STAT 12 Lead ECG Workshop: Basics & ACS

Part 2: Acute Coronary Syndrome

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Your patient arrives.....

Initial Assessment:

- ABCs (rule out or treat cardiac arrest)
- SHOCK Assessment

SHOCK ASSESSMENT



SHOCK = INADEQUTE TISSUE PERFUSION

- STARTS THE INSTANT YOU SEE PATIENT

- ENDS WHEN YOU REACH THE PATIENT'S SIDE

SHOCK ASSESSMENT

| LOC: | ANXIOUS RESTLESS LETHARGIC UNCONSCIOUS | AWAKE ALERT & ORIENTED |
|------------|---|------------------------------|
| SKIN: | PALE / ASHEN CYANOTIC COOL DIAPHORETIC | NORMAL HUE WARM DRY |
| BREATHING: | TACHYPNEA | NORMAL |
| PULSE: | WEAK / THREADY TOO FAST or SLOW | STRONG |
| STATUS: | SHOCK 🂕 | NORMAL |

FAIL the SHOCK SURVEY?

RAPIDLY FIND AND TREAT
THE ROOT CAUSE ...



SHOCK ASSESSMENT



ACLS criteria for Oxygen:

- SAO2 less than 90 And/ or
- Signs of Hypoxia (shock) are present.

Some agency protocols are more aggressive about when O2 is given

If the patient has TWO or more of the following, ACS should be RULED OUT:

- <u>ACS Symptoms</u>
- <u>Risk Factors</u> for Heart Disease (3 or more, or KNOWN history of heart disease)
- ECG abnormalities (ST- T wave changes)
- Cardiac Markers (Troponin) elevated.

If the patient has TWO or more of the following, ACS should be RULED OUT:

for Heart Disease (3 or more, or KNOWN history of heart disease)
 _____(ST- T wave changes)
 ____(Troponin) elevated.

The QUADRAD of ACS

PRESENTING SYMPTOMS RISK FACTOR PROFILE ECG ABNORMALITIES CARDIAC MARKERS

A <u>POSITIVE</u> finding in <u>TWO</u> or MORE of the above categories indicates it is <u>EXTREMELY</u> <u>LIKELY</u> that <u>ACS is present</u>.... steps must be AGGRESSIVELY TAKEN to definitively RULE OUT the PRESENCE of ACS!

CHIEF COMPLAINT

KEY WORDS:

"CHEST: PAIN / HEAVINESS / PRESSURE/ FUNNY FEELING IN," etc.

SHORTNESS BREATH

DIZZINESS / LIGHTHEADEDNESS

ETC. ETC. ETC.



<u>TYPICAL SYPTOMS of</u> <u>Acute Cornary Syndrome:</u>

✓ CHEST PAIN - DESCRIBED AS ...

- "HEAVINESS, PRESSURE, DULL PAIN, TIGHTNESS"
- CENTERED IN CHEST, SUBSTERNAL
- MAY RADIATE TO SHOULDERS, JAW, NECK, LEFT or RIGHT ARM
- NOT EFFECTED by:
 - MOVEMENT
 - POSITION
 - DEEP INSPIRATION

SHORTNESS OF BREATH

- MAY or MAY NOT BE PRESENT

NAUSEA / VOMITING

- MAY or MAY NOT BE PRESENT

"Classic" cardiac chest pain:

- Location: <u>Substernal</u>
- <u>Dull</u> or <u>Pressure-like</u> in nature
- Does not change with <u>deep inspiration</u>

"Classic" cardiac chest pain:

- Location: _
- _____ or ______ in nature
- Does not change with _____

INFARCTION

- - - "Classic Symptoms" - - -

QUICK ASSESSMENT "SHORT FORM"

SUBSTERNAL CHEST PAIN (HAVE PATIENT POINT TO WORST PAIN)

- DESCRIBED AS "DULL PAIN," "PRESSURE," or "HEAVINESS"
- DOES NOT CHANGE WITH DEEP BREATH

stable angina

- 1. SYMPTOMS START DURING PHYSICAL EXERTION.
- 2. SYMPTOMS ARE "PREDICTABLE"



unstable angina

- 1. SYMPTOMS MAY START AT ANY TIME, EVEN DURING REST
- 2. SYMPTOMS ARE <u>NEW</u>, <u>DIFFERENT</u>, or <u>WORSE</u> THAN PREVIOUS EPISODES

BEWARE of the patient with "INTERMITTENT CHEST PAIN"....

ATYPICAL SYMPTOMS of ACS

???

Acute MI patients who present without chest pain^{*} are SHREWD:

Stroke (previous history of) Heart failure (previous history of) Race (non-white) Elderly (age 75+) Women Diabetes mellitus * The information listed in the table to the immediate left resulted from a study conducted by John G. Canto, MD, MSPH, et. al., of the University of Alabama. The study consisted of 434,877 patients diagnosed with AMI between 1994 and 1998 in 1,674 US hospitals. Study results were published in the Journal of the American Medical Association (JAMA) on June 28, 2000, Vol. 283, No. 24, pages 3223-3229

Common atypical complaints associated with AMI without chest pain include:

Malaise (weakness) Indigestion Nausea Dizziness Syncope

Fatigue Abdominal pain Cold sweats Elevated heart rate Dsypnea

BOOK PAGE: 70

Effect of Having Multiple Risk Factors for AMI Without Chest Pain



NUMBER OF RISK FACTORS PRESENT

RISK FACTORS INCLUDE: Stroke (previous), Heart failure (previous), Race (non-white), Elderly (age 75+), Women, Diabtetes

DATA SOURCE: J. CANTO, MD, MSPH, et al, JAMA 2000; 283: 3223 - 3229

WOMEN'S MAJOR SYMPTOMS PRIOR TO THEIR HEART ATTACK:

- UNUSUAL FATIGUE 71 %
- SLEEP DISTURBANCE 48 %
- • SOB
 42 %

 • INDIGESTION
 39 %

 • ANXIETY
 36 %
- ANXIETY 36 %

APPROXIMATELY 78 % OF WOMEN REPORTED EXPERIENCING AT LEAST ONE OF THESE SYMPTOMS FOR MORE THAN ONE MONTH EITHER DAILY OR SEVERAL TIMES PER WEEK PRIOR TO THEIR MI.

WOMEN'S MAJOR SYMPTOMS DURING THEIR HEART ATTACK:

| SHORTNESS OF BREATH | 58 % |
|---------------------|------|
| WEAKNESS | 55 % |
| UNUSUAL FATIGUE | 43 % |
| COLD SWEAT | 39 % |
| DIZZINESS | 39 % |

ANY TIME DURING THEIR MI!

Circulation, 2003:108;2619-2623

Physical Exam – Clues of MI:

- Skin may be PALE, CLAMMY
- **SWEATING** ! (Diaphoresis)
- Clutching /Rubbing chest
- BP can be high, normal or low
- Anxiety / "look of impending doom."

The QUADRAD of ACS

PRESENTING SYMPTOMS RISK FACTOR PROFILE ECG ABNORMALITIES CARDIAC MARKERS

A <u>POSITIVE</u> finding in <u>TWO</u> or MORE of the above categories indicates it is <u>EXTREMELY</u> <u>LIKELY</u> that <u>ACS is present</u>.... steps must be AGGRESSIVELY TAKEN to definitively RULE OUT the PRESENCE of ACS!

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Risk Factors for Heart Disease:

One of the following gets a "checkmark" in the box for Risk Factors:

- KNOWN HISTORY of cardiovascular disease
 --or--
- 3 or more Risk Factors (listed on the next page):



per the AMERICAN HEART ASSOCIATION

The QUADRAD of ACS

PRESENTING SYMPTOMS RISK FACTOR PROFILE ECG ABNORMALITIES CARDIAC MARKERS

A <u>POSITIVE</u> finding in <u>TWO</u> or MORE of the above categories indicates it is <u>EXTREMELY</u> <u>LIKELY</u> that <u>ACS is present</u>.... steps must be AGGRESSIVELY TAKEN to definitively RULE OUT the PRESENCE of ACS!

Elevated Troponin:

A Troponin value that is HIGHER than your institution's "normal" range.

At Bayfront Seven Rivers:

- "normal" range is anything < 0.017
- "borderline" range is: 0.017-0.056
- "high" range is: >0.056

CARDIAC MARKERS

RISE - PEAK - NORMALIZE TIME APPROXIMATIONS



The QUADRAD of ACS

PRESENTING SYMPTOMS RISK FACTOR PROFILE ECG ABNORMALITIES CARDIAC MARKERS

A <u>POSITIVE</u> finding in <u>TWO</u> or MORE of the above categories indicates it is <u>EXTREMELY</u> <u>LIKELY</u> that <u>ACS is present</u>.... steps must be AGGRESSIVELY TAKEN to definitively RULE OUT the PRESENCE of ACS!

All patients with ACS symptoms . . .

STAT 12 Lead ECG; obtain and have read within <u>10 minutes !!!</u>

ACC/AHA Guideline!

All patients with ACS symptoms . . .

STAT 12 Lead ECG; obtain and have read within _____!!!

ACC/AHA Guideline!

The 12 Lead ECG to Rule out ACS:

- Acute Coronary Syndrome (ACS) is made up of the following cardiac conditions:
 - Unstable Angina
 - Non-ST Segment Elevation Myocardial Infarction (NSTEMI)
 - ST Segment Elevation Myocardial Infarction (STEMI)
- Low Risk Chest Pain

Unstable Angina

stable angina

1. SYMPTOMS START DURING PHYSICAL EXERTION.

2.

