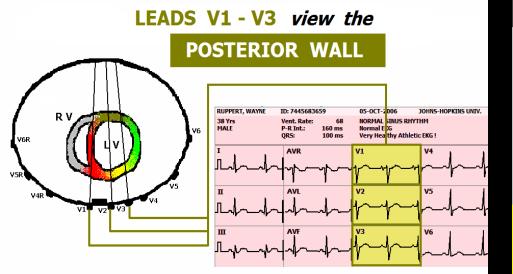
# LEFT ANTERIOR DESCENDING ARTERY (LAD)

- **BUNDLE OF HIS**
- **BUNDLE BRANCHES ( )**
- > 35 45 % OF LV MUSCLE MASS
  - ANTERIOR WALL
  - SEPTAL WALL (anterior 2/3)

#### LEFT ANTERIOR DESCENDING ARTERY (LAD)

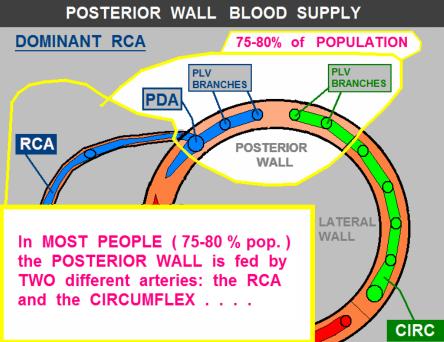


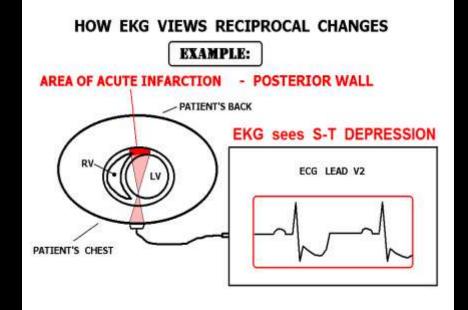




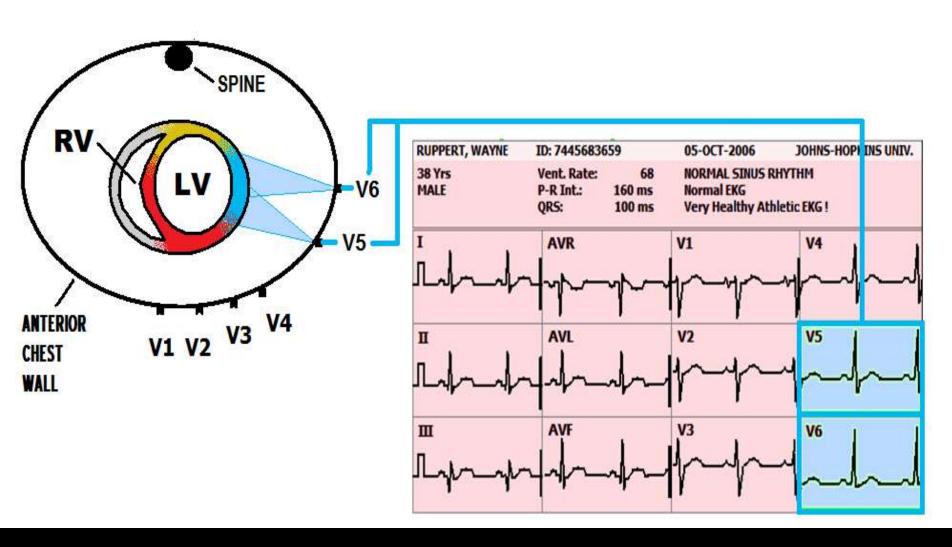
via RECIPROCAL CHANGES.

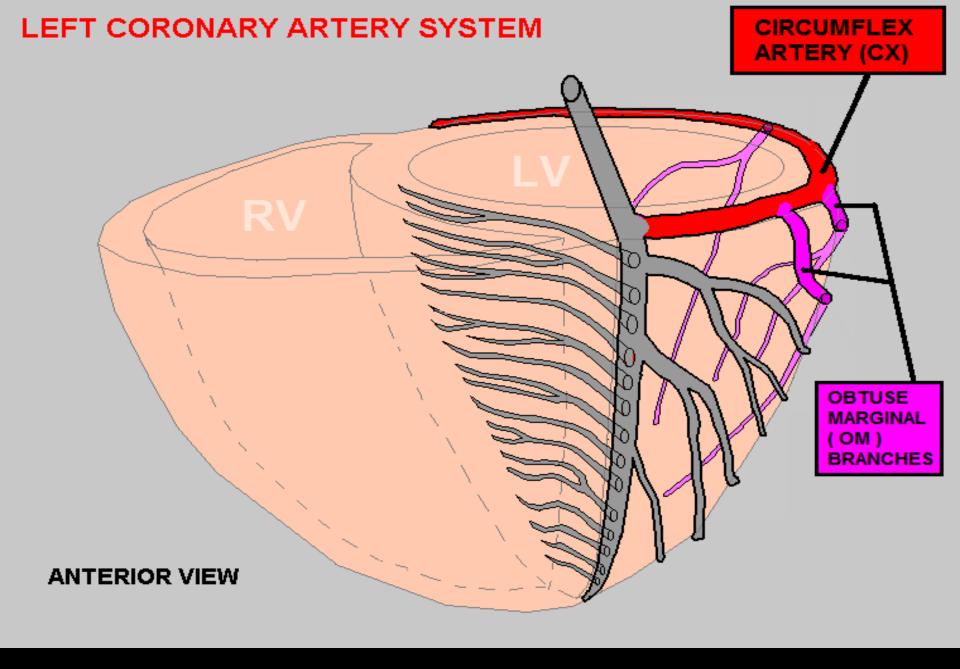
# HOW EKG VIEWS INDICATIVE CHANGES EXAMPLE: AREA OF ACUTE INFARCTION - ANTERIOR/SEPTAL PATIENT'S BACK EKG Sees S-T ELEVATION ECG LEAD V2 PATIENT'S CHEST

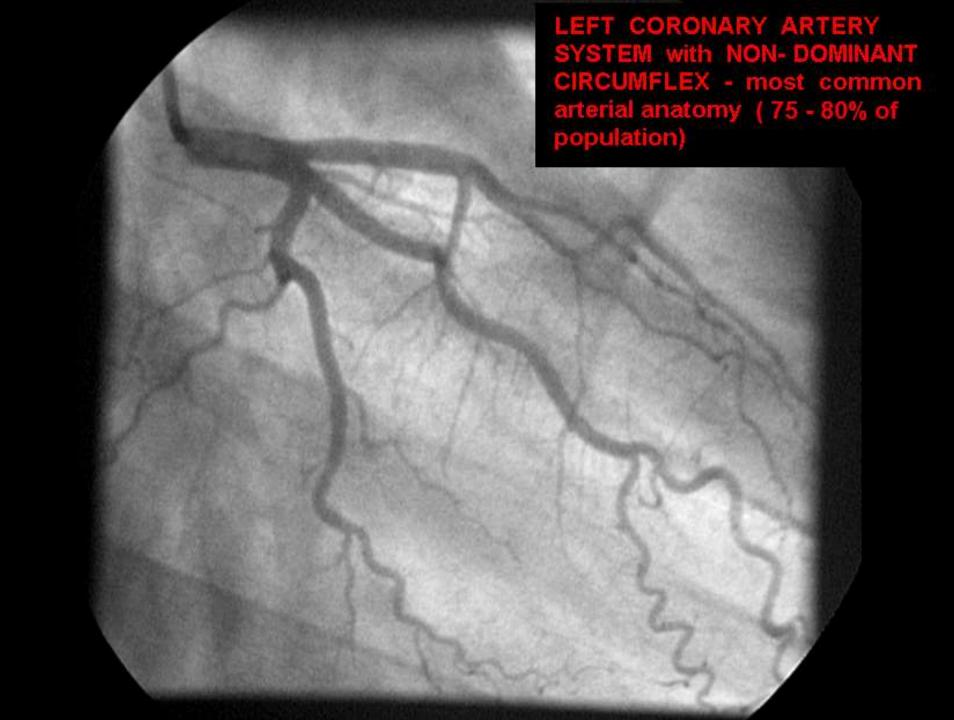




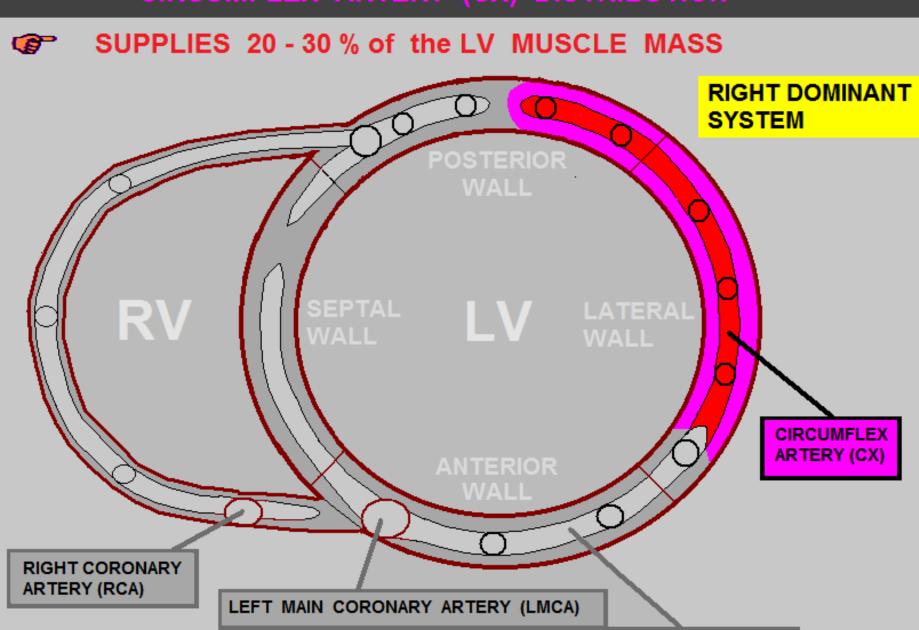
# V5 - V6 VIEW THE LATERAL WALL of the LEFT VENTRICLE







#### CIRCUMFLEX ARTERY (CX) DISTRIBUTION



LEFT ANTERIOR DESCENDING (LAD) ARTERY (below LMCA)



# – 🖁 🔶 HELPFUL HINT ... MEMORIZE THIS! 🛑 🧣 —

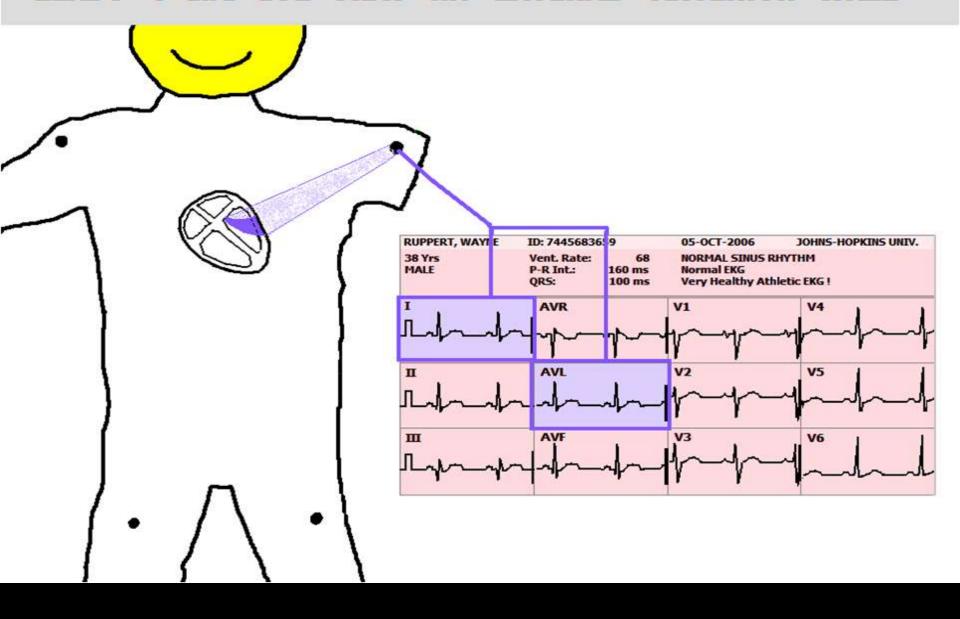


# CIRCUMFLEX ARTERY (CX)

SYSTEMS

- **LEFT ATRIUM**
- > SINUS NODE (45% of the population)
- LEFT VENTRICLE: 20 30 % of muscle mass
  - LATERAL WALL
  - up to 1/2 of POSTERIOR WALL

#### LEADS I and aVL VIEW the LATERAL - ANTERIOR WALL



# RUPPERT, WAYN E ID: 74456836 9 05-OCT-2006 JOHNS-HOPKINS UNITV. NAME OF THE PARTY HOPKINS UNITV. NAME OF T

#### CIRUMFLEX ARTERY 1st OBTUSE MARGINAL ARTERY SUPPLYING AREA VIEWED BY LEADS I and aVL ORIGINATES FROM CIRCUMFLEX ARTERY. AREA OF EKG VIEWED BY LEADS I and aVL LEFT ANTERIOR DESCENDING ANTERIOR VIEW ARTERY OCCLUSION of DIAGONAL ARTERY LEFT MAIN CORONARY ARTERY

CIRUMFLEX

VIEWED BY LEADS

AREA OF EKG VIEWED BY

FROM LEFT

ARTERY

LEADS I and aVL

LEFT ANTERIOR

DESCENDING

ARTERY

1st DIAGNONAL ARTERY SUPPLYING AREA

I and aVL ORIGINATES

ANTERIOR DESCENDING

ARTERY

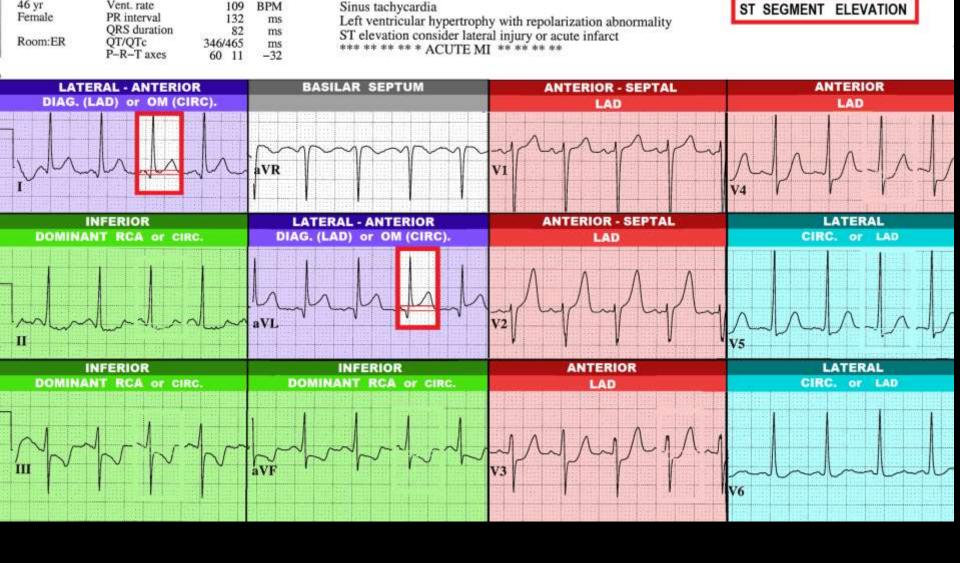
OCCLUSION of OBTUSE MARGINAL ARTERY

LEFT MAIN CORONARY ARTERY

ANTERIOR VIEW

AV NODE

#### OCCLUSION of RAMUS ARTERY LEFT MAIN CORONARY ARTERY AV NODE CIRUMFLEX ARTERY RAMUS ARTERY SUPPLYING AREA VIEWED BY LEADS I and aVL ORIGINATES FROM LEFT MAIN CORONARY ARTERY AREA OF EKG VIEWED BY LEADS I and aVL LEFT ANTERIOR DESCENDING ANTERIOR VIEW ARTERY



# ST Segment elevation ONLY in Leads I and aVL

46 yr

Vent. rate

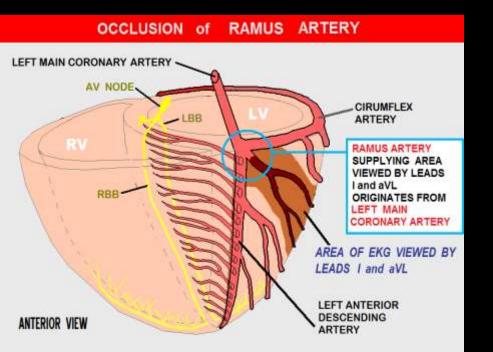
109

**BPM** 

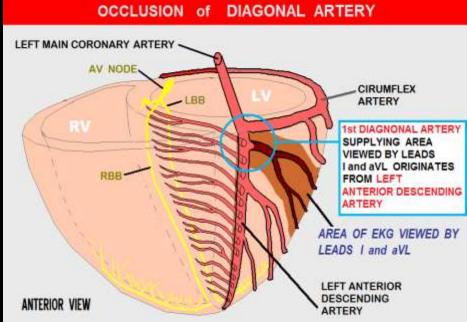
Sinus tachycardia

Usually indicates the "Culprit Artery" is most likely One of the following:

- RAMUS BRANCH
- 1st DIAGONAL off of LAD
- 1st OBTUSE MARGINAL off of CIRCUMFLEX



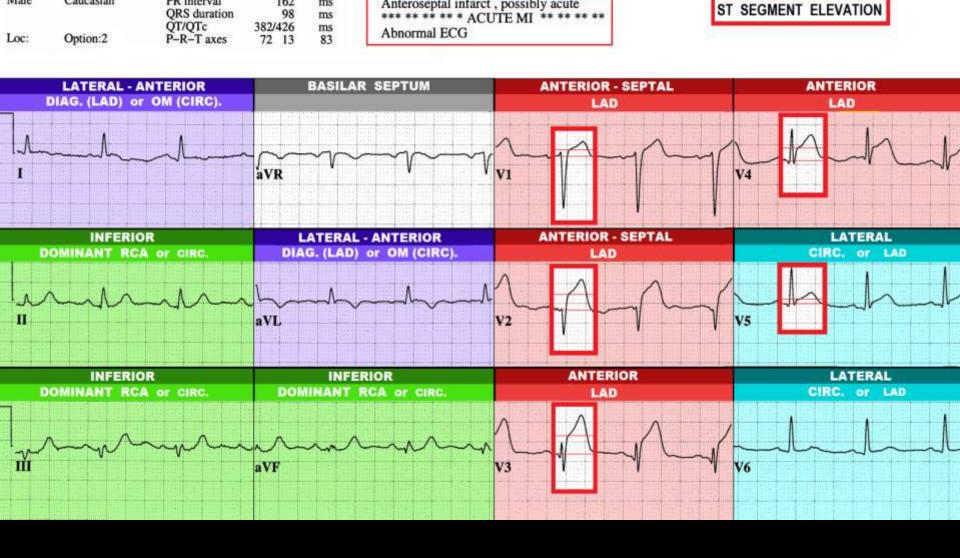
#### OCCLUSION of OBTUSE MARGINAL ARTERY LEFT MAIN CORONARY ARTERY -CIRUMFLEX ARTERY 1st OBTUSE MARGINAL ARTERY SUPPLYING AREA VIEWED BY LEADS I and aVL ORIGINATES FROM CIRCUMFLEX ARTERY. AREA OF EKG VIEWED BY LEADS I and aVL LEFT ANTERIOR DESCENDING ANTERIOR VIEW



# Here's why we care: Think of Leads I and aVL as



"THE POWERBALL"....



Normal sinus rhythm

Anteroseptal infarct, possibly acute

If you patient's ECG shows ST Elevation in Leads V1 – V4 . . . .

**BPM** 

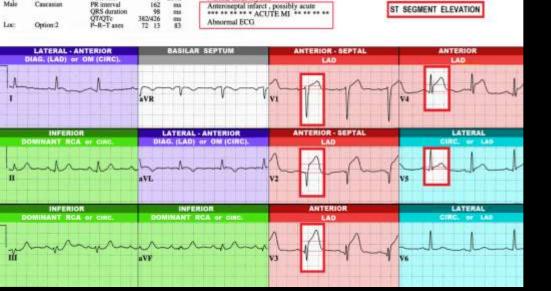
Vent. rate

PR interval

72 yr

Male

Caucasian



Normal sinus rhythm.

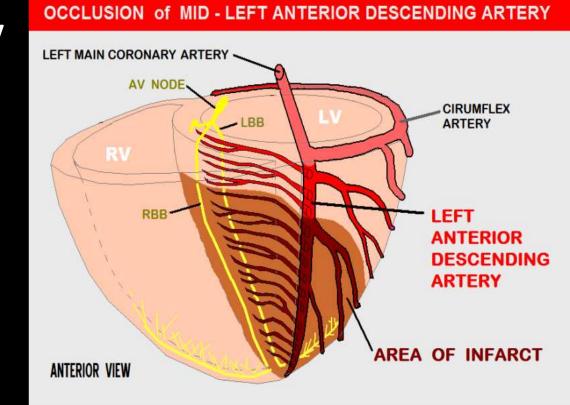
If your patient's **ECG** shows **ST Elevation in Leads V1 – V4...** 

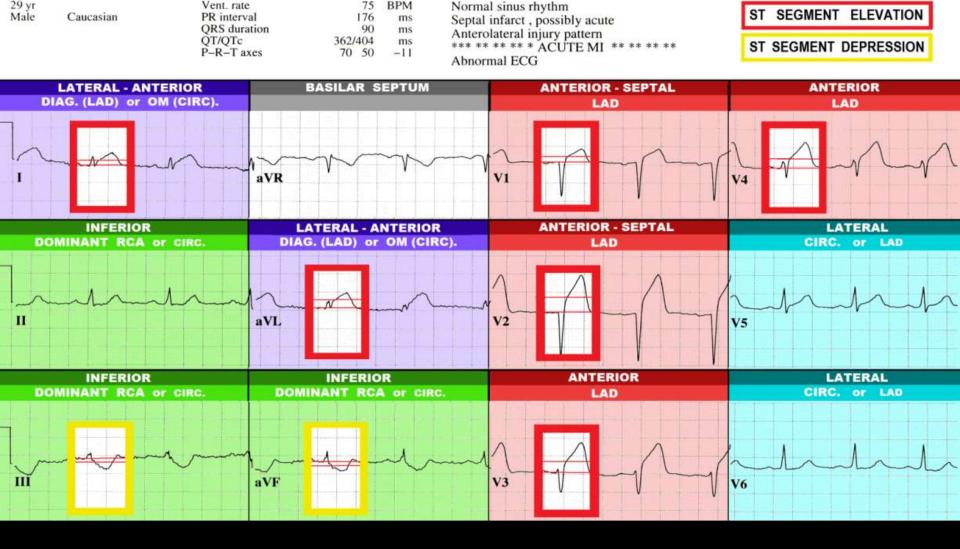
The obstruction is usually located at The MID - LAD level.

Vent. rate

PR interval

Cancasion





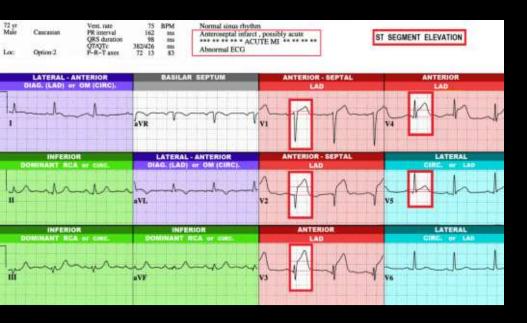
**BPM** 

29 yr

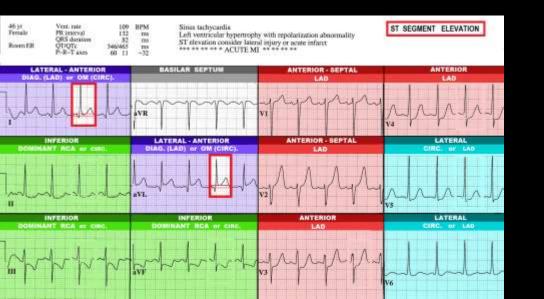
Vent. rate

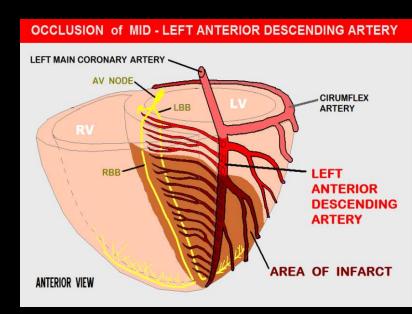
This patient's ECG shows ST 1 in V1 – V4 AND Leads I and aVL...

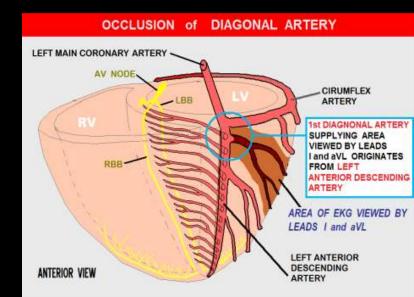
#### That means WE ADD THIS:



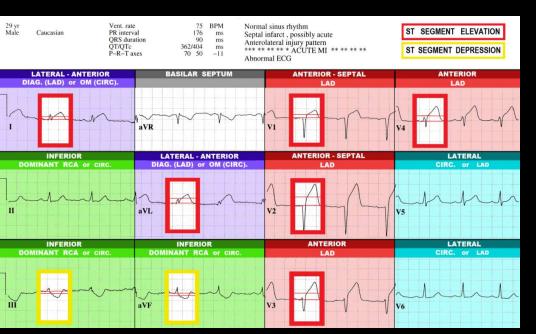
#### TO THIS:

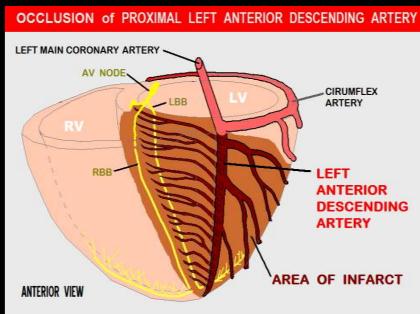






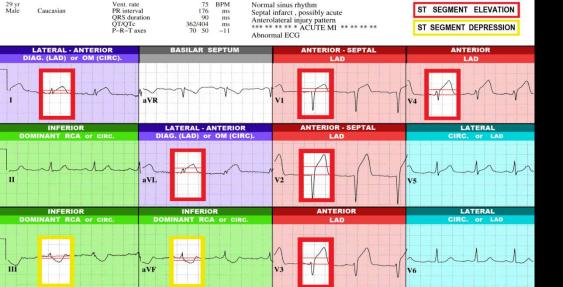
### AND WE GET THIS . . . .





#### Our patient just hit the POWERBALL!

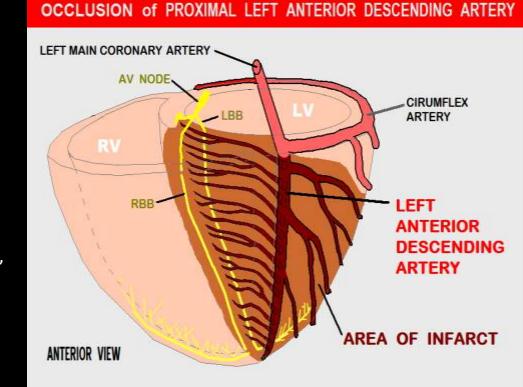
Use of the Electrocardiogram in Acute Myocardial Infarction,"
Zimetbaum, et al, NEJM 348:933-940



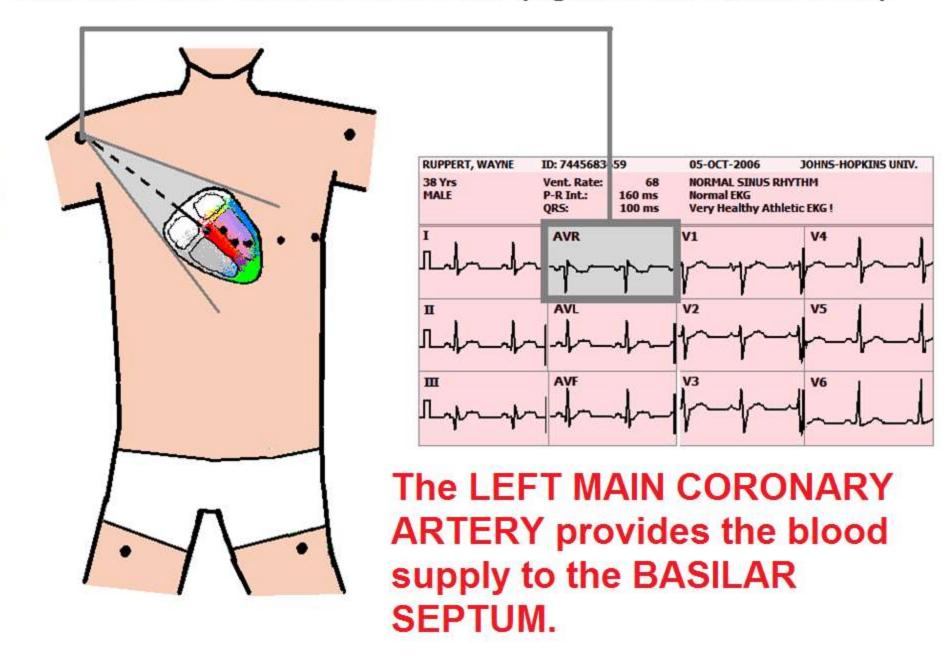
If you patient's ECG shows
ST Elevation in Leads V1 – V4 & I and aVL...

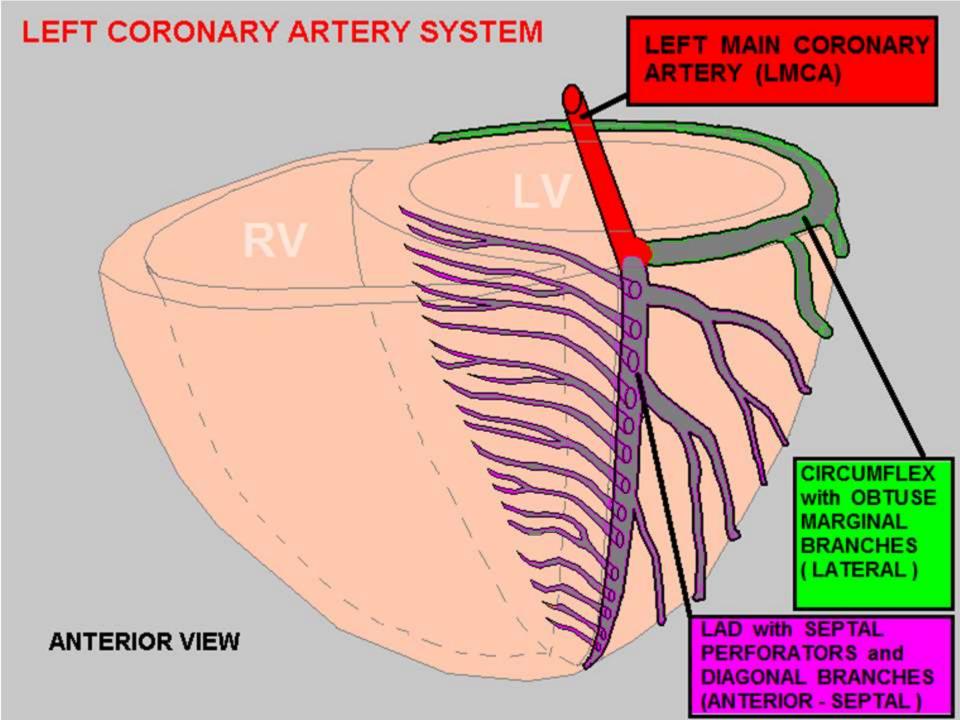
The obstruction is usually located at in the PROXIMAL LAD, above the level of the 1st Diagonal Branch!!

Use of the Electrocardiogram in Acute Myocardial Infarction,"
Zimetbaum, et al, NEJM 348:933-940



#### Lead AVR Views the BASILAR SEPTUM (region of the Bundle of His)

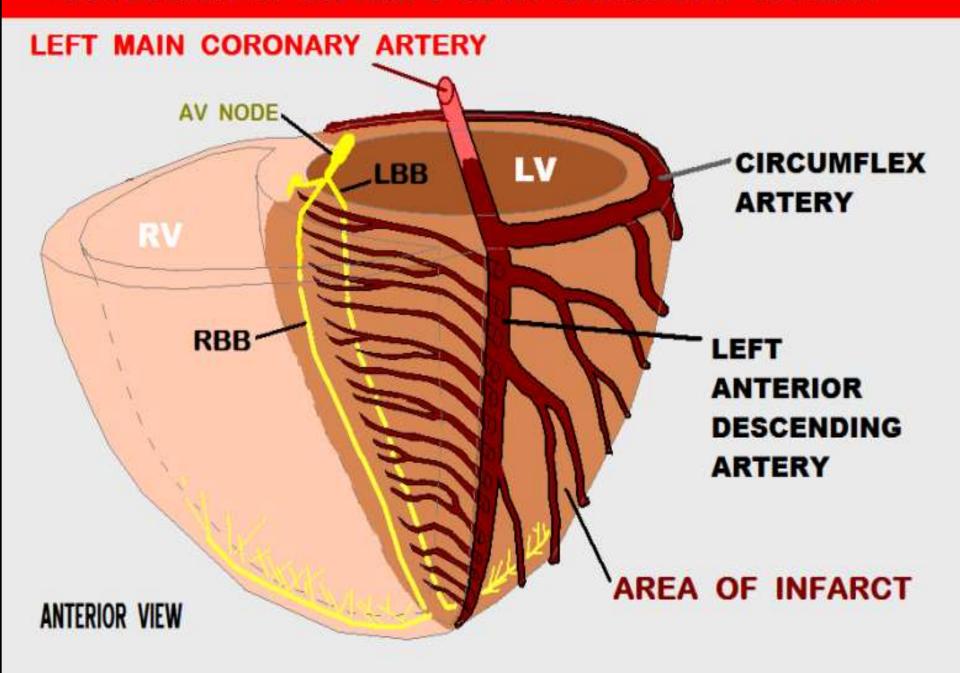




# When LEAD AVR shows ST Elevation:

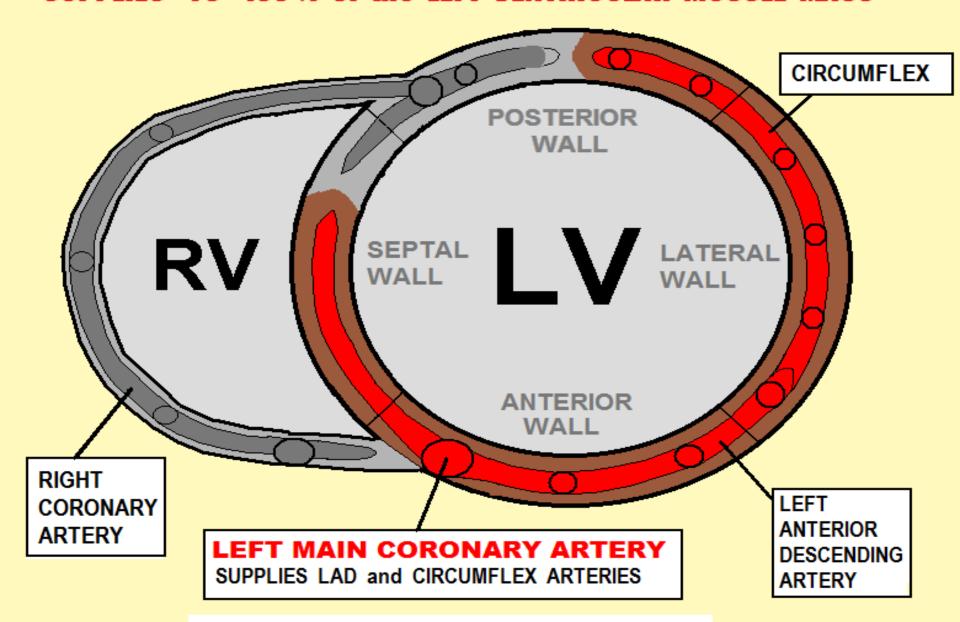
 STEMI: consider occlusion of the Left Main Coronary Artery.

