STAT 12 Lead ECG Workshop: Basics & ACS

Citrus County Fire Rescue – Session 2

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ECG CRITERIA for DIAGNOSIS of STEMI:

(ST ELEVATION @ J POINT)

*LEADS V2 and V3:

MALES AGE 40 and up ----- 2.0 mm

(MALES LESS THAN 40----- 2.5 mm)

FEMALES ----- 1.5 mm

ALL OTHER LEADS: 1.0 mm or more,

1.0 mm or more, in TWO or more CONTIGUOUS LEADS

* P. Rautaharju et al, "<u>Standardization and Interpretation</u> <u>of the ECG</u>," JACC 2009;(53)No.11:982-991

STEMI Criteria for 18 Lead ECGs:

Right-Sided Chest Leads (V3R – V6R): <u>0.5</u> mm

Posterior Chest Leads (V7 – V9): <u>0.5</u> mm

* P. Rautaharju et al, "<u>Standardization and Interpretation</u> of the ECG," JACC 2009;(53)No.11:982-991

STEMI Criteria for 18 Lead ECGs:

Right-Sided Chest Leads (V3R – V6R): ____m

Posterior Chest Leads (V7 – V9): ____ mm

* P. Rautaharju et al, "<u>Standardization and Interpretation</u> <u>of the ECG</u>," JACC 2009;(53)No.11:982-991

ST SEGMENT ELEVATION:

S-T SEGMENTS ELEVATE WITHIN SECONDS OF CORONARY ARTERY OCCLUSION:



IN THIS CASE, a normal response to balloon occlusion of the RIGHT CORONARY ARTERY during PTCA in the CARDIAC CATH LAB

3 COMMON PATTERNS of ST SEGMENT ELEVATION From ACUTE MI:



ST SEGMENT ELEVATION in ACUTE MI:

The following samples are from patients with ACUTE MI, as confirmed by discovery of total arterial occlusion in the Cardiac Cath Lab:



Reciprocal S-T Segment Depression *may* or *may not* be present during AMI.

The presence of S-T Depression on an EKG which exhibits significant S-T elevation is a fairly reliable indicator that AMI is the diagnosis.

However the *lack of Reciprocal S-T Depression* DOES NOT rule out AMI.

ACUTE MI

COMPLICATIONS TO ANTICIPATE FOR ALL MI PATIENTS :





FAILURE OF STRUCTURE(S) SERVED BY THE BLOCKED ARTERY

INTERPRET THE EKG, THEN:

IDENTIFY THE AREA OF THE HEART WITH A PROBLEM . . . RECALL THE ARTERY WHICH SERVES THAT REGION . . . RECALL OTHER STRUCTURES SERVED BY THAT ARTERY ... ANTICIPATE FAILURE OF THOSE STRUCTURES . . . • INTERVENE APPROPRIATELY!



STEMI Case Studies, excerpts from "12 Lead **ECG Interpretation in ACS** with Case Studies from the Cardiac Cath Lab."

CASE STUDY 1 - STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

72 y/o male, c/o CHEST "HEAVINESS," started 20 minutes before calling 911. Pain is "8" on 1-10 scale, also c/o mild shortness of breath. Has had same pain "intermittently" x 2 weeks.

RISK FACTOR PROFILE:

FAMILY HISTORY - father died of MI at age 77
 FORMER CIGARETTE SMOKER - smoked for 30 year - quit 27 years ago
 DIABETES - oral meds and diet controlled
 HIGH CHOLESTEROL - controlled with STATIN meds
 AGE: OVER 65

PHYSICAL EXAM: Patient calm, alert, oriented X 4, skin cool, dry, pale. No JVD, Lungs clear bilaterally. Heart sounds normal S1, S2. No peripheral edema.

VITAL SIGNS: BP: 100/64, P: 75, R: 20, SAO2: 94%

LABS: FIRST TROPONIN: 6.4



72 yr Male	Caucasian	Vent. rate	75	BPM	Normal sinus rhythm	
Wale	Caucasian	QRS duration	98	ms	*** ** ** ** ACUTE MI ** ** **	ST SEGMENT ELEVATION
Loc:	Option:2	P-R-T axes	72 13	83	Abnormal ECG	



Note: There is NO Reciprocal ST Depression on this STEMI ECG !