SYMPTOMS ARE



unstable angina

- 1. SYMPTOMS MAY START AT ANY TIME, EVEN DURING REST
- 2. SYMPTOMS ARE <u>NEW</u>, <u>DIFFERENT</u>, or <u>WORSE</u> THAN PREVIOUS EPISODES

Unstable Angina - ECG:

The 12 Lead ECG may show:

The 12 Lead ECG may show:

- ST Depression
- Other ST Segment changes
- Inverted T waves
- THE ECG MAY BE COMPLETELY NORMAL.

CASE STUDY 17 - UNSTABLE ANGINA

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

45 y/o MALE c/o EXERTIONAL CHEST PRESSURE x past 2 months, getting worse. In last week, CHEST PRESSURE has come on at rest. DYSPNEA sometimes present. Pain is relieved when patient rests, however now takes longer than 20 minutes to subside.

RISK FACTOR PROFILE:

FAMILY HISTORY: father died of AMI age 50, brother had CABG age 44
 CIGARETTE SMOKER x 20 YEARS
 HYPERTENSION
 ELEVATED LDL, TRIGLYCERIDES, LOW HDL CHOLESTEROL

PHYSICAL EXAM: Pt. asymptomatic at time of exam, skin warm, dry, color normal, pupils PERLA,

no JVD, lungs = clear, heart sounds normal S1, S2. Abd. soft, non-tender, No ankle edema

VITAL SIGNS: BP: 177/96 P: 64 R: 16 SAO2: 99% on room air

LABS: TROPONIN: <.04




LEFT ANTERIOR DESCENDING ARTERY CIRC. 90% STENOSIS 100% OCCLUDED

LEFT CORONARY ARTERY VASCULATURE

RIGHT CORONARY ARTERY -100% OCCLUDED

LEFT VENTRICULAR ANGIOGRAPHY EJECTION FRACTION = 69%

Eject Frac = 69% Stroke Volume = 148.0 cc

Sys Area = 2494.3 mm2 Sys Volume = 65.5 cc

Dia Area = 4983.5 mm2 Dia Volume = 213.5 cc

CASE STUDY 15 - UNSTABLE ANGINA

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

42 y/o FEMALE c/o INTERMITTENT CHEST PRESSURE which has been WORSENING during the past week. Also c/o mild DIB. Symptoms previously provoked by exertion, now comes on at rest.

RISK FACTOR PROFILE:

HYPERTENSION
 CIGARETTE SMOKER x 15 YEARS
 FAMILY HISTORY - FATHER Dx WITH CAD, HAD CABG AT 52

PHYSICAL EXAM: Pt. ASYMPTOMATIC at time of exam. SKIN WARM, DRY, COLOR NORMAL, PERLA, LUNGS= CLEAR, HS NORMAL S1, S2, NO ANKLE EDEMA.

VITAL SIGNS: BP: 148/92 P: 64 R: 20 SAO2: 97 % on 2 LPM O2

LABS: TROPONIN: <.04



| 42 yr | | Vent. rate | 63 | BPM |
|---------|-----------|--------------|---------|-----|
| Female | Caucasian | PR interval | 142 | ms |
| | | QRS duration | 74 | ms |
| Room:S5 | | QT/QTc | 462/472 | ms |
| Loc:3 | Option:23 | P-R-T axes | 65 42 | -72 |

Normal sinus rhythm

ST & T wave abnormality, consider inferior ischemia

Abnormal ECG

ST SEGMENT DEPRESSION



Unstable Angina Findings:

The 12 Lead ECG may exhibit:

- <u>ST-T Wave changes</u> in leads that view the ischemic region
 - ST Depression
 - T Wave Inversion
 - Other "non-specific" ST-T changes
- The ECG may be <u>TOTALLY NORMAL</u>.
- **Troponin is <u>NEGATIVE</u>**.

Unstable Angina Findings:

The 12 Lead ECG may exhibit:

- _____in leads that view the
 - ischemic region
 - ST Depression
 - T Wave Inversion
 - Other "non-specific" ST-T changes
- The ECG may be
- Troponin is _____









Non-STEMI (NSTEMI)

Non-ST Segment Elevation Myocardial Infarction. "sub-endocardial MI" . . . "partial wall thickness"



NSTEMI Findings:

The 12 Lead ECG may exhibit:

- <u>ST-T Wave changes</u> in leads that view the ischemic region
 - ST Depression
 - T Wave Inversion
 - Other "non-specific" ST-T changes
- The ECG may be <u>COMPLETELY NORMAL</u>.
- Troponin is <u>POSITIVE</u>.

NSTEMI Findings:

The 12 Lead ECG may exhibit:

- _____in leads that view the ischemic region
 - ST Depression
 - T Wave Inversion
 - Other "non-specific" ST-T changes
- The ECG may be
- Troponin is _____

CASE STUDY 11 - NSTEMI ATYPICAL EKG

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

42 y/o MALE in ED c/o INTERMITTENT SUBSTERNAL CHEST PAIN x 9 HOURS, "8" on 1-10 scale, pain does not radiate, not effected by position/deep inspiration. Denies DIB. Pt. given NTG 0.4mg SL without releif of CHEST PAIN.

RISK FACTOR PROFILE:

ELEVATED LDL CHOLESTEROL, LOW HDL CHOLESTEROL
PATIENT DENIES SMOKING, FAMILY HISTORY, HYPERTENSION

PHYSICAL EXAM: CAOx4, SKIN WARM, DRY, COLOR NORMAL, NON-ANXIOUS, LUNGS CLEAR, HEART SOUNDS NORMAL S1, S2, NO JVD, NO ANKLE EDEMA

VITAL SIGNS: BP: 122/76 P: 86 R: 16 SAO2: 98% on 2 LPM O2

LABS: TROPONIN: >500 CK: 4,410 CK MB: 224.1 CK INDEX: 5.1



| CASE STUDY QUESTIONS: | |
|--|-----------------------------------|
| NOTE LEADS WITH ST ELEVATION: | NOTE LEADS WITH ST DEPRESSION: |
| WHAT IS THE SUSPECTED DIAGNOSIS ? | |
| WHAT IS THE "CULPRIT ARTERY" if applicable ? | |
| LIST ANY CRITICAL STRUCTURES COMPROMISED: | LIST ANY POTENTIAL COMPLICATIONS: |



TOTAL OBSTRUCTION - PROXIMAL CIRCUMFLEX ARTERY



POST PTCA/STENT TO CIRCUMFLEX ARTERY



DOMINANT RIGHT CORONARY ARTERY OPEN



Non-STEMI (NSTEMI)

Non-ST Segment Elevation Myocardial Infarction. "sub-endocardial MI" . . . "partial wall thickness"

This is a "Partial Wall Thickness" MI, heart cells are dying, and the Troponin becomes detectable in the patient's bloodstream. Usually "less severe" than a STEMI, patient needs blood thinners and to get to the cath lab in 24-48 hours.

NSTEMI ECG Findings:

The 12 Lead ECG may exhibit:

- <u>ST-T Wave changes</u> in leads that view the ischemic region
 - ST Depression
 - T Wave Inversion
 - Other "non-specific" ST-T changes
- The ECG may be <u>TOTALLY NORMAL</u>.

STEMI

ST Segment Elevation Myocardial Infarction.



STEMI

ST Segment Elevation Myocardial Infarction. ("full-wall thickness," Transmural event)

This is a life-threatening emergency. Part of the patient's heart is dying. Blood flow must be restored within 90 minutes or less in order to preserve heart muscle. Based on the region of the heart affected, critical and often lethal complications rapidly develop.

Ischemia and Infarction = Acute Coronary Syndrome

The conditions associated with Acute Coronary Syndrome (ACS) include:

- Unstable Angina (ischemia)
- Non-ST Segment Elevation Myocardial Infarction (NSTEMI) (infarction)
- ST Segment Elevation Myocardial Infarction (STEMI) (Infarction)

Q: To evaluate the patient for ischemia or infarction, what part of the ECG do we look at? Q: To evaluate the patient for ischemia or infarction, what part of the ECG do we look at?

..... in each lead !

- A: We evaluate the
- J Points
- ST Segments &
- T Waves

Evaluating the ECG for ACS:





Evaluating the ECG for ACS: Patients with Normal Width QRS (QRSd < 120ms)

STEP 2 - EVALUATE the EKG for ACS

THE EKG MARKERS USED FOR DETERMINING THE PRESENCE OF ACUTE CORONARY SYNDROME INCLUDE:

- J POINTS
- ST SEGMENTS
- T WAVES

CAREFULLY SCRUTINIZE THESE MARKERS IN EVERY LEAD OF THE 12 LEAD EKG, TO DETERMINE IF THEY ARE NORMAL or ABNORMAL.

Q: Why is QRS width an issue when we look at J Points, ST Segments and T Waves?? Q: Why is QRS width an issue when we look at J Points, ST Segments and T Waves??

A: When the QRS is abnormally wide (> 120ms), it ALTERS the J
 Points, ST Segments and T Waves.

THE J POINT SHOULD BE ..



THE ISOELECTRIC LINE



. . .the "flat line" between ECG complexes, when there is no detectable electrical activity . . .