#### OCCLUSION of the LEFT MAIN CORONARY ARTERY



#### The LEFT MAIN CORONARY ARTERY

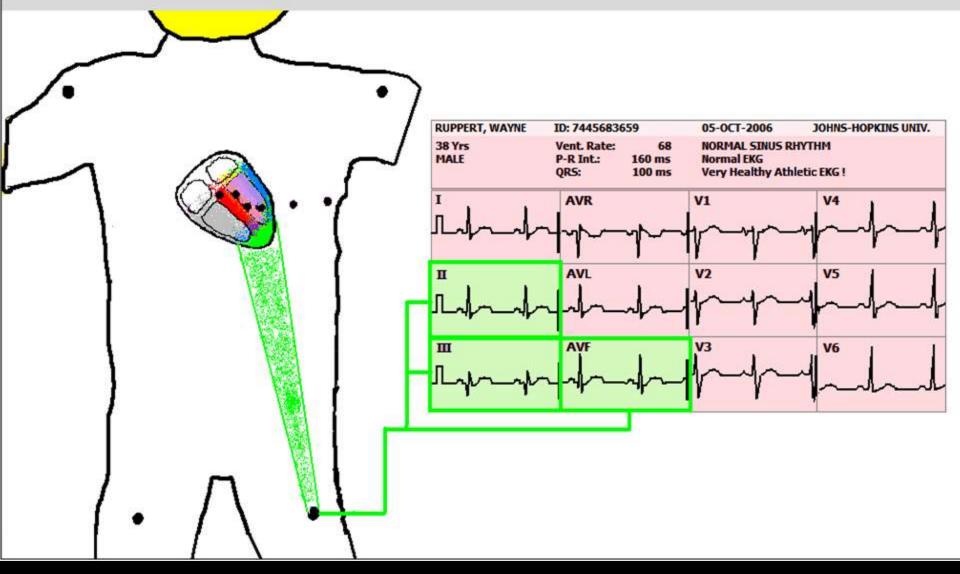
SUPPLIES 75 - 100 % of the LEFT VENTRICULAR MUSCLE MASS

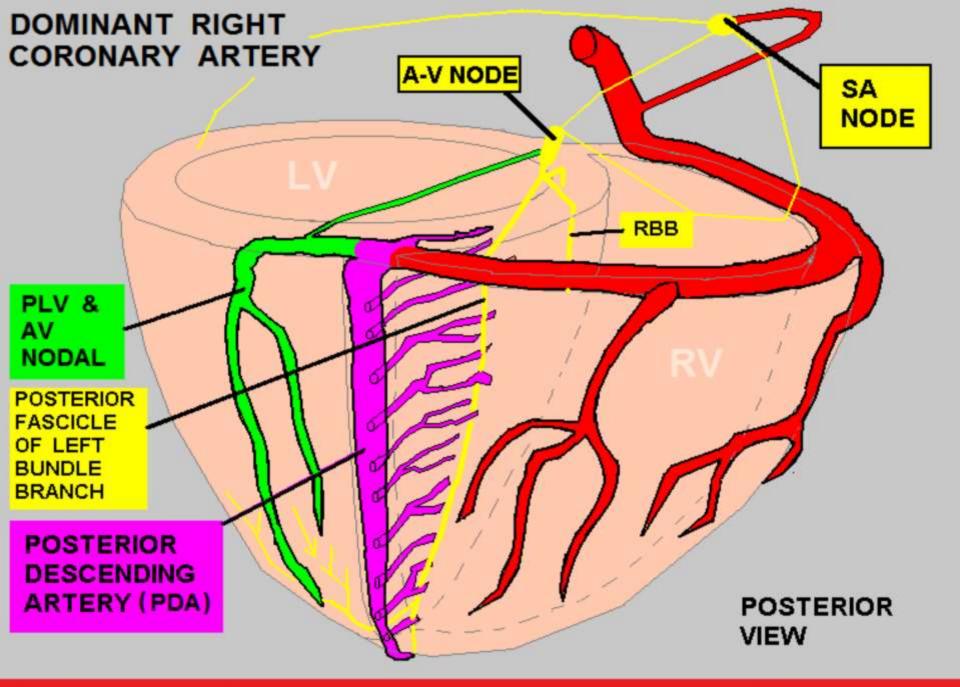


# When LEAD AVR shows ST Elevation:

- STEMI: consider occlusion of the Left Main Coronary Artery.
- NSTEMI and Unstable
   Angina consider LMCA
   Occlusion or TRIPLE
   VESSEL DISEASE

## LEADS II, III, and aVF VIEW INFERIOR WALL of the LEFT VENTRICLE





75 - 80% of the POPULATION HAVE THIS CORONARY ARTERY ANATOMY

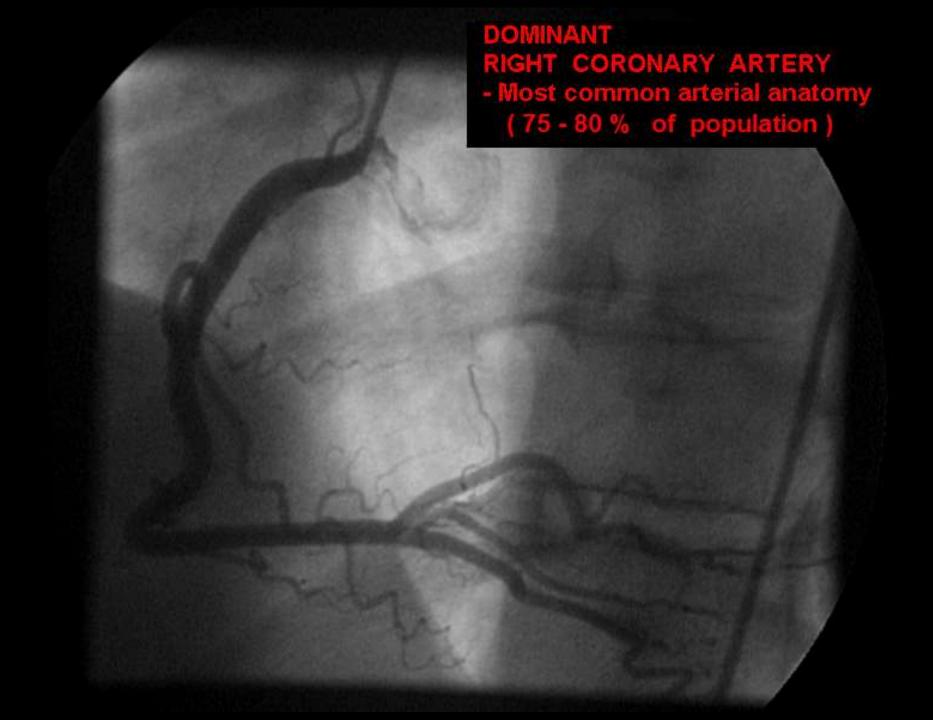




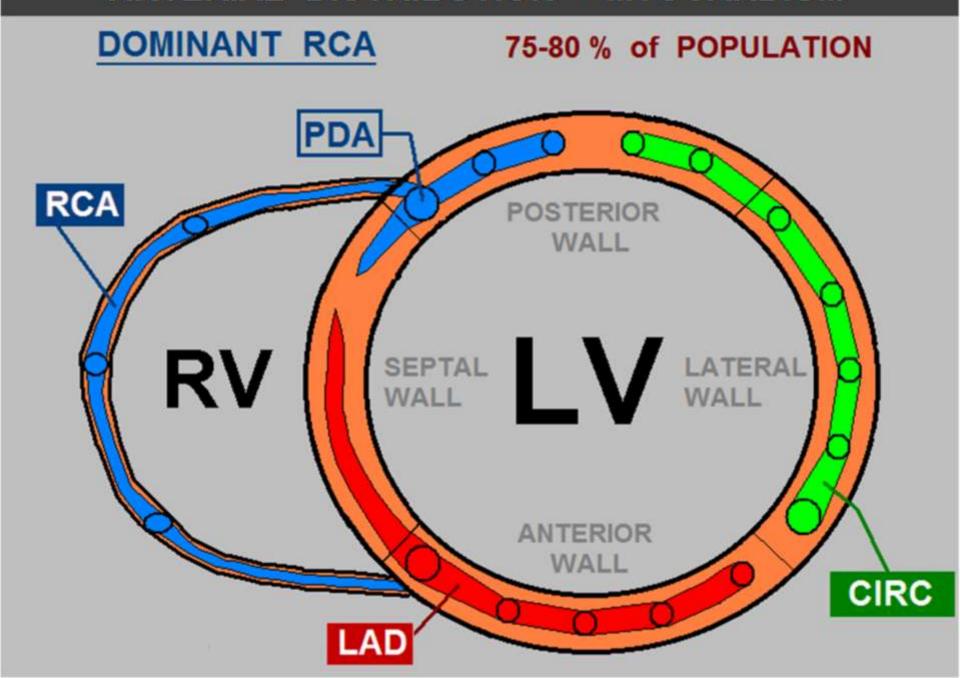
### RIGHT CORONARY ARTERY (RCA)

RIGHT DOMINANT SYSTEMS

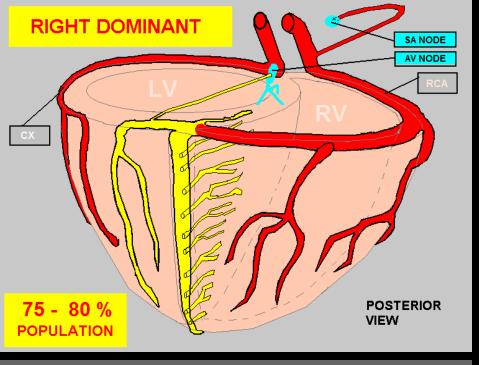
- RIGHT ATRIUM
- **SINUS NODE** (55% of the population)
- ▶ RIGHT VENTRICLE 100 % of muscle mass
- LEFT VENTRICLE: 15 25 % of muscle mass
  - INFERIOR WALL
  - approx. 1/2 of POSTERIOR WALL
- AV NODE

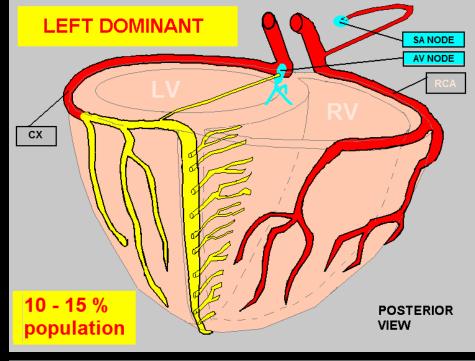


#### ARTERIAL DISTRIBUTION - MYOCARDIUM



So if the Right Coronary Artery Is DOMINANT in 75 – 80% of the POPULATION, what accounts for the Other 20 – 25% ??

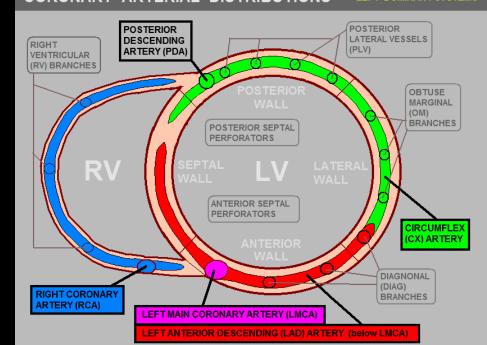


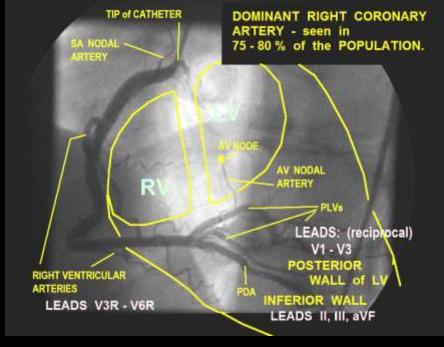


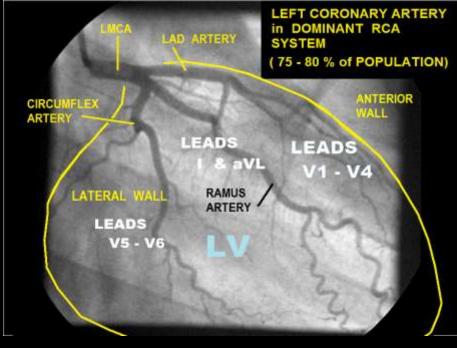
#### CORONARY ARTERIAL DISTRIBUTIONS - RIGHT DOMINANT SYSTEM

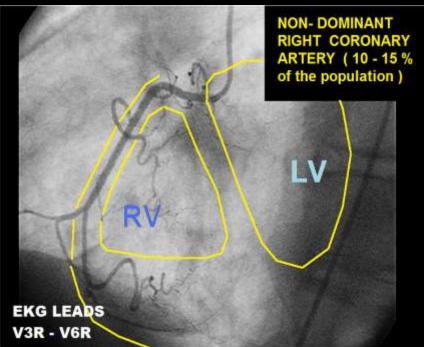
#### POSTERIOR POSTERIOR DESCENDING LATERAL VESSELS RIGHT (PLV) ARTERY (PDA) VENTRICULAR (RV) BRANCHES OBTUSE MARGINAL (OM) BRANCHES **POSTERIOR SEPTAL PERFORATORS** ANTERIOR SEPTAL PERFORATORS CIRCUMFLEX (CX) ARTERY DIAGNONAL (DIAG) RIGHT CORONARY BRANCHES ARTERY (RCA) LEFT MAIN CORONARY ARTERY (LMCA) LEFT ANTERIOR DESCENDING (LAD) ARTERY (below LMCA)

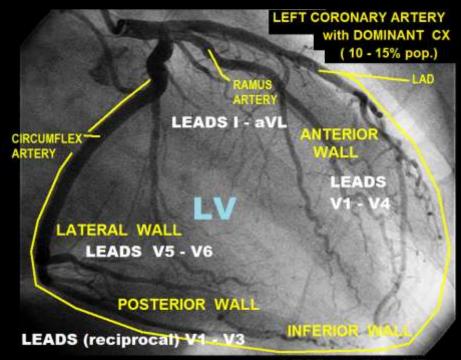
#### CORONARY ARTERIAL DISTRIBUTIONS - LEFT DOMINANT SYSTEMS











LEADS II, III, aVF

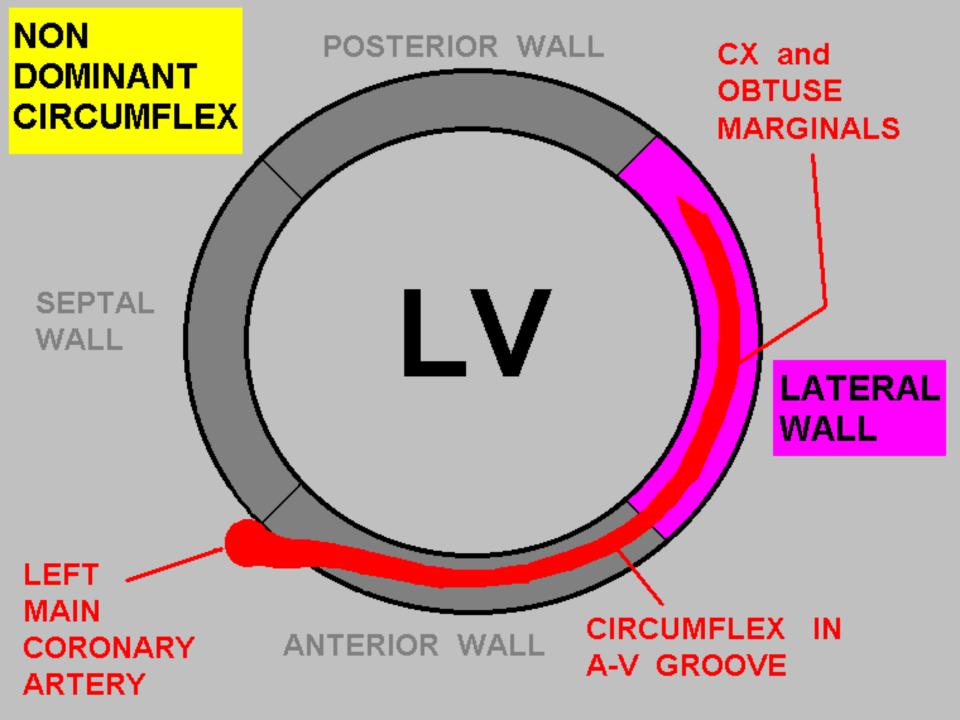
#### CIRCUMFLEX ARTERY (CX)

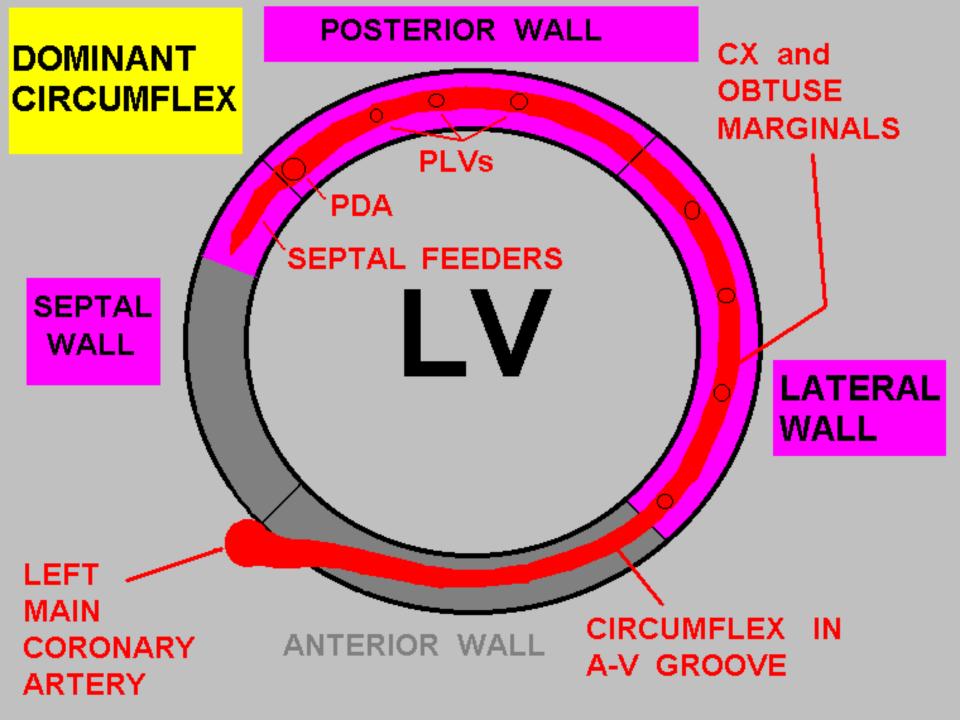
- NON-DOMINANT CX:

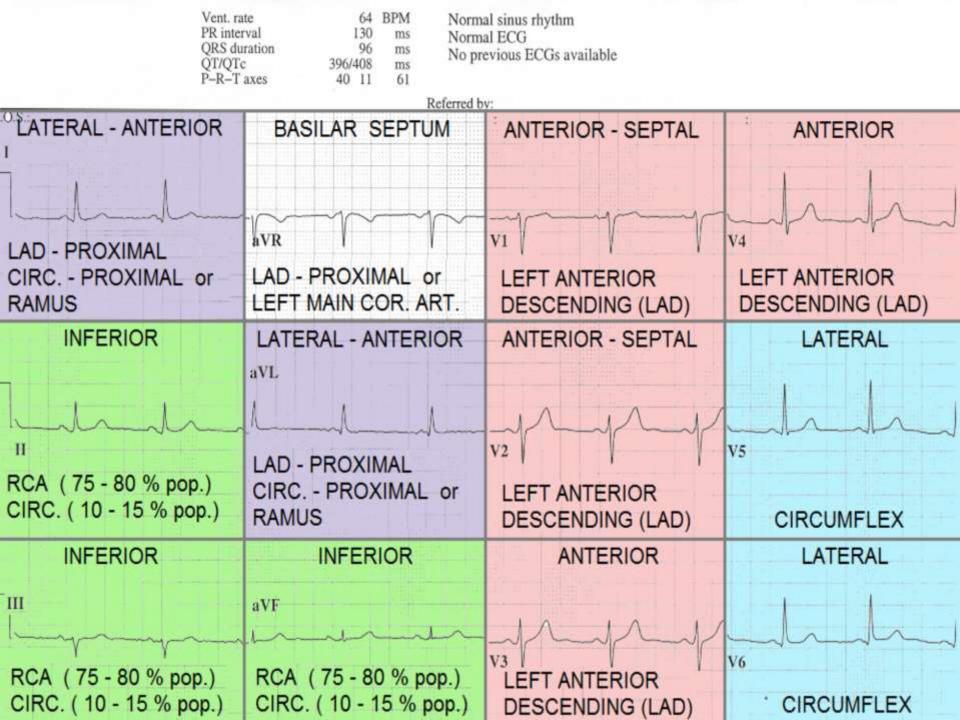
CX = 15 - 30% OF LV MASS

- DOMINANT CX:

CX = 15 - 30% OF LV MASS + PDA = 15 - 25% OF LV MASS TOTAL 30 - 55% OF LV MASS







### A standard

## 12 LEAD EKG

Does NOT show the

## RIGHT VENTRICLE

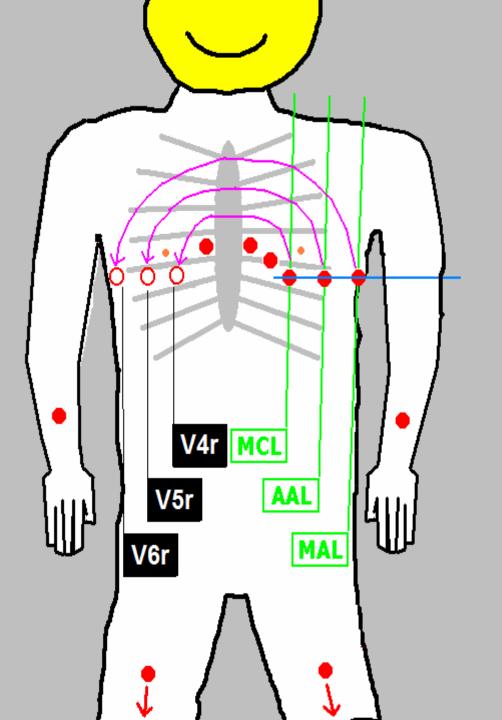
# To see the RIGHT VENTRICLE . . .

... such as in cases of

## INFERIOR WALL M.I.

You must do a

RIGHT - SIDED EKG!!

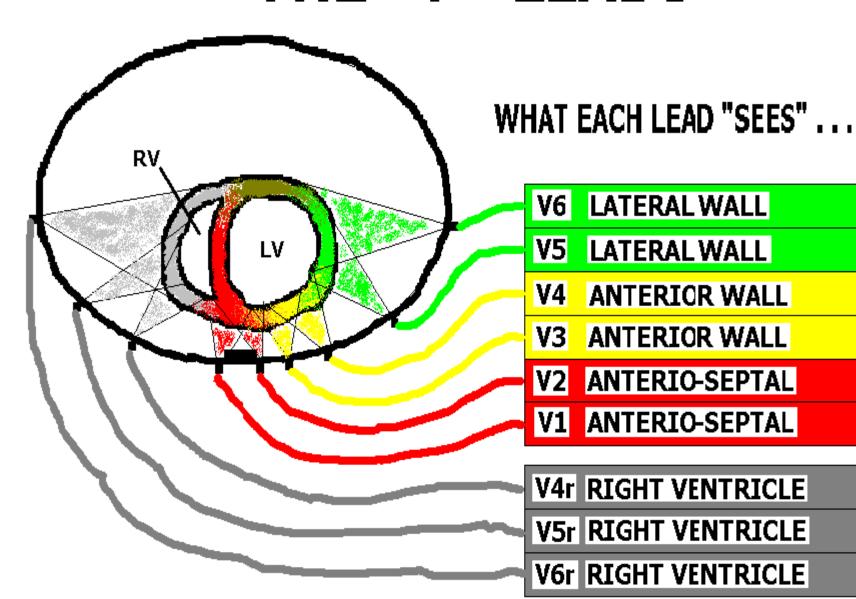


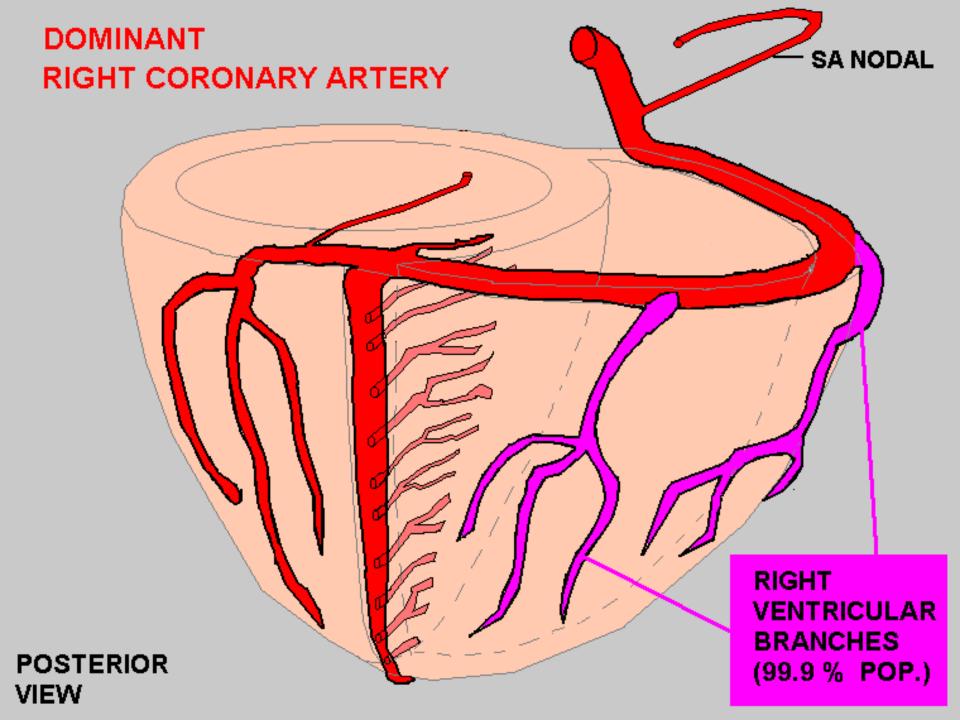
To do a RIGHT - SIDED EKG . .

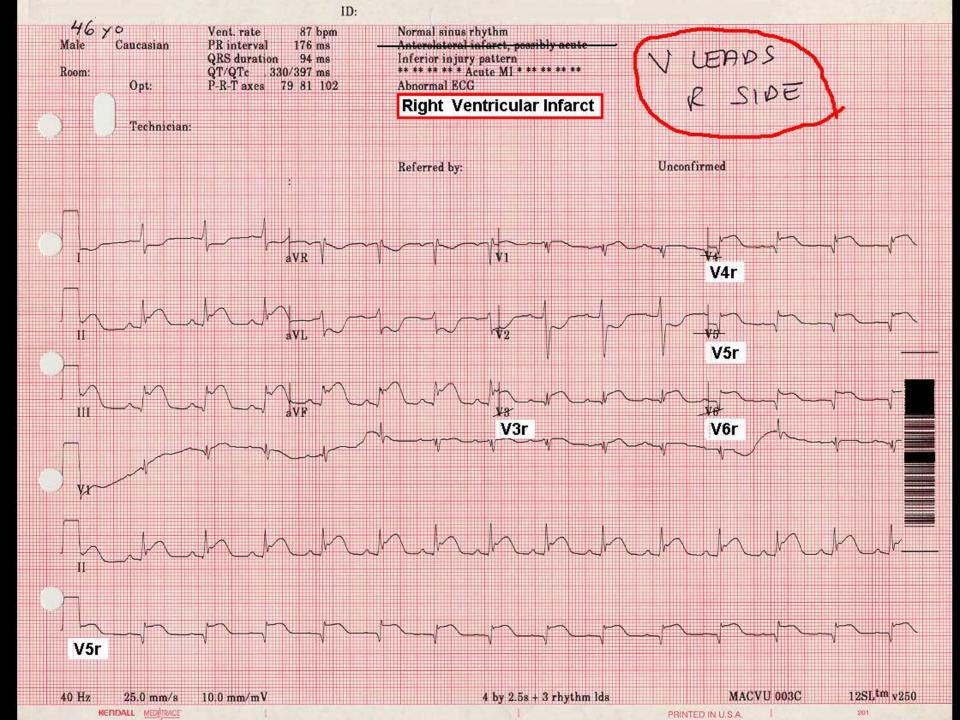
MOVE leads V4, V5, and V6

to the corresponding placement on the RIGHT SIDE of patient's chest...

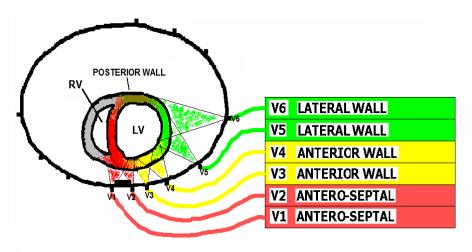
### THE V-LEADS





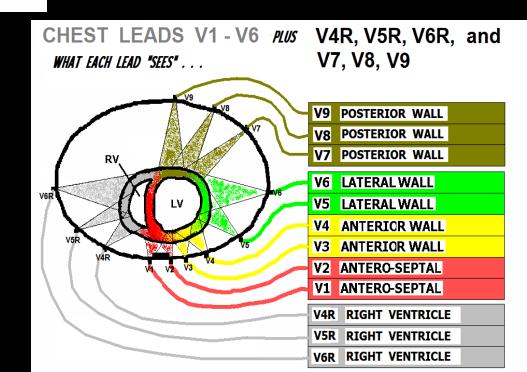


### CHEST LEADS V1 - V6 WHAT EACH LEAD "SEES" . . .

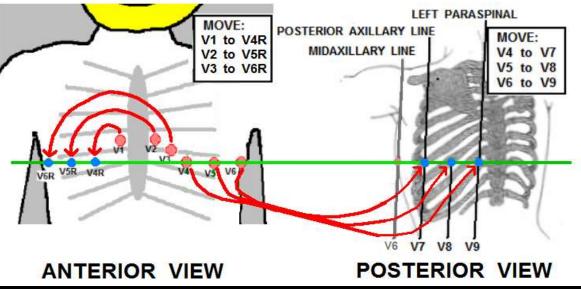


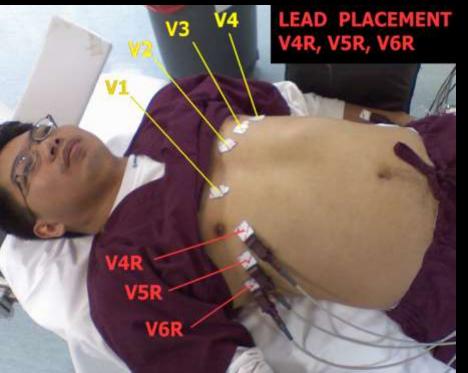
← The 12 Lead ECG

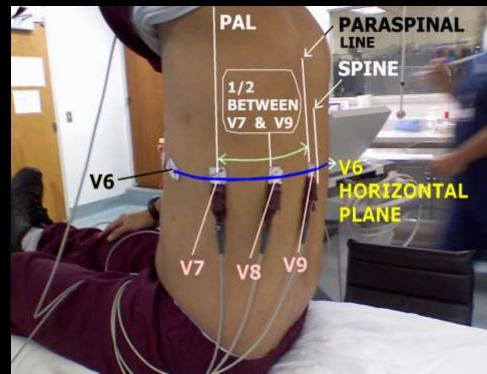
#### The 18 Lead ECG ⇒

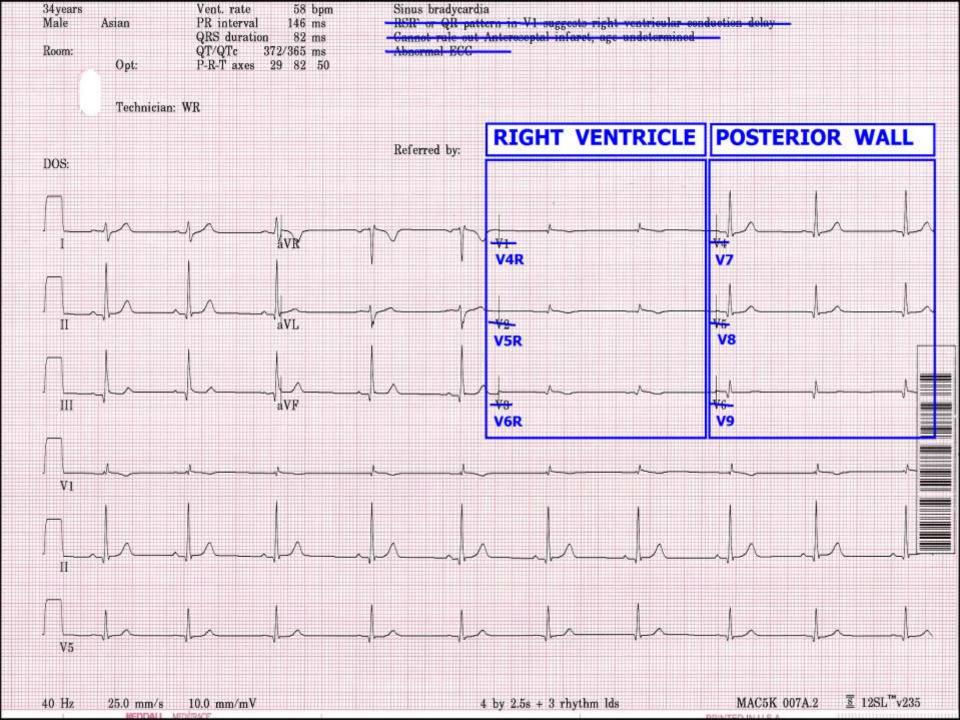


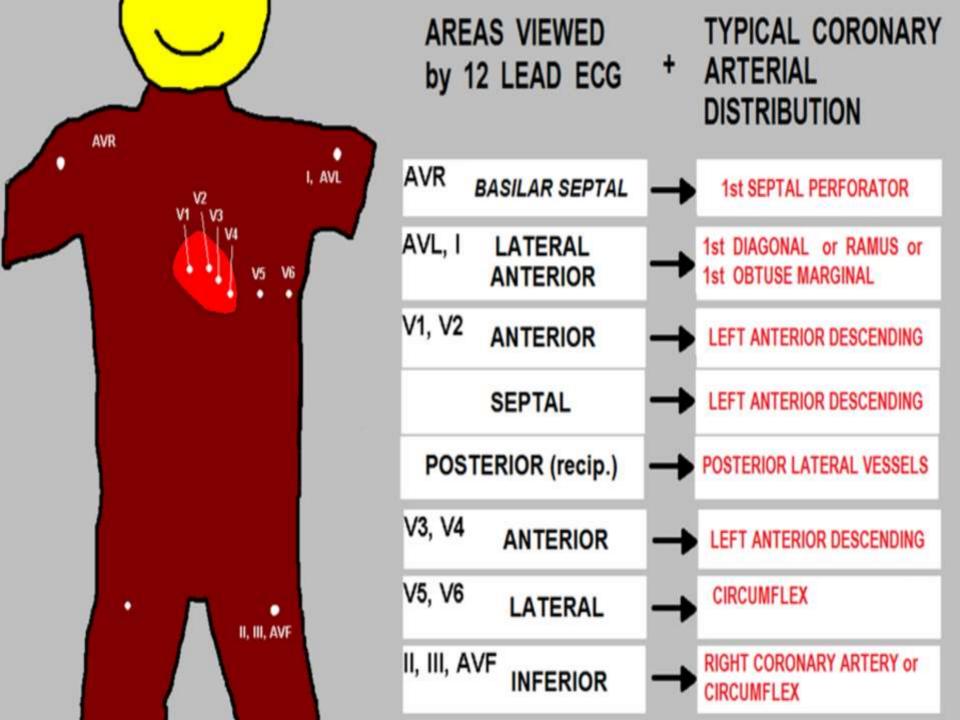
#### HOW TO REPOSITION 6 CHEST LEADS to OBTAIN 3 R VENTRICLE and 3 POSTERIOR LEADS





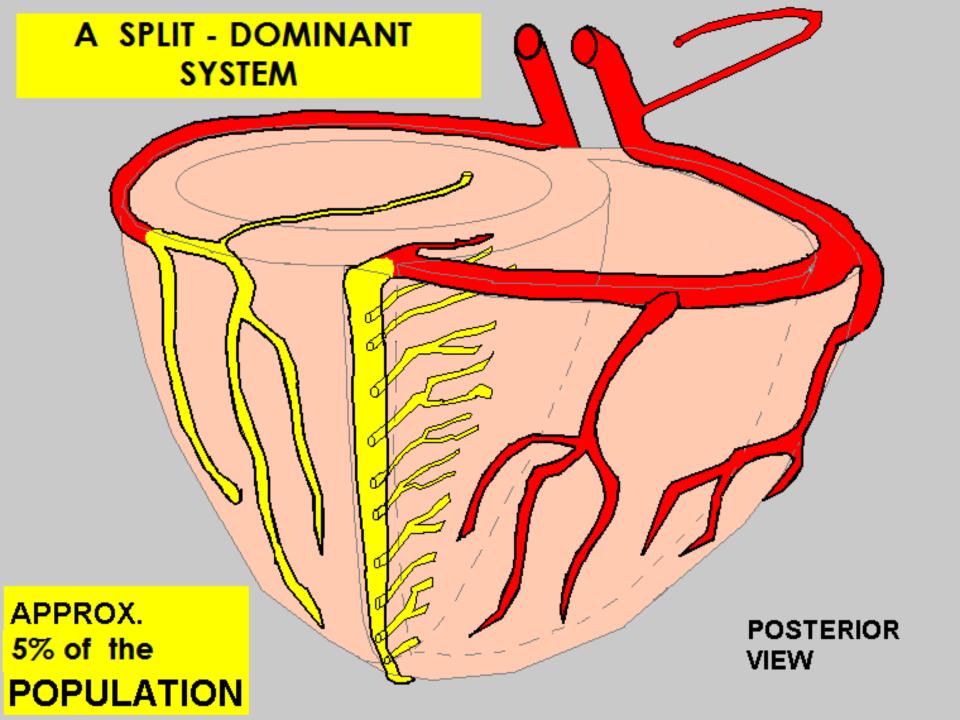


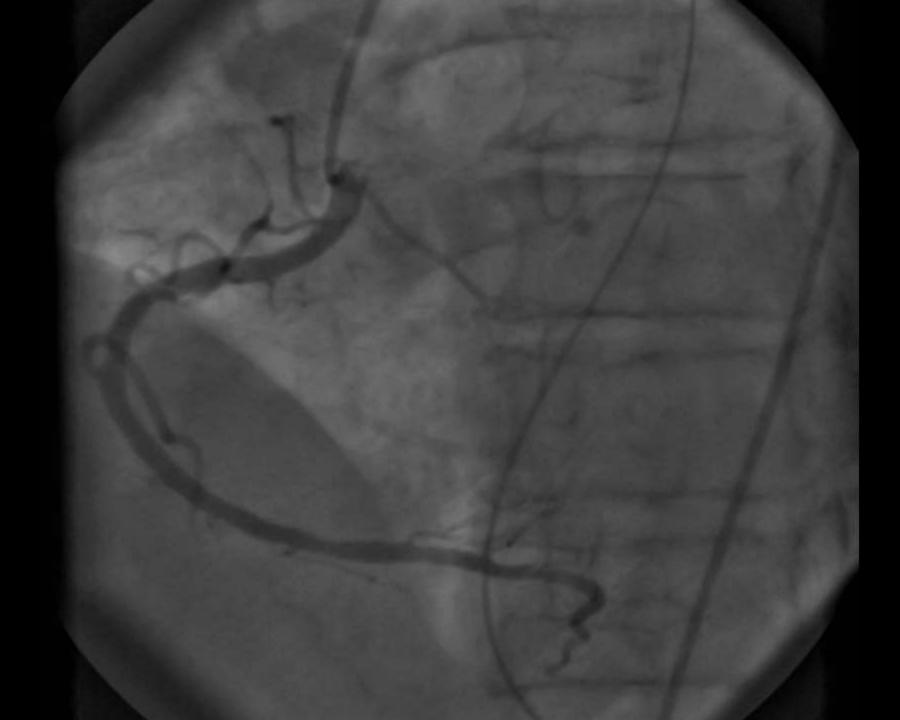


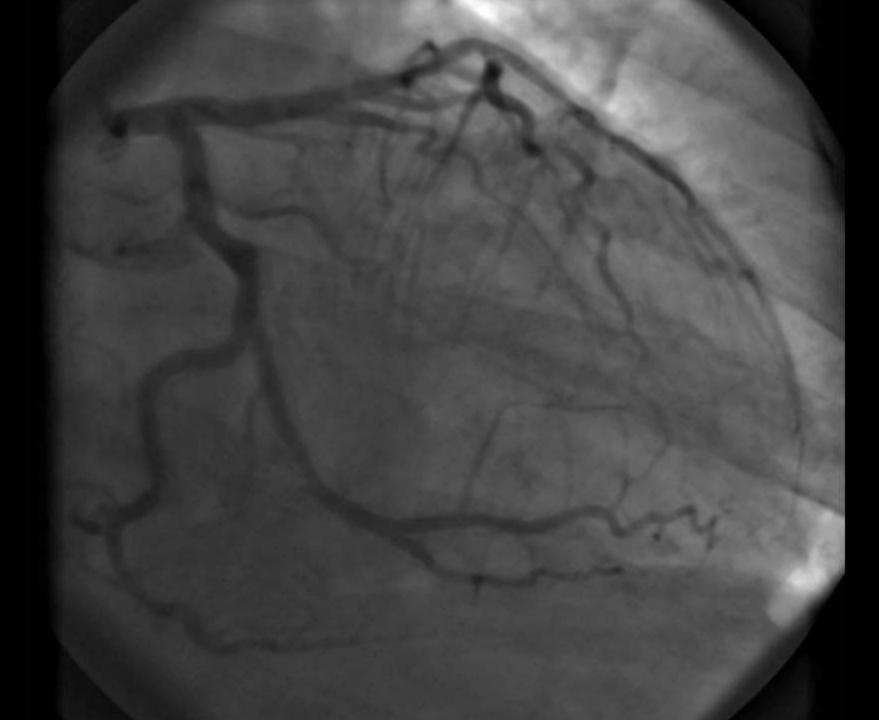


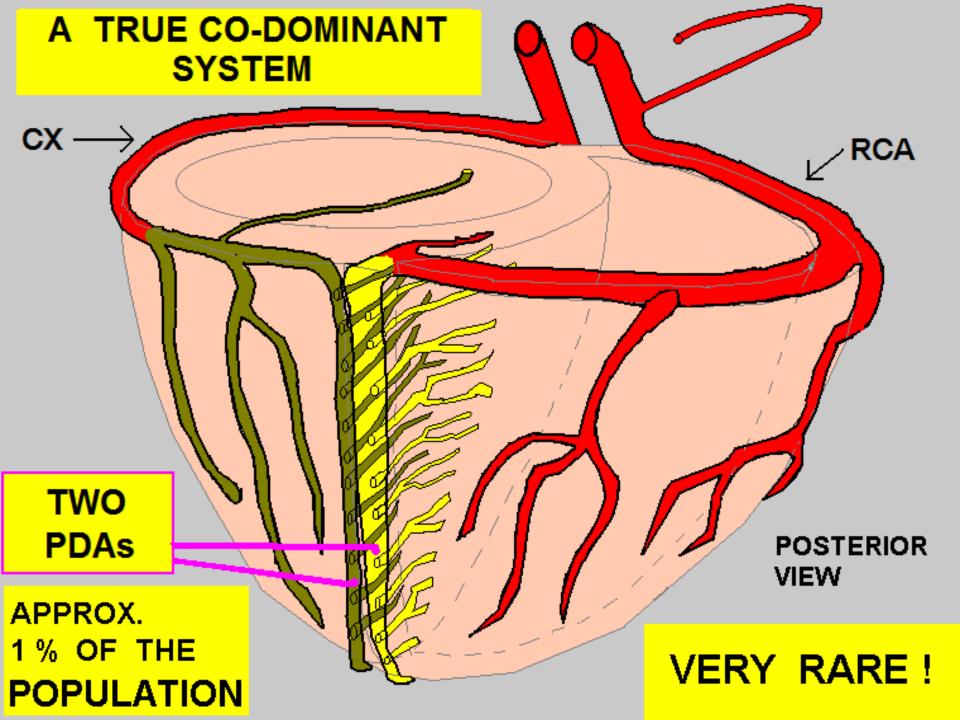
RIGHT DOMINANT and LEFT DOMINANT systems account for approximately 90 % of the population....