V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE





V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE



OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY



OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY



LAD DISTRIBUTION

35-45% of LV MUSCLE MASS

9

FUNCTION Α **BLOCKAGE** OF THE LAD CAN RESULT IN * CARDIOGENIC SHOCK LV PUMP FAILURE --**PULMONARY EDEMA**



LEFT ANTERIOR DESCENDING ARTERY (LAD)

- ANTERIOR WALL OF LEFT VENTRICLE
- 35-45% OF LEFT VENTRICLE MUSCLE MASS
 - SEPTUM, ANTERIOR 2/3
 - **BUNDLE BRANCHES**
 - ANTERIOR-MEDIAL PAPILLARY MUSCLE

ANTICIPATED COMPLICATIONS of ANTERIOR-SEPTAL WALL STEMI & POSSIBLE INDICATED INTERVENTIONS:

- CARDIAC ARREST	BCLS / ACLS
- CARDIAC DYSRHYTHMIAS (VT / VF)	ACLS (antiarrhythmics)
- PUMP FAILURE with	INOTROPE THERAPY:
CARDIOGENIC SHOCK	-DOPAMINE / DOBUTAMINE /
	LEVOPHED
	- INTRA-AORTIC BALLOON PUMP
	(use caution with fluid challenges
	due to PULMONARY EDEMA)
- PULMONARY EDEMA	- CPAP
	- ET INTUBATION
	(use caution with dieuretics due to
	pump failure and hypotension)
- 3rd DEGREE HEART BLOCK - NOT	TRANSCUTANEOUS or
RESPONSIVE TO ATROPINE	TRANSVENOUS PACING



POST PTCA/STENT TO MID LAD





CASE STUDY 2: STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

46 y/o Female walks into ED TRIAGE, with chief complaint of EPIGASTRIC PAIN, NAUSEA and WEAKNESS. Symptoms have been intermittent for last two days. She was awakened early this morning with the above symptoms, which are now PERSISTENT.

RISK FACTOR PROFILE:



FAMILY HISTORY - father died of CAD, older brother had CABG, age 39 DIABETES - diet controlled HYPERTENSION

PHYSICAL EXAM: Pt. CAOx4, anxious, SKIN cold, clammy, diaphoretic. No JVD. Lungs: clear, bilaterally. Heart Sounds: Normal S1, S2.

VITAL SIGNS: BP: 168/98, P: 110, R: 24, SAO2: 97% on O2 4 LPM via nasal canula

LABS: TROPONIN ultra = 2.8



CASE STUDY QUESTIONS:

NOTE LEADS WITH ST ELEVATION:	NOTE LEADS WITH ST DEPRESSION:
WHAT IS THE SUSPECTED DIAGNOSIS ?	
WHAT IS THE "CULPRIT ARTERY" if applicable ?	
LIST ANY CRITICAL STRUCTURES COMPROMISED:	LIST ANY POTENTIAL COMPLICATIONS:

46 yr	Vent. rate	109	BPM
Female	PR interval	132	ms
	QRS duration	82	ms
Room:ER	QT/QTc	346/465	ms
	P-R-T axes	60 11	-32

Sinus tachycardia Left ventricular hypertrophy with repolarization abnormality ST elevation consider lateral injury or acute infarct

*** ** ** ** * ACUTE MI ** ** ** **





LEADS I and aVL view the ANTERIOR-LATERAL JUNCTION





OCCLUSION of RAMUS ARTERY



OCCLUSION of OBTUSE MARGINAL ARTERY



CASE PROGRESSION: As the patient was being prepared for transport to the Cardiac Cath Lab, she experienced an episode of Ventricular Fibrillation.















CASE STUDY SUMMARY					
ST ELEVATION: I, aVL	ST DEPRESSION: II, III, aVF, V3 - V5				
SUSPECTED DIAGNOSIS: ACUTE LATERAL WALL M.I.					
SUSPECTED "CULPRIT ARTERY" (if applicable):					
USUALLY ONE OF THE SMALLER SIDE-BRAN	ICH ARTERIES:				
1. DIAGONAL ARTERY. (This is a side-bra	anch artery off of the LEFT ANTERIOR DESCENDING (LAD) artery.				
2. OBTUSE MARGINAL ARTERY. (This is a side-branch artery off of the CIRCUMFLEX artery)					
3. RAMUS ARTERY.					
 BE PREPARED TO MANAGE SUDDEN CARDIAC STAT REPERFUSION THERAPY: THROMBOLY CONSIDER NEEDS FOR ANTI-PLATELET and All 	ARREST (PRIMARY V - FIB / V- TACH, BRADYCARDIAS / HEART BLOCKS) TICS vs. CARDIAC CATHETERIZATION and PCI NTI-COAGULATION THERAPY				
CRITICAL STRUCTURES COMPROMISED: POTE	NTIAL COMPLICATIONS: POSSIBLE CRITICAL INTERVENTIONS:				
●** 15-30% of the LV	POSSIBLE MODERATE INOTROPIC AGENTS				
MUSCLE MASS	LV PUMP FAILURE ET INTUBATION				
	I.A.B.P. INSERTION				
CASE STUDY 3: STEM

