

### Serial ECGs

- Use the first ECGs as your "baseline."
- ECGs obtained later, compare them to the first (baseline) ECG.
- Look for changes to the J Point, ST Segment and T waves of every lead.
- Your patient's J Points, ST Segments and T waves SHOULD NEVER CHANGE.
- Changes to the patients J Points, ST Segments and T waves are indicative of EVOLVING ISCHEMIA.
   Cardiologist should be notified ASAP

## NORMAL ST - T WAVES

- WHEN QRS WIDTH IS NORMAL (< 120 ms)



### ASSESS:

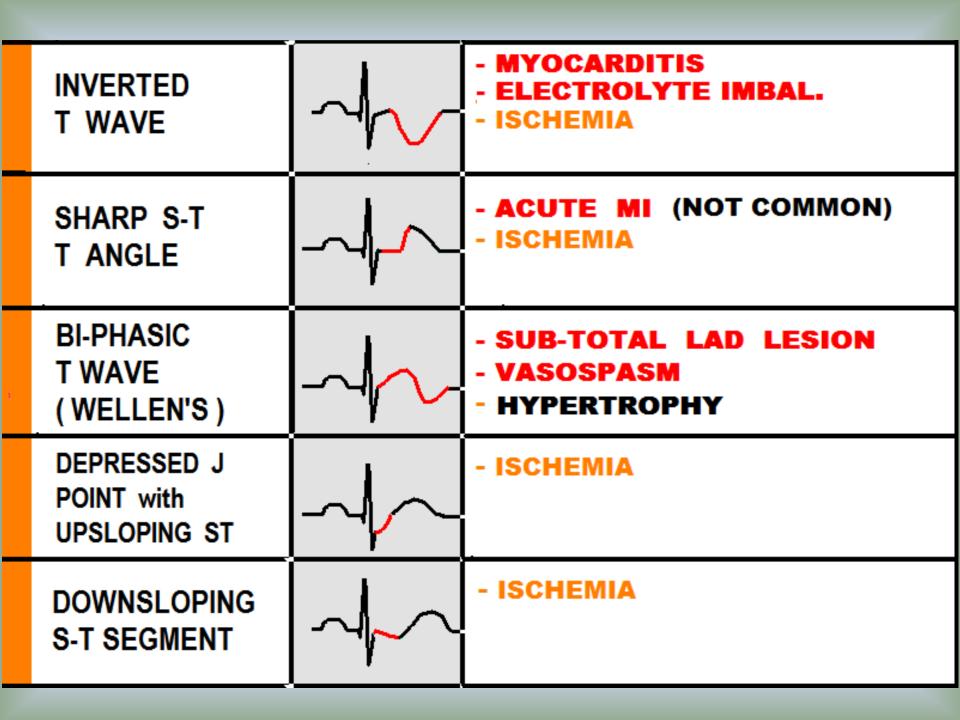
- J POINT: ISOELECTRIC (or < 1 mm dev.)