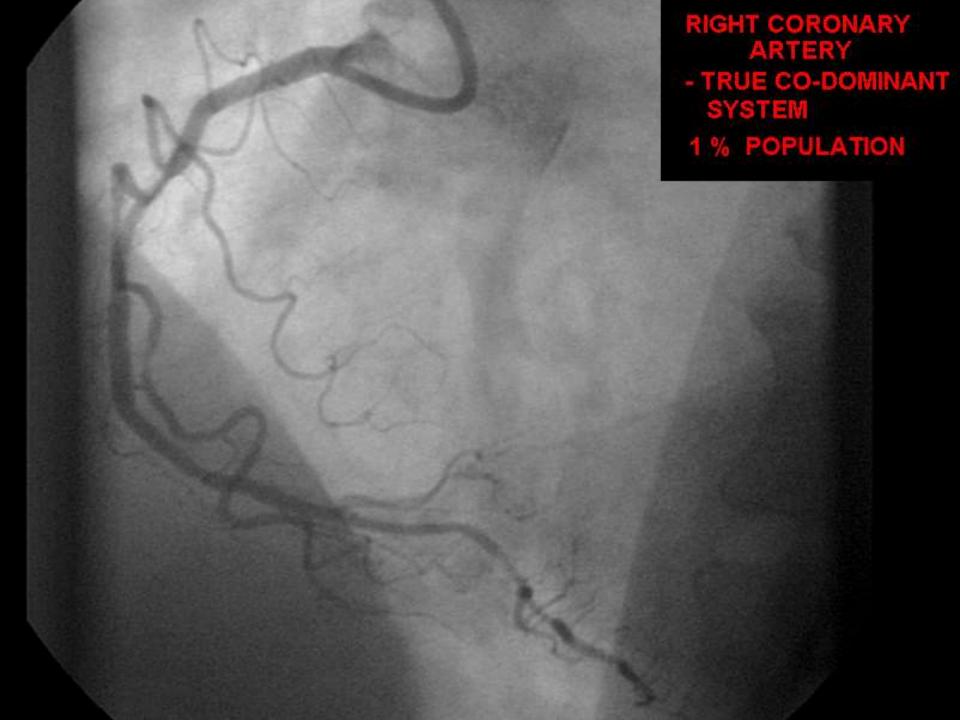
COMING UP ... some LESS COMMON variations that comprise the remaining 10%...

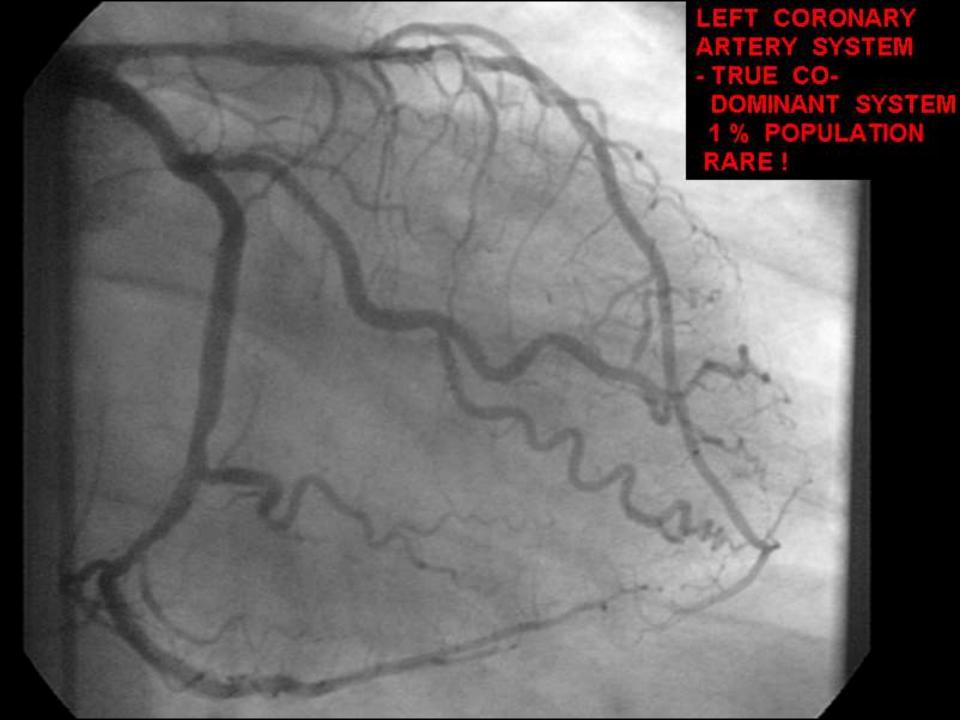


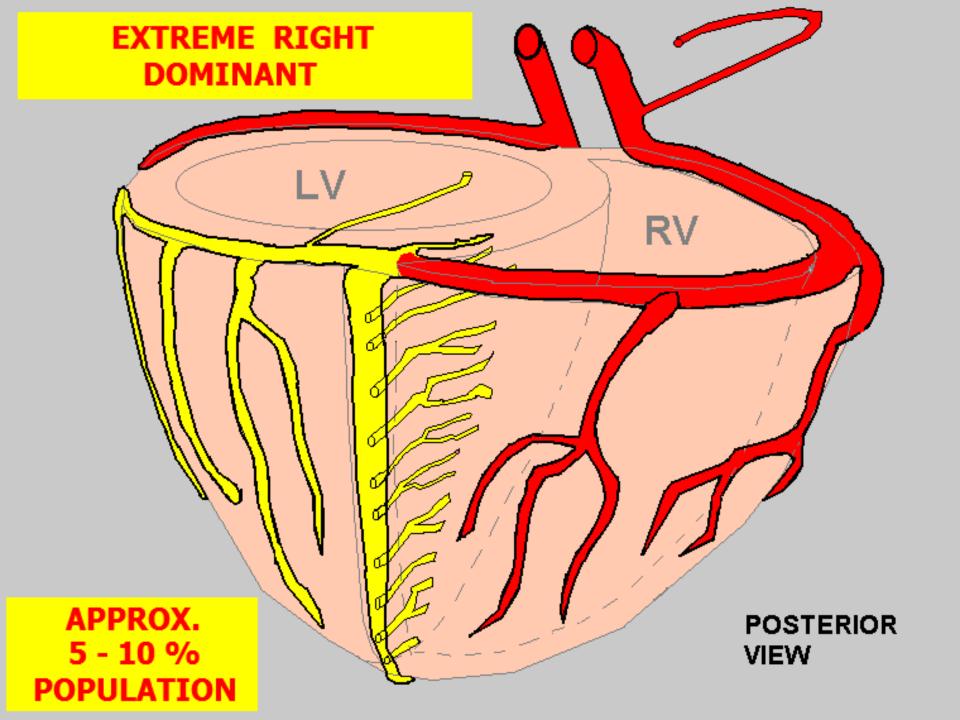


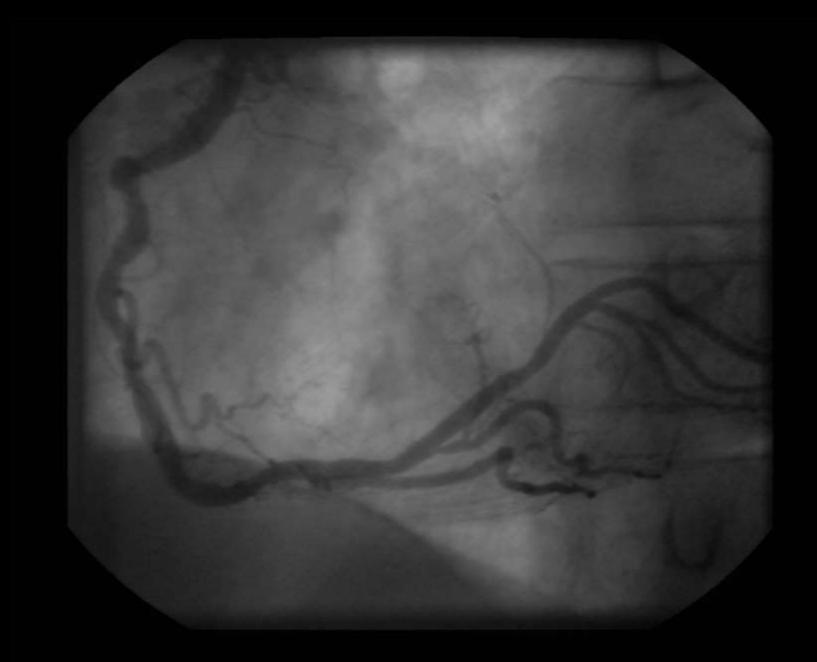




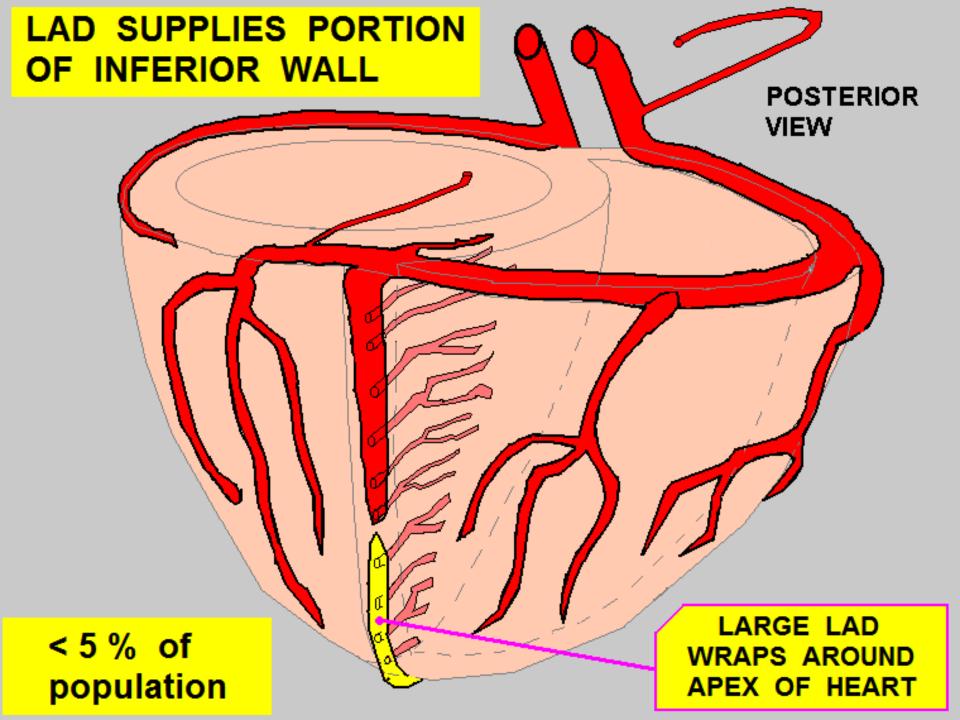


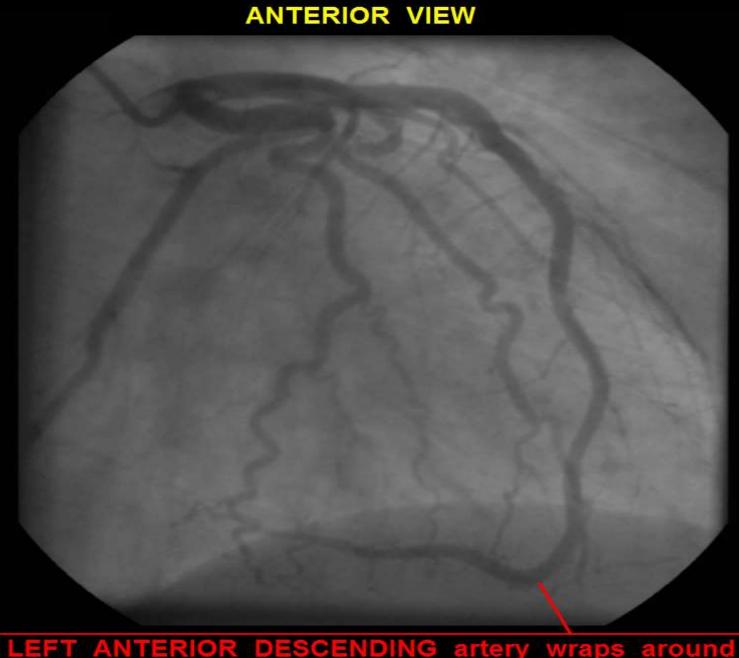




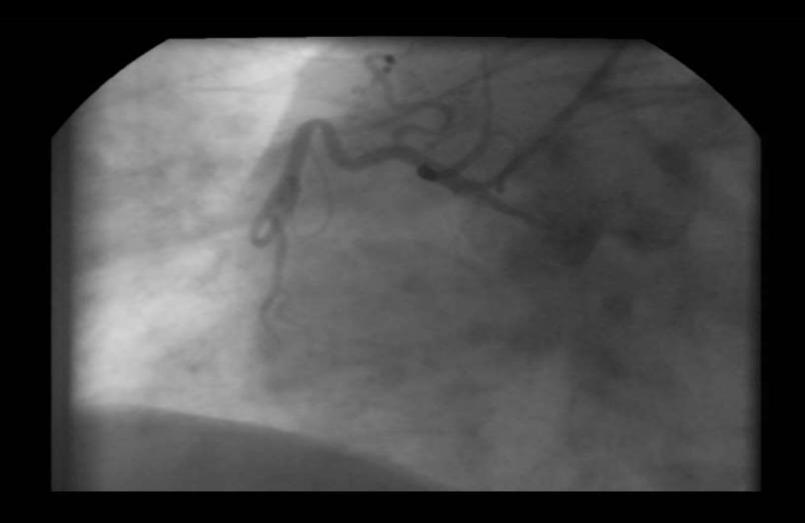




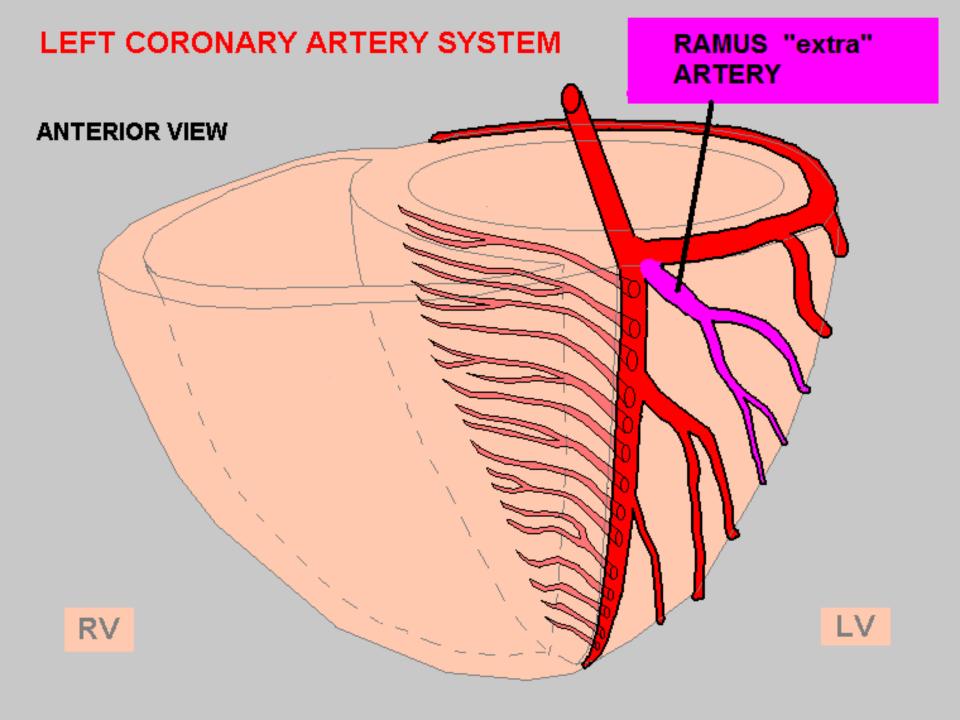


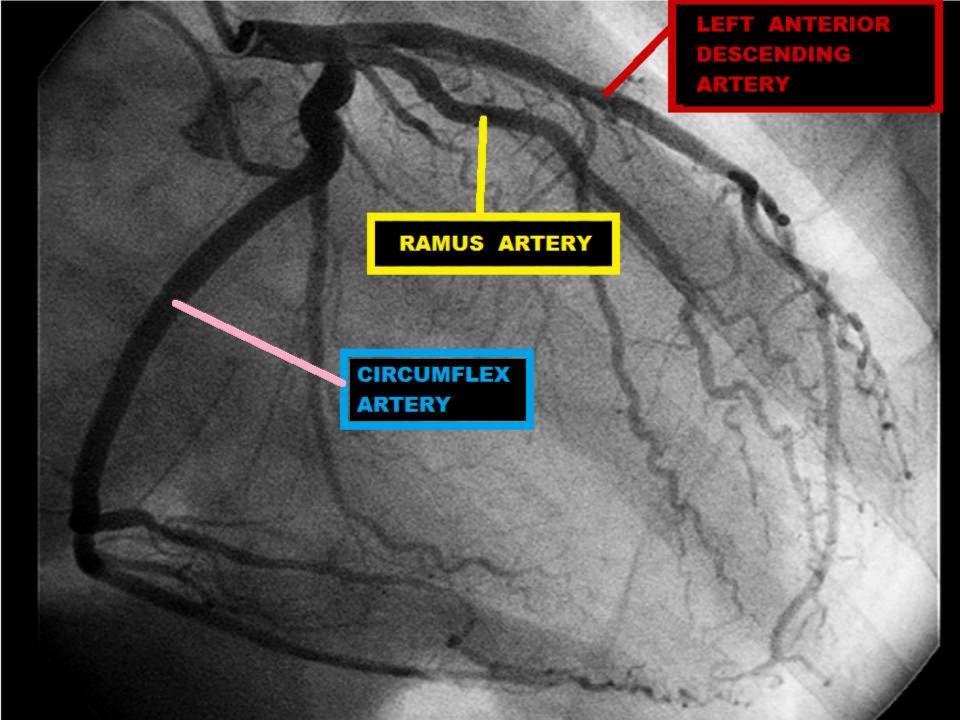


LEFT ANTERIOR DESCENDING artery wraps around apex of heart and supplies INFERIOR WALL

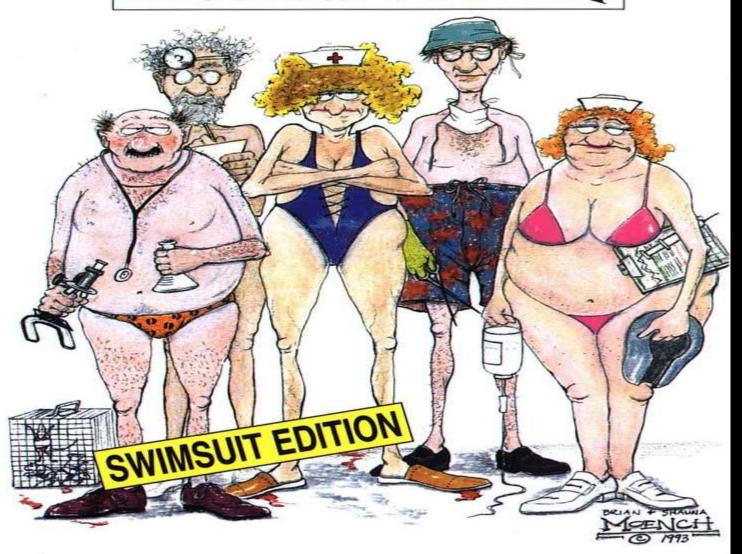


SMALL, NON-DOMINANT RCA





# The New England Medical Journa/



# CORONARY

ARTERY

ADOMALITIES

# CIRCUMFLEX

Originales From the

RCA

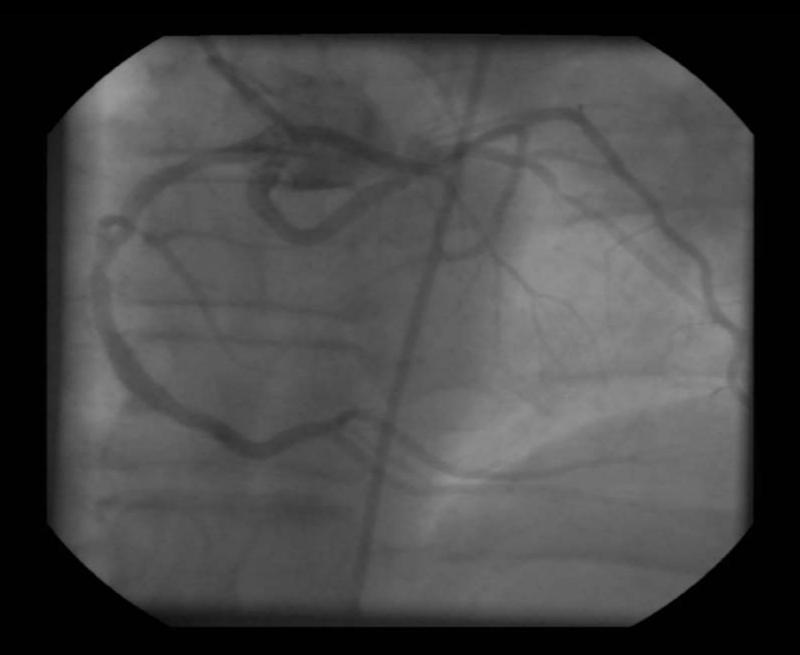




LAD

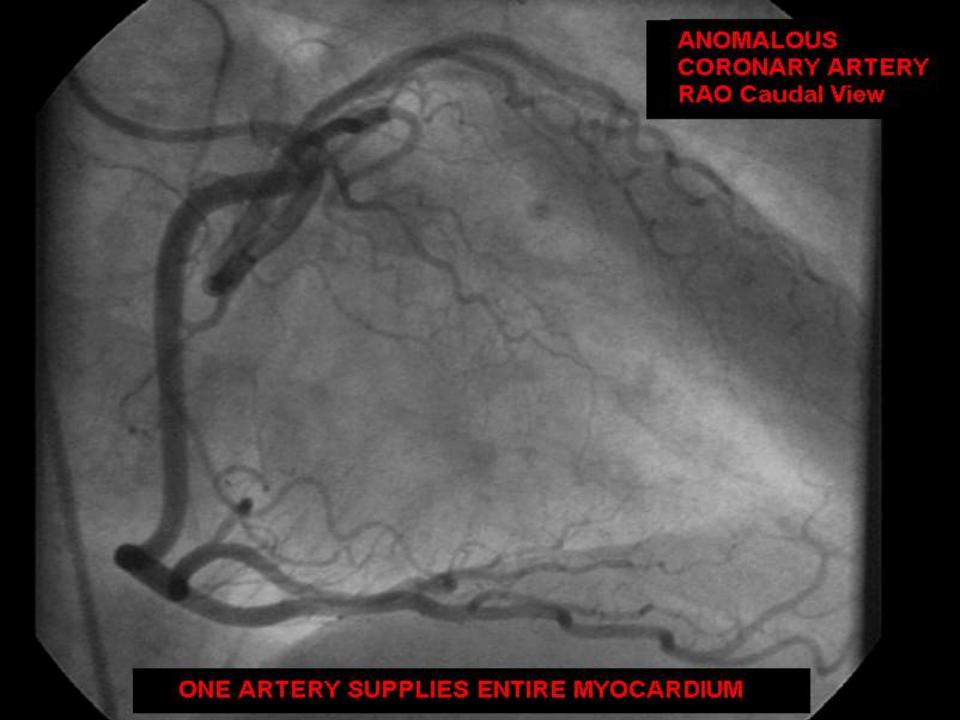
originates from

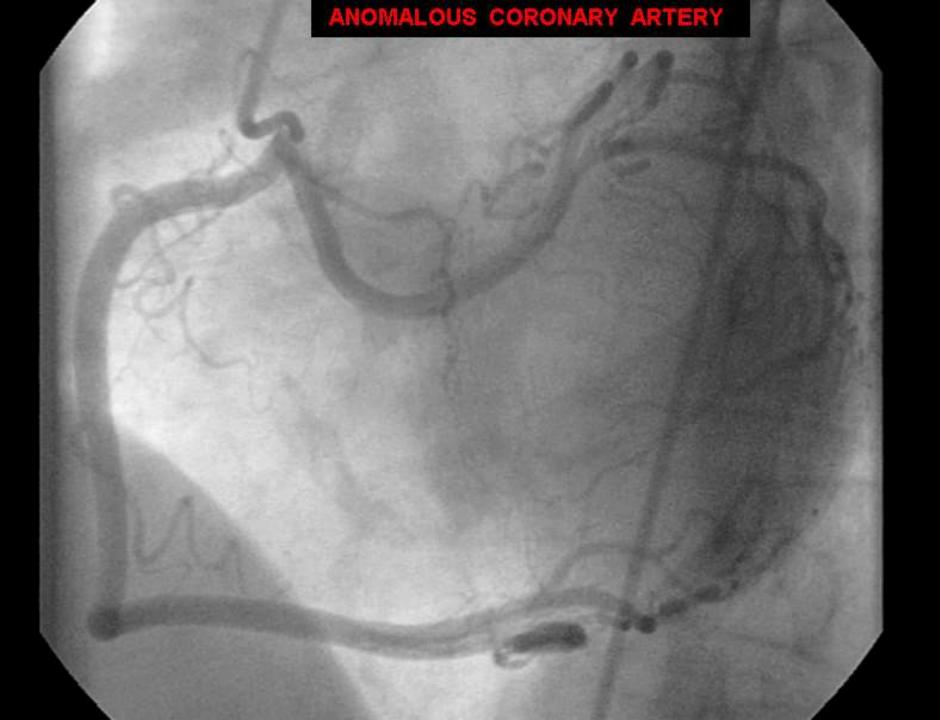
RCA





SINGLE ARTERY SUPPLIES ENTRE HEART





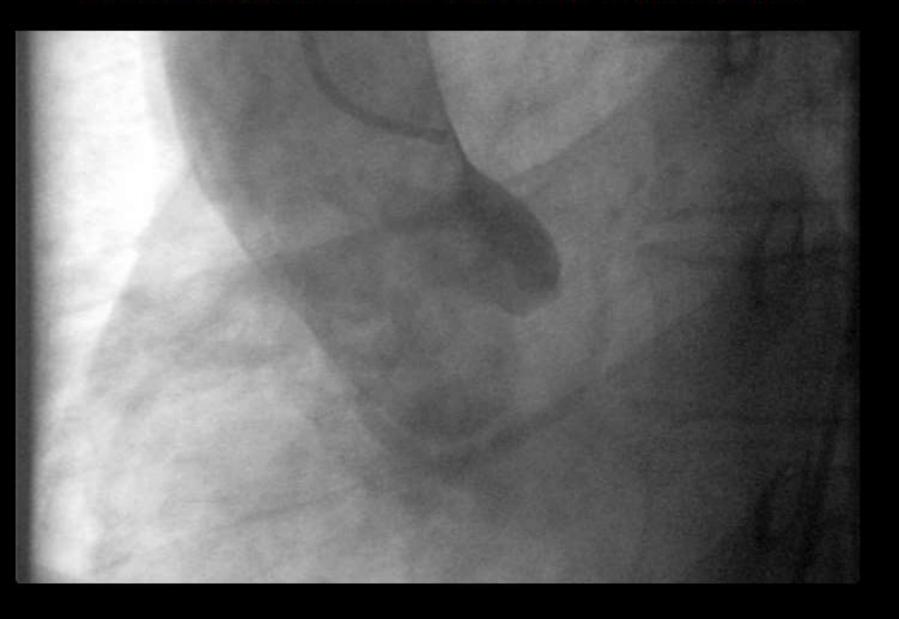


# SIGNIFICANT INCREASE OF SUDDEN DEATH

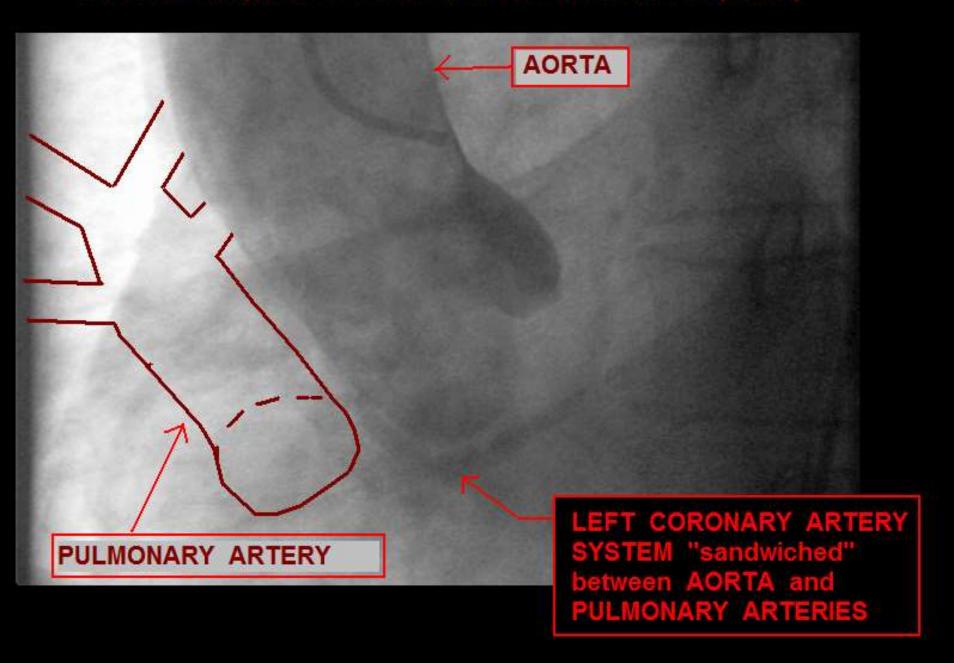
for people with anomalous coronary artery

- due to constriction of the circumflex branch as it wraps around AORTA
- this condition can be corrected surgically.

#### Aortic Root Injection of Patient With Anomalous Coronary Artery



#### Aortic Root Injection of Patient With Anomalous Coronary Artery





#### The Cardiac Electrical System

#### SINUS NODE

- INHERENT RATE 60 100
- BLOOD SUPPLY:
  - INFERIOR WALL (RCA) or
  - LATERAL WALL (CIRC.)

#### **AV NODE**

- INHERENT RATE 40 60
- BLOOD SUPPLY:
  - INFERIOR WALL (RCA or CIRC.)