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

29 y/o male presents to the ER c/o "HEAVY CHEST PRESSURE" x 30 minutes. The patient states he was playing football with friends after eating a large meal. Pt. also c/o nausea. Denies DIB.

RISK FACTOR PROFILE:

- FAMILY HISTORY father died of MI age 46
- CURRENT CIGARETTE SMOKER
- "MILD" HYPERTENSION untreated
- CHOLESTEROL unknown "never had it checked."

PHYSICAL EXAM: Patient alert, oriented X 4, skin cool, dry, pale. Patient restless. No JVD, Lungs clear bilaterally. Heart sounds normal S1, S2. No peripheral edema.

VITAL SIGNS: BP: 104/78, P: 76, R: 20, SAO2: 96%

LABS: INITIAL CARDIAC MARKERS - NEGATIVE





The difference between the current and previous ANTERIOR WALL STEMI case studies is that in THIS case study, RECIPROCAL ST DEPRESSION is present in the Inferior Leads, II, III and AVF.

In the PREVIOUS case study, there was NO RECIPROCAL ST DEPRESSION.

Here is the reason

When Reciprocal S-T Segment Depression is noted on the 12 Lead ECG during STEMI, it is a fairly reliable indicator that the lesion is located in the <u>PROXIMAL</u> aspect of the affected CORONARY ARTERY. When Reciprocal S-T Segment Depression is noted on the 12 Lead ECG during STEMI, it is a fairly reliable indicator that the lesion is located in the PROXIMAL aspect of the affected CORONARY ARTERY.

In general terms, when the lesion is located more proximally, the zone of infarction is more extensive, and the complications (pump failure, cardiogenic shock) are often more profound.



Reciprocal ST Depression is NOW PRESENT Additional ST Elevation is

present in Leads I, AVL









OCCLUSION of DIAGONAL ARTERY



OCCLUSION of MID - LEFT ANTERIOR DESCENDING ARTERY



OCCLUSION of PROXIMAL LEFT ANTERIOR DESCENDING ARTERY







OCCLUSION of PROXIMAL LEFT ANTERIOR DESCENDING ARTERY



ANTICIPATED COMPLICATIONS of ANTERIOR-SEPTAL WALL STEMI & POSSIBLE INDICATED INTERVENTIONS:

- CARDIAC ARREST	BCLS / ACLS
- CARDIAC DYSRHYTHMIAS (VT / VF)	ACLS (antiarrhythmics)
- PUMP FAILURE with	INOTROPE THERAPY:
CARDIOGENIC SHOCK	-DOPAMINE / DOBUTAMINE /
	LEVOPHED
	- INTRA-AORTIC BALLOON PUMP
	(use caution with fluid challenges
	due to PULMONARY EDEMA)
ΟΙ ΙΙ ΜΟΝΙΛΟΥ ΕΝΕΜΙΛ	
	- LI INTODATION
	(use caution with dieuretics due to
	pump failure and hypotension)
- 3rd DEGREE HEART BLOCK - NOT	TRANSCUTANEOUS or
RESPONSIVE TO ATROPINE	TRANSVENOUS PACING

WHILE AWAITING THE CATH TEAM, THE PATIENT BEGAN VOMITING. SKIN BECAME ASHEN & DIAPHORETIC. REPEAT BP = 50/30. -WHAT THERAPEUTIC INTERVENTIONS SHOULD BE IMPLMENTED AT THIS POINT ?



PROXIMAL OCCLUSION of the LEFT ANTERIOR DESCENDING Artery

> POST PTCA _____ and STENT to the PROXIMAL LAD

CASE STUDY 4: CRITICAL DECISIONS SCENARIO

As per current AHA recommendations, your hospital's policy is to send every STEMI patient to the Cardiac Catheterization Lab for emergency PCI.