The Isoelectric Line *it's not always isoelectric !*



THE P-Q JUNCTION

. . . is the POINT where the P-R SEGMENT ends and the QRS COMPLEX BEGINS. **Used for POINT** OF REFERENCE for measurement of the J-POINT and the S-T SEGMENT -



as per the A.H.A., A.C.C., and WANG, ASINGER, and MARRIOTT, N.E.J.M. vol. 349:2128-2135 Nov. 27, 2003

Use the P-Q junction as a reference point for measuring the J Point and ST-Segment when "iso-electric line is

THE P-Q JUNCTION

... is the POINT where the P-R SEGMENT ends and the QRS COMPLEX BEGINS. Used for POINT OF REFERENCE for measurement of the J-POINT and the S-T SEGMENT –



 as per the A.H.A., A.C.C., and WANG, ASINGER, and MARRIOTT, N.E.J.M. vol. 349:2128-2135 Nov. 27, 2003 not isoelectric !"

Defining NORMAL:

THE J POINT SHOULD BE ..



ECG Indicators of ABNORMAL PERFUSION (possible ischemia / infarction) in Patients with **Normal Width QRS Complexes** (QRS duration < 120 ms)



| _ | | | |
|---|---|------------------|--|
| | INVERTED T WAVE | $\sim h$ | - MYOCARDITIS - ELECTROLYTE IMBAL. - ISCHEMIA |
| | SHARP S-T T ANGLE | | - ACUTE MI (NOT COMMON) - ISCHEMIA |
| 6 | BI-PHASIC T WAVE (WELLEN'S) | -~~ | - SUB-TOTAL LAD LESION - VASOSPASM - HYPERTROPHY |
| | DEPRESSED J POINT with UPSLOPING ST | ~/~ | - ISCHEMIA |
| | DOWNSLOPING S-T SEGMENT | $\sim \sim \sim$ | - ISCHEMIA |
Some less common, less reliable possible indicators of ACS:

| ? | FLAT S-T SEGMENT > 120 ms | $\sim \downarrow \sim$ | - ISCHEMIA |
|---|---|------------------------|------------|
| ? | LOW VOLTAGE T WAVE WITH NORMAL QRS | ~ | - ISCHEMIA |
| ? | U WAVE POLARITY OPPOSITE THAT OF T WAVE | $\downarrow \sim$ | - ISCHEMIA |

LET'S START HERE





THE S-T SEGMENT

NORMAL

ABNORMAL

SHOULD BE "CONCAVE" IN SHAPE . . .

AS OPPOSED TO "CONVEX"



WHEN EVALUATING for ST SEGMENT ELEVATION

From: AMERICAN HEART ASSOCIATION ACLS 2005 REVISIONS

During NORMAL STATES of PERFUSION, the J POINT is ISOELECTRIC and the ST SEGMENT has a

CONCAVE appearance. When measured 40 ms beyond the J POINT (noted by the RED DOT), the ST SEGMENT elevation is less than 1mm.

Both figures were recorded from a 54 year old male while resting (figure A), and during

PTCA of the Left Anterior Descending artery (figure B).



fig B

assumes a CONVEX shape. When measured 40 ms beyond the J POINT, the ST segment is elevated > 1 mm. This phenonemon is seen routinely in the cath lab prior to the occurance of ST ELEVATION at the J POINT during PTCA and STENTING.





ABNORMAL J-T APEX SEGMENT





ABNORMAL J-T APEX SEGMENT





1 yr. PRIOR TO MI NORMAL EKG CONCAVE J - T APEX SEGMENT



CHIEF COMPLAINT and SIGNIFICANT HISTORY:

56 y/o MALE presents to ED with complaint of "INTERMITTENT SUBSTERNAL & SUB-EPIGASTRIC PRESSURE" x 3 HOURS. PMHx of ESOPHAGEAL REFLUX. NO other significant past medical history.

RISK FACTOR PROFILE:

FAMILY HISTORY - father died of MI at age 62
PREVIOUS CIGARETTE SMOKER - quit 15 years ago.
CHOLESTEROL - DOES NOT KNOW; "never had it checked."
OBESITY

PHYSICAL EXAM: Patient supine on exam table, mildly anxious, currently complaining of "mild indigestion," skin is warm, pale, dry; REST OF EXAM is UNREMARKABLE.

VITAL SIGNS: BP 142/94, P 80, R 20, SAO2 98%

LABS: JUST OBTAINED, RESULTS NOT AVAILABLE YET.

| 56 yr | | Vent. rate | 80 | BPM |
|---------|-----------|--------------|---------|-----|
| Male | Caucasian | PR interval | 154 | ms |
| | | QRS duration | 78 | ms |
| Room:A9 | | QT/QTc | 380/438 | ms |
| Loc:3 | Option:23 | P-R-T axes | 51 -24 | 38 |

**UNEDITED COPY – REPORT IS COMPUTER GENERATED ONLY, WITHOUT PHYSICIAN INTERPRETATION

Normal sinus rhythm Normal ECG No previous ECGs available

Technician: W Ruppert



ECG COMPUTER DOES NOT NOTICE THE CONVEX J-T APEX SEGMENTS !

measurement of S-T elevation



S-T elevation at J point = 0.5 mm

ACUTE MI = S-T elev. > 1.0 mm

measurement of S-T elevation by "J point + .04" method



S-T elevation at J point = 0.5 mmS-T elevation at J + .04 = 2.0 mm

ACUTE MI = S-T elev. > 1.0 mm

CASE STUDY: 56 y/o male with INTERMITTENT "CHEST HEAVINESS"



TREATMENT PLAN : EMERGENCY CORONARY ARTERY BYPASS SURGERY (4 VESSEL)

ECG Patterns associated with "EARLY PHASE MI:"

 J-T Apex abnormalities
Dynamic ST-T Wave Changes on Serial ECGs







3. Dynmamic ST-T Wave Changes in Serial ECGs. Recorded at SRRMC



Acute In-Stent Thrombus Proximal LAD



T waves should not be HYPERACUTE





HYPERACUTE T Waves may indicate:



- Early phase Acute MI
- Transmural ischemia (usually seen in one region of the ECG)
- Hyperkalemia (seen globally across ECG)
- Hypertrophy

HYPERACUTE T WAVES





ECG waveforms obtained just before (hyperacute) and just after (normal) the critical blockage was stented in this patient's Proximal Left Anterior Descending (LAD) artery.

Helpful Clue: Hyper-Acute T Waves

 GLOBAL Hyper-acute T Waves (in leads viewing multiple myocardial regions / arterial distributions) favors HYPERKALEMIA



Helpful Clue: Hyper-Acute T Waves

- GLOBAL Hyper-acute T Waves (in leads viewing multiple myocardial regions / arterial distributions) favors HYPERKALEMIA
- Hyper-acute T Wave noted in ONE ARTERIAL DISTRIBUTION (Anterior / Lateral / Inferior) favors TRANSMURAL ISCHEMIA / Early Phase Acute MI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

30 y/o male presents to ER via EMS, c/o sudden onset of dull chest pain x 40 min. Pain level varies, not effected by position, movement or deep inspiration. No associated symptoms.

RISK FACTOR PROFILE: NONE. CHOLESTEROL UNKNOWN.

PHYSICAL EXAM: Patient is supine on exam table, CAO x 4, anxious, restless, skin pale, cool, dry. Patient c/o chest pressure, "7" on 1 - 10 scale, uneffected by position, movement, deep inspiration. Lungs clear. HS: NL S1, S2, no rubs, murmurs, gallops

VITAL SIGNS: BP 136/88 P 90 R 20 SA02 98%

DIAGNOSTIC TESTING: 1st TROPONIN I - ultra: <0.07





Cath Lab findings:



Dynamic ST-T Wave Changes:

 Other than HEART RATE related variations (which affect intervals), *J Points, ST-Segments and T Waves SHOULD NOT CHANGE.*

Dynamic ST-T Wave Changes:

- Other than HEART RATE related variations (which affect intervals), *J Points, ST-Segments and T Waves SHOULD NOT CHANGE.*
- When changes to J Points, ST-Segments and/or T waves are NOTED, consider
 EVOLVING MYOCARDIAL ISCHEMIA and/or
 EARLY PHASE MI, until proven otherwise.

46 year old male

- Exertional dyspnea X "several weeks"
- Intermittent chest pressure X last 3 hours. Currently pain free.



46 year old male: ECG 1

 Chest pressure has returned, "5" on 1-10 scale. 2nd ECG obtained due to "change in symptoms":







ST-Segment Depression

7:59 am **8:08** am



Cath Lab Angiography:




ECG CRITERIA for DIAGNOSIS of STEMI:

(ST ELEVATION @ J POINT)

*LEADS V2 and V3:

MALES AGE 40 and up ----- 2.0 mm

(MALES LESS THAN 40----- 2.5 mm)

FEMALES ----- 1.5 mm

ALL OTHER LEADS: 1.0 mm or more,

1.0 mm or more, in TWO or more CONTIGUOUS LEADS

* P. Rautaharju et al, "<u>Standardization and Interpretation</u> <u>of the ECG</u>," JACC 2009;(53)No.11:982-991

STEMI Criteria for 18 Lead ECGs:

Right-Sided Chest Leads (V3R – V6R): <u>0.5</u> mm

Posterior Chest Leads (V7 – V9): <u>0.5</u> mm

* P. Rautaharju et al, "<u>Standardization and Interpretation</u> of the ECG," JACC 2009;(53)No.11:982-991

STEMI Criteria for 18 Lead ECGs:

Right-Sided Chest Leads (V3R – V6R): ____m

Posterior Chest Leads (V7 – V9): ____ mm

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ST SEGMENT ELEVATION:

S-T SEGMENTS ELEVATE WITHIN SECONDS OF CORONARY ARTERY OCCLUSION:



IN THIS CASE, a normal response to balloon occlusion of the RIGHT CORONARY ARTERY during PTCA in the CARDIAC CATH LAB

3 COMMON PATTERNS of ST SEGMENT ELEVATION From ACUTE MI:



ST SEGMENT ELEVATION in ACUTE MI:

The following samples are from patients with ACUTE MI, as confirmed by discovery of total arterial occlusion in the Cardiac Cath Lab:



Reciprocal S-T Segment Depression *may* or *may not* be present during AMI.