#### BUNDLE OF HIS

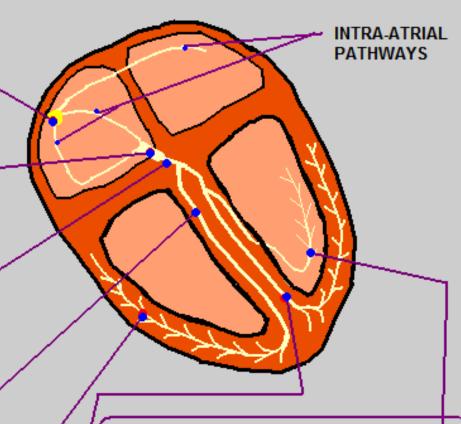
- INHERENT RATE 40 60
- BLOOD SUPPLY:
  - ANTERIOR WALL (LAD)

#### RIGHT BUNDLE BRANCH

- BLOOD SUPPLY:
  - ANTERIOR WALL (LAD)

#### PURKINJE FIBERS

INHERENT RATE 1-40



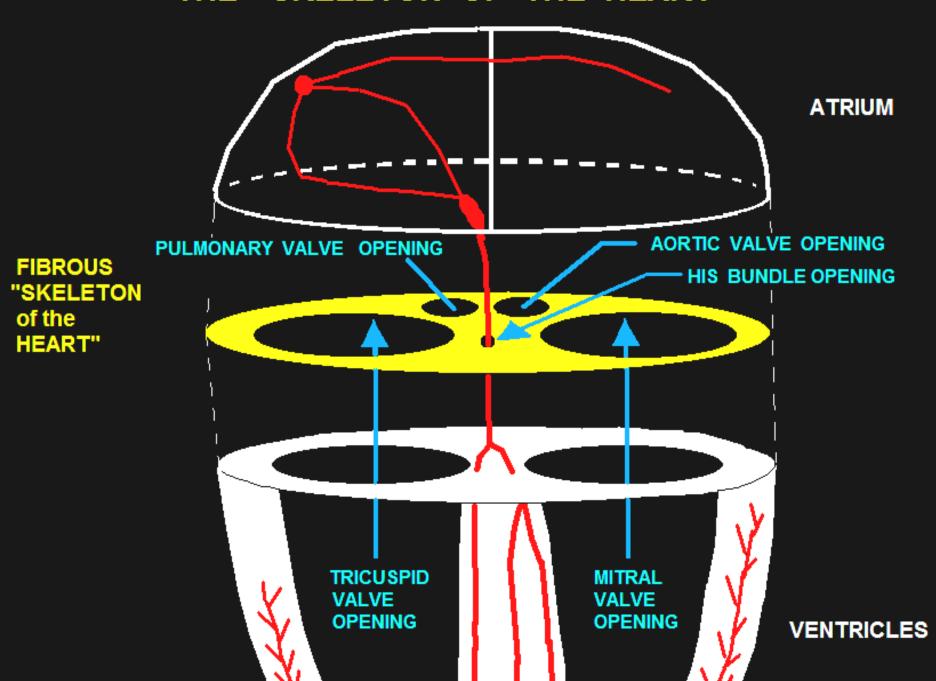
#### LEFT BUNDLE BRANCH

- ANTERIOR FASCICLE
- BLOOD SUPPLY:
  - ANTERIOR WALL (LAD)

#### POSTERIOR FASCICLE

- BLOOD SUPPLY:
  - INFERIOR WALL (RCA or CIRC)

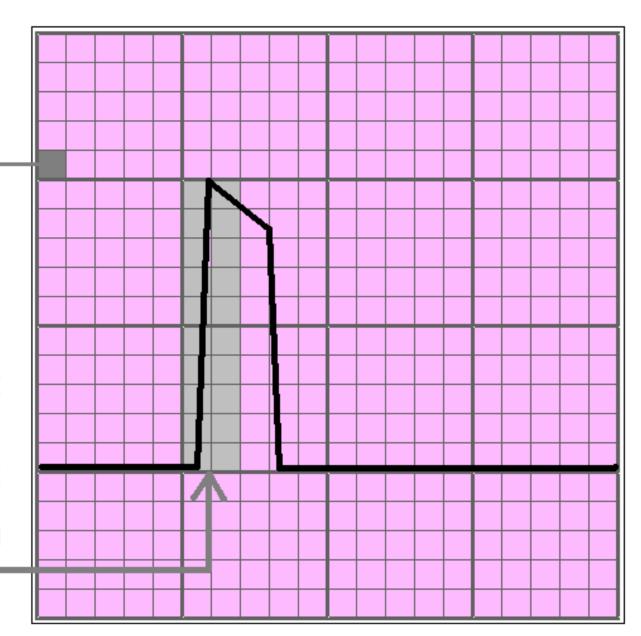
#### THE "SKELETON OF THE HEART"



#### **ECG PAPER - THE VERTICAL AXIS:**



- THE VERTICAL AXIS REPRESENTS AMPLITIUDE (VOLTAGE)
- IN VERTICAL DIRECTION, THERE ARE 5 SMALL BOXES IN EACH LARGE (5mm) BOX
- 1 mv CALIBRATION SPIKE = 10 mm ----



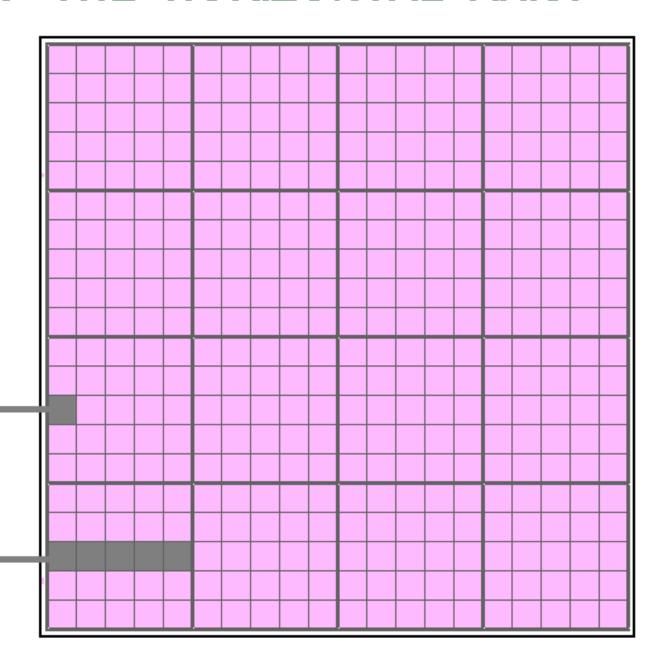
#### **ECG PAPER - THE HORIZONTAL AXIS:**

THE HORIZONTAL AXIS REPRESENTS TIME...

STANDARD SPEED FOR RECORDING ADULT EKGs = 25 mm / SECOND

EACH 1mm BOX = .04 SECONDS, or 40 MILLISECONDS (40 ms)

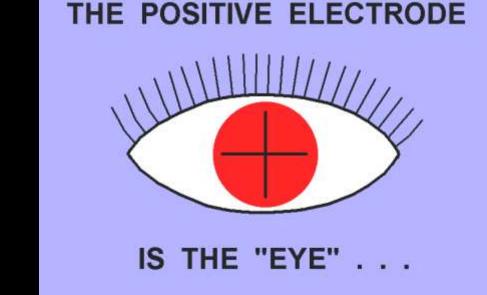
5 SMALL BOXES = .20 SECONDS, or 200 MILLISECONDS (200 ms)

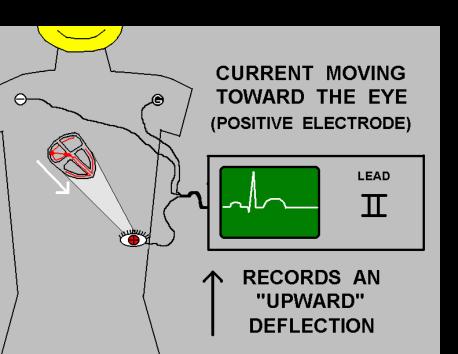


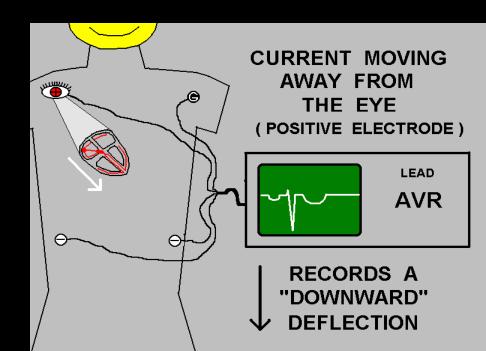
#### THE ECG MACHINE

STANDARD 12 LEADS - USES 10 WIRES (6 CHEST and 4 LIMB)

- LEADS I, II, III, and V1, V2, V3, V4, V5, V6
  - 1 POSITIVE ELECTRODE
  - 1 NEGATIVE ELECTRODE ---
  - 1 GROUND ELECTRODE
- LEADS AVR, AVL, and AVF
  - 1 POSITIVE ELECTRODE ~
  - 2 NEGATIVE ELECTRODES
  - 1 GROUND ELECTRODE

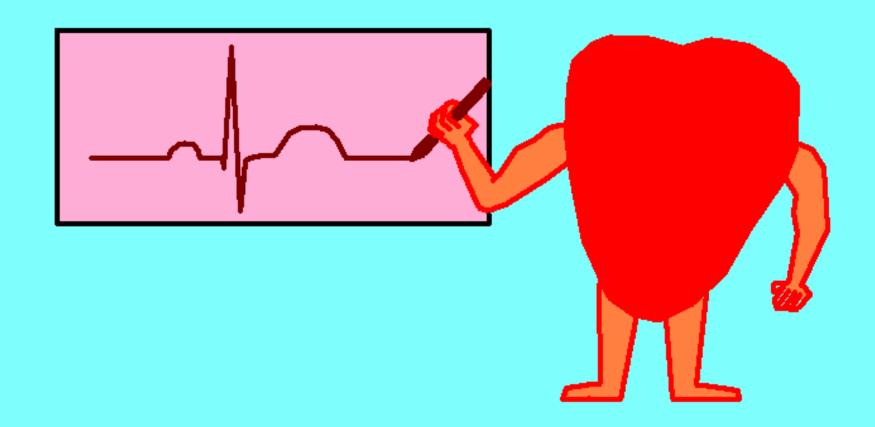




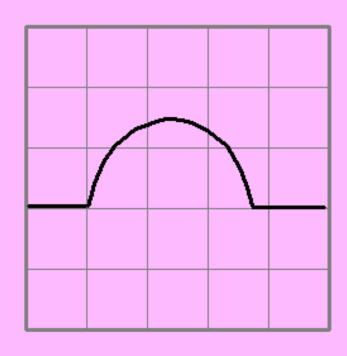


# PUTTING IT ALL ON PAPER...

WAVEFORMS and INTERVALS . . .



- SHOULD BE UPRIGHT, CONVEX-SHAPED DOME IN ALL LEADS EXCEPT AVR and V1
- SHOULD BE LESS THAN .2 mv
   (2 mm) HIGH



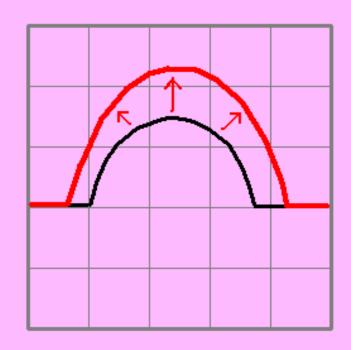
SHOULD BE LESS
 THAN 100 ms (2.5mm) LONG

When the P WAVE

is

TOO LARGE

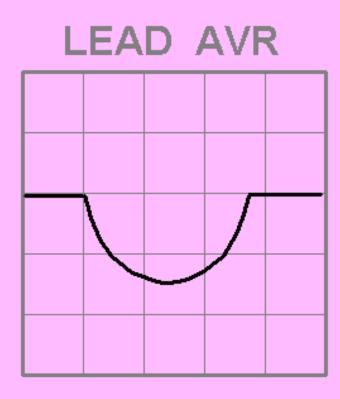
We think of



## ATRIAL HYPERTROPHY

(SPECIFIC CRITERIA FOR ATRIAL HYPERTROPHY IS DISCUSSED IN MORE DETAIL IN THE "CHAMBER HYPERTROPHY" SECTION)

- SHOULD BE INVERTED IN LEAD AVR



#### IN LEAD V1 MAY BE:

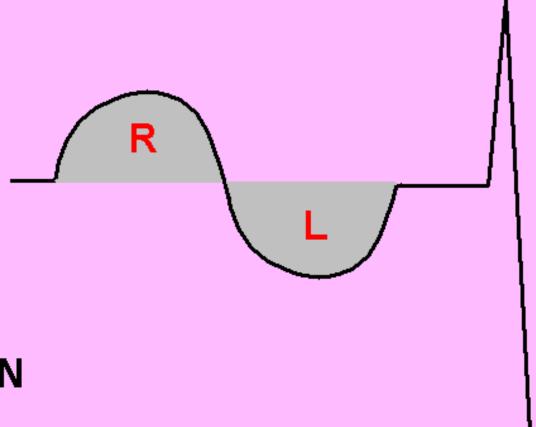
POSITIVE

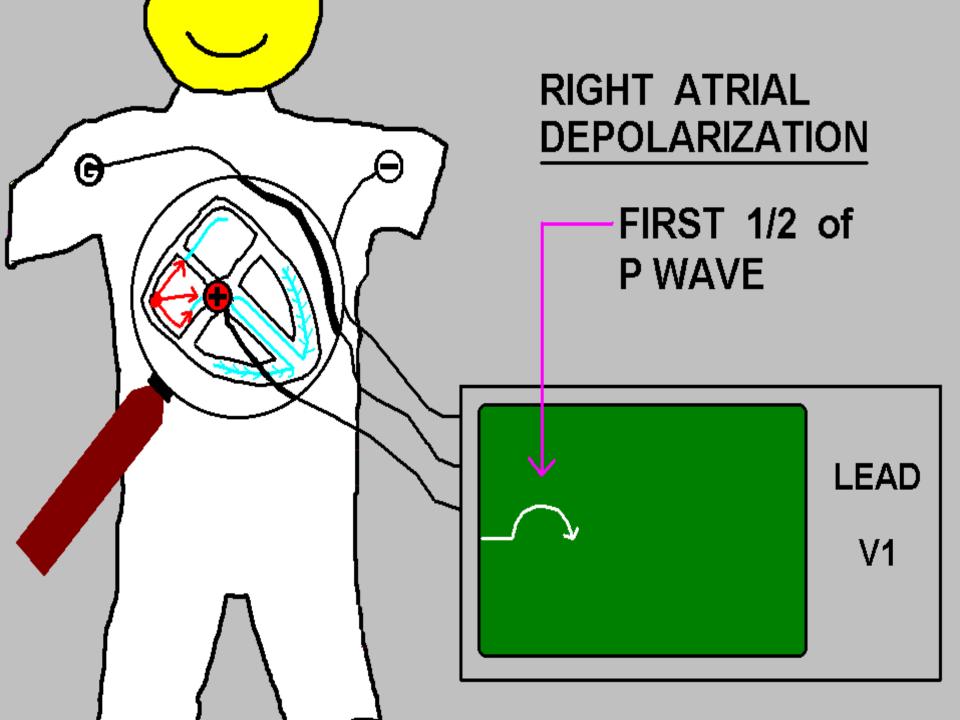


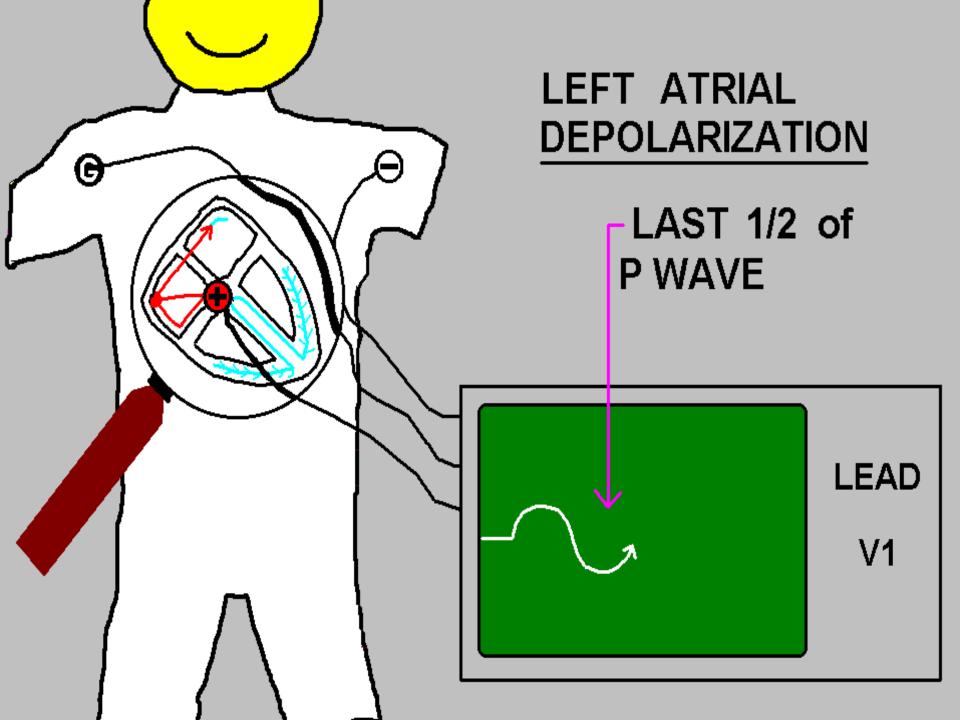
OR BI-PHASIC

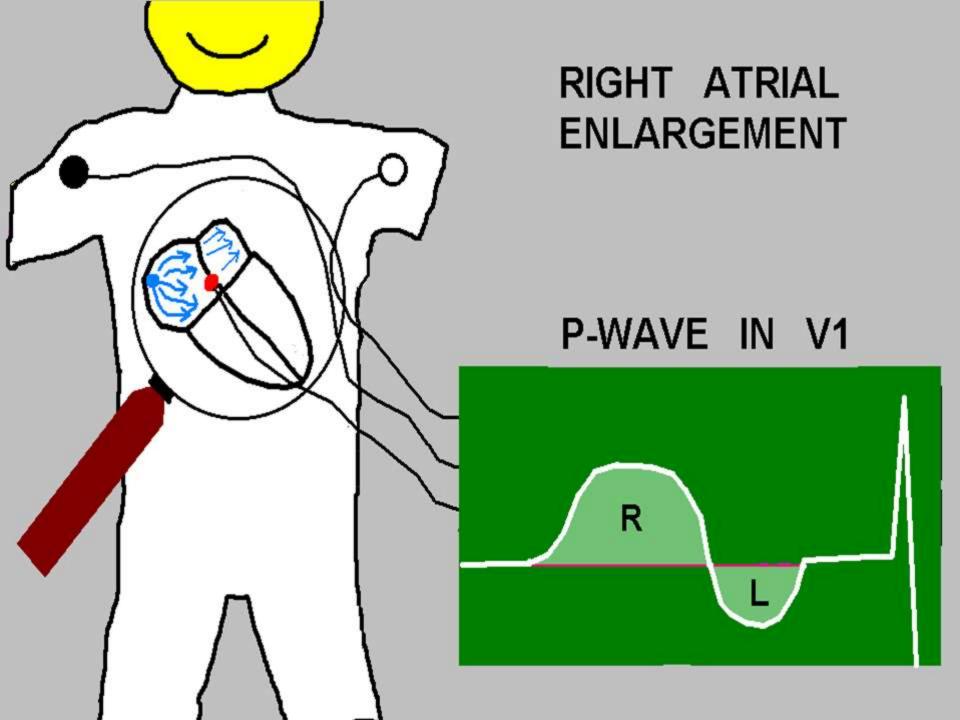


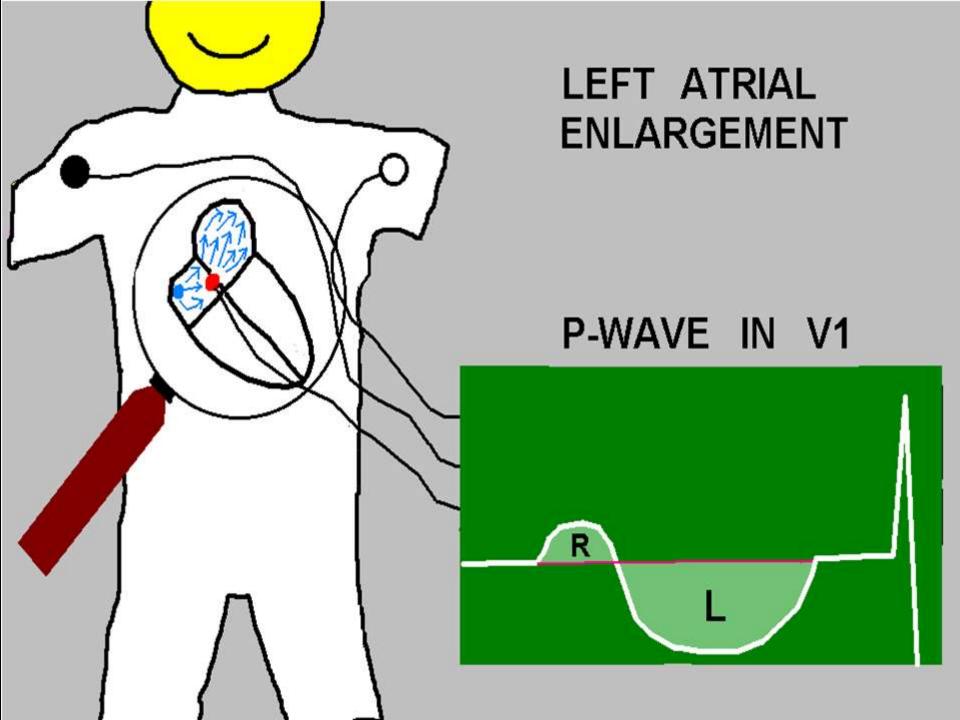
WHEN THE P
 WAVE IS BI PHASIC IN V1, IT DISPLAYS
 BOTH R and
 L ATRIAL
 DEPOLARIZATION









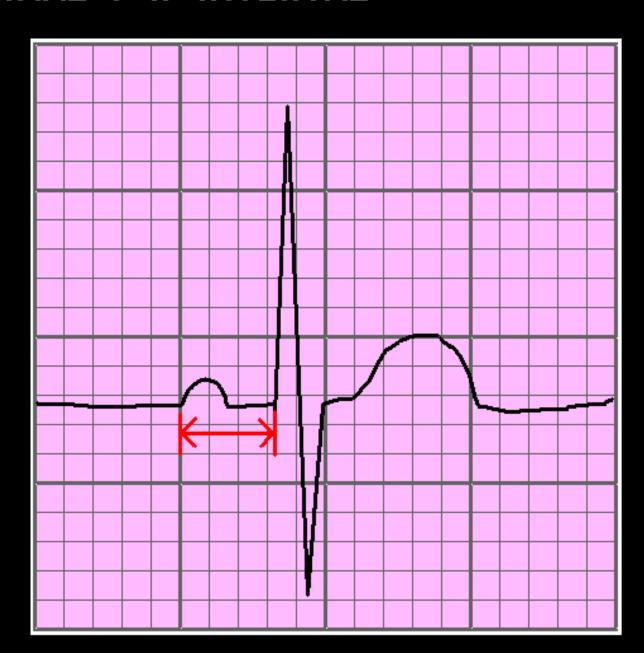


#### NORMAL P-R INTERVAL

.12 - .20 SEC

or

120 - 200 mSEC



## P - R INTERVAL TOO SHORT...

LESS THAN 120 mSEC

#### THINK:

- ECTOPIC ATRIAL ACTIVITY
- PRE-EXCITATION (WPW)
- JUNCTIONAL ( nearly on top of QRS, possibly inverted )

# P - R INTERVAL TOO LONG GREATER THAN 200 mSEC

THINK:

- HEART BLOCK

#### THE P-R SEGMENT

SHOULD

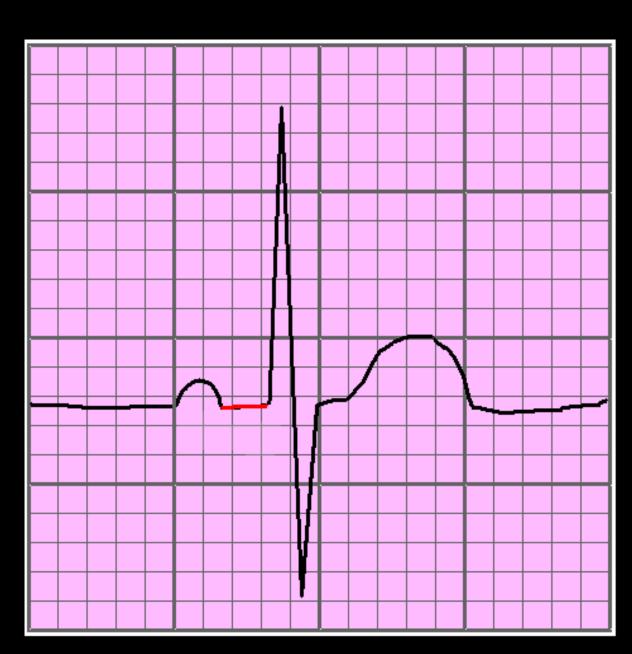
RETURN TO

THE

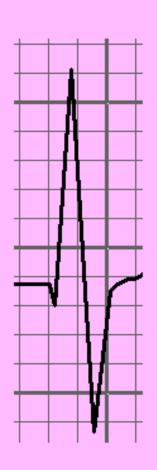
ISO-

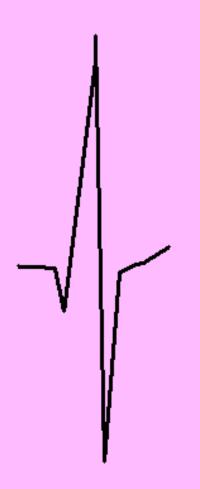
**ELECTRIC** 

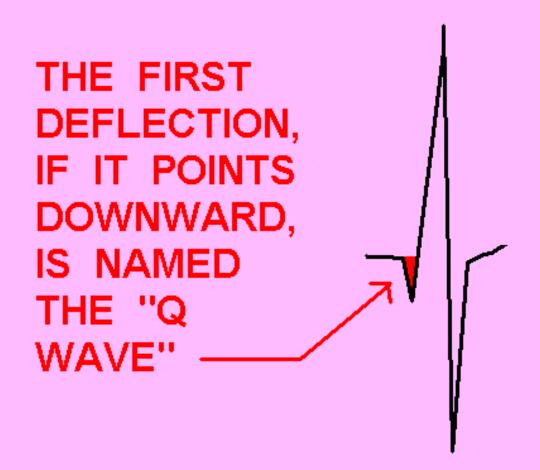
LINE.

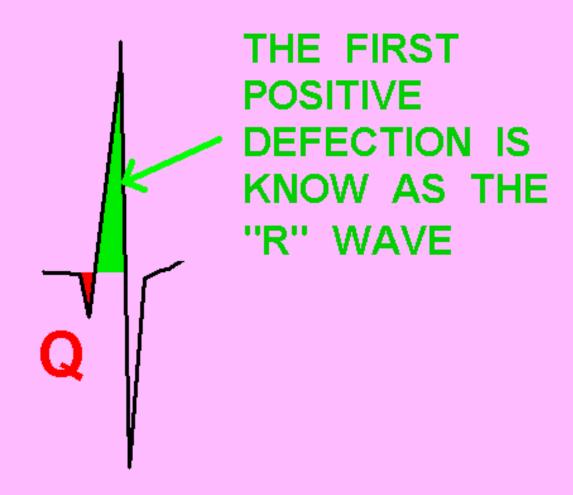


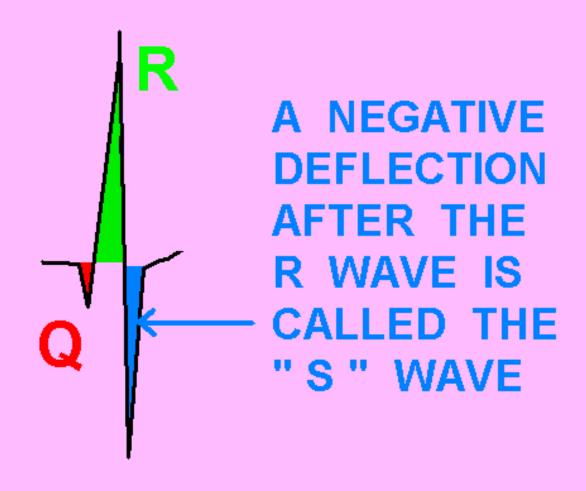
- MAY BE POSITIVE, NEGATIVE, OR BI- PHASIC, BASED ON THE LEAD VIEWED
- TOTAL WIDTH SHOULD BE LESS THAN 120 ms / or .12





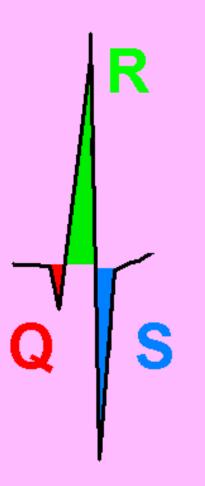






THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS . . . .

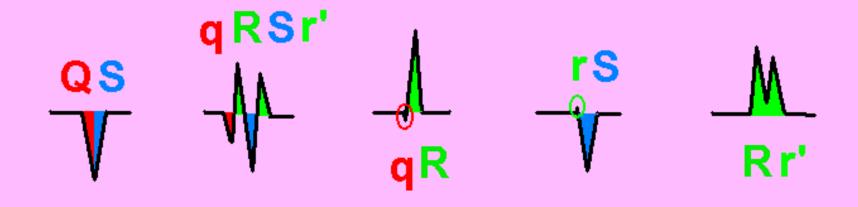
AND IS
THE <u>ONLY</u>
TRUE
"QRS"
COMPLEX



SOME OF THE OTHER VARIATIONS INCLUDE . . .

#### WHAT ARE THESE COMPLEXES ??





## **QRS INTERVAL**

LESS THAN

.12

OR

120 mSEC



# QRS COMPLEX TOO WIDE WIDER THAN 120 mSEC

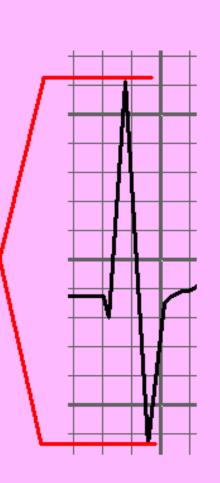
## THINK:

- BUNDLE BRANCH BLOCK
- VENTRICULAR COMPEX (ES)
- PACED RHYTHM
- L VENTRICULAR HYPERTROPHY
- ELECTROLYTE IMBAL. (↑K+ ↓Ca++)
- DELTA WAVE (PRE-EXCITATION)

#### **QRS HEIGHT**

is a reflection of the QRS AMPLITUDE.

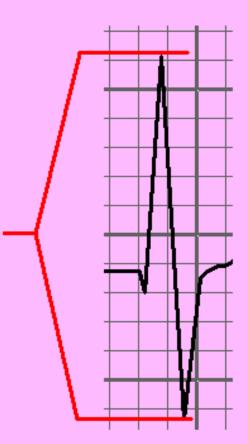
The NORMAL QRS AMPLITUDE varies from one lead to another...



#### **QRS AMPLITUDE**

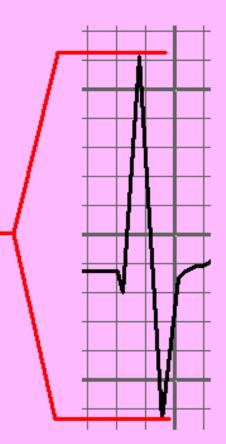
#### is influenced by:

- age
- physical fitness
- body size
- conduction system disorders
- chamber hypertrophy



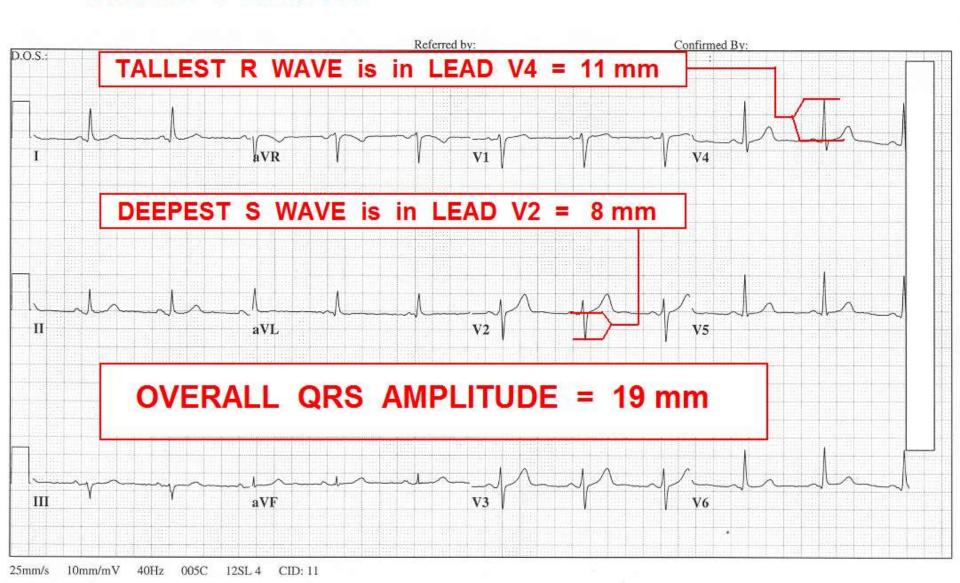
#### **QRS AMPLITUDE**

is measured by finding the TALLEST POSITIVE **DEFLECTION (R WAVE)** and the DEEPEST NEGATIVE DEFLECTION (SWAVE) on the 12 LEAD EKG and ADDING THE VALUES TOGETHER



#### MEASURING THE "OVERALL QRS AMPLITUDE"

Add the SIZE of the TALLEST R WAVE to the SIZE of the DEEPEST S WAVE....



#### **QRS AMPLITUDE**

MAXIMUM NORMAL VALUES are difficult to define due to differences in PATIENT AGE, BODY - SIZE, and FITNESS.

HOWEVER A GENERAL
VALUE GUIDELINE IS: 3.0 mV

(30 mm on normally calibrated EKG)

### **OVERALL QRS AMPLITUDE TOO HIGH:**

(GREATER THAN 3.0 mV / 30 mm)

THINK:



#### **QRS AMPLITUDE**

#### CRITERIA FOR MINIMUM AMPLITUDE:

Abnormally LOW QRS VOLTAGE occurs when the OVERALL QRS is:

≤ 0.5 mV IN ANY LIMB LEAD

— and —

≤ 1.0 mV IN ANY PRECORDIAL LEAD

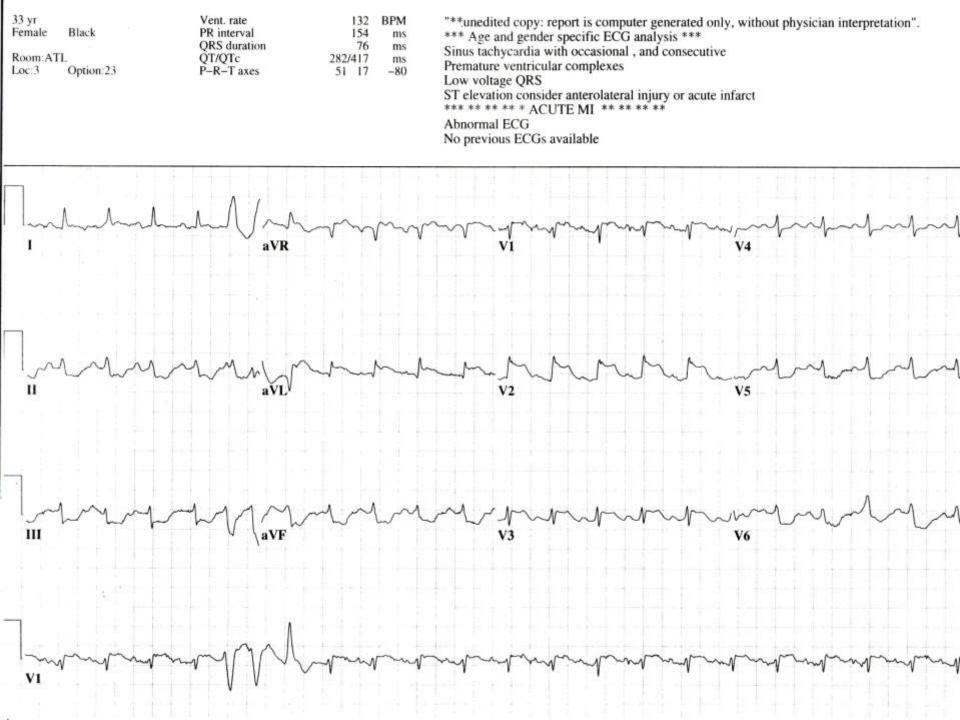
## **OVERALL QRS AMPLITUDE TOO LOW:**

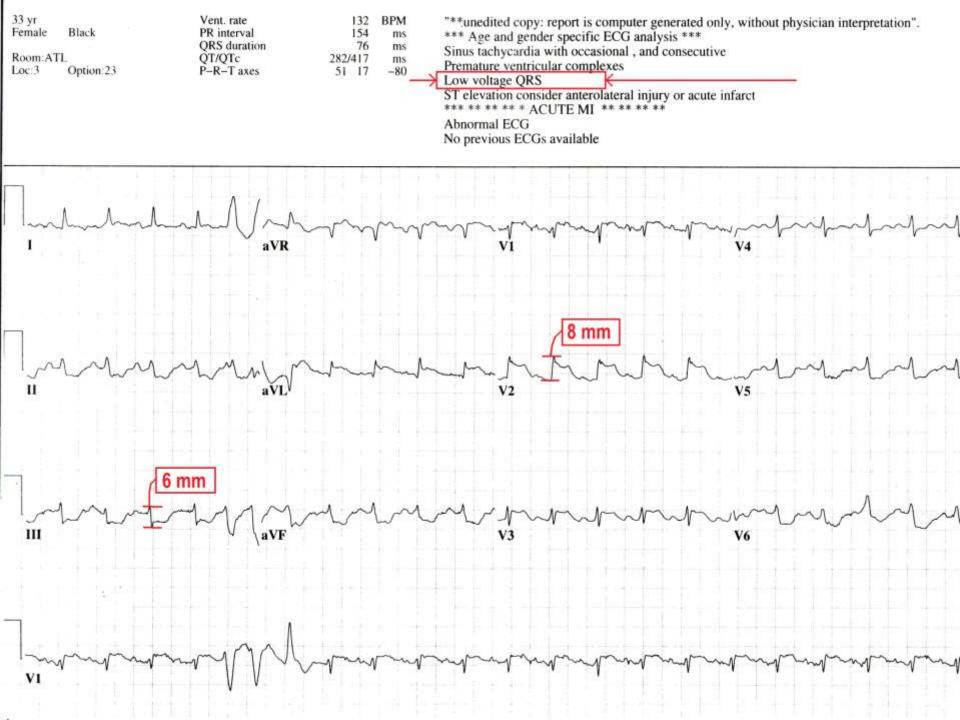
(VERTICAL QRS SIZE)

THINK (in absence of obvious OBESITY):



- COPD c HYPERINFLATION
- AMYLOIDOSIS (abnormal protein accumulation in organs)
- SCLERODERMA (abnormal hardening of skin)
- HEMACHROMOTOSIS (excessive iron buildup in blood /organs)
- MYXEDEMA (thyroid disorder)





## • Q WAVES •

Normal Q Waves

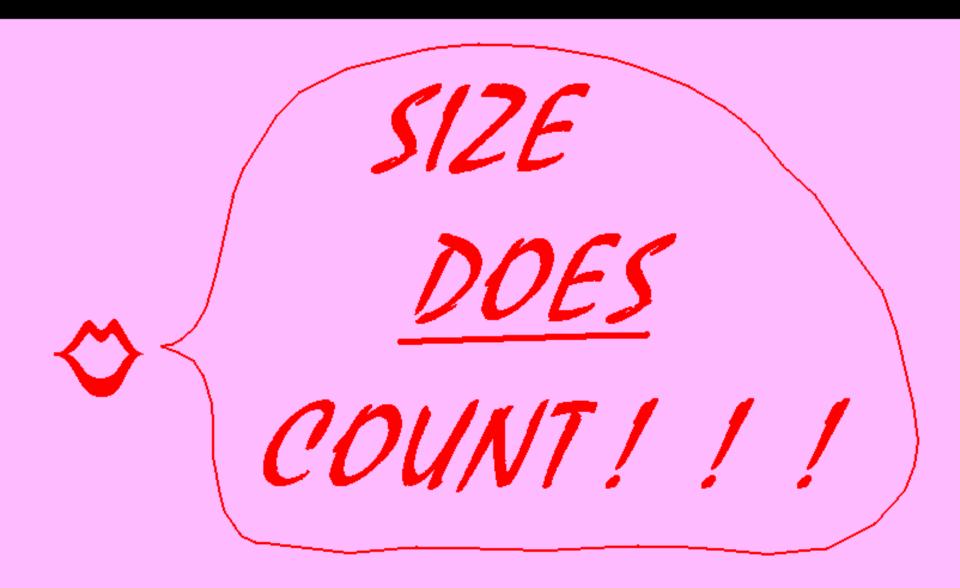
caused by depolarization of the intraventricular septum

Abnormal Q Waves -

#### caused by:

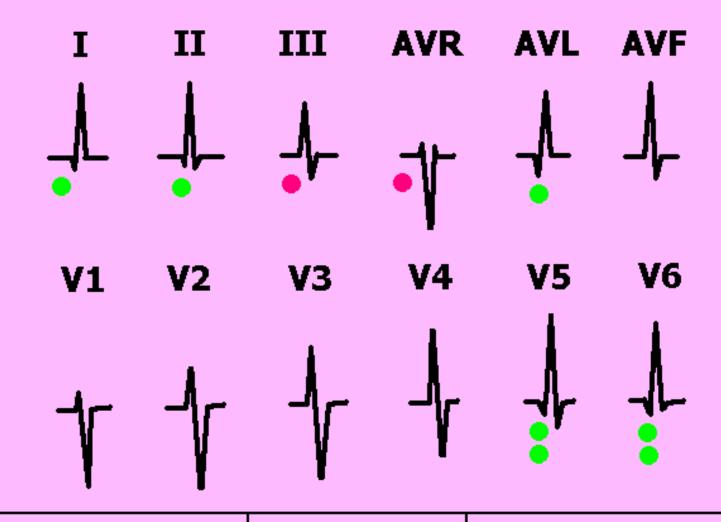
- necrosis (old infarction)
- hypertrophy

## Q WAVES •



#### LEADS WHERE Q WAVES ARE NORMAL

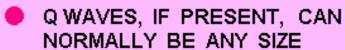
- Normal Q WAVES caused by SEPTAL DEPOLARIZATION



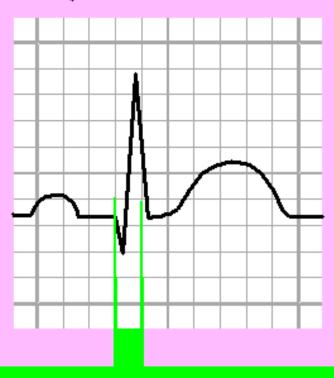




Q WAVES EXPECTED

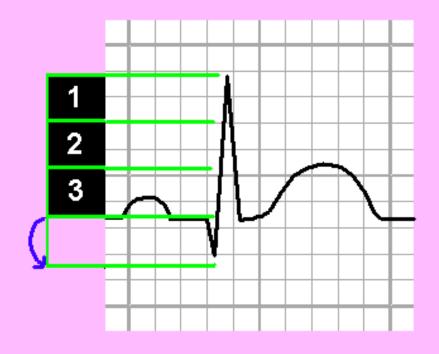


GENERAL RULES FOR NORMAL Q WAVES - WIDTH



LESS THAN .40 (1 mm) WIDE

GENERAL RULES FOR NORMAL Q WAVES - HEIGHT



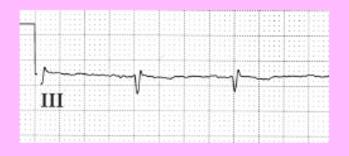


LESS THAN 1/3 THE HEIGHT OF THE R WAVE

## NORMAL Q WAVES EXCEPTIONS TO THE RULES



LEAD AVR



LEAD III



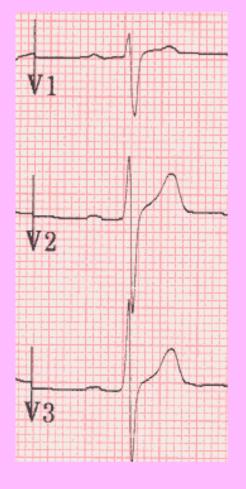
THE Q WAVE CAN BE ANY SIZE

## NORMAL Q WAVES EXCEPTIONS TO THE RULES

V2

V3

THERE
SHOULD BE NO Q
WAVES PRESENT
IN LEADS: V1



#### Q WAVE RULES - SUMMARY:

- Q WAVES SHOULD BE LESS THAN .40 WIDE (1 mm)
- Q WAVES SHOULD BE LESS THAN
   1/3 THE HEIGHT OF THE R WAVE
- Q WAVES CAN BE ANY SIZE IN LEADS III and AVR
- THERE SHOULD BE NO Q WAVES IN LEADS V1, V2, or V3

#### DIAGNOSING BUNDLE BRANCH BLOCK



## Simple "Turn Signal Method"

THE "TURN SIGNAL METHOD" for identifying BUNDLE BRANCH BLOCK

۷1

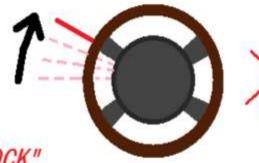
**USE LEAD V1 for this technique** 

To make a RIGHT TURN

you push the turn signal lever UP . . . . .