You are the ranking medical officer on duty in the ED when two acute STEMI patients arrive, ten minutes apart. The Cath Lab has one lab open, and can take ONE patient immediately. Both patients duration of symptoms and state of hemodynamic stability are similar.





And

PATIENT B: 36 y/o MALE, CHEST PAIN x 1 HOUR, BP: 80/48, P: 120, R: 28 CARDIAC MARKERS: NEGATIVE

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WHAT WOULD YOU DO WITH THE PATIENT WHO DID NOT GO TO THE CATH LAB ?





TOTAL OCCLUSION of LEFT MAIN CORONARY ARTERY

PATIENT A:



PATIENT B:

36 yr Male Vent. rate 123 **BPM** Sinus tachycardia with short PR ACUTE STEMI caused by Left ventricular hypertrophy with QRS widening Caucasian PR interval 96 105 QRS duration 130 Cannot rule out Septal infarct , age undetermined ITB LEFT MAIN CORONARY 310/443 Room:C-QT/QTc 43 Lateral injury pattern ACUTE MI Loc:3 P-R-T aves * -53 ARTERY OCCLUSION AVR 14 1 ш \$6 ECG CLUES of ACUTE M ST ELEVATION in leads 1 and aVL \mathbf{V} INCONSISTENCY of ST SEGEMENT in leads V1 · V6 : V1 · V3 ST ELEVATION, V4 - V6 ST DEPRESSION STEMI caused by (COMPETING FORCES of ANTERIOR vs. POSTERIOR M.I.) LEFT MAIN CORONARY \checkmark PATTERN of LEFT ANTERIOR FASCICULAR BLOCK (POS. QRS lead I; NEG rS leads II, III) ARTERY OCCLUSION: \checkmark ST ELEVATION in lead aVR > 0.5 mm Atrial fibrillation with rapid ventricular response 43 yr Male 183 BPM Vent, rate ACUTE STEMI caused by PR interval ٠ with premature ventricular or aberrantly conducted complexes ms 106 **ORS** duration ma LEFT MAIN CORONARY Left axis deviation QT/QTc 240/418 mes ST elevation consider anterolateral injury or acute infarct ARTERY OCCLUSION P-R-T axes * -34 -18 ** ** ** ** * ACUTE MI * ** ** ** ** WW why which ECG CLUES of ACUTE \checkmark ST ELEVATION in leads | and aVL STEMI caused by INCONSISTENCY of ST SEGEMENT in leads V1-V6: V1-V2 ST ELEVATION, V3-V6 ST DEPRESSION LEFT MAIN CORONARY (COMPETING FORCES of ANTERIOR vs. POSTERIOR M.I.) PATTERN of LEFT ANTERIOR FASCICULAR BLOCK (POS. QRS lead I; NEG rS leads II, III) ARTERY OCCLUSION:



STEMI caused by S LEFT MAIN CORONARY S ARTERY OCCLUSION: S

✓ ST ELEVATION IN LEADS 1, aVL, V1 - V6
✓ ST ELEVATION IN aVR GREATER THAN 0.5 mm
✓ ST ELEVATION IN aVR GREATER THAN LEAD V1
✓ LEFT ANTERIOR FASCICULAR BLOCK PATTERN



Despite the dismal mortality rate associated with STEMI from total LMCA occlusion, this patient survived and was later discharged. His EF is estimated at approximately 30%. He received an ICD, and is currently stable.





CASE STUDY 4: CRITICAL DECISIONS SCENARIO

CONCLUSIONS:

- QUESTION 1: WHICH PATIENT SHOULD BE TAKEN FIRST FOR IMMEDIATE CARDIAC CATHETERIZATION for EMERGENCY PCI ?
- ANSWER: PATIENT B was taken emergently to the Cardiac Cath Lab both the ED physician and the Interventional Cardiologist correctly identified the EKG patterns of LMCA occlusion.
- QUESTION 2: WHAT COURSE OF ACTION SHOULD BE TAKEN WITH THE PATIENT NOT CHOSEN TO BE SENT TO THE CATH LAB FIRST?
- ANSWER: PATIENT A received thrombolytic therapy in the ED. It was determined that THROMBOLYTIC THERAPY would achieve the FASTEST ROUTE to REPERFUSION ---- by at least 60 minutes.

CASE STUDY 7 - STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

46 yr. old MALE arrives in ER, C/O SUDDEN ONSET OF CHEST PRESSURE 45 MINUTES AGO. PAIN IS CONSTANT, PRESSURE-LIKE, AND NOT EFFECTED BY POSITION, MOVEMENT or DEEP INSPIRATION. ALSO C/O D.I.B.