The presence of S-T Depression on an EKG which exhibits significant S-T elevation is a fairly reliable indicator that AMI is the diagnosis.

However the *lack of Reciprocal S-T Depression* DOES NOT rule out AMI.

PHASE 1: RULE OUT LIFE-THREATENING CONDITIONS





NON-CARDIAC CONDITIONS.

ACUTE MI

COMPLICATIONS TO ANTICIPATE FOR ALL MI PATIENTS :





FAILURE OF STRUCTURE(S) SERVED BY THE BLOCKED ARTERY

INTERPRET THE EKG, THEN:

IDENTIFY THE AREA OF THE HEART WITH A PROBLEM . . . RECALL THE ARTERY WHICH SERVES THAT REGION . . . RECALL OTHER STRUCTURES SERVED BY THAT ARTERY ... ANTICIPATE FAILURE OF THOSE STRUCTURES . . . • INTERVENE APPROPRIATELY!



"NOWHERE", NEW MEXICO, 1994



STEMI Case Studies, excerpts from "12 Lead **ECG Interpretation in ACS** with Case Studies from the Cardiac Cath Lab."

CASE STUDY 1 - STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

72 y/o male, c/o CHEST "HEAVINESS," started 20 minutes before calling 911. Pain is "8" on 1-10 scale, also c/o mild shortness of breath. Has had same pain "intermittently" x 2 weeks.

RISK FACTOR PROFILE:

FAMILY HISTORY - father died of MI at age 77
FORMER CIGARETTE SMOKER - smoked for 30 year - quit 27 years ago
DIABETES - oral meds and diet controlled
HIGH CHOLESTEROL - controlled with STATIN meds
AGE: OVER 65

PHYSICAL EXAM: Patient calm, alert, oriented X 4, skin cool, dry, pale. No JVD, Lungs clear bilaterally. Heart sounds normal S1, S2. No peripheral edema.

VITAL SIGNS: BP: 100/64, P: 75, R: 20, SAO2: 94%

LABS: FIRST TROPONIN: 6.4



| 72 yr Male | Caucasian | Vent. rate | 75 | BPM | Normal sinus rhythm | |
|---------------|-----------|--------------|-------|-----|--------------------------------|----------------------|
| Wale | Caucasian | QRS duration | 98 | ms | *** ** ** ** ACUTE MI ** ** ** | ST SEGMENT ELEVATION |
| Loc: | Option:2 | P-R-T axes | 72 13 | 83 | Abnormal ECG | |



Note: There is NO Reciprocal ST Depression on this STEMI ECG !



V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE





V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE



OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY



OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY



LAD DISTRIBUTION

35-45% of LV MUSCLE MASS

9

FUNCTION Α **BLOCKAGE** OF THE LAD CAN RESULT IN * CARDIOGENIC SHOCK LV PUMP FAILURE --**PULMONARY EDEMA**



LEFT ANTERIOR DESCENDING ARTERY (LAD)

- ANTERIOR WALL OF LEFT VENTRICLE
- 35-45% OF LEFT VENTRICLE MUSCLE MASS
 - SEPTUM, ANTERIOR 2/3
 - **BUNDLE BRANCHES**
 - ANTERIOR-MEDIAL PAPILLARY MUSCLE

ANTICIPATED COMPLICATIONS of ANTERIOR-SEPTAL WALL STEMI & POSSIBLE INDICATED INTERVENTIONS:

| - CARDIAC ARREST | BCLS / ACLS |
|----------------------------------|-------------------------------------|
| - CARDIAC DYSRHYTHMIAS (VT / VF) | ACLS (antiarrhythmics) |
| - PUMP FAILURE with | INOTROPE THERAPY: |
| CARDIOGENIC SHOCK | -DOPAMINE / DOBUTAMINE / |
| | LEVOPHED |
| | - INTRA-AORTIC BALLOON PUMP |
| | (use caution with fluid challenges |
| | due to PULMONARY EDEMA) |
| - PULMONARY EDEMA | - CPAP |
| | - ET INTUBATION |
| | (use caution with dieuretics due to |
| | pump failure and hypotension) |
| - 3rd DEGREE HEART BLOCK - NOT | TRANSCUTANEOUS or |
| RESPONSIVE TO ATROPINE | TRANSVENOUS PACING |
| | |



POST PTCA / STENT TO MID LAD





CASE STUDY 2: STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

46 y/o Female walks into ED TRIAGE, with chief complaint of EPIGASTRIC PAIN, NAUSEA and WEAKNESS. Symptoms have been intermittent for last two days. She was awakened early this morning with the above symptoms, which are now PERSISTENT.

RISK FACTOR PROFILE:



FAMILY HISTORY - father died of CAD, older brother had CABG, age 39 DIABETES - diet controlled HYPERTENSION

PHYSICAL EXAM: Pt. CAOx4, anxious, SKIN cold, clammy, diaphoretic. No JVD. Lungs: clear, bilaterally. Heart Sounds: Normal S1, S2.

VITAL SIGNS: BP: 168/98, P: 110, R: 24, SAO2: 97% on O2 4 LPM via nasal canula

LABS: TROPONIN ultra = 2.8



CASE STUDY QUESTIONS:

| NOTE LEADS WITH ST ELEVATION: | NOTE LEADS WITH ST DEPRESSION: |
|--|-----------------------------------|
| WHAT IS THE SUSPECTED DIAGNOSIS ? | |
| WHAT IS THE "CULPRIT ARTERY" if applicable ? | |
| LIST ANY CRITICAL STRUCTURES COMPROMISED: | LIST ANY POTENTIAL COMPLICATIONS: |

| 46 yr | Vent. rate | 109 | BPM |
|---------|--------------|---------|-----|
| Female | PR interval | 132 | ms |
| | QRS duration | 82 | ms |
| Room:ER | QT/QTc | 346/465 | ms |
| | P-R-T axes | 60 11 | -32 |

Sinus tachycardia Left ventricular hypertrophy with repolarization abnormality ST elevation consider lateral injury or acute infarct

*** ** ** ** * ACUTE MI ** ** ** **





LEADS I and aVL view the ANTERIOR-LATERAL JUNCTION





OCCLUSION of RAMUS ARTERY



OCCLUSION of OBTUSE MARGINAL ARTERY



CASE PROGRESSION: As the patient was being prepared for transport to the Cardiac Cath Lab, she experienced an episode of Ventricular Fibrillation.














| CASE STUDY SUMMARY | | |
|---|---|--|
| ST ELEVATION: I, aVL | ST DEPRESSION: II, III, aVF, V3 - V5 | |
| SUSPECTED DIAGNOSIS: ACUTE LATERA | L WALL M.I. | |
| SUSPECTED "CULPRIT ARTERY" (if applicable): | | |
| USUALLY ONE OF THE SMALLER SIDE-BRAN | ICH ARTERIES: | |
| 1. DIAGONAL ARTERY. (This is a side-bra | anch artery off of the LEFT ANTERIOR DESCENDING (LAD) artery. | |
| 2. OBTUSE MARGINAL ARTERY. (This is a side-branch artery off of the CIRCUMFLEX artery) | | |
| 3. RAMUS ARTERY. | | |
| BE PREPARED TO MANAGE SUDDEN CARDIAC ARREST (PRIMARY V - FIB / V - TACH, BRADYCARDIAS / HEART BLOCKS) STAT REPERFUSION THERAPY: THROMBOLYTICS vs. CARDIAC CATHETERIZATION and PCI CONSIDER NEEDS FOR ANTI-PLATELET and ANTI-COAGULATION THERAPY | | |
| CRITICAL STRUCTURES COMPROMISED: POTE | NTIAL COMPLICATIONS: POSSIBLE CRITICAL INTERVENTIONS: | |
| ●** 15-30% of the LV | POSSIBLE MODERATE INOTROPIC AGENTS | |
| MUSCLE MASS | LV PUMP FAILURE ET INTUBATION | |
| | I.A.B.P. INSERTION | |
| | | |
| | | |

CASE STUDY 3: STEM

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

29 y/o male presents to the ER c/o "HEAVY CHEST PRESSURE" x 30 minutes. The patient states he was playing football with friends after eating a large meal. Pt. also c/o nausea. Denies DIB.

RISK FACTOR PROFILE:

- FAMILY HISTORY father died of MI age 46
- CURRENT CIGARETTE SMOKER
- "MILD" HYPERTENSION untreated
- CHOLESTEROL unknown "never had it checked."

PHYSICAL EXAM: Patient alert, oriented X 4, skin cool, dry, pale. Patient restless. No JVD, Lungs clear bilaterally. Heart sounds normal S1, S2. No peripheral edema.

VITAL SIGNS: BP: 104/78, P: 76, R: 20, SAO2: 96%

LABS: INITIAL CARDIAC MARKERS - NEGATIVE





The difference between the current and previous ANTERIOR WALL STEMI case studies is that in THIS case study, RECIPROCAL ST DEPRESSION is present in the Inferior Leads, II, III and AVF.

In the PREVIOUS case study, there was NO RECIPROCAL ST DEPRESSION.