THINK:

"QRS points UP = RIGHT BUNDLE BRANCH BLOCK"





٧1



To make a LEFT TURN

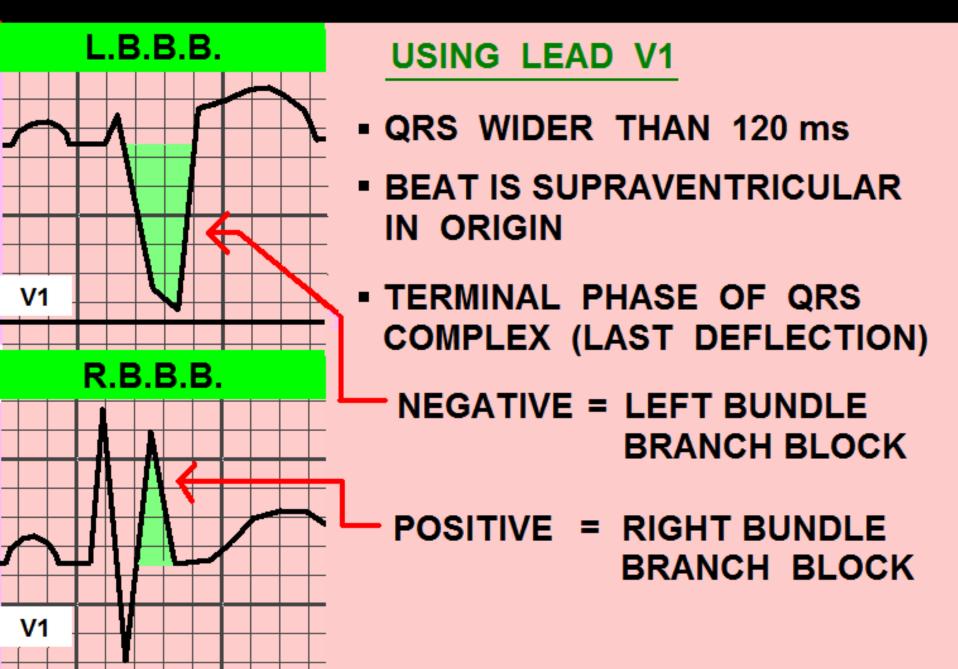
you push the turn signal lever DOWN . . . .

THINK:

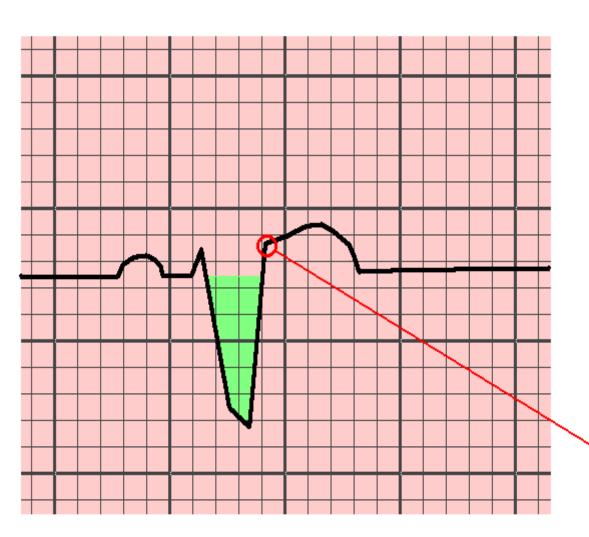
米()

"QRS points DOWN = LEFT BUNDLE BRANCH BLOCK"

#### DIAGNOSING BUNDLE BRANCH BLOCK

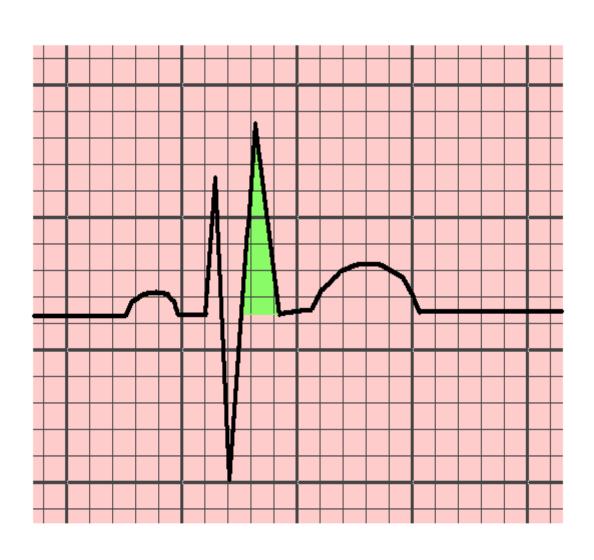


### DIAGNOSING LBBB IN LEAD V1:



- QRS GREATER THAN 120 ms (.12)
- EVIDENCE THAT THIS IS NOT VENTRICULAR BEAT
- TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS NEGATIVE DEFLECTION
- · S-T SEGMENTS ARE NORMALLY ALWAYS ELEVATED!

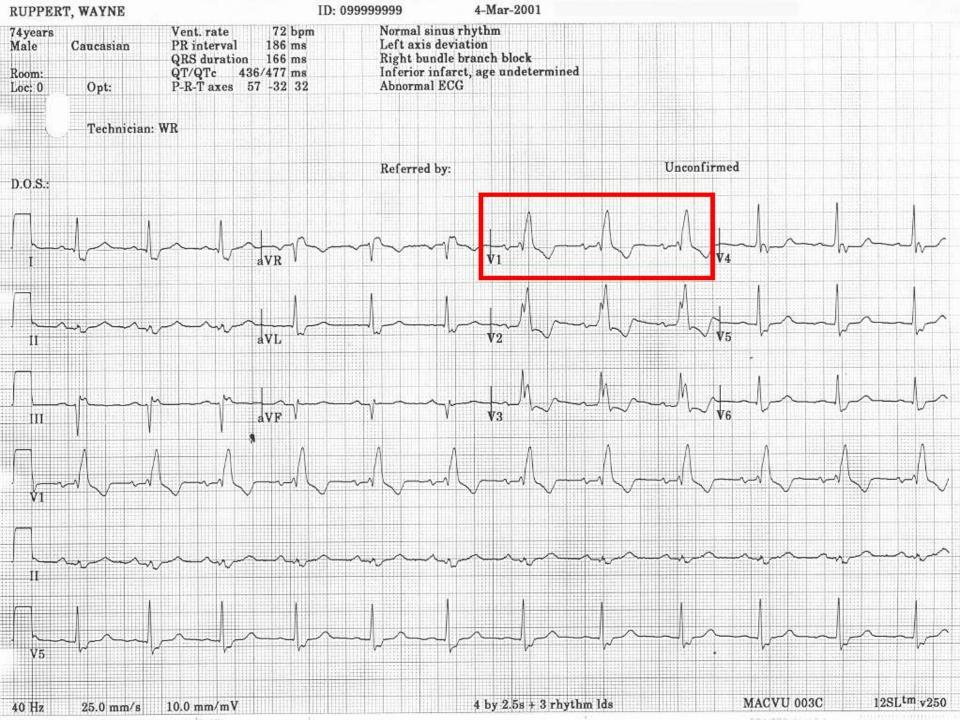
### **DIAGNOSING RBBB IN LEAD V1:**



WIDER THAN
 120 ms (.12)

(or 3 little boxes)

 TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS POSITIVE DEFLECTION



# TERMINAL PHASE OF QRS IS POSITIVE

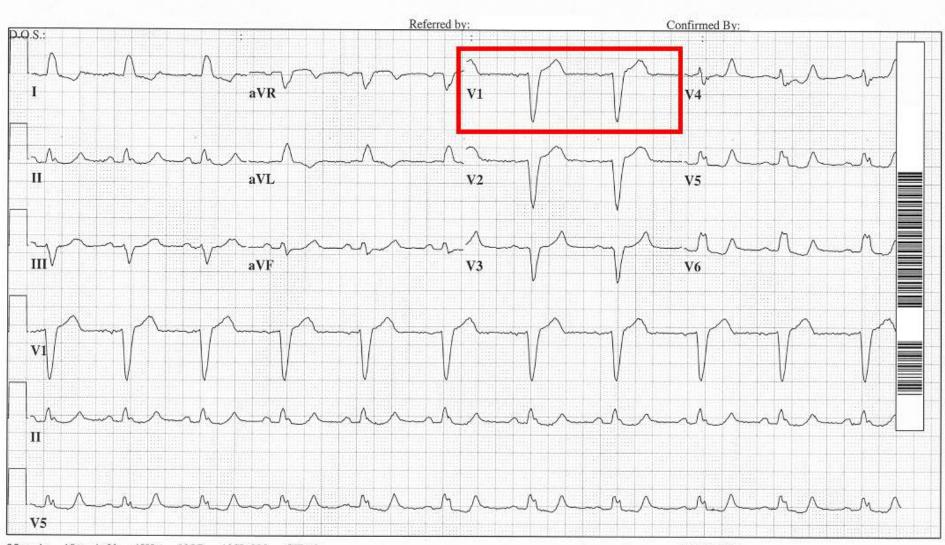


= RIGHT BUNDLE BRANCH BLOCK 74 yr Female Vent. rate 64 BPM Caucasian PR interval 188 ms QRS duration 152 ms QT/QTc 472/486 ms Loc:7 Option:35 P-R-T axes 78 3 106 EKG #WR03029959

Normal sinus rhythm Left bundle branch block Abnormal ECG

When compared with ECG of 28–MAY–2003 06:36,

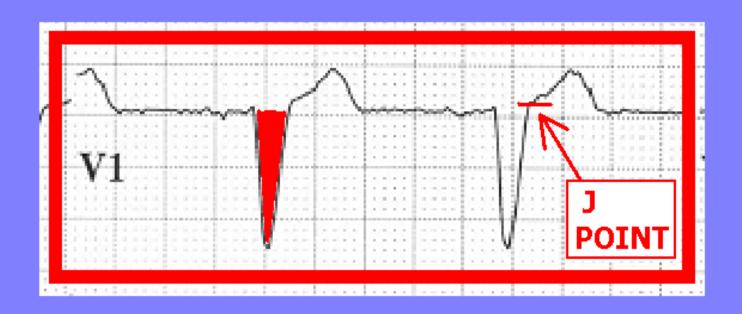
Technician: WW



25mm/s 10mm/mV 40Hz 005C 12SL 229 CID: 0

EID:5 EDT:

# TERMINAL PHASE OF QRS IS NEGATIVE



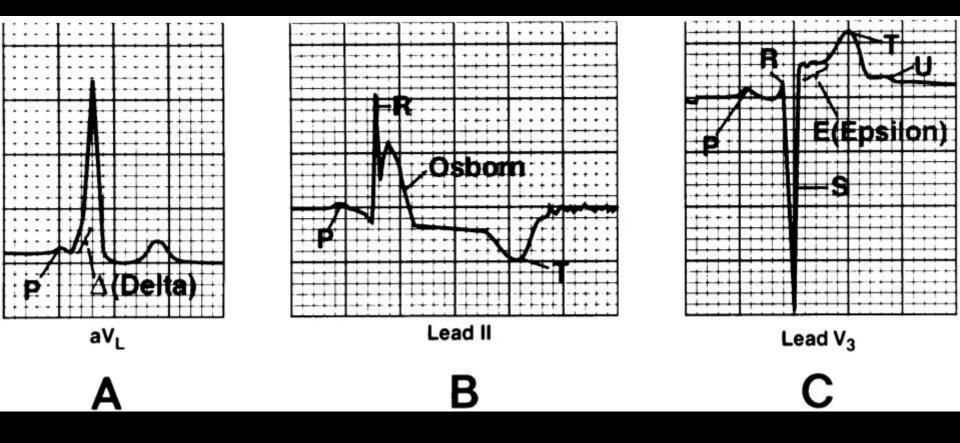
= LEFT BUNDLE
BRANCH BLOCK

# SOME CAUSES OF RIGHT BUNDLE BRANCH BLOCK (RBBB)

- CONGENITAL VARIATION (IN HEALTHY HEART)
- CONDUCTION SYSTEM DISEASE
- OLD ANT./SEPTAL MI (NECROSIS TO RBB)
- PREVIOUS C.A.B.G. (RBB CUT DURING SURGERY)
- **SEVERE R.V.H.**
- \*\* ACUTE PULMONARY EMBOLUS
- **BRUGADA SYNDROME**

# SOME CAUSES OF LEFT BUNDLE BRANCH BLOCK (LBBB)

- CONDUCTION SYSTEM DISEASE
- OLD ANT./ SEPTAL MI (NECROSIS TO LBB)
- **♦** CARDIOMYOPATHY
- **SEVERE L.V.H.**
- **♠**\*\* ACUTE MYOCARDITIS



- A. Delta wave, seen in Wolff-Parkinson-White Syndrome
- B. Osborn's wave, seen in HYPOTHERMIA
- C. Epsilon's wave, seen in Right Ventricular Dysplasia





# NORMAL ST - T WAVES

- WHEN QRS WIDTH IS NORMAL (< 120 ms)



ASSESS:

- J POINT: ISOELECTRIC (or < 1 mm dev.)

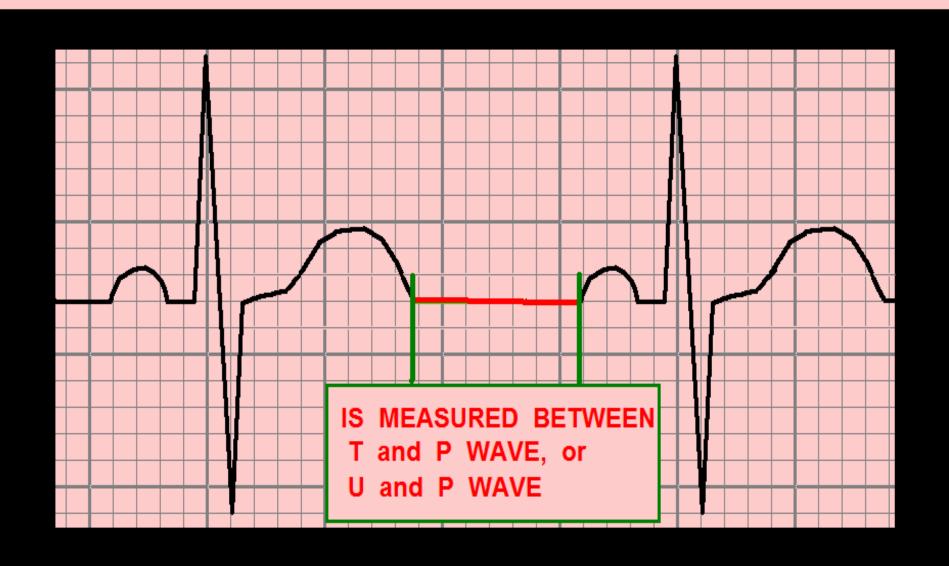
- ST SEG: SLIGHT, POSITIVE INCLINATION -

- T WAVE: UPRIGHT, POSITIVE -



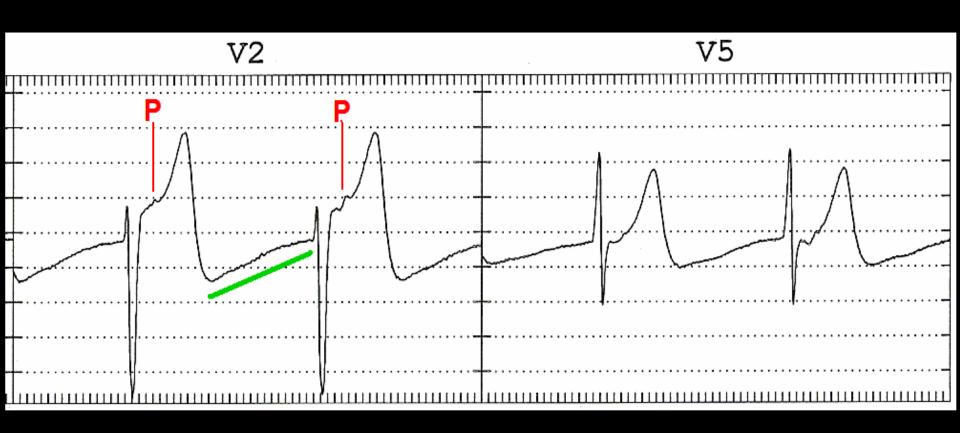
in EVERY LEAD EXCEPT aVR !!

# THE ISOELECTRIC LINE



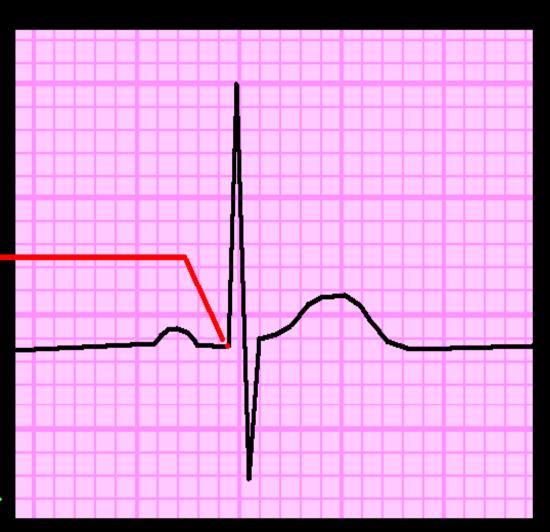
### THE ISOELECTRIC LINE

EKG from 13 y/o girl in ACCELERATED JUNCTIONAL RHYTHM. note: upsloping T-P interval, and P buried in T waves.



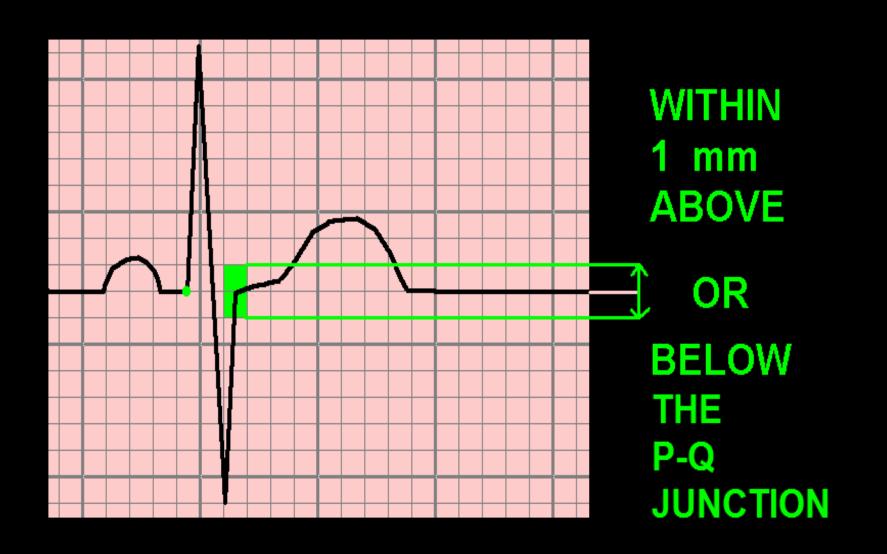
### THE P-Q JUNCTION

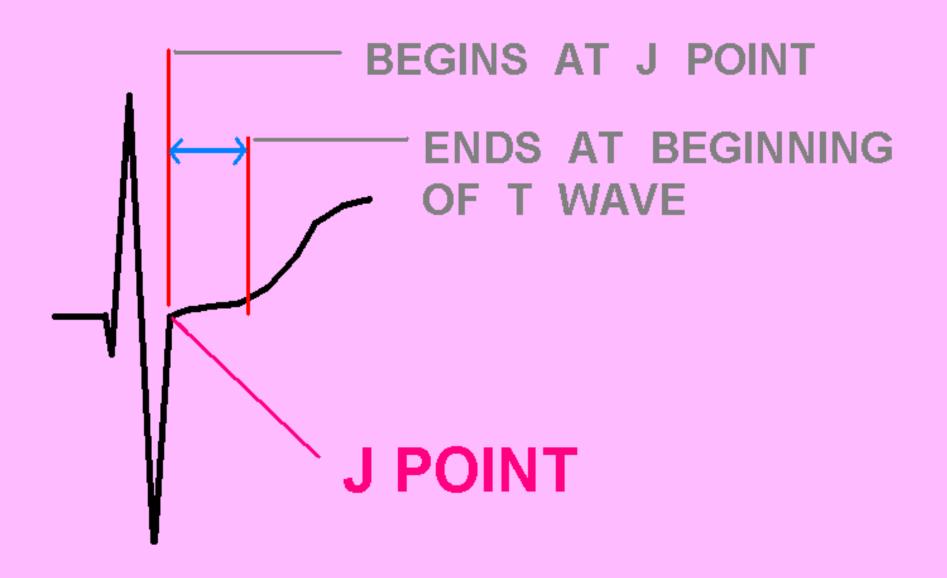
. . is the POINT where the P-R **SEGMENT** ends and the QRS COMPLEX BEGINS. **Used for POINT** OF REFERENCE for measurement of the J-POINT and the S-T SEGMENT -

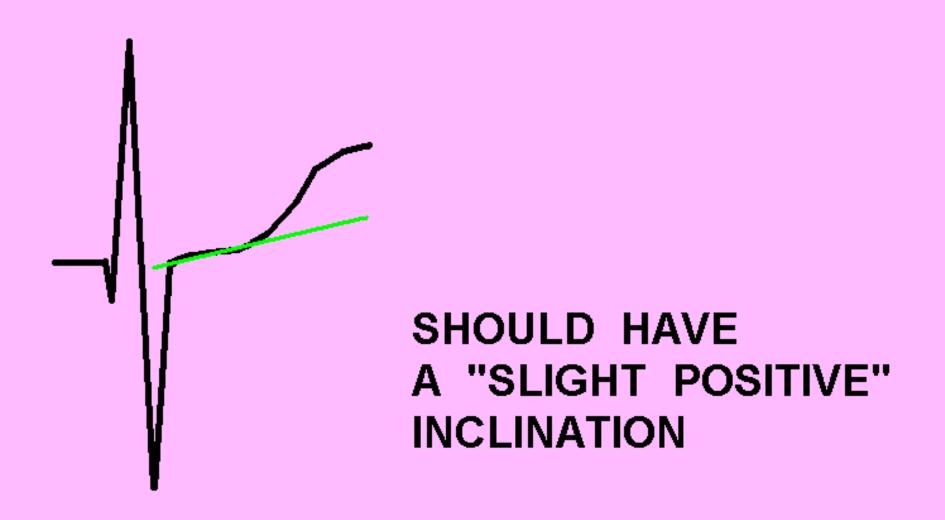


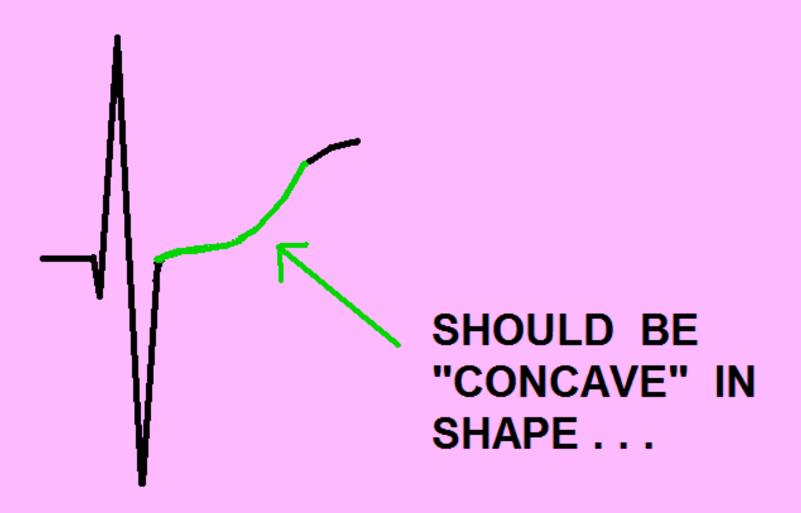
 as per the A.H.A., A.C.C., and WANG, ASINGER, and MARRIOTT, N.E.J.M. vol. 349:2128-2135 Nov. 27, 2003

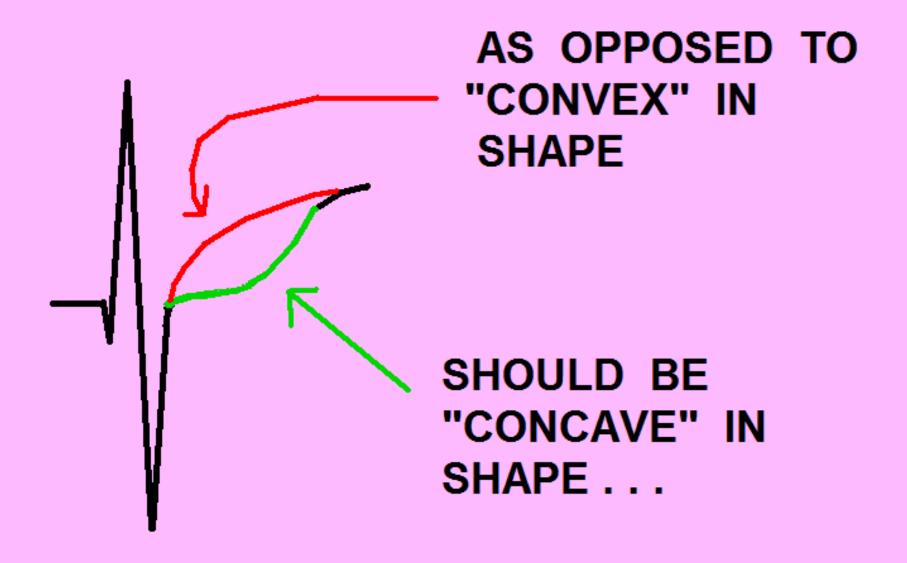
### THE J POINT SHOULD BE ...

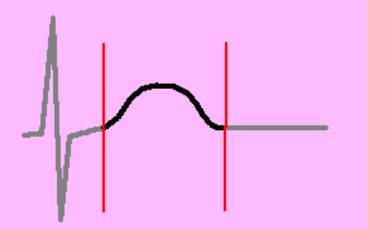






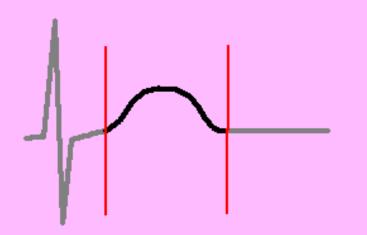






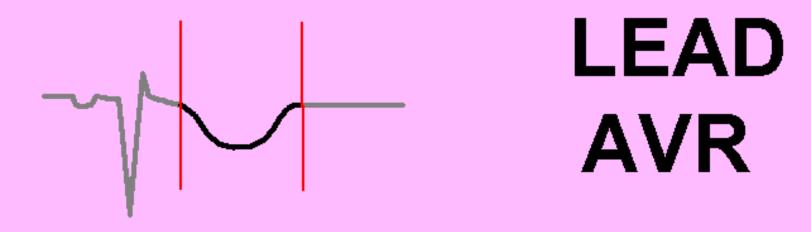
SHOULD BE
 A "NICE,"
 ROUNDED,
 CONVEX SHAPE

SHOULD BE SYMMETRICAL

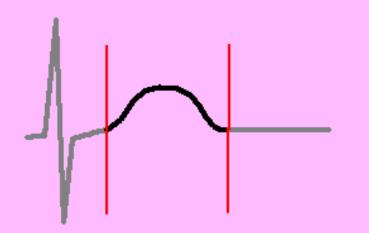


SHOULD BE
 A "NICE,"
 ROUNDED,
 CONVEX SHAPE

- SHOULD BE SYMMETRICAL
- SHOULD BE UPRIGHT IN ALL LEADS, EXCEPT AVR



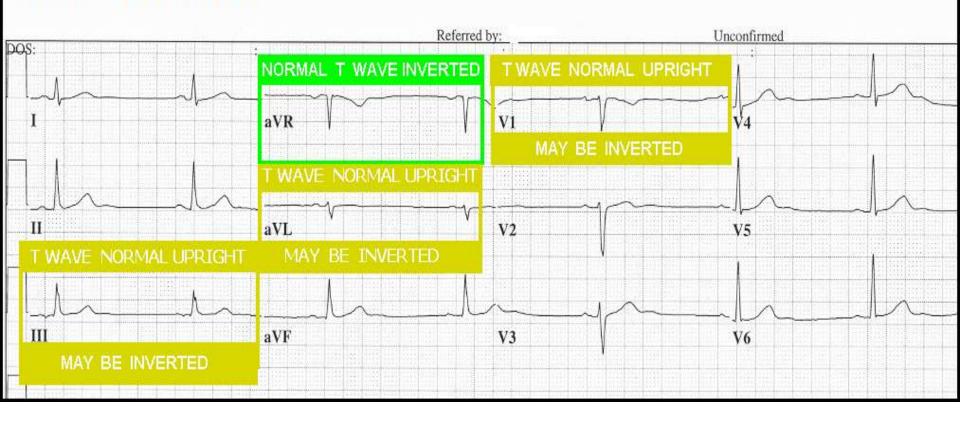
REMEMBER, IN LEAD AVR
 EVERYTHING
 IS
 "UPSIDE-DOWN"



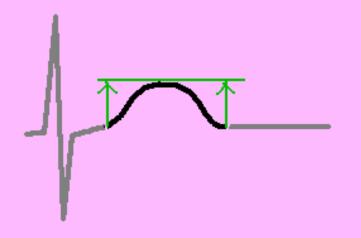
SHOULD BE
 A "NICE,"
 ROUNDED,
 CONVEX SHAPE

- SHOULD BE SYMMETRICAL
- SHOULD BE UPRIGHT IN ALL LEADS, EXCEPT AVR
- MAY BE INVERTED IN LEADS I, III, and V1

# Leads where the T WAVE may be INVERTED:



An inverted T wave in TWO OR MORE CONTIGUOUS LEADS = potential problem (ischemia)



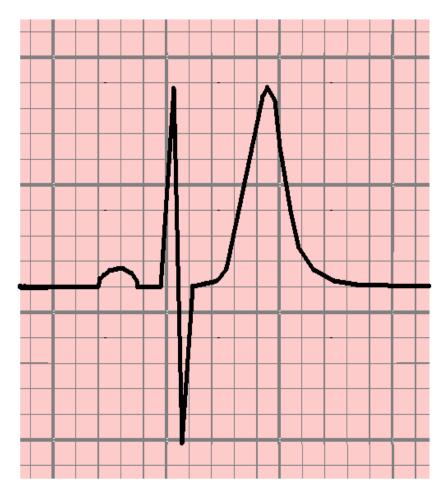
# AMPLITUDE GUIDELINES:

- IN THE LIMB LEADS, SHOULD BE LESS THAN 1.0 mv (10 mm)
- IN THE PRECORDIAL LEADS, SHOULD BE LESS THAN 0.5 mv (5 mm)
- SHOULD NOT BE TALLER THAN R
   WAVE IN 2 OR MORE LEADS.