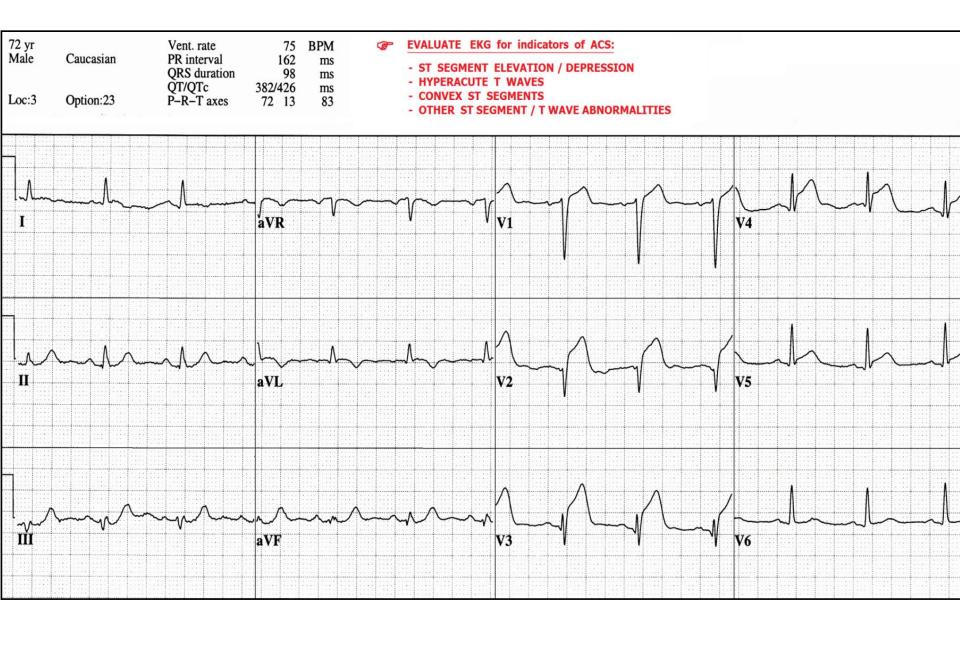
- ST SEG: SLIGHT, POSITIVE INCLINATION

- T WAVE: UPRIGHT, POSITIVE



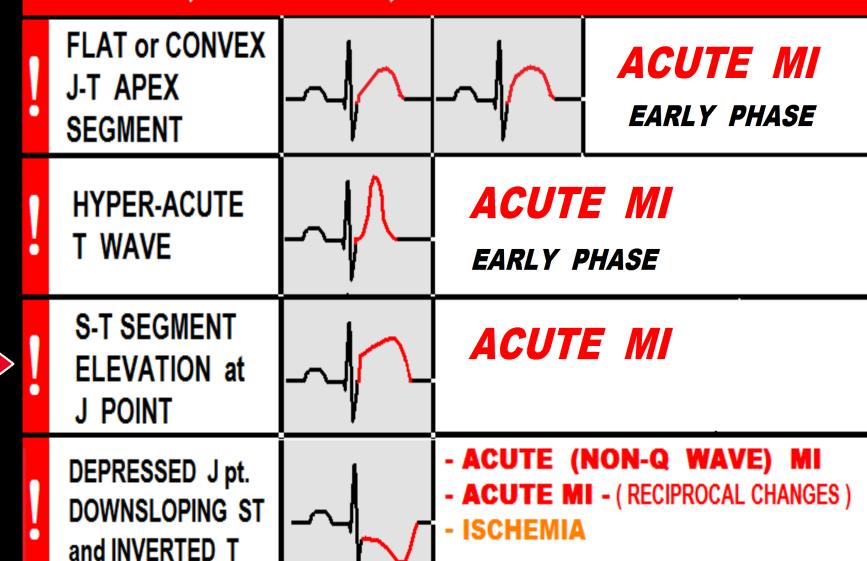
🧽 in EVERY LEAD EXCEPT aVR !!