Here is the reason

When Reciprocal S-T Segment Depression is noted on the 12 Lead ECG during STEMI, it is a fairly reliable indicator that the lesion is located in the <u>PROXIMAL</u> aspect of the affected CORONARY ARTERY. When Reciprocal S-T Segment Depression is noted on the 12 Lead ECG during STEMI, it is a fairly reliable indicator that the lesion is located in the PROXIMAL aspect of the affected CORONARY ARTERY.

In general terms, when the lesion is located more proximally, the zone of infarction is more extensive, and the complications (pump failure, cardiogenic shock) are often more profound.

Reciprocal ST Depression is NOW PRESENT Additional ST Elevation is

present in Leads I, AVL









OCCLUSION of DIAGONAL ARTERY



OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY



OCCLUSION of PROXIMAL LEFT ANTERIOR DESCENDING ARTERY







OCCLUSION of PROXIMAL LEFT ANTERIOR DESCENDING ARTERY



ANTICIPATED COMPLICATIONS of ANTERIOR-SEPTAL WALL STEMI & POSSIBLE INDICATED INTERVENTIONS:

| - CARDIAC ARREST | BCLS / ACLS |
|----------------------------------|-------------------------------------|
| - CARDIAC DYSRHYTHMIAS (VT / VF) | ACLS (antiarrhythmics) |
| - PUMP FAILURE with | INOTROPE THERAPY: |
| CARDIOGENIC SHOCK | -DOPAMINE / DOBUTAMINE / |
| | LEVOPHED |
| | - INTRA-AORTIC BALLOON PUMP |
| | (use caution with fluid challenges |
| | due to PULMONARY EDEMA) |
| ΟΙ ΙΙ ΜΟΝΙΛΟΥ ΕΝΕΜΙΛ | |
| | |
| | - LI INTODATION |
| | (use caution with dieuretics due to |
| | pump failure and hypotension) |
| - 3rd DEGREE HEART BLOCK - NOT | TRANSCUTANEOUS or |
| RESPONSIVE TO ATROPINE | TRANSVENOUS PACING |
| | |

WHILE AWAITING THE CATH TEAM, THE PATIENT BEGAN VOMITING. SKIN BECAME ASHEN & DIAPHORETIC. REPEAT BP = 50/30. -WHAT THERAPEUTIC INTERVENTIONS SHOULD BE IMPLMENTED AT THIS POINT ?



PROXIMAL OCCLUSION of the LEFT ANTERIOR DESCENDING Artery

> POST PTCA _____ and STENT to the PROXIMAL LAD

CASE STUDY 4: CRITICAL DECISIONS SCENARIO

As per current AHA recommendations, your hospital's policy is to send every STEMI patient to the Cardiac Catheterization Lab for emergency PCI.

You are the ranking medical officer on duty in the ED when two acute STEMI patients arrive, ten minutes apart. The Cath Lab has one lab open, and can take ONE patient immediately. Both patients duration of symptoms and state of hemodynamic stability are similar.





And

PATIENT B: 36 y/o MALE, CHEST PAIN x 1 HOUR, BP: 80/48, P: 120, R: 28 CARDIAC MARKERS: NEGATIVE

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WHAT WOULD YOU DO WITH THE PATIENT WHO DID NOT GO TO THE CATH LAB ?





TOTAL OCCLUSION of LEFT MAIN CORONARY ARTERY

PATIENT A:



PATIENT B:

PECG Clues... for IDENTIFYING STEMI CAUSED BY LEFT MAIN CORONARY ARTERY occlusion:

- ST ELEVATION in ANTERIOR LEADS (V1 V4) and LATERAL LEADS (V5 & V6)
- ST DEPRESSION or ISOELCTRIC J POINTS may be seen in V LEADS..., mainly V2 and/or V3 caused by COMPETING FORCES of ANTERIOR vs. POSTERIOR WALL ML**
 - → NOTE: it is very unusual to see ST DEPRESSION in V LEADS with isolated ANTERIOR WALL MI when caused by occluded LAD.
- ☑ ST ELEVATION in AVR is GREATER THAN ST ELEVATION in V1**
- ☑ ST ELEVATION in AVR GREATER THAN 0.5 mm
- ST ELEVATION in LEAD I and AVL (caused by NO FLOW to DIAGONAL / OBTUSE MARGINAL BRANCHES)*
- ☑ ST DEPRESSION in LEADS II, III, and AVF. (in cases of LMCA occlusion of DOMINANT CIRCUMFLEX, leads II, III, and AVF may show ST ELEVATION or ISOELECTRIC [POINTS]**
- ☑ NEW / PRESUMABLY NEW RBBB, and/or LEFT ANTERIOR FASICULAR BLOCK**
- * Kurisu et al, HEART 2004, SEPTEMBER: 90 (9): 1059-1060
- + Yamaji et al, JACC vol. 38, No. 5, 2001, November 1, 2001:1348-54

36 yr Male Vent. rate 123 **BPM** Sinus tachycardia with short PR ACUTE STEMI caused by Left ventricular hypertrophy with QRS widening Caucasian PR interval 96 105 QRS duration 130 Cannot rule out Septal infarct , age undetermined ITB LEFT MAIN CORONARY 310/443 Room:C-QT/QTc 43 Lateral injury pattern ACUTE MI Loc:3 P-R-T aves * -53 ARTERY OCCLUSION AVR 14 1 ш \$6 ECG CLUES of ACUTE M ST ELEVATION in leads 1 and aVL \mathbf{V} INCONSISTENCY of ST SEGEMENT in leads V1 · V6 : V1 · V3 ST ELEVATION, V4 - V6 ST DEPRESSION STEMI caused by (COMPETING FORCES of ANTERIOR vs. POSTERIOR M.I.) LEFT MAIN CORONARY \checkmark PATTERN of LEFT ANTERIOR FASCICULAR BLOCK (POS. QRS lead I; NEG rS leads II, III) ARTERY OCCLUSION: \checkmark ST ELEVATION in lead aVR > 0.5 mm Atrial fibrillation with rapid ventricular response 43 yr Male 183 BPM Vent, rate ACUTE STEMI caused by PR interval ٠ with premature ventricular or aberrantly conducted complexes ms 106 **ORS** duration ma LEFT MAIN CORONARY Left axis deviation QT/QTc 240/418 mes ST elevation consider anterolateral injury or acute infarct **ARTERY OCCLUSION** P-R-T axes * -34 -18 ** ** ** ** * ACUTE MI * ** ** ** ** WW why which ECG CLUES of ACUTE \checkmark ST ELEVATION in leads | and aVL STEMI caused by INCONSISTENCY of ST SEGEMENT in leads V1-V6: V1-V2 ST ELEVATION, V3-V6 ST DEPRESSION LEFT MAIN CORONARY (COMPETING FORCES of ANTERIOR vs. POSTERIOR M.I.) PATTERN of LEFT ANTERIOR FASCICULAR BLOCK (POS. QRS lead I; NEG rS leads II, III) ARTERY OCCLUSION:

STEMI caused by S LEFT MAIN CORONARY S ARTERY OCCLUSION: S

✓ ST ELEVATION IN LEADS 1, aVL, V1 - V6
✓ ST ELEVATION IN aVR GREATER THAN 0.5 mm
✓ ST ELEVATION IN aVR GREATER THAN LEAD V1
✓ LEFT ANTERIOR FASCICULAR BLOCK PATTERN

Despite the dismal mortality rate associated with STEMI from total LMCA occlusion, this patient survived and was later discharged. His EF is estimated at approximately 30%. He received an ICD, and is currently stable.

CASE STUDY 4: CRITICAL DECISIONS SCENARIO

CONCLUSIONS:

- QUESTION 1: WHICH PATIENT SHOULD BE TAKEN FIRST FOR IMMEDIATE CARDIAC CATHETERIZATION for EMERGENCY PCI ?
- ANSWER: PATIENT B was taken emergently to the Cardiac Cath Lab both the ED physician and the Interventional Cardiologist correctly identified the EKG patterns of LMCA occlusion.
- QUESTION 2: WHAT COURSE OF ACTION SHOULD BE TAKEN WITH THE PATIENT NOT CHOSEN TO BE SENT TO THE CATH LAB FIRST?
- ANSWER: PATIENT A received thrombolytic therapy in the ED. It was determined that THROMBOLYTIC THERAPY would achieve the FASTEST ROUTE to REPERFUSION ---- by at least 60 minutes.

CASE STUDY 7 - STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

46 yr. old MALE arrives in ER, C/O SUDDEN ONSET OF CHEST PRESSURE 45 MINUTES AGO. PAIN IS CONSTANT, PRESSURE-LIKE, AND NOT EFFECTED BY POSITION, MOVEMENT or DEEP INSPIRATION. ALSO C/O D.I.B.