### **MACHIER TIMES - COMMON ETIOLOGIES:**

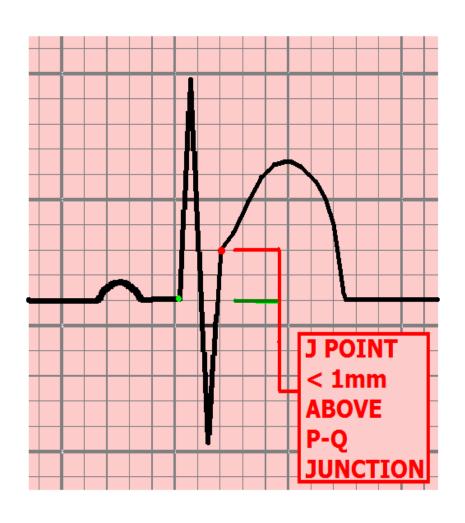




- **HYPERKALEMIA**
- **ACUTE MI**
- **№ TRANSMURAL ISCHEMIA**
- **\* HYPERTROPHY**

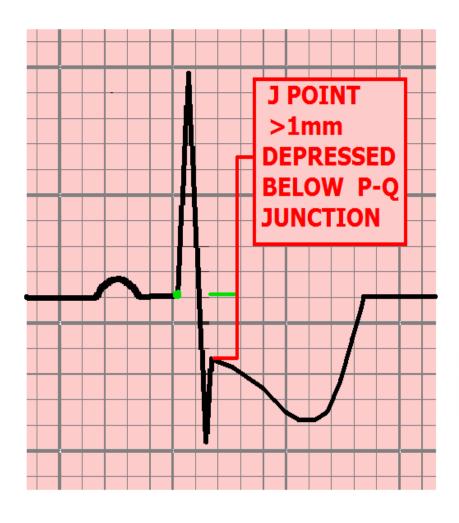
### S-T SEGMENT ELEVATION

#### - COMMON ETIOLOGIES:



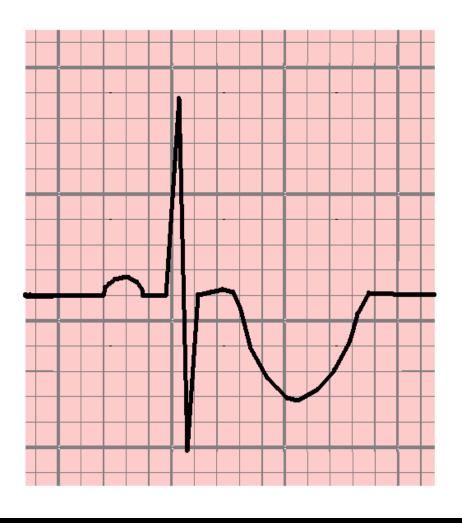
- ACUTE INFARCTION
- HYPERKALEMIA
- BRUGADA SYNDROME
- PULMONARY EMBOLUS
- INTRACRANIAL BLEED
- MYOCARDITIS / PERICARDITIS
- L. VENT. HYPERTROPHY
- PRINZMETAL'S ANGINA
- L. BUNDLE BRANCH BLOCK
- PACED RHYTHM
- EARLY REPOLARIZATION & "MALE PATTERN" S-T ELEV.

### S-T SEGMENT DEPRESSION - COMMON ETIOLOGIES:



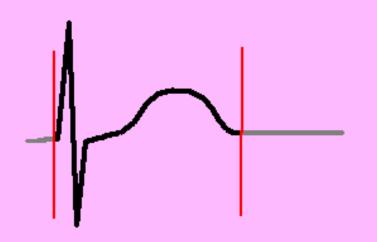
- RECIPROCAL CHANGES of ACUTE MI
- NON-Q WAVE M.I. ( NON-STEMI )
- ISCHEMIA
- POSITIVE STRESS TEST
- VENTRICULAR HYPERTROPHY (STRAIN PATTERN)
- WOLFF-PARKINSON-WHITE
- OLD MI ( NECROSIS vs. ISCHEMIA )
- DIGITALIS
- R. BUNDLE BRANCH BLOCK

### T WAVE INVERSION - COMMON ETIOLOGIES:



- MYOCARDITIS
- ELECTROLYTE IMBALANCE
- ISCHEMIA
- POSITIVE STRESS TEST
- CEREBRAL DISORDER
- MITRAL VALVE PROLAPSE
- VENTRICULAR HYPERTROPHY
- WOLFF-PARKINSON-WHITE
- HYPERVENTILATION
- CARDIOACTIVE DRUGS
- OLD MI ( NECROSIS vs. ISCHEMIA )
- DIGITALIS
- R. BUNDLE BRANCH BLOCK
- NO OBVIOUS CAUSE

# THE Q-T INTERVAL



 BEGINNING OF QRS COMPLEX TO THE END OF THE T WAVE

- NORMAL VALUES VARY BASED ON HEART RATE
- SEVERAL WAYS TO DETERMINE NORMAL LIMITS

# THE \*QTc INTERVAL

\*QTc = Q-T interval,

		corrected for heart rate
HEART RATE	MALE	FEMALE
150	0.25	0.28
125	0.26	0.29
100	0.31	0.34
93	0.32	0.35
83	0.34	0.37
71	0.37	0.40
60	0.40	0.44
50	0.44	0.48
43	0.47	0.51

Annals of Internal Medicine, 1988 109:905.

### **QT CORRECTION FORMULAS:**

Bazett's QTc=QT/√RR

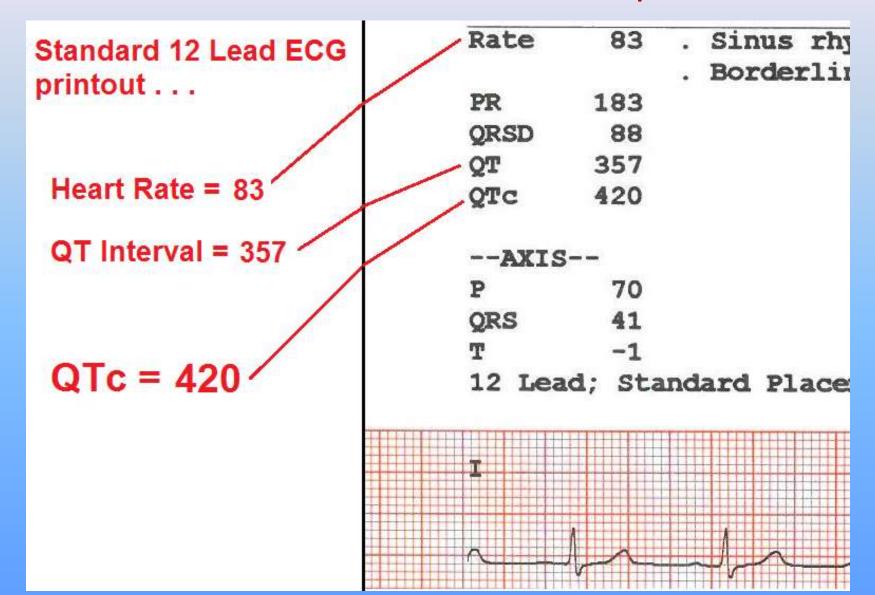
Fredericia QTc=QT/(RR)1/3

Framingham QTc=QT+0.154(1-RR)

Rautaharju QTc=656/(1+HR/100)

### Determining the QT / QTc

Method 1 – 12 Lead ECG Report:



# "There's an APP for that!"



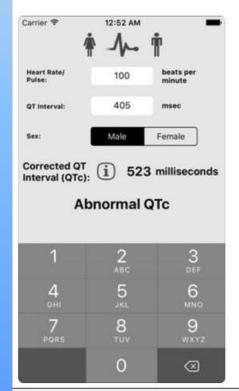
#### Corrected QT Interval (QTc) 17+

Daniel Juergens

\$0.99

Carrier ?

#### iPhone Screenshots





12:52 AM



The information contained within this application is for informational purposes only and does not constitute medical or health advice. You should not rely on the information portrayed in this application as an alternative to medical advice from your doctor or any other professional healthcare provider.

### Determining the QTc

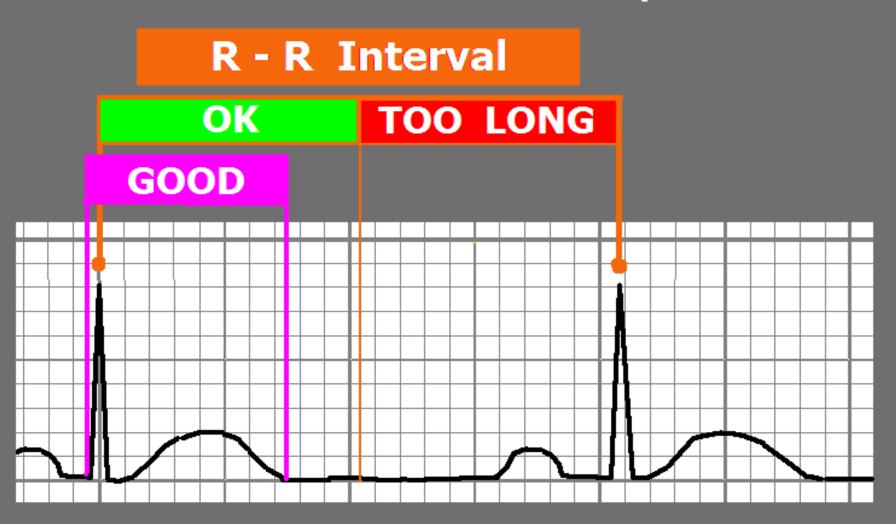
**Smartphone Apps:** 

### iPhone

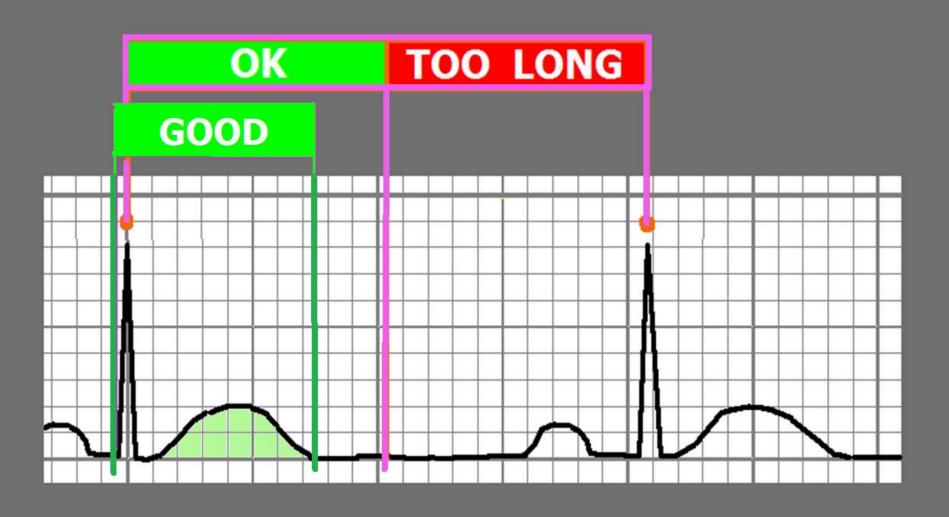
- https://itunes.apple.com/us/app/corrected-qtinterval-qtc/id1146177765?mt=8

### Android

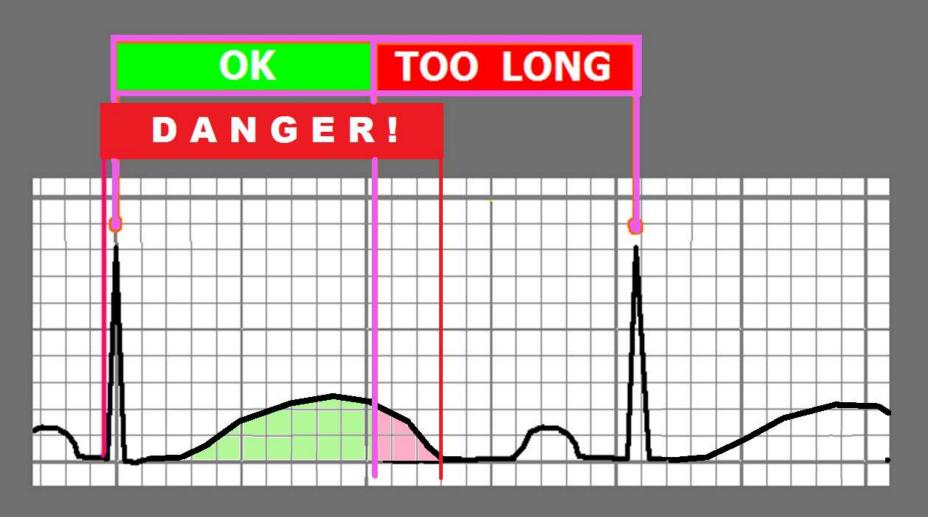
 https://play.google.com/store/apps/details?id=co m.medsam.qtccalculator&hl=en The Q-T Interval should be LESS THAN 1/2 the



The Q-T Interval should be LESS THAN 1/2 the R-R Interval



## The Q-T Interval should be LESS THAN 1/2 the R-R Interval



### **QTc Values:**

Too Short: < 390 ms

**Normal** 

-Males: 390 - 450 ms

-Females: 390 - 460 ms

**Borderline High** 

-Males: 450 - 500 ms

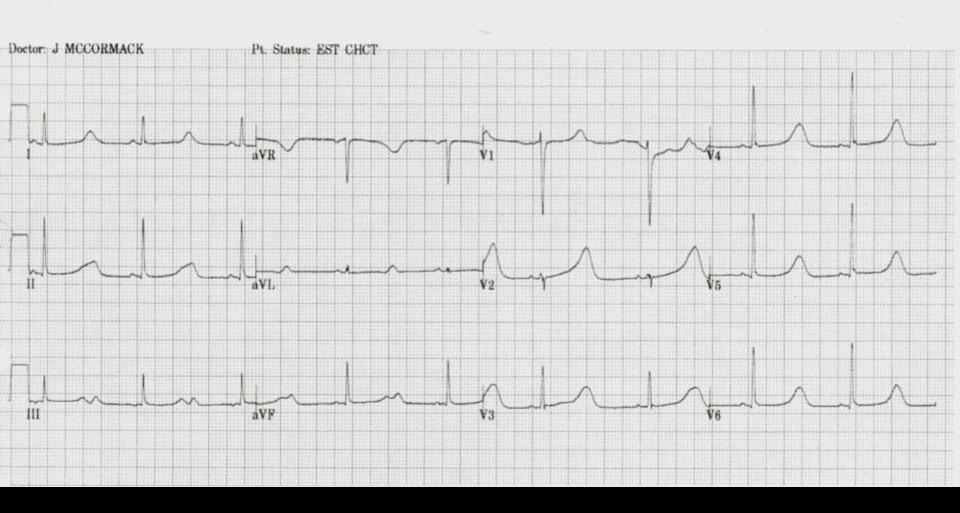
-Females: 460 - 500 ms

High (All Genders): 500 - 600 ms

**Critical High** 

(associated with TdP): 600 + ms

Vent. rate 53 bpm
PR interval 110 ms
QRS duration 84 ms
QT/QTc 678/636 ms
P-R-T axes 25 60 48



WHEN THE "QUICK PEEK" METHOD for QT INTERAL EVALUATION IS APPLIED TO THE ABOVE ECG, WHAT IS THE RESULT?

#### **GENETICALLY ACQUIRED LONG QT SYNDROMES:**

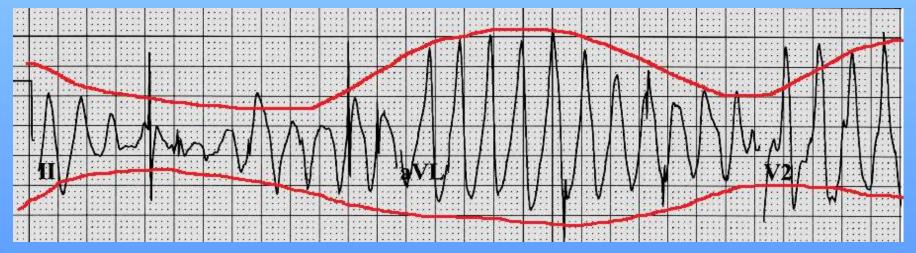
#### ECG PATTERNS of 3 MOST COMMON VARIATIONS:

Туре	Current	Functional Effect	Frequency Among LQTS	ECG <sup>12,13</sup>	Triggers Lethal Cardiac Event <sup>10</sup>	Penetrance*
LQTS1	к		30%-35%	~~	Exercise (68%) Emotional Stress (14%) Sleep, Repose (9%) Others (19%)	62%
LQTS2	К		25%-30%		Exercise (29%) Emotional Stress (49%) Sleep, Repose (22%)	75%
LQTS3	Na	1	5%-10%		Exercise (4%) Emotional Stress (12%) Sleep, Repose (64%) Others (20%)	90%

## ECG Characteristics of TdP: The QRS Pattern of *Torsades de Pointes*



## a piece of Twisted Ribbon!



#### **Etiology of Long QT Syndromes:**

Congenital (14 known subtypes)

Genetic mutation results in abnormalities of cellular ion channels

#### **Acquired**

**Drug Induced** 

Metabolic/electrolyte induced

Very low energy diets / anorexia

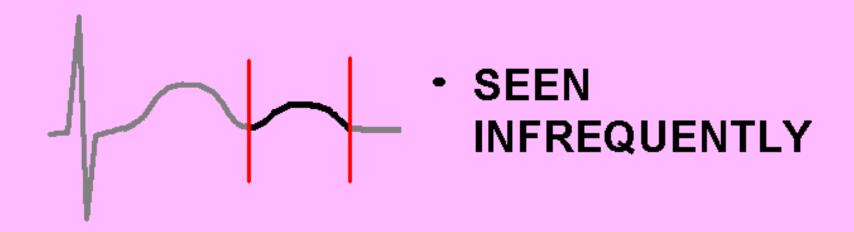
CNS & Autonomic nervous system disorders

#### Miscellaneous

**Coronary Artery Disease** 

Mitral Valve Prolapse

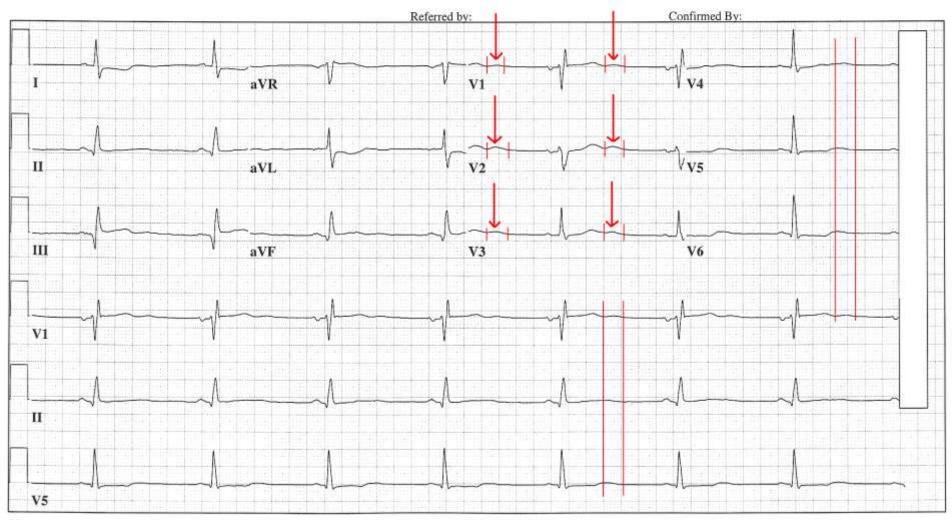
### THE U WAVE



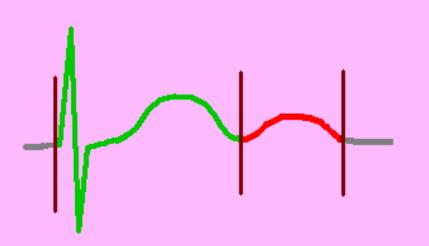
- IF PRESENT, SHOULD BE THE SAME DEFLECTION AS T WAVE
- SHOULD BE NO MORE THAN 10%
   THE SIZE OF THE T WAVE
- MORE PROMINENT IN V2 OR V3

69 yr Female Vent. rate 44 BPM Caucasian PR interval 144 ms QRS duration 118 ms Room:6 QT/QTc 494/422 ms Loc:1 Option:1 P-R-T axes 63 63 123

Marked sinus bradycardia
Incomplete right bundle branch block
Possible Inferior infarct, age undetermined
ST & T wave abnormality, consider lateral ischemia
Abnormal ECG
When compared with ECG of 26–MAR–2006 20:32,
no significant change



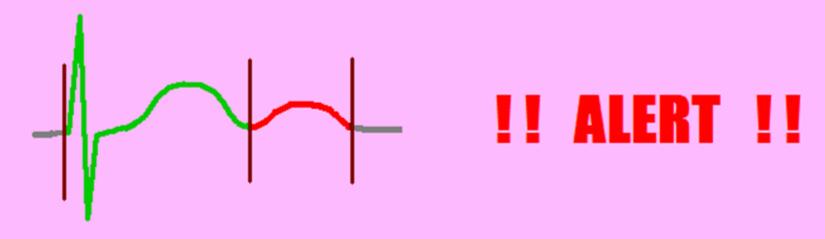
## THE U WAVE



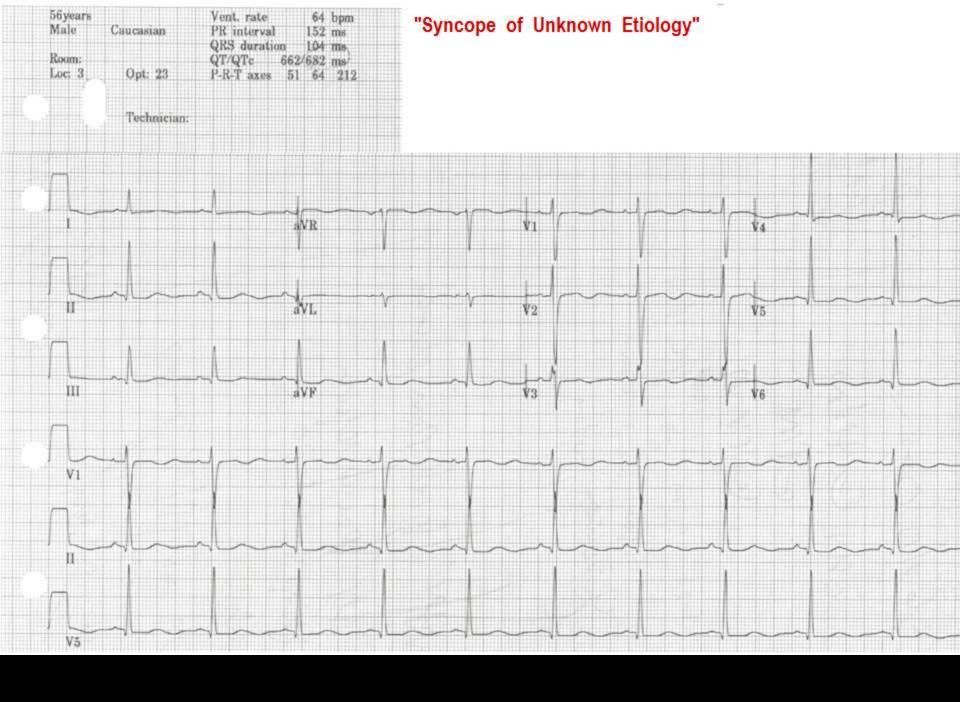
## REPORTED CAUSES OF U WAVES:

- OFTEN SEEN IN BRADYCARDIAS (RATES BELOW 60)
- HYPOKALEMIA, HYPOCALCEMIA, HYPOMAGNESEMIA
- AFTER-DEPOLARIZATIONS of VENTRICULAR
- HYPOTHERMIA
- DRUGS THAT PROLONG THE QT INTERVAL
- LONG QT SYNDROMES
- REPORTED IN APPROX 15% of ISCHEMIC STROKES

## THE U WAVE



ABNORMAL U WAVES ARE
ASSOCIATED WITH A
HIGH INCIDENCE OF
TORSADES de POINTES,



## If patient has a PROLONGED Q-T INTERVAL, AVOID DRUGS THAT LENGTHEN THE Q-T. Such drugs include:

-Amiodarone -Ritalin

-Procainamide -Pseudophedrine

-Levaquin -Haloperidol

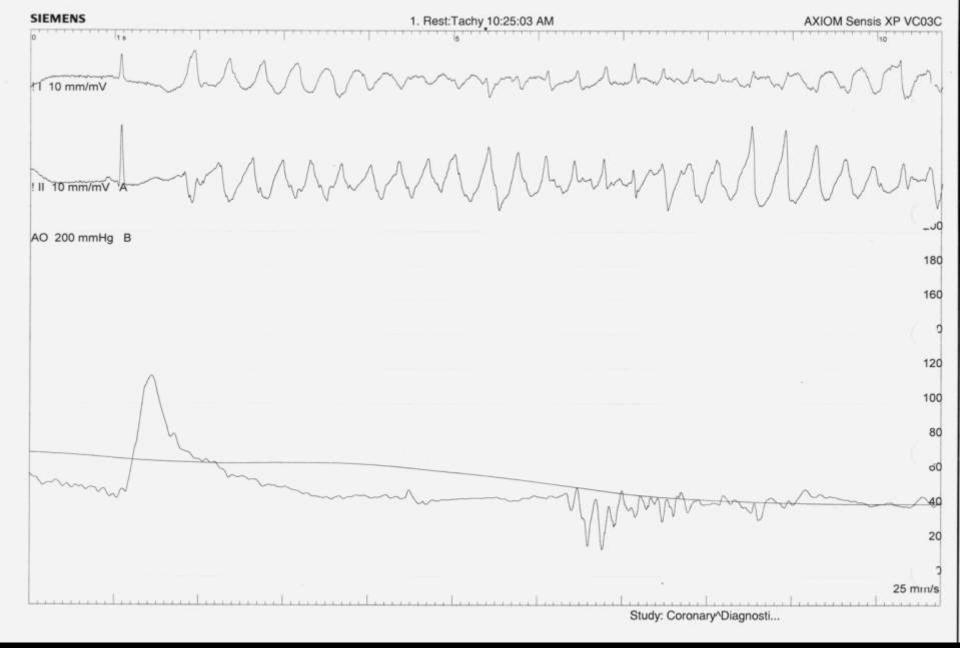
-Erythromycin -Thorazine

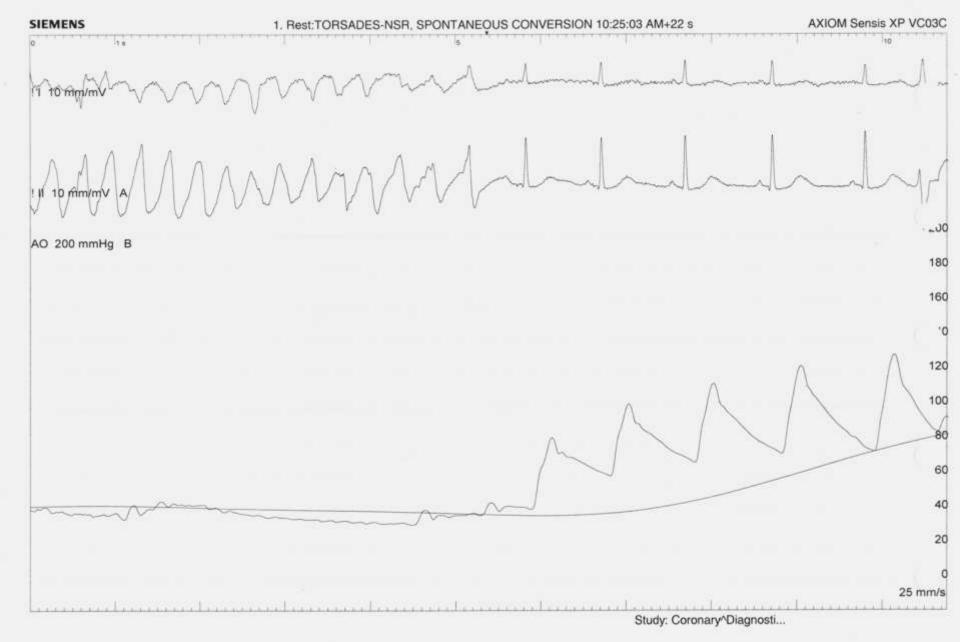
-Norpace -Propulcid

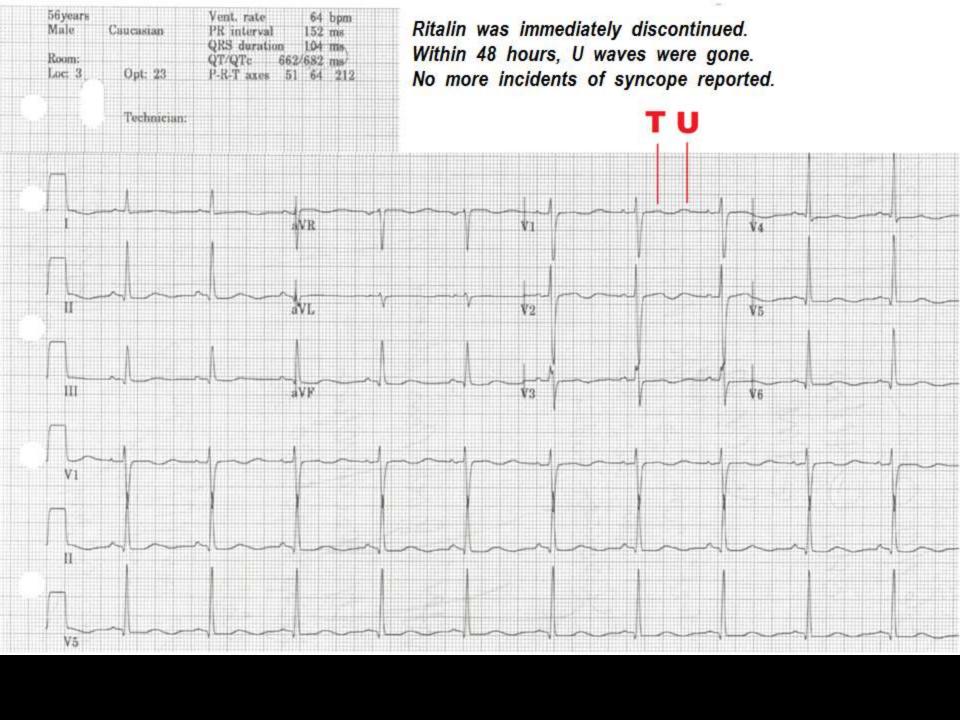
-Tequin .....AND MANY MORE......

AND MANY MORE...

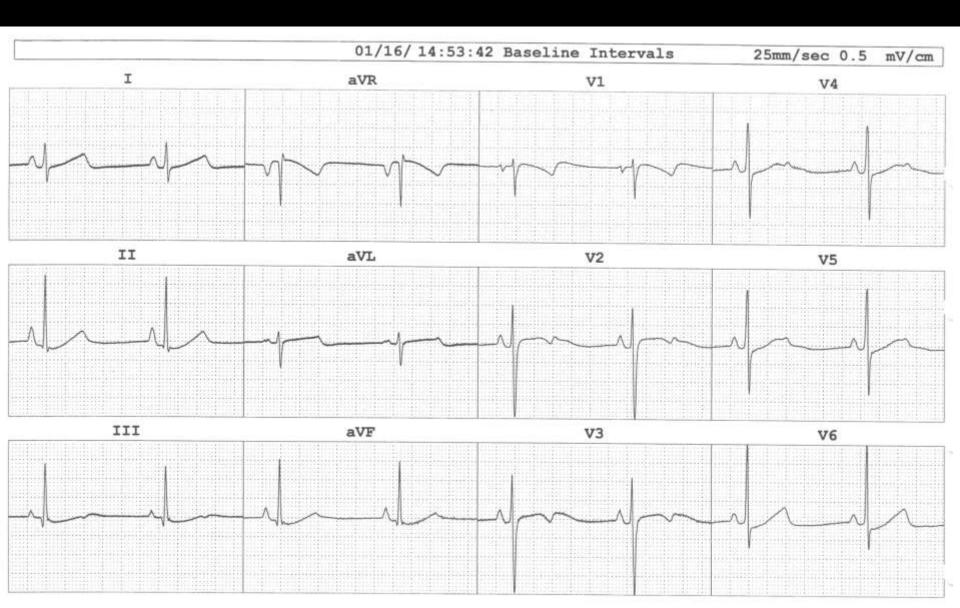
See: <u>www.torsades.org</u> / JAMA



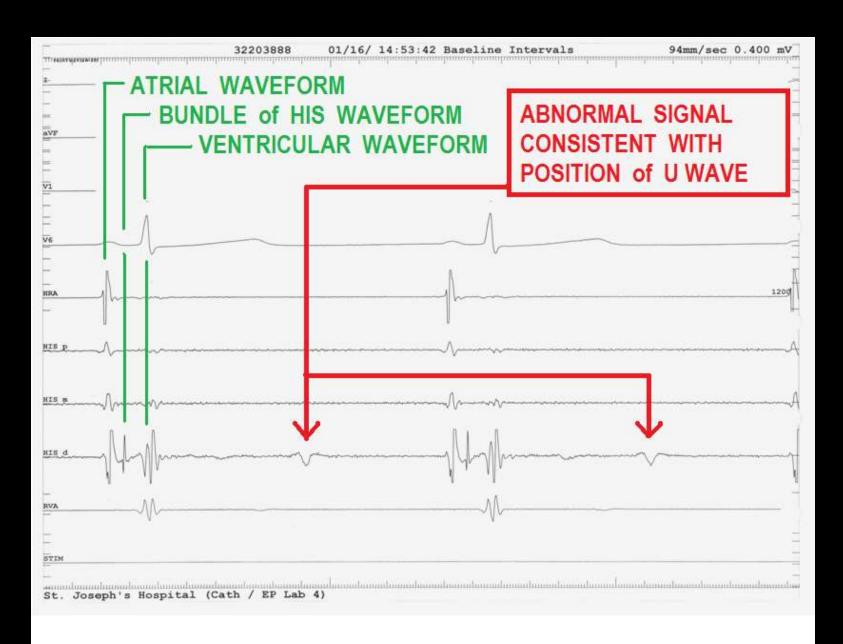




## 15 year old male, suffered sudden cardiac arrest. Successful out-of-hospital resuscitation with CPR / AED. His ECG is shown below:



#### EP STUDY REVEALS ABNORMAL AFTER-DEPOLARIZATION. PATIENT RECEIVED ICD.



#### **ECG Indicators of Long QT Syndrome:**

- QTc 460ms or longer in females\*
- QTc 450ms or longer in males\*
- T wave alterans
- U waves >100% of the T wave
- U waves merged with T waves
- U waves >0.1mv (1mm on standard calibrated ECG)

\*P. Rautaharju, et al, "Standardization and Interpretation of the ECG, Part IV" JACC2009;53, no. 11:982-991



#### **Suspected LQTS Considerations include:**

• Avoidance of Meds that are known to prolong the QT Interval.

(refer to LIST OF MEDS KNOWN TO PROLONG THE QT INTERVAL).

- Immediate expert consultation, such as with cardiologist / electrophysiologist, in order to rule out LQTS
- Continuous ECG monitoring until LQTS ruled out, or until expert consultant deems it safe to discontinue continuous ECG monitoring

#### QT Prolongation -- D/C QT Prolonging Meds:

Avoidance of Meds that are known to prolong the QT Interval. Click here for current list from <a href="https://www.creat.com/replicits/creating-com/

#### Commonly used QT prolonging meds include:

-Amiodarone -Ritalin

-Procainamide -Pseudophedrine

-Levaquin -Haloperidol

-Erythromycin -Thorazine

-Norpace -Propulcid

-Tequin -Zofran

**-Benadryl -Ilbutilide and MANY more!** 



# PAGES FOR EVERYONE QTDrugs Lists (registration required) Info: Congenital LQT and Drugs to Avoid My Medicines Online with MedSafety Scan® CredibleMedia™ Educational Papers » Guide for Safe Medication Use Virtual Medicine Cabinet



More...

#### QUICK SCAN for drugs on the QTdrugs Lists:

Click Here Quick Scan for one drug at a time (No registration required)

Click Here Review all lists and download (Free, registration required)

Visitors to the CredibleMeds® website can use Quick Scan to search for drugs on the QTDrugs lists. Access to download the lists of QTdrugs requires registration so that users can be notified when the lists have been revised.

Commercial use or reproduction of the QTdrugs lists or other copyrighted content from this website is prohibited without prior authorization from AZCERT, Inc. See "Terms of Use" below.

y f



#### LINK to preview EP tools on iTunes website – click here

//itunes.apple.com/us/app/eptools/id430201878?mt=8

#### **App Store Preview**

This app is only available on the



#### epTools 17+

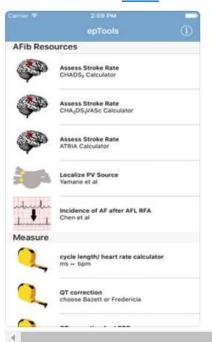
Resources for Cardiac EP Busy Being Born Solutions, LLC

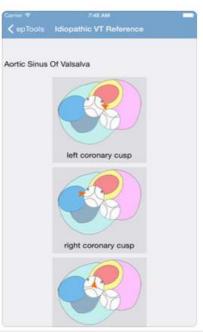
\$5.99

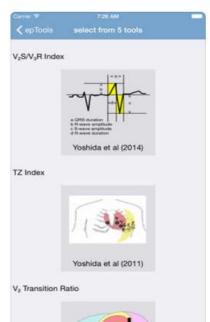
## My favorite ECG / Cardiology iPhone APP:

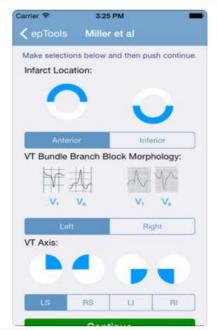
- has updated list of QT prolonging meds from AZ University (AZCERT)
- QTc calculation tools (Bazett's & Fredericia)

#### Screenshots iPhone iPad









## Also for patients with known QT prolongation or "at risk" patients:

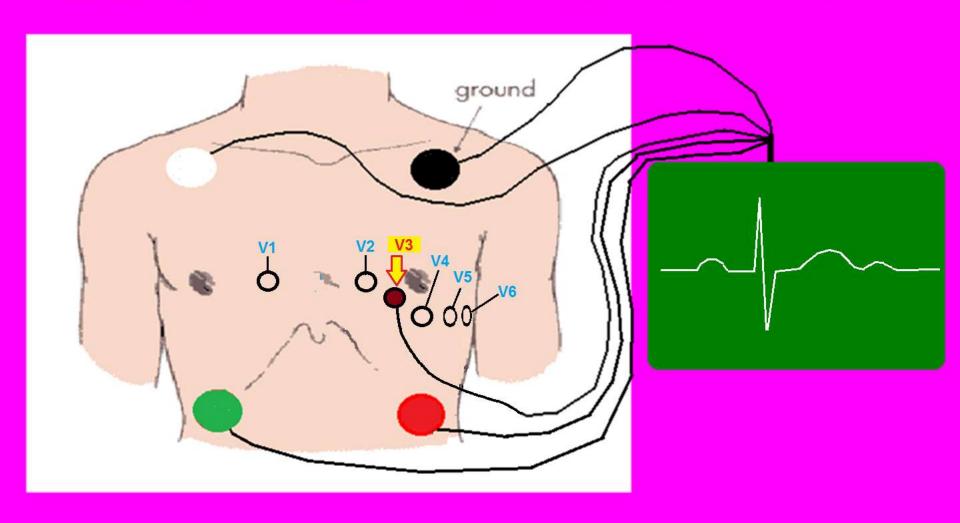
Consider ordering

CONTINUOUS QTc MONITORING

For CPC Accreditation, SRRMC is currently developing a "QTc Monitoring Protocol."