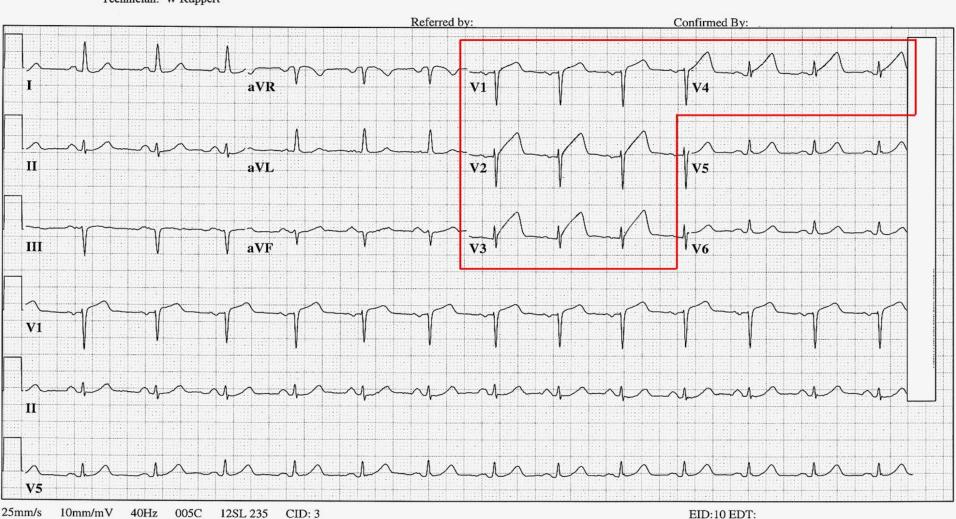
# PATTERNS of ACS & ISCHEMIA

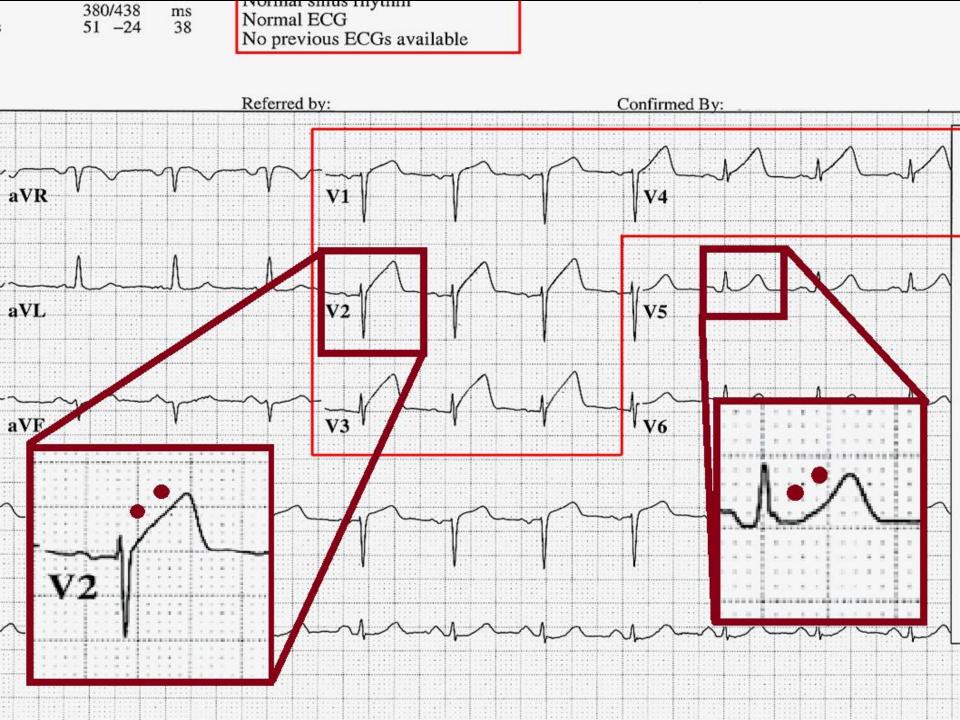
-- J POINT, ST SEGMENT, and T WAVE ABNORMALITIES --



56 yr Male Vent. rate 80 BPM \*\*UNEDITED COPY - REPORT IS COMPUTER GENERATED ONLY, WITHOUT Caucasian PR interval 154 ms PHYSICIAN INTERPRETATION QRS duration 78 ms Normal sinus rhythm Room:A9 QT/QTc P-R-T axes 380/438 ms Normal ECG No previous ECGs available Loc:3 Option:23 51 -24 38

Technician: W Ruppert





CHANGES
ASSOCIATED
WITH
CELLULAR
PERFUSION
INVOLVING
THE:

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- QRS
- J POINT
- ST SEGMENT
- T WAVE

#### NORMAL STATE OF PERFUSION

ARTERIAL BLOCKAGES → NONE SIGNIFICANT
CELLULAR OXYGENATION → NORMAL
CELLULAR METABOLISM → AEROBIC
CELLULAR FUNCTION → NORMAL CONTRACTION



EKG: J POINT ISOELECTRIC, ST SEG "SLIGHT, POSTIVE INCLINATION, T WAVE POSITIVE, UPRIGHT.

#### **ISCHEMIA**

ARTERIAL BLOCKAGES → PARTIAL OBSTRUCTION
CELLULAR OXYGENATION → INSUFFICIENT
CELLULAR METABOLISM → AEROBIC
CELLULAR FUNCTION → REDUCED CONTRACTION
PATIENT SYMPTOMS → POSSIBLE, WITH EXERTION



EKG: J POINT DEPRESSED, ST SEGMENT VARIES, T WAVE VARIES

#### **INFARCTION**

ARTERIAL BLOCKAGES → TOTAL OBSTRUCTION
CELLULAR OXYGENATION → NONE
CELLULAR METABOLISM → ANAEROBIC CELL BEGINS TO
BURN GLYCOGEN RESERVES
CELLULAR FUNCTION → STOPS CONTRACTING
PATIENT SYMPTOMS → TYPICAL or ATYPICAL ACS SX



EKG - INDICATIVE: J POINT ELEVATES, ST SEGMENT CONVEX, T WAVE POSITIVE, MAY ENLARGE EKG - RECIPROCAL: J POINT DEPRESSES. ST SEGMENT DOWNSLOPING. T WAVE INVERTED

#### **NECROSIS**

ARTERIAL BLOCKAGES → TOTAL OBSTRUCTION
CELLULAR OXYGENATION → NONE
CELLULAR METABOLISM → CELL DIES WHEN GLYCOGEN
RESERVES DEPLETED.



CELLULAR FUNCTION → NONE. CELL DEAD.

PATIENT SYMPTOMS → POSS. HYPOTENSION, DEATH

EKG-INDICATIVE: J POINTS, ST SEGMENTS NORMALIZE; ABNORMAL Q WAVES FORM EKG-RECIPROCAL: J POINTS, ST SEGMENTS NORMALIZE; ABNORMAL TALL R WAVES FORM