RISK FACTOR PROFILE:



LABS: TROPONIN: < .04











- 🎗 —> HELPFUL HINT ... MEMORIZE THIS ! 🔶 **RIGHT CORONARY ARTERY (RCA)** HT DOMINANT SYSTEMS RIGHT ATRIUM SINUS NODE (55% of the population) RIGHT VENTRICLE - 100 % of muscle mass LEFT VENTRICLE: 15 - 25 % of muscle mass - INFERIOR WALL - approx. 1/2 of POSTERIOR WALL AV NODE

ANTICIPATED COMPLICATIONS of INFERIOR WALL STEMI secondary to RCA Occlusion & POSSIBLE INDICATED INTERVENTIONS:

- CARDIAC ARREST	BCLS / ACLS
- CARDIAC DYSRHYTHMIAS (VT / VF)	ACLS (antiarrhythmics)
- SINUS BRADYCARDIA	ATROPINE 0.5mg, REPEAT as needed UP TO 3mg. (follow ACLS and/or UNIT protocols)
- HEART BLOCKS (1st, 2nd & 3rd Degree HB)	ATROPINE 0.5mg, REPEAT as needed UP TO 3mg, Transcutaneous Pacing, (follow ACLS and/or UNIT protocols)
- RIGHT VENTRICULAR MYOCARDIAL INFARCTION	 The standard 12 Lead ECG does NOT view the Right Ventricle. You must do a RIGHT-SIDED ECG to see if RV MI is present. Do NOT give any Inferior Wall STEMI patient NITRATES or DIURETICS until RV MI has been RULED OUT.
- POSTERIOR WALL INFARCTION	 POSTERIOR WALL MI presents on the 12 Lead ECG as ST DEPRESSION in Leads V1 - V3. POSTERIOR WALL MI is NOT PRESENT ON THIS ECG.



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A standard

12 LEAD EKG

Does NOT show the

RIGHT VENTRICLE

To see the RIGHT VENTRICLE ...

... such as in cases of INFERIOR WALL M.I.

@ You must do a RIGHT - SIDED EKG!!

V4R - V6R VIEW THE RIGHT VENTRICLE


RV MI STEMI Criteria:

 ST Elevation of <u>0.5</u>mm (0.5mv) or more in Leads V3R, V4R, V5R or V6R

RV MI STEMI Criteria:

 ST Elevation of ____mm (0.5mv) or more in Leads V3R, V4R, V5R or V6R



RIGHT VENTRICULAR STEMI is indicated when ST Segment Elevation of 0.5mv is present.

IN EVERY CASE of

INFERIOR WALL STEMI

You must first *RULE OUT* **RIGHT VENTRICULAR MI BEFORE** giving any:

- NITROGLYCERIN
- Diuretics

Nitroglycerin & Diuretics are **CLASS III CONTRINDICATED** in **RIGHT VENTRICULAR MI ! !* They precipitate SEVERE HYPOTENSION**

* A.H.A. ACLS 2010 / 2015

INFERIOR - RIGHT VENTRICULAR MI



ANTICIPATED COMPLICATIONS of INFERIOR - RIGHT VENRICULAR WALL STEMI secondary to PROXIMAL RCA Occlusion & POSSIBLE INDICATED INTERVENTIONS:

- CARDIAC ARREST	BCLS / ACLS
- CARDIAC DYSRHYTHMIAS (VT / VF)	ACLS (antiarrhythmics)
- SINUS BRADYCARDIA	ATROPINE 0.5mg, REPEAT as needed UP TO 3mg. (follow ACLS and/or UNIT protocols)
- HEART BLOCKS (1st, 2nd & 3rd Degree HB)	ATROPINE 0.5mg, REPEAT as needed UP TO 3mg, Transcutaneous Pacing, (follow ACLS and/or UNIT protocols)
- RIGHT VENTRICULAR MYOCARDIAL INFARCTION	 NITRATES and DIURETICS are CONTRA- INDICATED. TREAT HYPOTENSION WITH FLUIDS. (It is Not uncommon to give 500-2000ml of NORMAL SALINE to stabilize BP.
- POSTERIOR WALL INFARCTION	 POSTERIOR WALL MI presents on the 12 Lead ECG as ST DEPRESSION in Leads V1 - V3. POSTERIOR WALL MI is NOT PRESENT ON THIS ECG.