RISK FACTOR PROFILE:

LABS: TROPONIN: < .04

- 🎗 —> HELPFUL HINT ... MEMORIZE THIS ! 🔶 **RIGHT CORONARY ARTERY (RCA)** HT DOMINANT SYSTEMS RIGHT ATRIUM SINUS NODE (55% of the population) RIGHT VENTRICLE - 100 % of muscle mass LEFT VENTRICLE: 15 - 25 % of muscle mass - INFERIOR WALL - approx. 1/2 of POSTERIOR WALL AV NODE

ANTICIPATED COMPLICATIONS of INFERIOR WALL STEMI secondary to RCA Occlusion & POSSIBLE INDICATED INTERVENTIONS:

| - CARDIAC ARREST | BCLS / ACLS |
|--|---|
| - CARDIAC DYSRHYTHMIAS (VT / VF) | ACLS (antiarrhythmics) |
| - SINUS BRADYCARDIA | ATROPINE 0.5mg, REPEAT as needed UP TO 3mg. (follow ACLS and/or UNIT protocols) |
| - HEART BLOCKS (1st, 2nd & 3rd Degree HB) | ATROPINE 0.5mg, REPEAT as needed UP TO 3mg, Transcutaneous Pacing, (follow ACLS and/or UNIT protocols) |
| - RIGHT VENTRICULAR MYOCARDIAL INFARCTION | The standard 12 Lead ECG does NOT view the Right Ventricle. You must do a RIGHT-SIDED ECG to see if RV MI is present. Do NOT give any Inferior Wall STEMI patient NITRATES or DIURETICS until RV MI has been RULED OUT. |
| - POSTERIOR WALL INFARCTION | POSTERIOR WALL MI presents on the 12 Lead ECG as ST DEPRESSION in Leads V1 - V3. POSTERIOR WALL MI is NOT PRESENT ON THIS ECG. |

۲ د

A standard

12 LEAD EKG

Does NOT show the

RIGHT VENTRICLE

To see the RIGHT VENTRICLE ...

... such as in cases of INFERIOR WALL M.I.

@ You must do a RIGHT - SIDED EKG!!
V4R - V6R VIEW THE RIGHT VENTRICLE



RV MI STEMI Criteria:

 ST Elevation of <u>0.5</u>mm (0.5mv) or more in Leads V3R, V4R, V5R or V6R

RV MI STEMI Criteria:

 ST Elevation of ____mm (0.5mv) or more in Leads V3R, V4R, V5R or V6R



RIGHT VENTRICULAR STEMI is indicated when ST Segment Elevation of 0.5mv is present.

IN EVERY CASE of

INFERIOR WALL STEMI

You must first *RULE OUT* **RIGHT VENTRICULAR MI BEFORE** giving any:

- NITROGLYCERIN
- Diuretics

Nitroglycerin & Diuretics are **CLASS III CONTRINDICATED** in **RIGHT VENTRICULAR MI !!*** **They precipitate SEVERE HYPOTENSION**

* A.H.A. ACLS 2010/2015

INFERIOR - RIGHT VENTRICULAR MI



ANTICIPATED COMPLICATIONS of INFERIOR - RIGHT VENRICULAR WALL STEMI secondary to PROXIMAL RCA Occlusion & POSSIBLE INDICATED INTERVENTIONS:

| - CARDIAC ARREST | BCLS / ACLS |
|--|--|
| - CARDIAC DYSRHYTHMIAS (VT / VF) | ACLS (antiarrhythmics) |
| - SINUS BRADYCARDIA | ATROPINE 0.5mg, REPEAT as needed UP TO 3mg. (follow ACLS and/or UNIT protocols) |
| - HEART BLOCKS (1st, 2nd & 3rd Degree HB) | ATROPINE 0.5mg, REPEAT as needed UP TO 3mg, Transcutaneous Pacing, (follow ACLS and/or UNIT protocols) |
| - RIGHT VENTRICULAR MYOCARDIAL INFARCTION | NITRATES and DIURETICS are CONTRA- INDICATED. TREAT HYPOTENSION WITH FLUIDS. (It is Not uncommon to give 500-2000ml of NORMAL SALINE to stabilize BP. |
| - POSTERIOR WALL INFARCTION | POSTERIOR WALL MI presents on the 12 Lead ECG as ST DEPRESSION in Leads V1 - V3. POSTERIOR WALL MI is NOT PRESENT ON THIS ECG. |

If this patient becomes HYPOTENSIVE







CASE STUDY 9 - STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

42 y/o MALE arrived via EMS, c/o "HEAVY CHEST PRESSURE," SHORTNESS of BREATH X 40 min. He has experienced V-FIB and been DEFIBRILLATED multiple times

RISK FACTOR PROFILE:

- CIGARETTE SMOKER
- HYPERTENSION
- HIGH LDL CHOLESTEROL

PHYSICAL EXAM: Patient is alert & oriented x 4, ANXIOUS, with COOL, PALE, DIAPHORETIC SKIN. C/O NAUSEA, and is VOMITING. LUNG SOUNDS: COARSE CRACKLES, BASES, bilaterally VITAL SIGNS: BP: 80/40 P: 70 R: 32 SAO2: 92% on 15 LPM O2

LABS: TROPONIN: < .04

SHOCK ASSESSMENT

| LOC: | ANXIOUS RESTLESS LETHARGIC UNCONSCIOUS | AWAKE ALERT & ORIENTED |
|------------|---|------------------------------|
| SKIN: | PALE / ASHEN CYANOTIC COOL DIAPHORETIC | NORMAL HUE WARM DRY |
| BREATHING: | TACHYPNEA | NORMAL |
| PULSE: | WEAK / THREADY TOO FAST or SLOW | STRONG |
| STATUS: | SHOCK S | NORMAL |

| 42 yr Male | Caucasian | Vent. rate PR interval | 69 196 | BPM |
|---------------|------------|---------------------------|------------------|----------|
| | Cancelonin | QRS duration | 98 | ms |
| Loc:3 | Option:23 | P-R-T axes | 388/415 14 28 | ms 81 |

C EVALUATE EKG for indicators of ACS:

- ST SEGMENT ELEVATION / DEPRESSION
- HYPERACUTE T WAVES
- CONVEX ST SEGMENTS
- OTHER ST SEGMENT / TWAVE ABNORMALITIES



CASE STUDY QUESTIONS:

| NOTE LEADS WITH ST ELEVATION: | NOTE LEADS WITH ST DEPRESSION: |
|--|-----------------------------------|
| WHAT IS THE SUSPECTED DIAGNOSIS ? | |
| WHAT IS THE "CULPRIT ARTERY" if applicable ? | |
| LIST ANY CRITICAL STRUCTURES COMPROMISED: | LIST ANY POTENTIAL COMPLICATIONS: |

| 42 yr | | Vent. rate | 69 | BPM |
|-------|--------------|-------------|---------|-----|
| Male | Caucasian | PR interval | 196 | ms |
| | QRS duration | 98 | ms | |
| | | QT/QTc | 388/415 | ms |
| Loc:3 | Option:23 | P-R-T axes | 14 28 | 81 |

*** Acute MI ***

Inferior-Posterior-Lateral Injury Pattern









Both patients will present with INFERIOR WALL STEMI (ST elevation leads II, III and AVF):



Occlusion of **DOMINANT Circumflex** typically presents with more:

- ST Depression Leads V1 V3 (Posterior MI)
- ST Elevation Leads V5, V6 (Lateral MI)

Usually has PROFOUND Cardiogenic Shock ALMOST NEVER has Right Ventricular MI Occlusion of DOMINANT RCA typically presents with VERY LITTLE or NO:

- ST Depression Leads V1-V3
- ST Elevation Leads V5, V6

Usually NO Cardiogenic Shock, good BP OFTEN has Right Ventricular MI







Case Study-January 2019

- 79 y/o female complaining of "L arm pain, and minimal chest pain"
- EMS 12 Lead ECGs show ST Depression in Anterior Leads V1-V4. There is NO ST Elevation.....



Initial Exam in ED

• Upon arrival in ED, 12 Lead ECG confirmed EMS findings: ST Depression in Leads V1-V4.



Causes of ST Depression V1-V4

- Anterior Wall ischemia
- Anterior Wall NSTEMI (partial wall thickness myocardial infarction)
- Posterior Wall STEMI

Posterior Wall STEMI....

 Does not show ST elevation on standard 12 lead ECG because NONE of the 12 leads view the Posterior Wall directly....



Posterior Wall STEMI....

- Often shows NO ST Elevation on the standard 12 Lead ECG.
- Will show up on standard 12 Lead ECG as "ST Depression" (Reciprocal) in Leads V1-V3 (sometimes V4-V6, too).

V1-V3 see the Posterior Wall ONLY through RECIPROCAL changes (ST Depression)





Posterior Wall STEMI....

 To see ST Elevation from a Posterior Wall STEMI, you must place ECG leads on the patient's back...

If we put ECG leads on the BACK of a PATIENT who is having an ACUTE POSTERIOR WALL MI.....



Continued Exam in the ED....

- Upon noting ST Depression in Anterior Leads V1-V4, ED Paramedic Gary Polizzi place three leads on the patient's back. Gary used the lead wires for V4, V5 and V6, with placement as shown here:
- The "Posterior Lead ECG" is seen on the next slide.....



Posterior STEMI Criteria:

 ST Elevation of <u>0.5</u>mm (0.5mv) or more in Leads V7, V8 and/or V9

Posterior STEMI Criteria:

 ST Elevation of ____mm (0.5mv) or more in Leads V7, V8 and/or V9



STEMI Alert !

Upon seeing "Significant ST Elevation in TWO or more CONTIGUOUS LEADS, the ED physician diagnosed "Posterior Wall STEMI," a STEMI Alert was issued, and the patient was taken immediately to the cardiac cath lab, where the following images were obtained......






SUMMARY

- Whenever ST Depression is noted in Anterior Leads (V1-V4), it could indicate that Acute Posterior Wall STEMI is present.
- To rule-out Posterior Wall STEMI, a "posterior lead ECG" (V7 – V9) must be obtained.
- In THIS CASE, Posterior Wall STEMI was diagnosed via Posterior Lead ECG.
- STEMI Alert was issued, with a Door-to-PCI time of 53 minutes.