It will include ....

## LEAD PLACEMENT - V3



5 WIRE TELEMETRY UNIT

# At SRRMC: Automated CONTINUOUS QTc MONITORING Available for Tele:



# At SRRMC: Automated CONTINUOUS QTc MONITORING Available for Tele:



ABSOLUTELY NO DRUES PROLONE 7 / / 5 

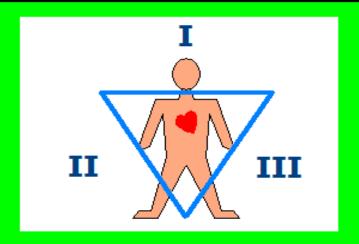
#### OPTIONAL CURRICULUM:



## EVALUATE THE AXIS IN BOTH PLANES

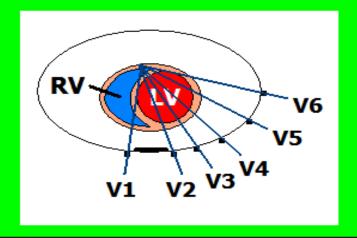
- VERTICAL

"AXIS DEVIATION"



- HORIZONTAL

"AXIS ROTATION"



### **AXIS DEVIATION**

LEAD I

LEAD AVF

**NORMAL LEFT RIGHT FAR RIGHT**  
 66 yr
 Vent. rate
 41 BPM

 Male
 Caucasian
 PR interval
 192 ms

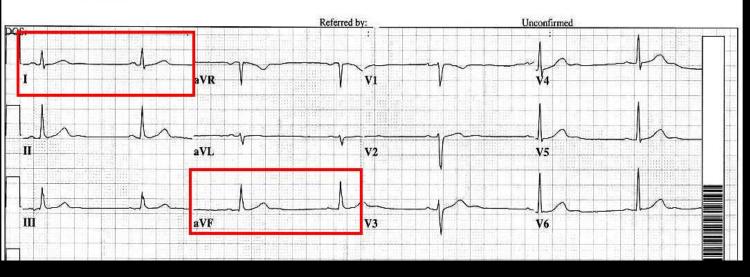
 QRS duration
 94 ms

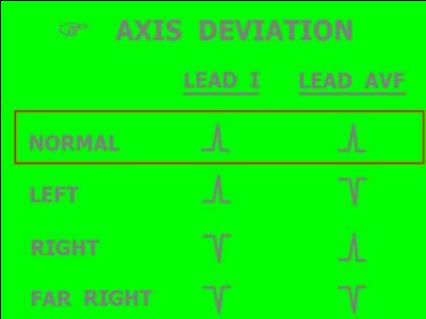
 Room:401A
 QT/QTc
 526/433 ms

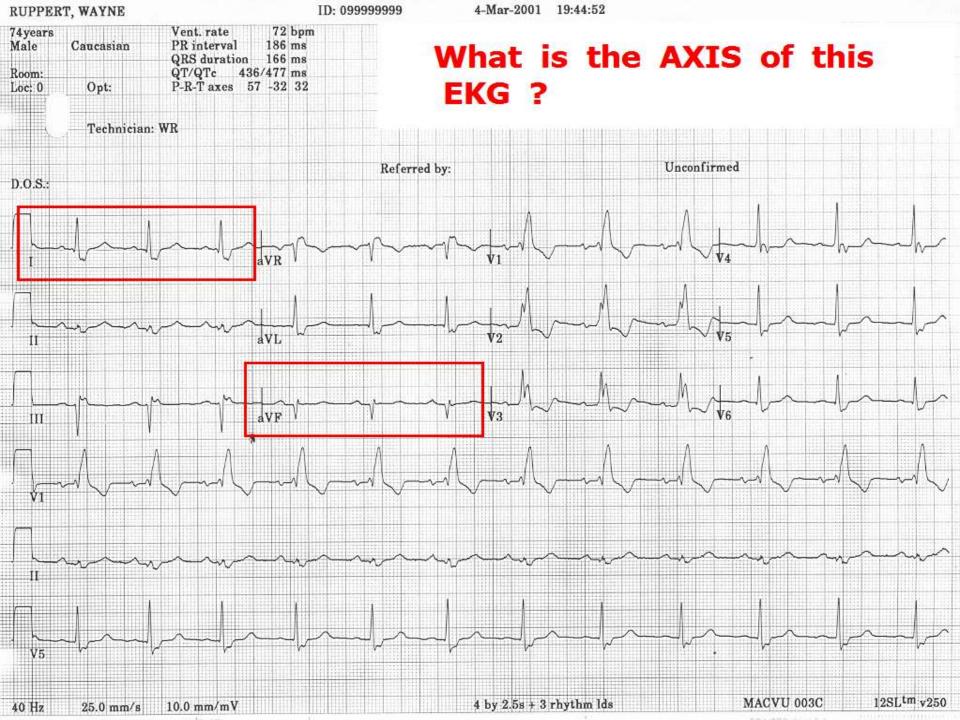
 Loc:6
 Option:16
 P-R-T axes
 38 70 58

#### **NORMAL AXIS**

Technician:









### **AXIS DEVIATION**

LEFT	L	
RIGHT	7	1

#### COMMON CONDITIONS WHICH MAY CAUSE

## LEFT AXIS DEVIATION:

- LEFT BUNDLE BRANCH BLOCK
- PACEMAKER
- **◆** C.O.P.D.
- LEFT VENTRICULAR HYPERTROPHY
- **OLD INFERIOR WALL MI**
- HYPERKALEMIA
- LEFT ANTERIOR FASCICULAR BLOCK
- **₩OLFF-PARKINSON-WHITE** (types A & B)

81 yr Female Hispanic Room:303A

Option:11

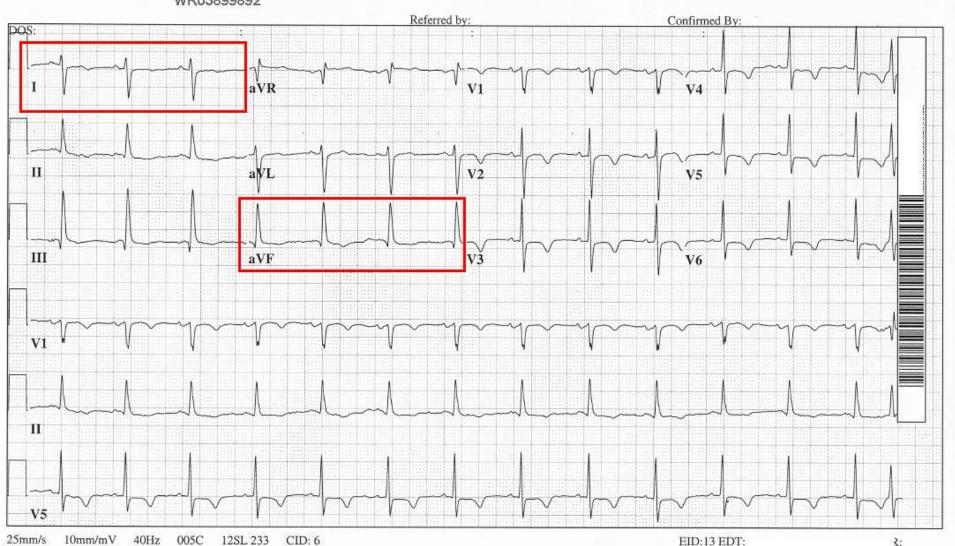
Loc:6

Vent. rate PR interval QRS duration QT/QTc P-R-T axes 82 BPM 128 ms

86 ms 392/457 ms 38 112 -142

What is the AXIS of this EKG?

Technician: EKG CLASS CODE WR03899892





### **AXIS DEVIATION**

RIGHT		
FAR RIGHT	T	V

# COMMON CONDITIONS WHICH MAY CAUSE RIGHT AXIS DEVIATION:

- NORMAL FOR PEDS & TALL, THIN ADULTS
- RIGHT VENTRICULAR HYPERTROPHY
- OLD LATERAL WALL MI
- LEFT POSTERIOR FASICULAR BLOCK
- PULMONARY EMBOLUS
- DEXTROCARDIA
- **◆** C.O.P.D.
- ATRIAL / VENTRICULAR SEPTAL DEFECTS

Male Caucasian

92 BPM

ACCELERATED IDIOVENTRICULAR RHYTHM

Room:5

Loc:1

Vent. rate PR interval QRS duration QT/QTc P-R-T axes 172 ms 420/520 \* -123 ms 61

EKG CLASS CODE #WR03611255





## AXIS DEVIATION

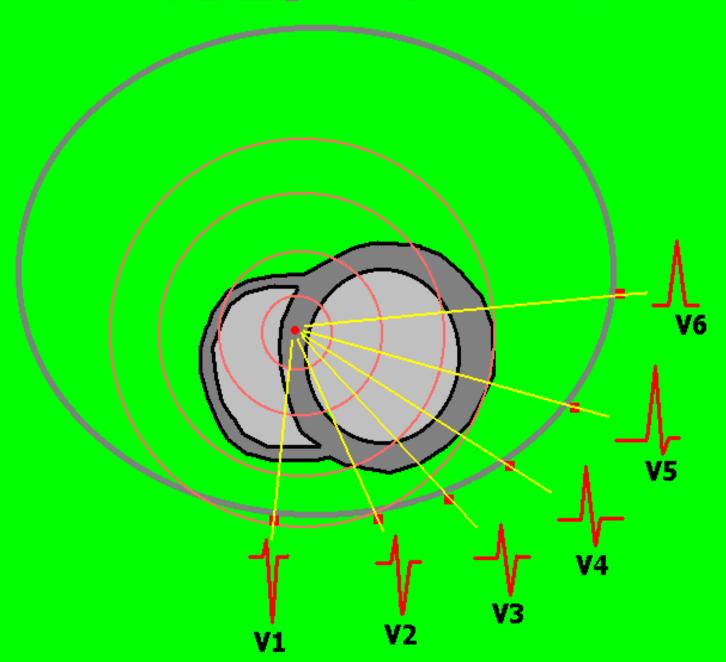
FAR RIGHT	Y	

## COMMON CONDITIONS WHICH MAY CAUSE

# (NO-MAN'S LAND AXIS) FAR RIGHT AXIS DEVIATION:

- LEAD TRANSPOSITION
- **●** PACEMAKER RHYTHMS
- **VENTRICULAR RHYTHMS**
- **◆** C.O.P.D.
- HYPERKALEMIA

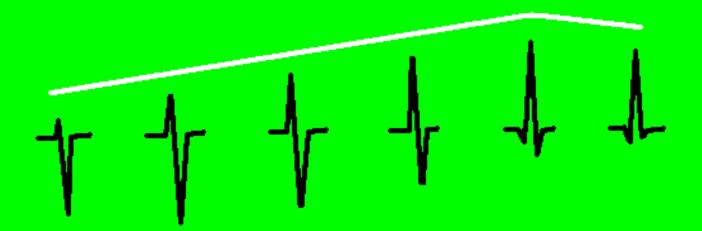
## AXIS ROTATION



## ASSESSING AXIS ROTATION:

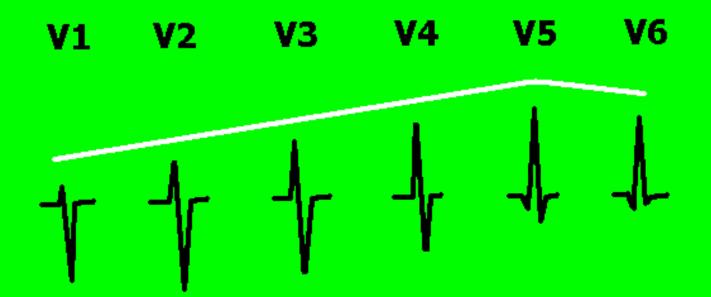
V1 V2 V3 V4 V5 V6

## R - WAVE PROGRESSION



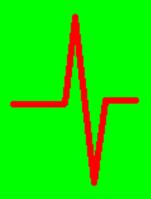
## 2. IDENTIFICATION OF TRANSITION

## ASSESSING AXIS ROTATION:



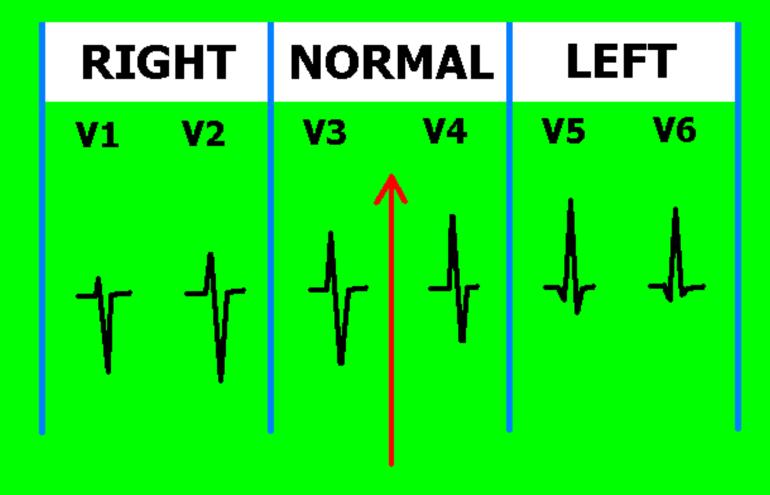
3. RECALL COMMON PATTERNS of ABNORMAL R-WAVE PROGRESSION to help you build your list of POSSIBLE DIAGNOSES.

# AXIS ROTATION TRANSITION



OCCURS IN THE LEAD
WHERE THE QRS IS THE
MOST BIPHASIC

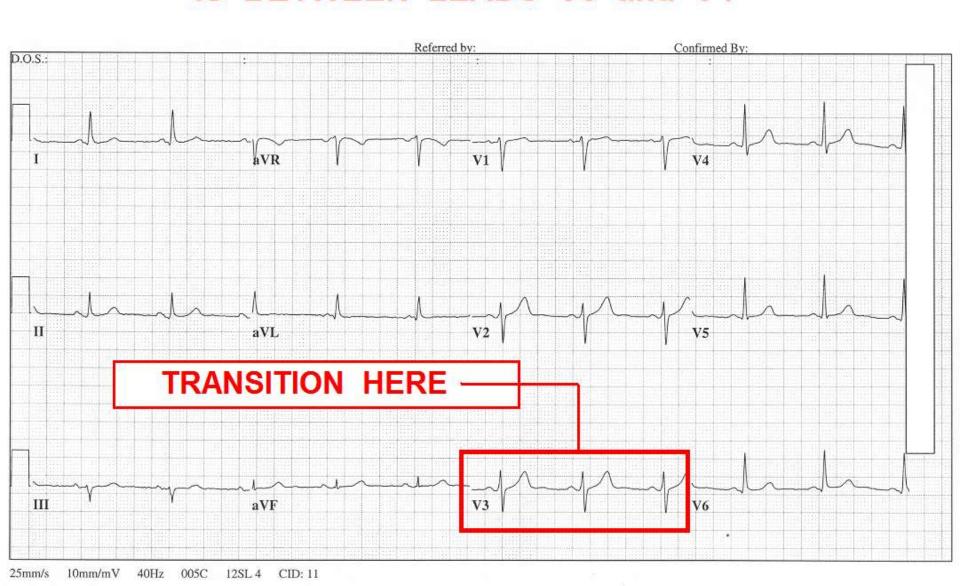
## AXIS ROTATION



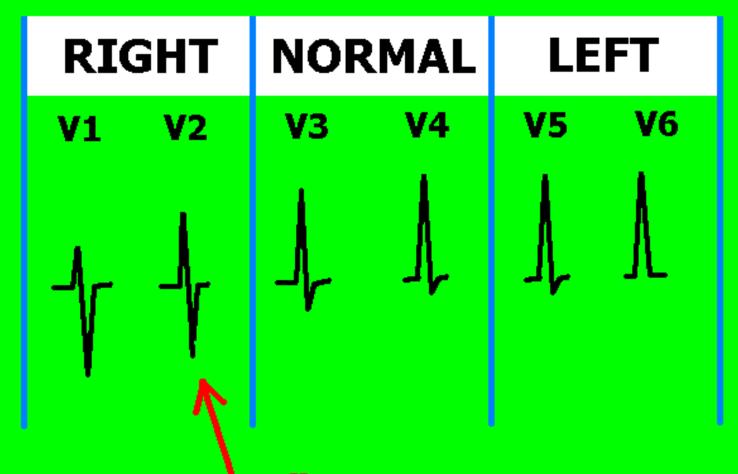
TRANSITION SHOULD OCCUR IN LEADS V3 or V4

## NORMAL TRANSITION

## IS BETWEEN LEADS V3 and V4

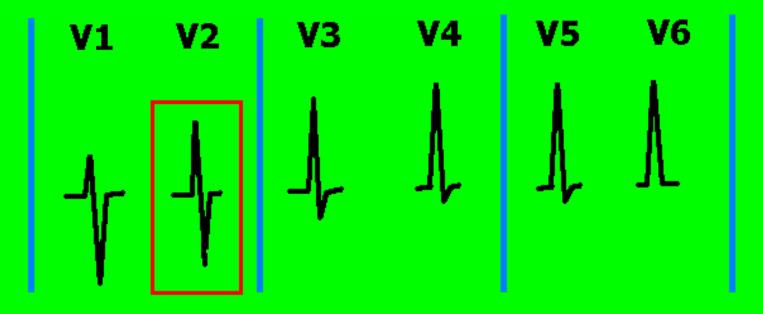


## AXIS ROTATION



\ "EARLY TRANSITION"
"SHIFTED TO THE RIGHT"

## \*COMMON CAUSES of EARLY TRANSITION



- 1. Right Bundle Branch Block
- 2. Right Ventricular Hypertrophy
- 3. Old Posterior Wall MI
- 4. Wolff-Parkinson-White (type A)

LEFT - SIDED PATHWAY - FROM MARRIOTT'S "Practical Electrocardiography - 10th Edition," 2000

## COMMON CAUSES OF EARLY TRANSITION .... SOME HELPFUL CLUES:

## 1. Right Bundle Branch Block (RBBB)

- QRS wider than 120ms
- Supraventricular rhythm (normal P : QRS relationship)
- RSR' or RR' ("notching") in V1, V2, and/or V3

## 2. Right Ventricular Hypertrophy (RVH)

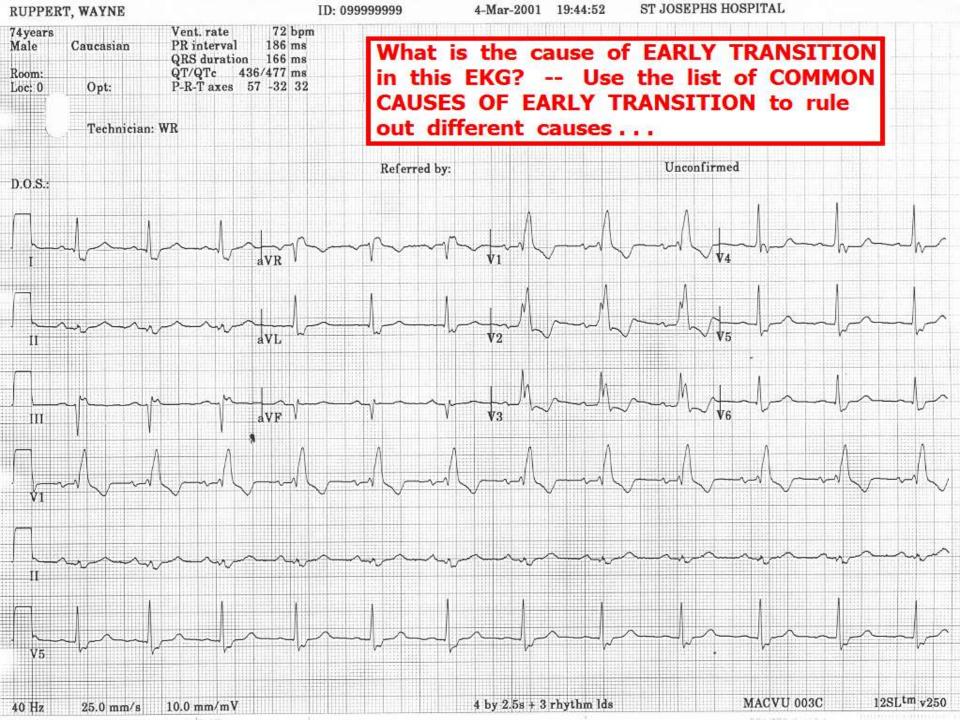
- Corresponding Right Atrial Hypertrophy (RAH)
- Right Axis Deviation (RAD)
- QRS in LEAD I more NEGATIVE than POSITIVE ( R<S )</li>

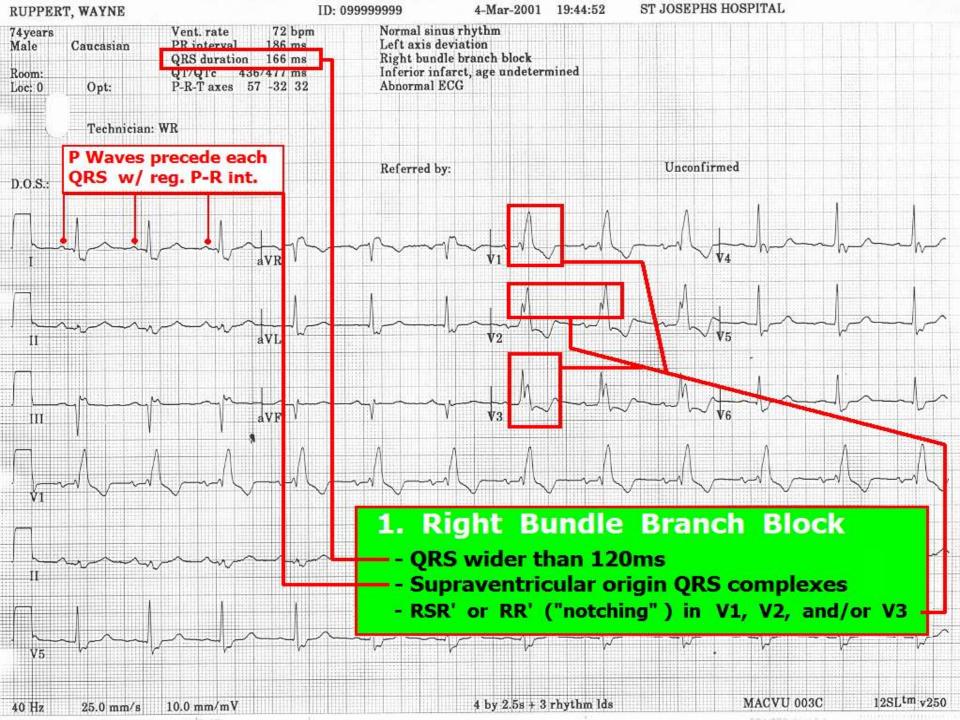
### 3. Old Posterior Wall MI

- Usually accompanied by OLD INFERIOR WALL MI
- Does NOT abnormally widen the QRS complex

## 4. Wolff-Parkinson-White (WPW) type A

- Short P-R Interval
- Presence of Delta Waves
- Wide QRS complexes

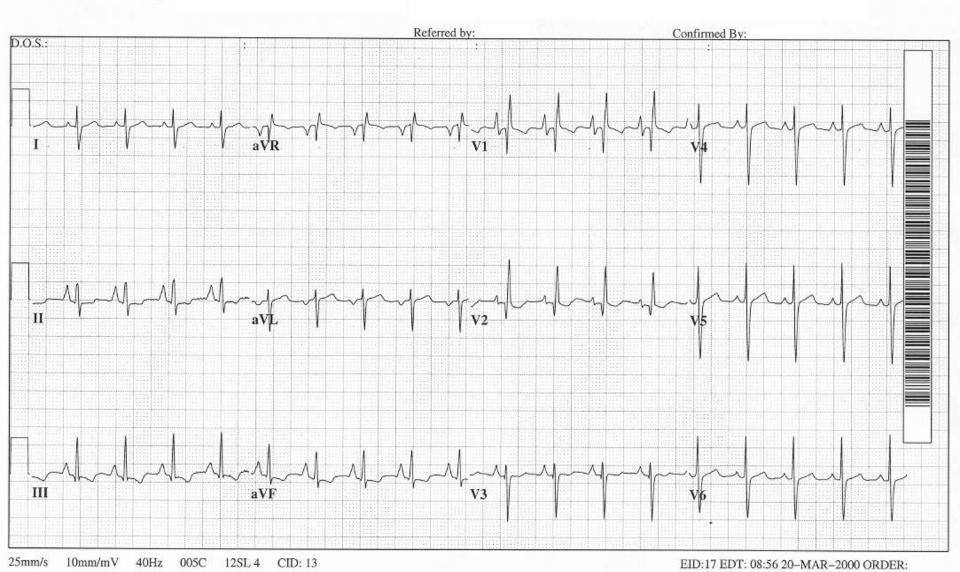




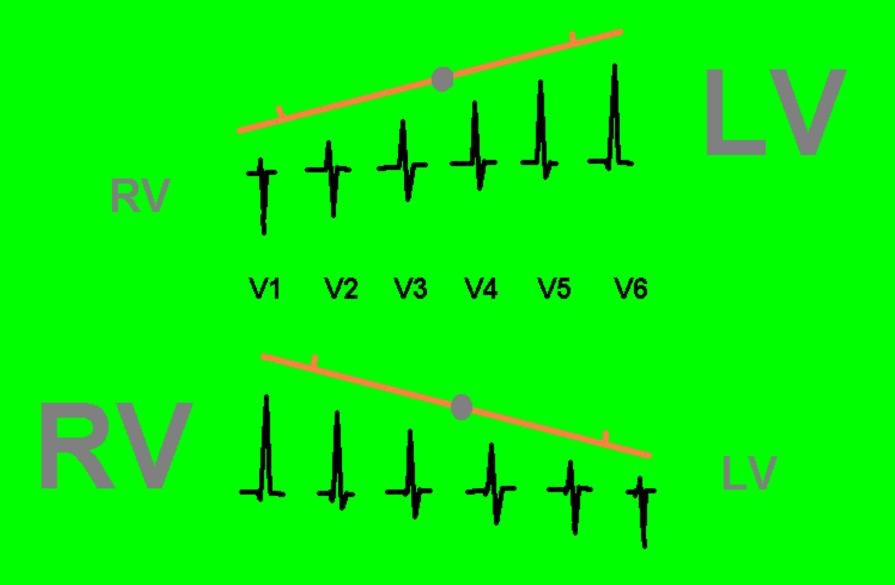
31 yr Vent. rate 109 BPM Male Black PR interval 122 ms **ORS** duration ms Room:ER QT/QTc P-R-T axes 296/398 ms Loc:3 Option:16 79 117 -27

Technician: EKG CLASS #WR03446043

# What is the cause of EARLY TRANSITION in this EKG?



## "SEE-SAW EFFECT" of RVH on R WAVE PROGRESSION



#### 14-JUL-1997 14:30:58 ST. JOSEPH'S HOSPITAL-ER ROUTINE RETRIEVAL

17 yr Male Black Room:ER Loc:3 Option:16	Vent. rate         90           PR interval         136           QRS duration         94           QT/QTc         378/462           P-R-T axes         77         123	BPM ms ms ms 58	Normal sinus rhythm Right atrial enlargement Right axis deviation Incomplete right bundle branch block , plus right ventricular hypertrophy NORMAL SINUS INFERIOR LATERAL CHANGES Abnormal ECG
---	--	-----------------------------	--

Technician: EKG CLASS #WR03616941



Male Caucasian Room:CCU3

Option:1

Loc:1

 Vent. rate
 58
 BPM

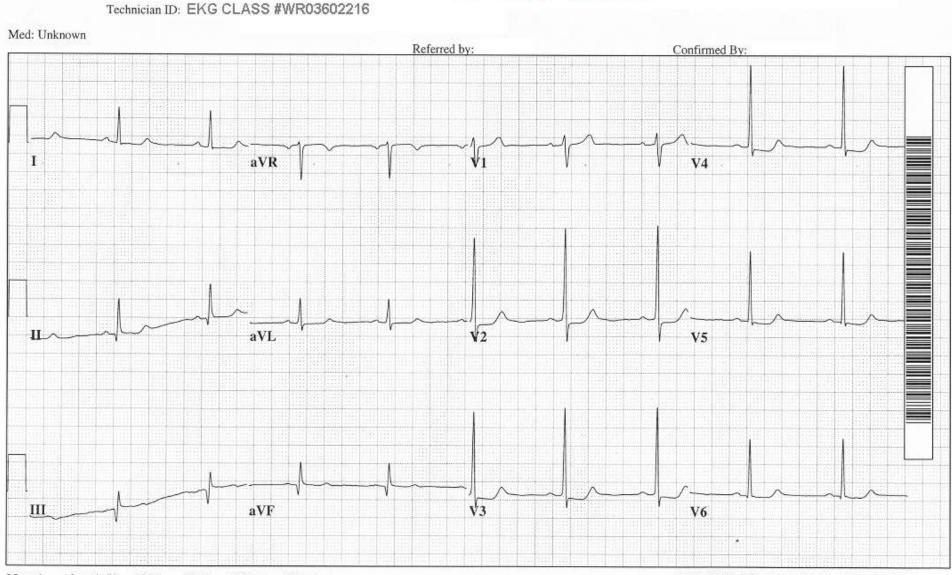
 PR interval
 168
 ms

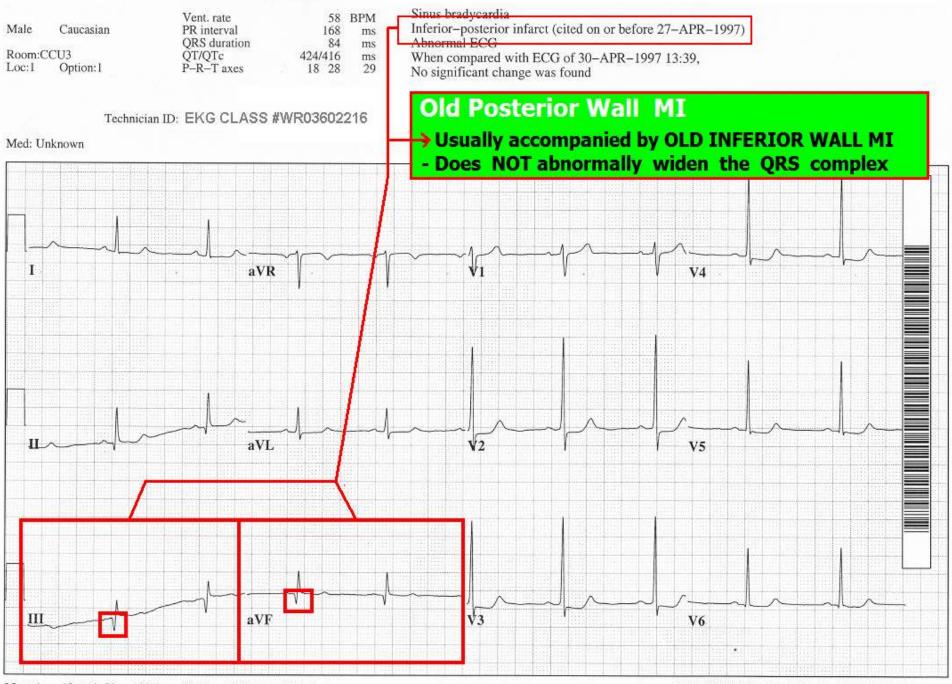
 QRS duration
 84
 ms

 QT/QTc
 424/416
 ms

 P-R-T axes
 18
 28
 29

What is the cause of EARLY TRANSITION in this EKG?

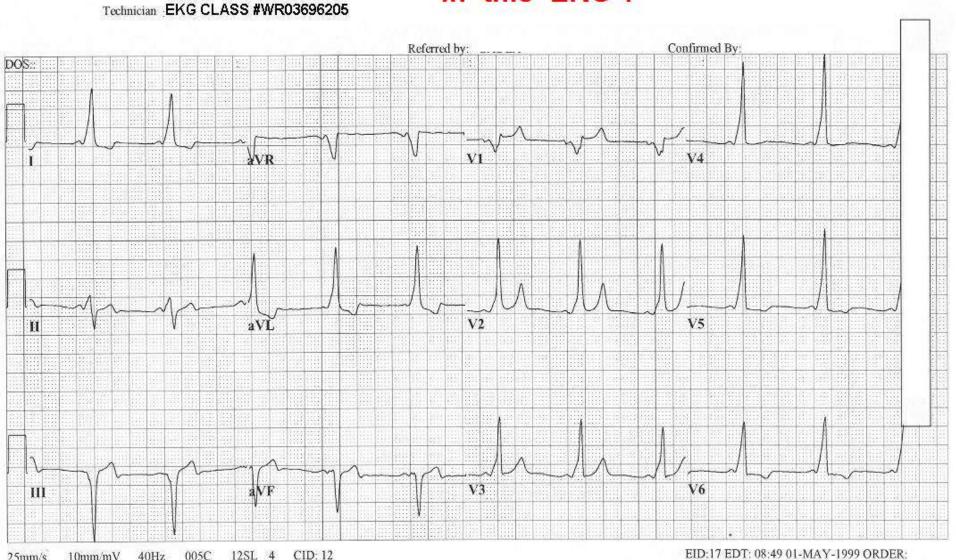


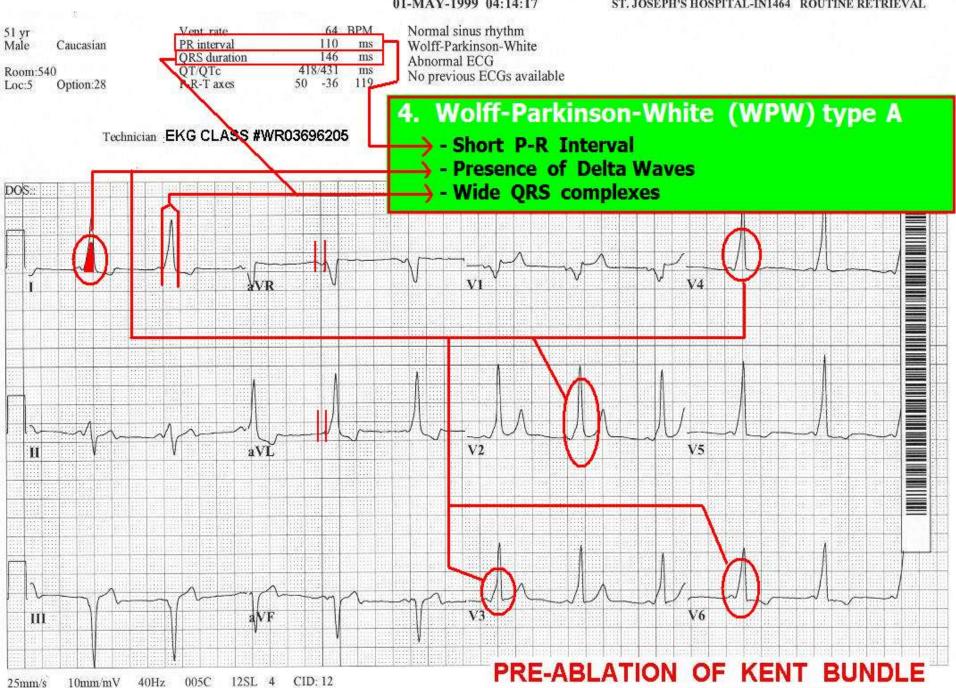


01-MAY-04:14:17

64 BPM 51 yr Vent. rate Male PR interval 110 ms Caucasian QRS duration ms OT/QTc 418/431 Room:540 ms P-R-T axes -36 119 Loc:5 Option:28

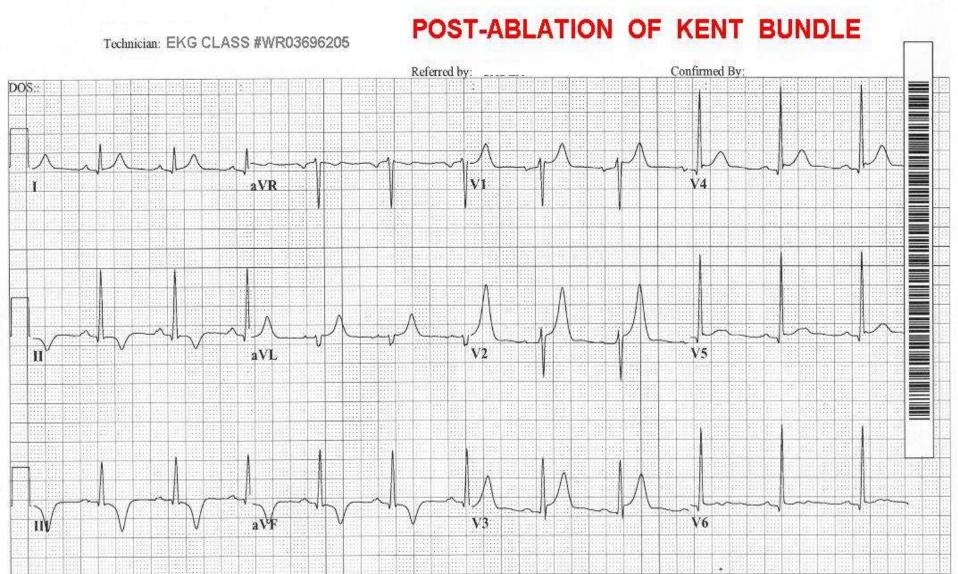
## What is the cause of **EARLY TRANSITION** in this EKG?