Evaluating the ECG for ACS:





 Determine RIGHT vs. LEFT Bundle Branch Block Pattern

Simple "Turn Signal Method" . . .

THE "TURN SIGNAL METHOD" for identifying BUNDLE BRANCH BLOCK

USE LEAD V1 for this technique

To make a **RIGHT TURN**

you push the turn signal lever UP.....

THINK:

V1

V1

"QRS points UP = RIGHT BUNDLE BRANCH BLOCK"



To make a **LEFT TURN** you push the turn signal lever **DOWN**

THINK:

"QRS points DOWN = LEFT BUNDLE BRANCH BLOCK"

"Terminal Phase of QRS Method"...

DIAGNOSING BUNDLE BRANCH BLOCK



USING LEAD V1

- QRS WIDER THAN 120 ms
- BEAT IS SUPRAVENTRICULAR IN ORIGIN
- TERMINAL PHASE OF QRS COMPLEX (LAST DEFLECTION)

NEGATIVE = LEFT BUNDLE BRANCH BLOCK

- POSITIVE = RIGHT BUNDLE BRANCH BLOCK

DIAGNOSING LBBB IN LEAD V1:



- QRS GREATER THAN 120 ms (.12)
- EVIDENCE THAT THIS IS NOT VENTRICULAR BEAT
- TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS NEGATIVE DEFLECTION
- S-T SEGMENTS ARE NORMALLY ALWAYS ELEVATED !

DIAGNOSING RBBB IN LEAD V1:



- WIDER THAN 120 ms (.12)
- (or 3 little boxes)
- TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS POSITIVE DEFLECTION

DIAGNOSING BUNDLE BRANCH BLOCK

USING LEADS V1, V2, and V5, V6:

LOCATING RsR' or RR' COMPLEXES:



RIGHT BUNDLE BRANCH BLOCK



LEFT BUNDLE BRANCH BLOCK

From: "Rapid Interpretation of ECGs" by Dale Dubin, MD



TERMINAL PHASE OF QRS IS POSITIVE



= RIGHT BUNDLE BRANCH BLOCK

09:16:40

| 74 yr Female | Caucasian | Vent. rate PR interval QRS duration QT/QTc | 64 188 152 472/486 | BPM ms ms ms | Normal sinus rhythm Left bundle branch block Abnormal ECG When compared with ECG of 28–MAY–2003 06:36, |
|-----------------|-----------|---|-----------------------------|-----------------------|---|
| Loc:7 | Option:35 | P-R-T axes | 78 3 | 106 | |
| | | EKG #WR030 | KG #WR03029959 | | |

Technician: WW



TERMINAL PHASE OF QRS IS **NEGATIVE**



= LEFT BUNDLE BRANCH BLOCK

- When RIGHT Bundle Branch Block pattern is present:
 - Precordial Leads typically demonstrate ST
 Depression and T wave Inversion



- When RIGHT Bundle Branch Block pattern is present:
 - Precordial Leads typically demonstrate ST
 Depression and T wave Inversion
 - DOES NOT MASK STEMI; when ST Elevation is noted, CONSIDER STEMI ! !

RBBB with CHEST PAIN - CASE 1: ST ELEVATION IN LEADS V1 - V4



CATH LAB FINDINGS: TOTAL OCCLUSION of mid - LEFT ANTERIOR DESCENDING ARTERY.





RBBB with CHEST PAIN - CASE 3: ST ELEVATION V3 - V6, II, III, aVF



When LBBB QRS pattern is present:

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 - Can cause up to 5mm of J Point Elevation in normally calibrated ECG (1mm=10mv)

- When LBBB QRS pattern is present:
 - -ST-Segment Elevation is typically noted in Precordial Leads
 - Can cause up to 5mm of J Point Elevation in normally calibrated ECG (1mm=10mv)
 - Does NOT typically cause ST elevation in INFERIOR Leads (II, III and AVF).



2013 ACC/AHA Guideline for Management of STEMI

• ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes

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- ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes
- ST Elevation of 0.5mv (5mm) or more in leads with Negative Deflection QRS complexes
- ST Segment Changes as compared with those of older ECGs with LBBB

LBBB with CHEST PAIN - CASE 1: PRESENTING EKG

BPM

ms

ms

ms



Vent. rate PR interval QRS duration QT/QTc 77 128 158 454/513 43 -11

Normal sinus rhythm Left bundle branch block

Abnormal ECG





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- ST Segment Changes as compared with those of older ECGs with LBBB
- Convex ST Segment

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- ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes
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- ST Segment Changes as compared with those of older ECGs with LBBB
- Convex ST Segment
- New Onset LBBB with ACS symptoms . . .

LBBB with CHEST PAIN NEW ONSET of LBBB CASE 2:

77

172

142

38 0

BPM

ms

ms

ms

92



Normal sinus rhythm Left bundle branch block Abnormal ECG



A.H.A. ACLS GUIDELINES

- If patient has a CONFIRMED HISTORY of LBBB, rely on:
 - CARDIAC MARKERS
 - SYMPTOMS
 - RISK FACTOR PROFILE
 - HIGH INDEX OF SUSPICION

for diagnosis of STEMI

- 2. If patient has:
 - a) previously NORMAL ECGs (no LBBB)
 -- or b) no old ECGs available for comparison

consider diagnosis as STEMI until proven otherwise.



HELPFUL INDICATORS FOR ECG DIAGNOSIS OF STEMI in the presence of LBBB:

- ST ELEVATION > 5 mm
- COMPARE J POINT, ST SEGMENTS and T WAVES of previous ECG with LBBB to NEW ECG.
- CONVEX ST SEGMENT = poss. MI CONCAVE ST SEGMENT = normal
- CONCORDANT ST changes (1 mm or > ST DEPRESSION V1 - V3 or ST ELEVATION LEADS II, III, AVF)
- ST ELEVATION in LEADS II, III, and/or AVF

N. ENGL. J. MED v 348; p933 - 940 - Zimetbaum, et. al.
"Electrocardiographic Diagnosis of Evolving Acute Myocardial Infarction in the Presence of Left Bundle-Branch Block" Birnbaum et al, N Engl J Med 1996; 334:481-487 In patients with

Left Bundle Branch Block Combined with Ventricular Hypertrophy,

The J Point elevation can exceed 0.5 mv (5mm) above the iso-electric line in patients without ACS.



Practice ECGs . . .

Let's review



- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



- ECG abnormality(ies)? ST Elevation Leads I, AVR AVL, V1, V2, V3, V4, V5 & V6. ST Depression II, III and AVF
 Possible diagnosis? Acute Anterolateral Wall STEMI secondary to Left Main Coronary Artery occlusion (widowmaker MI).
- 3. Action / Intervention? STAT CATH LAB vs STAT Thrombolytics. Prepare for Cardiac Arrest





- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?





- ECG abnormality(ies)? ST Depression V1-V4
 Possible diagnosis? Anterior ischemia vs. Posterior wall STEMI
- 3. Action / Intervention? Posterior ECG (V7-V9)



- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



ST-Segment Elevation in Leads II, III and AVF Consistent with: INFERIOR STEMI



ECG abnormality(ies)? ST Elevation, Leads II,III & AVF
 Possible diagnosis? Inferior Wall STEMI
 Action / Intervention? 1. Do R-sided ECG, prepare for
 Atropine administration, external pacing, cardiac arrest,
 STAT cath lab visit !

What leads show signs of possible ACS?



12 Lead ECG shows ISCHEMIC CHANGES Lateral Wall:





- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



 ECG abnormality(ies)? ST Elevation Lead AVR, Global ST Depression (I, II, III, AVL, AVF, V2, V3, V4, V5, V6)
 Possible diagnosis? possible LMCA or 3x vessel disease.
 Action / Intervention? Troponins, Continuous ST monitoring, cath lab visit STAT or ASAP (based on sympt.)



ST SEGMENT ELEVATION

ST SEGMENT DEPRESSION



SUB-TOTAL OCCLUSION IF CIRCUMFLEX ARTERY.

RIGHT CORONARY ARTERY filling retrograde via COLLATERAL ARTERIES.

COLLATERAL CIRCULATION from SEPTAL PERFORATORS to RCA DISTRIBUTION. PROXIMAL OCCLUSION of the RIGHT CORONARY ARTERY.







- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



 ECG abnormality(ies)? Inferior (II, III, AVF) ST Depr (ischemia?), I & AVL T wave inversion, V5 ST Depr
 Possible diagnosis? Inferior / Lateral ischemia
 Action / Intervention? Serial ECGs / Troponins, additional diagnostic testing, cath lab

| _ | | | |
|---|---|------------------|--|
| | INVERTED T WAVE | $\sim h$ | - MYOCARDITIS - ELECTROLYTE IMBAL. - ISCHEMIA |
| | SHARP S-T T ANGLE | | - ACUTE MI (NOT COMMON) - ISCHEMIA |
| 6 | BI-PHASIC T WAVE (WELLEN'S) | -~~ | - SUB-TOTAL LAD LESION - VASOSPASM - HYPERTROPHY |
| | DEPRESSED J POINT with UPSLOPING ST | ~/~ | - ISCHEMIA |
| | DOWNSLOPING S-T SEGMENT | $\sim \sim \sim$ | - ISCHEMIA |



HELPFUL PATTERNS ...