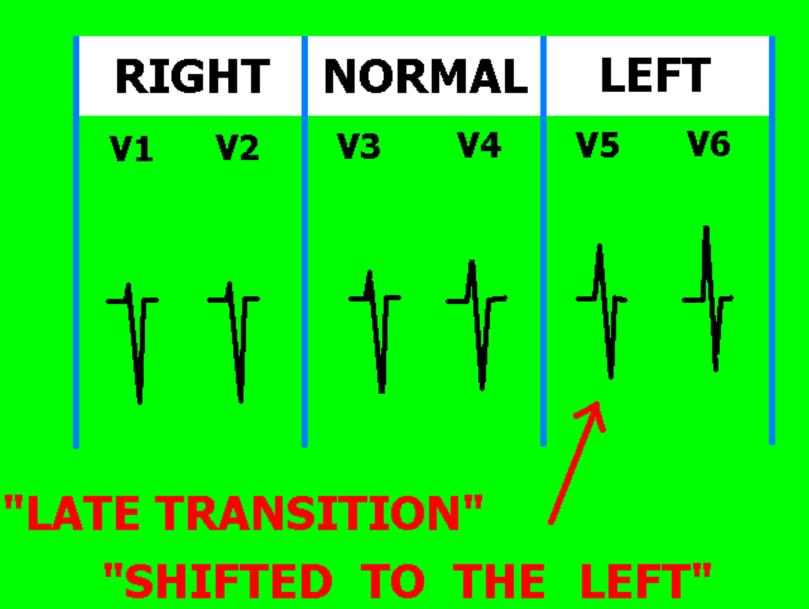


BPM 51 yr Vent. rate 184 Male Caucasian PR interval ms **QRS** duration ms Room:426 392/420 QT/QTc ms P-R-T axes 60 69 -50 Loc:5 Option:28

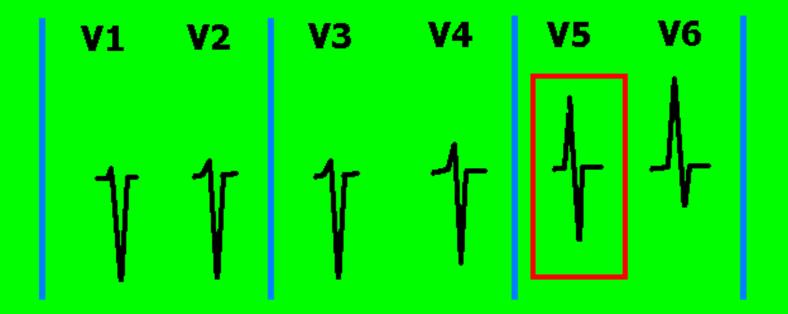
Normal sinus rhythm Marked T wave abnormality, consider inferior ischemia Abnormal ECG When compared with ECG of 01-MAY-1999 21:36, Wolff-Parkinson-White is no longer Present



## AXIS ROTATION



## **COMMON CAUSES of LATE TRANSITION**



- 1. Old Anterior Wall M.I.
- 2. Left Bundle Branch Block
- 3. Left Ventricular Hypertrophy
- 4. Wolff-Parkinson-White (type B)

RIGHT-SIDED PATHWAY - FROM MARRIOTT'S "Practical Electrocardiography - 10th Edition," 2000

### COMMON CAUSES OF LATE TRANSITION

.... WITH SOME COMMON HELPFUL CLUES:

### 1. Old Anterior MI

- Q Waves in V1, V2, and /or V3
- Other causes of LATE TRANSITION ruled out

### 2. Left Bundle Branch Bock (LBBB)

- Supraventricular Rhythm
- QRS wider than 120 ms ( .12 sec )
- RsR' or RR' ("notching") in V5 and/or V6

## 3. Left Ventricular Hypertrophy (LVH)

- Corresponding Left Atrial Hypertrophy (LAH)
- T wave Strain Pattern V5 / V6
- Intrinsicoid Deflection in V5 / V6 > 45 ms
- V1 S wave + V5 or V6 R wave > 35 mm
- R or S wave in any LIMB LEAD > 2.0 mV ( 20 mm )

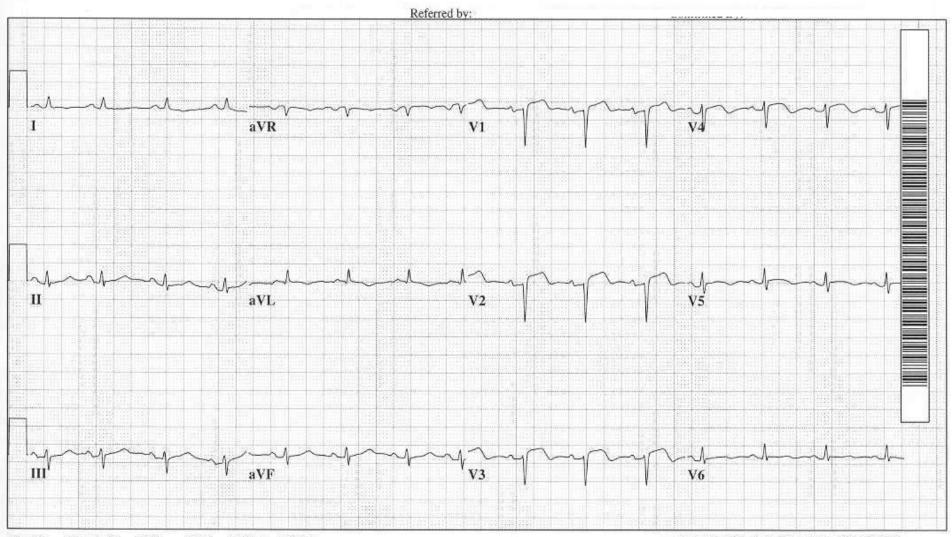
## 4. Wolff-Parkinson-White (Type B)

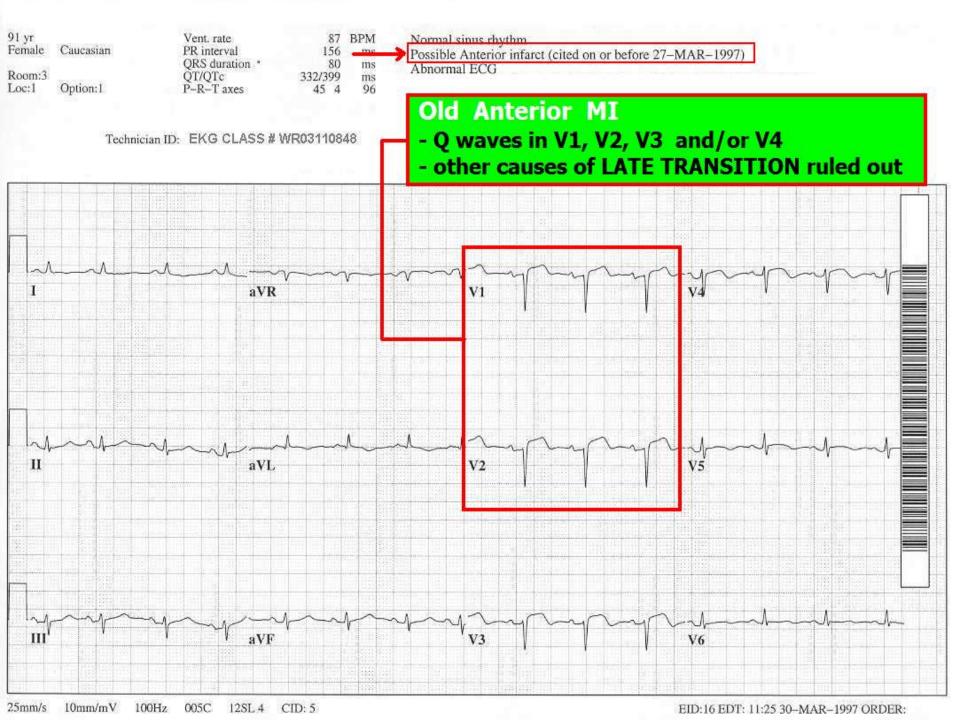
- Presence of DELTA waves
- Short P-R Interval (< 120 ms)</li>
- Wide QRS ( > 120 ms )

91 yr Female Caucasian Vent. rate 87 BPM PR interval 156 ms QRS duration \* ms Room:3 QT/QTc 332/399 ms Loc:1 Option:1 P-R-T axes 45 4

Technician ID: EKG CLASS # WR03110848

## What is the cause of LATE TRANSITION in this EKG?





#### 27-MAR-1991 13:29:00 ST. JOSEPH'S HOSPITAL-IN 65+ ROUTINE RETRIEVAL

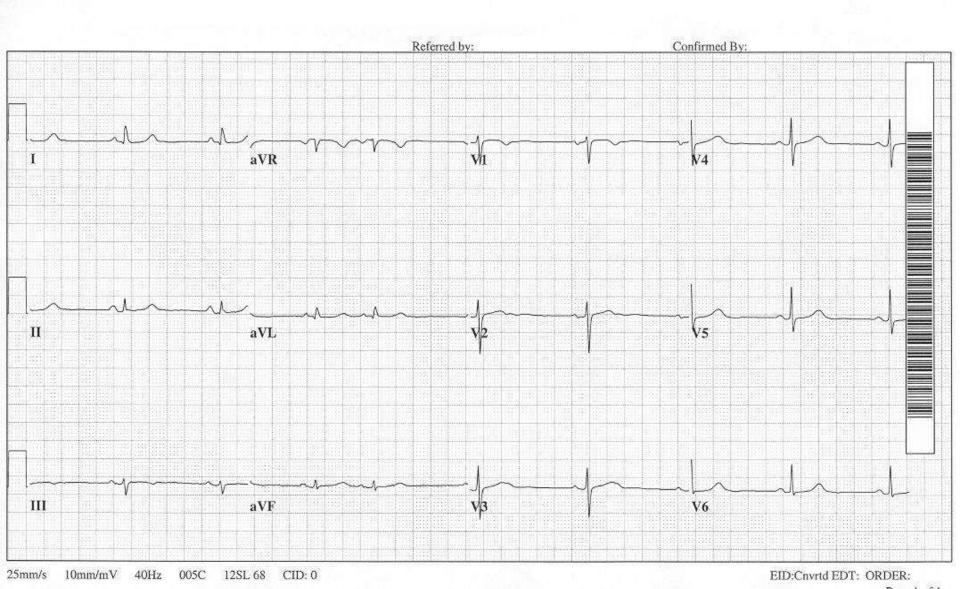
55 BPM Vent. rate Caucasian PR interval 152 ms QRS duration 76 ms Room:715A QT/QTc P-R-T axes 432/413 ms Option:19 40 14 34 Sinus bradycardia with occasional Premature supraventricular complexes Otherwise normal ECG

#### EKG CLASS # WR03110848

85 yr Female

Loc:6

### PRE-INFARCTION EKG



#### 27-MAR-1997 12:42:11 ST. JOSEPH'S HOSPITAL-ER ROUTINE RETRIEVAL

91 yr Vent. rate 100 BPM Female Caucasian PR interval 166 ms QRS duration. 80 ms Room:ER QT/QTc 360/464 ms Loc:3 Option:17 52 -38 P-R-T axes 70

Technician: EKG CLASS# WR03110848

Normal sinus rhythm with frequent, and consecutive Premature ventricular and fusion complexes Left atrial enlargement Left axis deviation Septal infarct, possibly acute Anterolateral injury pattern

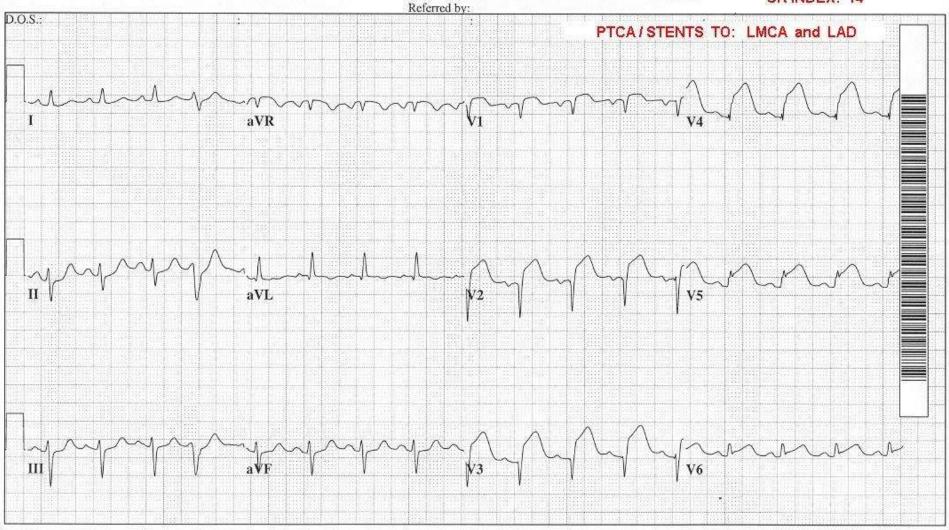
\*\* \*\* \*\* \*\* \* ACUTE MI \* \*\* \*\* \*\* Abnormal ECG

When compared with ECG of 27-MAR-1991 13:29,

SUDDEN ONSET CHEST PAIN -WAITED "SEVERAL HOURS" BEFORE SEEKING HELP -ER - DIRECTLY TO CATH LAB

CPK: 2,471 CK/MB: 483

CK INDEX: 14



#### 28-MAR-1997 05:46:00 ST. JOSEPH'S HOSPITAL-CCU ROUTINE RETRIEVAL

Female PR interval Caucasian 156 ms QRS duration \* 80 ms Room:3 OT/OTc 332/399 ms Option:1 Loc:1 P-R-T axes 45 4

Vent. rate

91 yr

Technician ID: EKG CLASS # WR03110848

87 **BPM**  Normal sinus rhythm Possible Anterior infarct (cited on or before 27-MAR-1997) Abnormal ECG

When compared with ECG of 27-MAR-1997 16:26 (UNCONFIRMED),

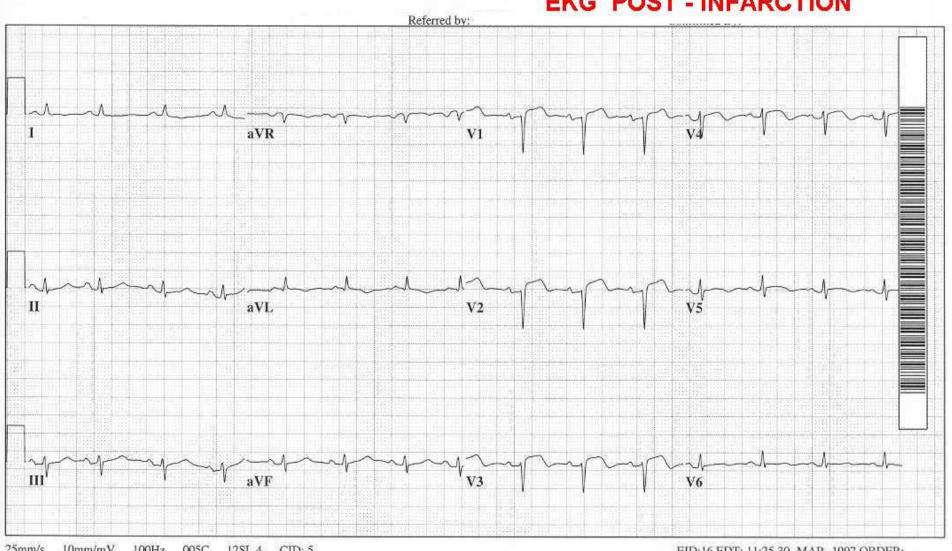
QRS duration has decreased

Questionable change in initial forces of Anteroseptal leads

Non-specific change in ST segment in Lateral leads

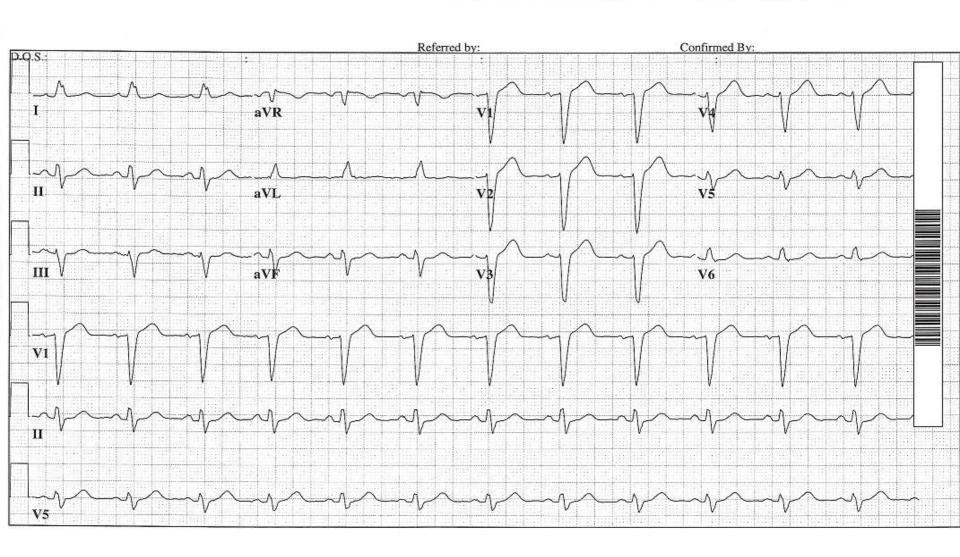
QT has shortened

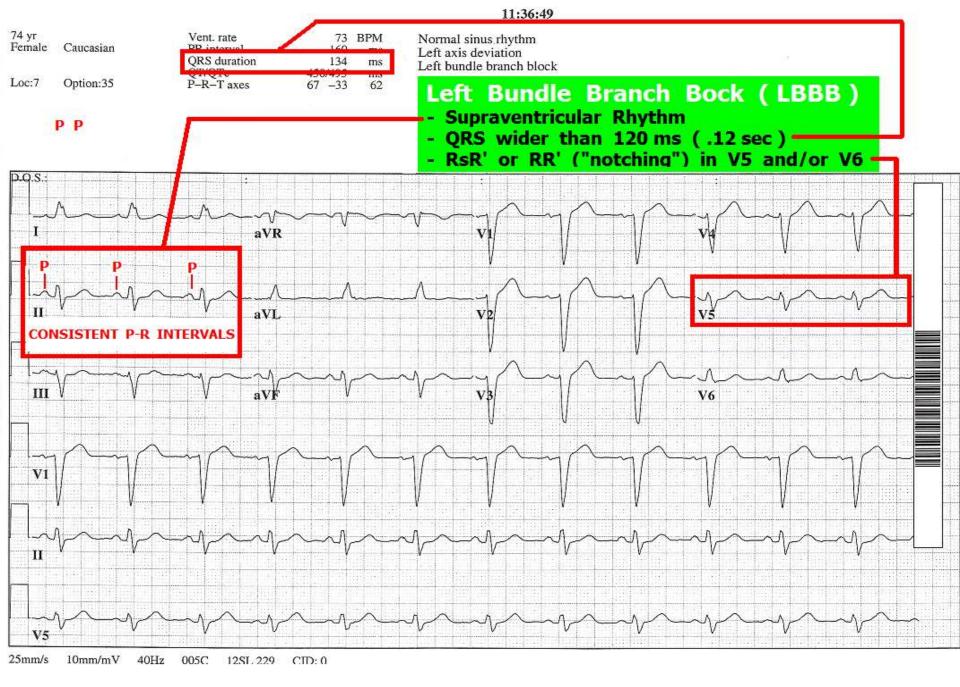
### **EKG POST-INFARCTION**

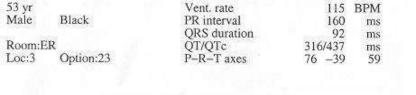


74 yr Female Vent. rate 73 BPM Caucasian PR interval 160 ms QRS duration 134 ms QT/QTc P-R-T axes 450/495 ms Loc:7 Option:35 67 -33 62

## What is the cause of LATE TRANSITION in this EKG?

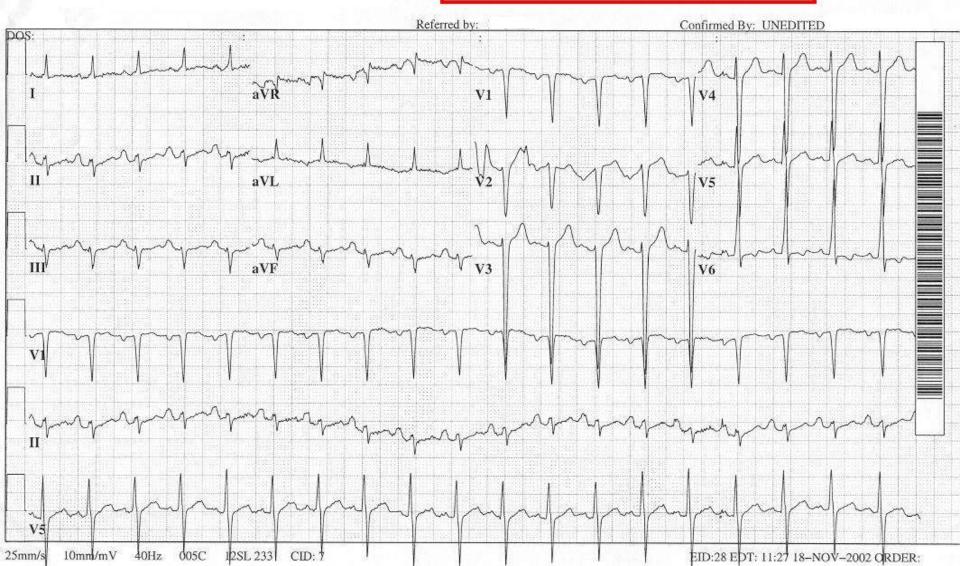


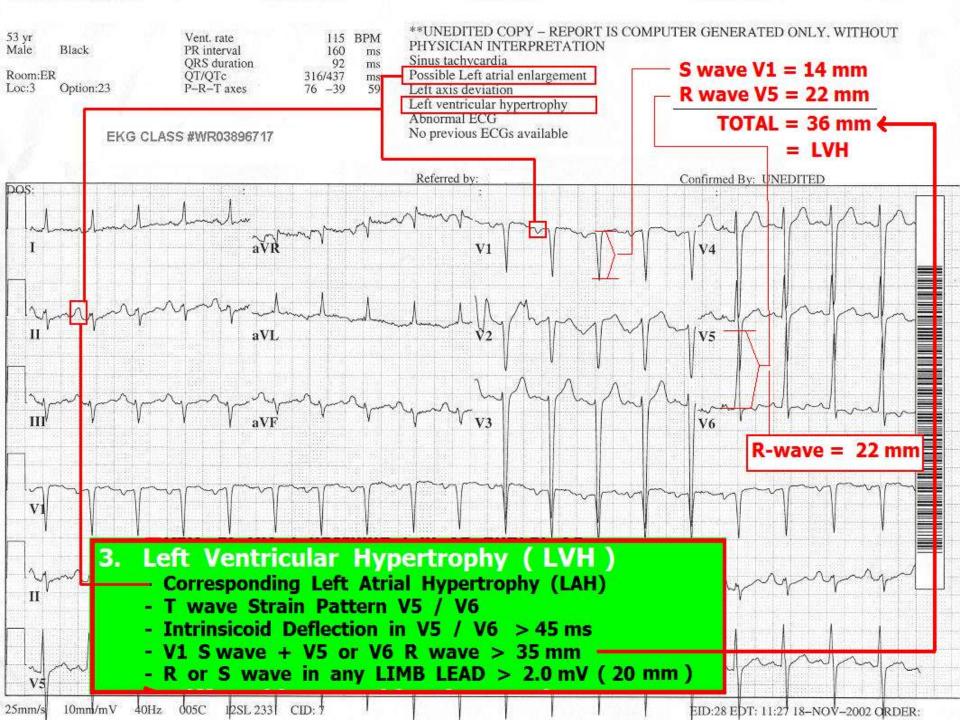




EKG CLASS #WR03896717

# What is the cause of LATE TRANSITION in this EKG?

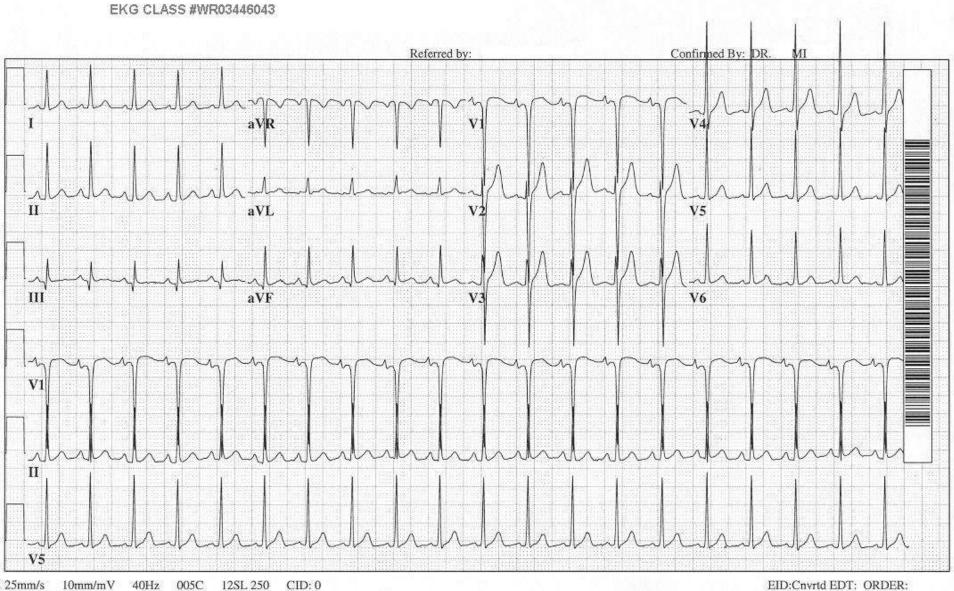




#### 19-JUN-1995 22:39:00 ST. JOSEPH'S HOSPITAL-TCHD ROUTINE RETRIEVAL

26 yr Male 119 BPM Vent. rate Black PR interval 126 ms QRS duration 78 ms Room:703A QT/QTc P-R-T axes 282/397 ms Loc:8 Option:25 68 46 41

Sinus tachycardia Minimal voltage criteria for LVH, may be normal variant Borderline ECG



16 yr 92 BPM Vent. rate Female Caucasian PR interval 112 ms QRS duration 118 Room:REC QT/QTc 356/440 ms Loc:20 Option:50 P-R-T axes 59 -22 107

History:Unknown Technician: DP Test ind:EKG CLASS #WR030100 60783

12SL 250

CID: 12

25mm/s

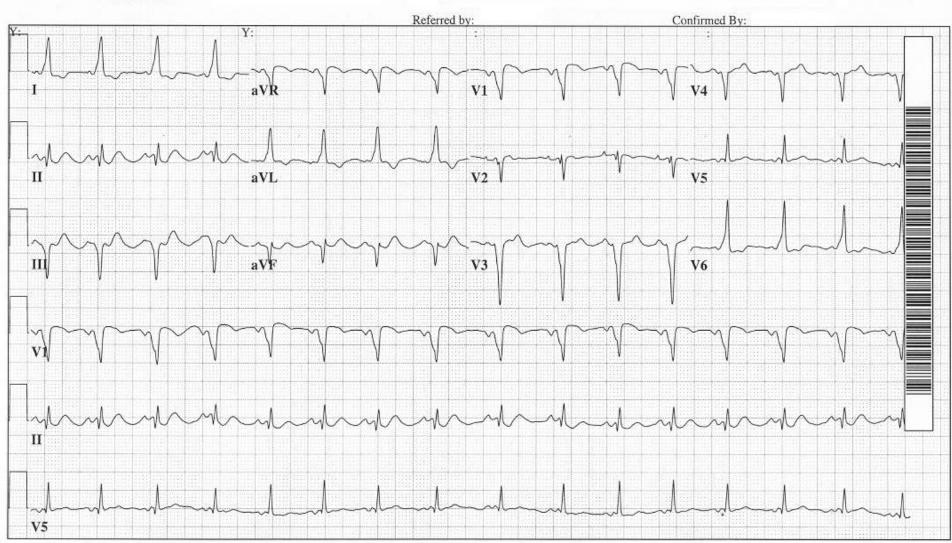
10mm/mV

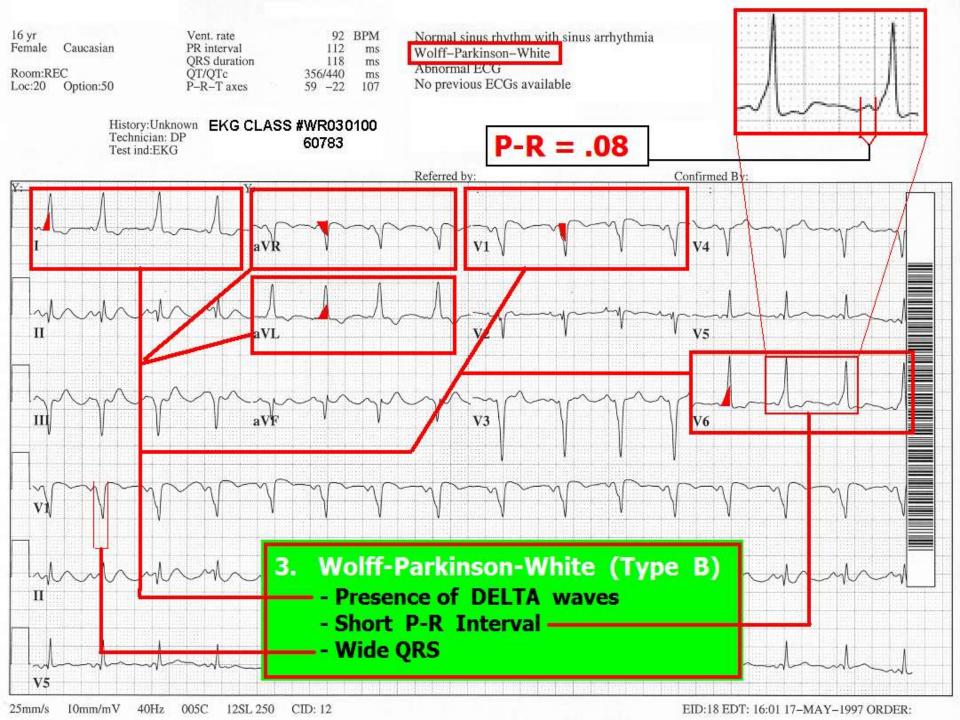
40Hz

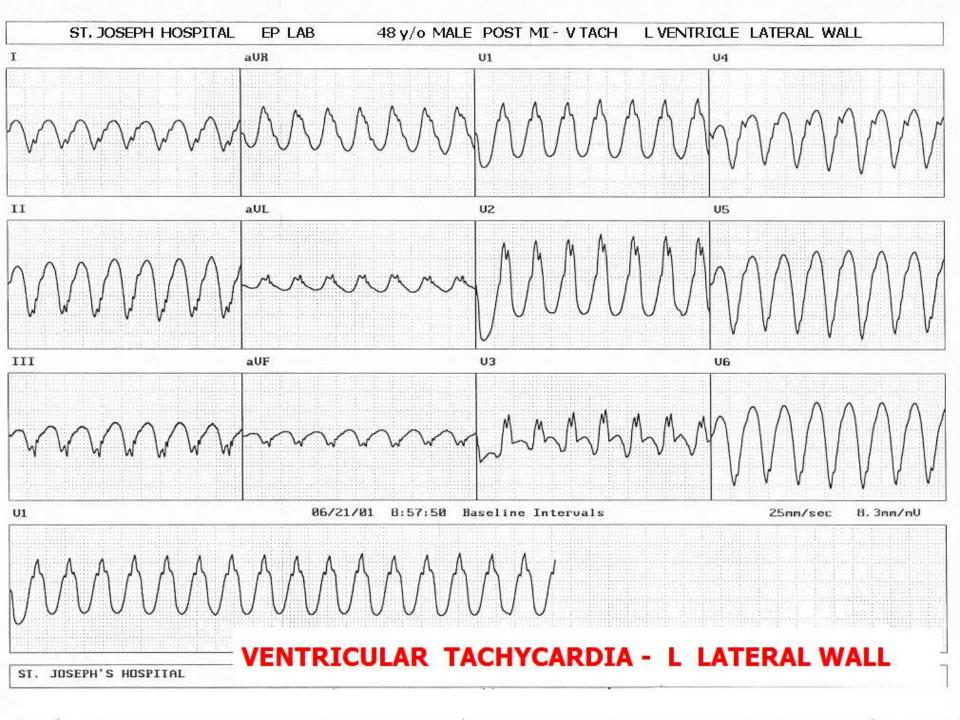
005C

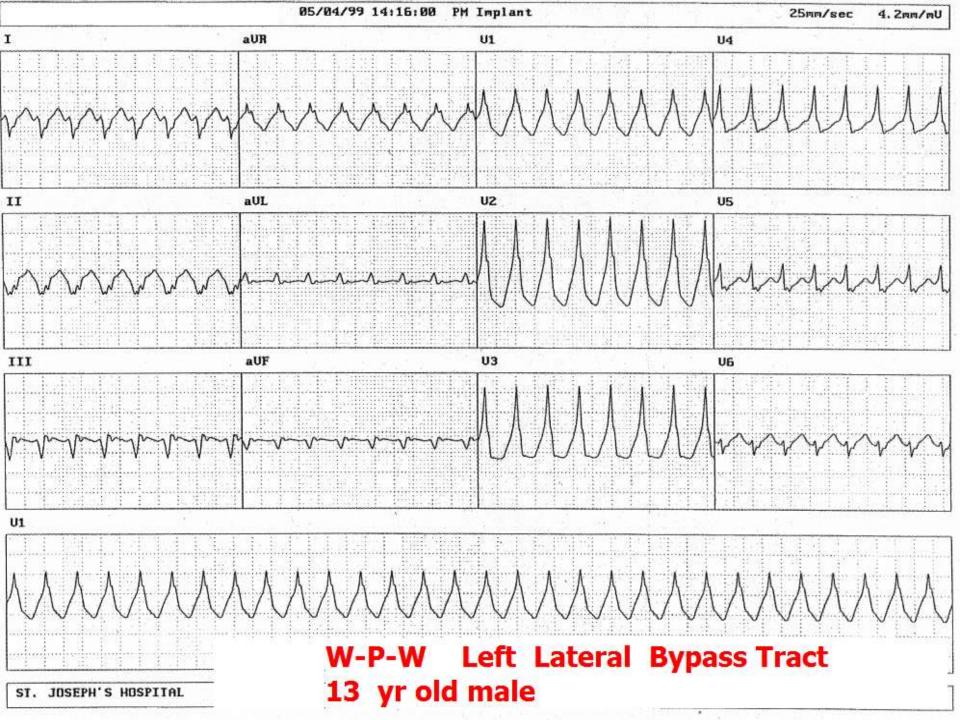
# what is the cause of LATE TRANSITION on this EKG?

EID:18 EDT: 16:01 17-MAY-1997 ORDER:









## **ECG EVALUATION**

#### THE TRADITIONAL FORMAT

- RATE
  - BRADY, NORMAL, or TACHY
  - HOW WILL RATE EFFECT PT'S HEMODYNAMIC STATUS?
- RHYTHM
  - REGULAR, IRREGULAR, or IRREGULARLY IRREGULAR
  - IDENTIFY FOCUS: SINUS, JUNCTIONAL, or VENTRICULAR
  - IDENTIFY RHYTHM: (SR, A-FIB, FLUTTER, HEART BLOCK, etc.)
- AXIS
  - DEVIATION: NORMAL, LEFT, RIGHT, FAR RIGHT
  - ROTATION: SHIFT TO L or R
- HYPERTROPHY
  - ATRIAL: R and/or L
  - VENTRICULAR
  - CONSIDER CAUSE OF HYPERTROPHY (VAVLE DISORDERS, PULONARY DISEASE, HYPERTENSION, CONGENITAL DEFECTS)
- ISCHEMIA / INFARCTION / NECROSIS
  - INDENTIFY AREA OF HEART INVOLVED
  - CONSIDER COMMON ARTERIES THAT SERVE EFFECTED AREA
  - ANTICIPATE FAILURES OF ASSO. STRUCTURES / ACTION PLAN!



### **ECG EVALUATION**

#### **EMERGENT "CATH LAB" APPROACH**

- RATE
  - BRADY, NORMAL, or TACHY? (PACE / CARDIOVERT)
  - □ HOW WILL RATE EFFECT PT'S HEMODYNAMIC STATUS?
- QRS WIDTH
  - □ PACEMAKER RHYTHM (USELESS FOR STEMI / ISCHEMIA EVAL.)
  - ☐ LBBB (NEW LBBB vs. PREVIOUSLY DIAGNOSED? LOW EF?)
  - VENTRICULAR RHYTHM ? (V-TACH: MONO or POLYMORPHIC)
  - □ DELTA WAVES ?!? (W-P-W: NO AV NODAL BLOCKERS !!!!)
  - □ ACUTE HYPERKALEMIA ? (TALL, PEAKED T WAVES)
  - □ PROLONGED Q-T INTERVAL?
  - BRUGADA SYNDROME ? (RBBB, V1-V3 "TRIANGULAR" S-T ELEV.)
- ISCHEMIA / INFARCTION / NECROSIS (EVALUATION of J POINT, S-T SEGMENTS, T WAVES)
  - ☐ IDENTIFY AREA OF HEART INVOLVED
  - ☐ IDENTITY SUSPECTED "CULPRIT" ARTERY
  - ☐ CONSIDER SIZE OF MI (CARDIOGENIC SHOCK?)
  - ☐ ANTICIPATE FAILURE OF ASSOCIATED STRUCTURES
  - ☐ SIGNIFICANT Q WAVES? OLD MI vs. CURRENT EVOLVING MI
- AXIS
  - □ ROTATION: LATE R WAVE PROGRESSION OLD ANTERIOR MI? EARLY R WAVE PROGR. OLD POSTERIOR MI?
- then CONTINUE WITH TRADITIONAL FORMAT...

## THE COMPUTER IS VERY GOOD, BUT . . . .