J POINT DEPRESSION (>1 mm)

INVERTED T WAVES

J POINT DEPRESSION + INVERTED T WAVES







BI-PHASIC T WAVE

- SUB-TOTAL OCCLUSION of LEFT ANTERIOR DESCENDING ARTERY (when noted in V1-V4)
- LEFT VENTRICULAR HYPERTROPHY
- COCAINE INDUCED VASOSPASM

58 y/o MALE WITH SUB-TOTAL OCCLUSIONS OF THE LEFT ANTERIOR DESCENDING ARTERY



BI-PHASIC T WAVES



58 y/o MALE WITH "WELLEN'S WARNING." PT HAS SUB-TOTALLY OCCLUDED LAD X2

Classic "Wellen's Syndrome:"

- Characteristic T wave changes
 - Biphasic T waves
 - Inverted T waves
- History of anginal chest pain
- Normal or minimally elevated cardiac markers
- ECG without Q waves, without significant ST-segment elevation, and with normal precordial R-wave progression

Wellen's Syndrome ETIOLOGY:

- Critical Lesion, Proximal LAD
- Coronary Artery Vasospasm
- Cocaine use (vasospasm)
- Increased myocardial oxygen demand
- Generalized Hypoxia / anemia / low H&H

Wellen's Syndrome EPIDEMIOLOGY & PROGNOSIS:

- Present in 14-18% of patients admitted with unstable angina
- 75% patients not treated developed extensive Anterior MI within 3 weeks.
- Median Average time from presentation to Acute Myocardial Infarction – 8 days

Sources: <u>H Wellens et. Al, Am Heart J 1982;</u> v103(4) 730-736

- 33 y/o male
- Chief complaint "sharp, pleuritic quality chest pain, intermittent, recent history lower respiratory infection with productive cough."
- ED physician attributed the ST elevation in precordial leads to "early repolarization," due to patient age, gender, race (African American) and concave nature of ST-segments.

SERIAL EKG CASE STUDY 1 - EKG #1 @ 06:22 HOURS



SERIAL EKG CASE STUDY 1 - EKG #2 @ 09:42 HOURS



DYNAMIC ST-T Wave Changes ARE PRESENT !!

NOW is the time for the **STAT CALL** to the CARDIOLOGIST !!!!

SERIAL EKG CASE STUDY 1 - EKG # 3 @ 12:12 HOURS



SERIAL EKG CASE STUDY 1 - EKG # 4 @ 15:37 HOURS

600/652

20 1

71

144

74

BPM

ms

ms

ms

160



Vent. rate PR interval QRS duration QT/QTc P-R-T axes Normal sinus rhythm Marked T wave abnorm

Marked T wave abnormality, consider anterolateral ischemia

Prolonged QT

Abnormal ECG



SUB-TOTAL OCCLUSION OF LEFT ANTERIOR DESCENDING ARTERY

STENT DEPLOYMENT, LEFT ANTERIOR DESCENDING ARTERY, 33 y/o male

SUB-TOTAL OCCLUSION OF LEFT ANTERIOR DESCENDING ARTERY

POST PCI -LAD

Additional Resources:

Wellen's Syndrome, NEJM case study
S-T SEGMENT DEPRESSION - COMMON ETIOLOGIES:



CONDITION:

- RECIPROCAL CHANGES of ACUTE MI
- NON-Q WAVE M.I. (NON-STEMI)
- ISCHEMIA
- POSITIVE STRESS TEST
- VENTRICULAR HYPERTROPHY (STRAIN PATTERN)
- WOLFF-PARKINSON-WHITE
- OLD MI (NECROSIS vs. ISCHEMIA)
- DIGITALIS
- R. BUNDLE BRANCH BLOCK

T WAVE INVERSION - COMMON ETIOLOGIES:



CONDITION:

- MYOCARDITIS
- ELECTROLYTE IMBALANCE
- ISCHEMIA
- POSITIVE STRESS TEST
- CEREBRAL DISORDER
- MITRAL VALVE PROLAPSE
- VENTRICULAR HYPERTROPHY
- WOLFF-PARKINSON-WHITE
- HYPERVENTILATION
- CARDIOACTIVE DRUGS
- OLD MI (NECROSIS vs. ISCHEMIA)
- DIGITALIS
- R. BUNDLE BRANCH BLOCK
- NO OBVIOUS CAUSE

Some less common, less reliable possible indicators of ACS:

| ? | FLAT S-T SEGMENT > 120 ms | $\sim \downarrow \sim$ | - ISCHEMIA |
|---|---|------------------------|------------|
| ? | LOW VOLTAGE T WAVE WITH NORMAL QRS | ~ | - ISCHEMIA |
| ? | U WAVE POLARITY OPPOSITE THAT OF T WAVE | $\downarrow \sim$ | - ISCHEMIA |

STEIR ASSISTANC: an Emergency Crash Cart Interactive Reference Manual - free Download



STEMI Assistant – Information Video

Helpful STEMI ECG Resources

^[1] <u>"Use of the Electrocardiogram in Acute Myocardial</u> Infarction," Zimetbaum, et al, NEJM 348:933-940

Abnormal ST Elevation Criteria: ACC/AHA 2009 "Standardization and Interpretation of the ECG, Part VI Acute Ischemia and Infarction," Galen Wagner, et al

ECG in STEMI – excellent powerpoint – quick reference, in-depth material

Your thoughts, ideas, comments and feedback are welcome . . .

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My top two reasons for giving everything in life the best I have to offer.



Helpful STEMI ECG Resources

Download Non-ED STEMI Protocol - example

Download STEMI Alert ED Physicians Order Set

Correlation of Leads with ST Elevation and Cardiac Structures at Risk, based on STEMI in patients with Common Coronary Arterial Anatomy

| | ECG Leads: | Associated Region: | Coronary Artery: | Structures at Risk: |
|--------------------|---------------------------|---|--|--|
| All Patients | V1 - V4 | Anterior and Septal walls of LV | Left Anterior Descending (LAD) Atery | - 35 - 45% of LV muscle mass - Bundle of HIS - Bundle Branches |
| RCA Dominant | V5 - V6 | Lateral wall LV, approx. 50% Posterior wall | Circumflex (Cx) (non - dominant) | - 20 - 30% LV muscle mass - Sinus Node (rare) |
| | II, III, AVF | Inferior Wall, approx. 50% Posterior wall | Right Coronary Artery (RCA) | - SA Node - Right Ventricle - AV Node |
| Cx Dominant | V5 - V6 + II, III, AVF | Lateral wall of LV Posterior Wall (all) Inferior Wall | Circumflex (Dominant) | - 45-55% LV muscle mass - SA Node (rare) - AV Node |



Evolving MI & "Old MI"

• Q WAVES •



caused by depolarization of the intraventricular septum



caused by:

- necrosis (old infarction)
- hypertrophy

• Q WAVES •



- Normal Q WAVES Caused by SEPTAL DEPOLARIZATION



Q WAVES NORMAL AND FREQUENTLY SEEN Q WAVES EXPECTED Q WAVES, IF PRESENT, CAN NORMALLY BE ANY SIZE

GENERAL RULES FOR NORMAL Q WAVES - WIDTH



LESS THAN .40 (1 mm) WIDE

GENERAL RULES FOR NORMAL Q WAVES - HEIGHT





LESS THAN 1/3 THE HEIGHT OF THE R WAVE

NORMAL Q WAVES EXCEPTIONS TO THE RULES



LEAD AVR LEAD III

THE Q WAVE CAN BE ANY SIZE

NORMAL Q WAVES EXCEPTIONS TO THE RULES

THERE
SHOULD BE NO Q
WAVES PRESENT
IN LEADS: V1
V2
V3



Q WAVE RULES - SUMMARY:

- Q WAVES SHOULD BE LESS THAN .40 WIDE (1 mm)
- Q WAVES SHOULD BE LESS THAN 1/3 THE HEIGHT OF THE R WAVE
- Q WAVES CAN BE ANY SIZE IN LEADS III and AVR
- THERE SHOULD BE NO Q WAVES IN LEADS V1, V2, or V3

The NORMAL ECG

ASSESSING AXIS ROTATION

NORMAL R - WAVE PROGRESSION



R wave amplitude (size) gradually increases from V1 through V6 . . .

The NORMAL ECG



In V3 or V4, the QRS complex becomes Biphasic.

"Poor R Wave Progression"

LATE TRANSITION - COMMON CAUSES



- LEFT BUNDLE BRANCH BLOCK
- OLD ANTERIOR WALL M.I.
- LEFT VENTRICULAR HYPERTROPHY
- WOLFF-PARKINSON-WHITE SYNDROME (R. ATRIUM - R. VENTRICLE BYPASS TRACT)

Anterior Wall necrosis ("old MI") is a common cause of "Poor R Wave Progression".

EVOLVING STEMI: -ST SEGMENTS DROP -Q WAVES FORM -R WAVE PROGRESSION CHANGES IN PRECORDIAL Q WAVE RULES - SUMMARY: LEADS. - Q WAVES SHOULD BE LESS THAN .40 WIDE (1 mm)

- Q WAVES SHOULD BE LESS THAN 1/3 THE HEIGHT OF THE R WAVE
- Q WAVES CAN BE ANY SIZE IN LEADS III and AVR
- THERE SHOULD BE NO Q WAVES IN LEADS V1, V2, or V3

EVOLVING STEMI: -ST SEGMENTS DROP -Q WAVES FORM -R WAVE PROGRESSION CHANGES **IN PRECORDIAL** LEADS.



ACUTE ANTERIOR WALL STEMI



EVOLVING ANTERIOR WALL STEMI



FULLY EVOLVED ANTERIOR WALL MI