If this patient becomes HYPOTENSIVE







CASE STUDY 9 - STEMI

CHIEF COMPLAINT and SIGNIFICANT HISTORY:

42 y/o MALE arrived via EMS, c/o "HEAVY CHEST PRESSURE," SHORTNESS of BREATH X 40 min. He has experienced V-FIB and been DEFIBRILLATED multiple times

RISK FACTOR PROFILE:

- CIGARETTE SMOKER
- HYPERTENSION
- HIGH LDL CHOLESTEROL

PHYSICAL EXAM: Patient is alert & oriented x 4, ANXIOUS, with COOL, PALE, DIAPHORETIC SKIN. C/O NAUSEA, and is VOMITING. LUNG SOUNDS: COARSE CRACKLES, BASES, bilaterally VITAL SIGNS: BP: 80/40 P: 70 R: 32 SAO2: 92% on 15 LPM O2

LABS: TROPONIN: < .04

SHOCK ASSESSMENT

LOC:	ANXIOUS RESTLESS LETHARGIC UNCONSCIOUS	AWAKE ALERT & ORIENTED
SKIN:	PALE / ASHEN CYANOTIC COOL DIAPHORETIC	NORMAL HUE WARM DRY
BREATHING:	TACHYPNEA	NORMAL
PULSE:	WEAK / THREADY TOO FAST or SLOW	STRONG
STATUS:	SHOCK S	NORMAL

42 yr Male	Caucasian	Vent. rate PR interval	69 196	BPM
	Cancelonin	QRS duration	98	ms
Loc:3	Option:23	P-R-T axes	388/415 14 28	ms 81

C EVALUATE EKG for indicators of ACS:

- ST SEGMENT ELEVATION / DEPRESSION
- HYPERACUTE T WAVES
- CONVEX ST SEGMENTS
- OTHER ST SEGMENT / TWAVE ABNORMALITIES



CASE STUDY QUESTIONS:

NOTE LEADS WITH ST ELEVATION:	NOTE LEADS WITH ST DEPRESSION:
WHAT IS THE SUSPECTED DIAGNOSIS ?	
WHAT IS THE "CULPRIT ARTERY" if applicable ?	
LIST ANY CRITICAL STRUCTURES COMPROMISED:	LIST ANY POTENTIAL COMPLICATIONS:

42 yr		Vent. rate	69	BPM
Male	Caucasian	PR interval	196	ms
	QRS duration	98	ms	
		QT/QTc	388/415	ms
Loc:3	Option:23	P-R-T axes	14 28	81

*** Acute MI ***

Inferior-Posterior-Lateral Injury Pattern









Both patients will present with INFERIOR WALL STEMI (ST elevation leads II, III and AVF):



Occlusion of **DOMINANT Circumflex** typically presents with more:

- ST Depression Leads V1 V3 (Posterior MI)
- ST Elevation Leads V5, V6 (Lateral MI)

Usually has PROFOUND Cardiogenic Shock ALMOST NEVER has Right Ventricular MI Occlusion of DOMINANT RCA typically presents with VERY LITTLE or NO:

- ST Depression Leads V1-V3
- ST Elevation Leads V5, V6

Usually NO Cardiogenic Shock, good BP OFTEN has Right Ventricular MI









"NOWHERE", NEW MEXICO, 1994

Case Study-January 2019

- 79 y/o female complaining of "L arm pain, and minimal chest pain"
- EMS 12 Lead ECGs show ST Depression in Anterior Leads V1-V4. There is NO ST Elevation.....



Initial Exam in ED

• Upon arrival in ED, 12 Lead ECG confirmed EMS findings: ST Depression in Leads V1-V4.



Causes of ST Depression V1-V4

- Anterior Wall ischemia
- Anterior Wall NSTEMI (partial wall thickness myocardial infarction)
- Posterior Wall STEMI

Posterior Wall STEMI....

 Does not show ST elevation on standard 12 lead ECG because NONE of the 12 leads view the Posterior Wall directly....



Posterior Wall STEMI....

- Often shows NO ST Elevation on the standard 12 Lead ECG.
- Will show up on standard 12 Lead ECG as "ST Depression" (Reciprocal) in Leads V1-V3 (sometimes V4-V6, too).

V1-V3 see the Posterior Wall ONLY through RECIPROCAL changes (ST Depression)





Posterior Wall STEMI....

 To see ST Elevation from a Posterior Wall STEMI, you must place ECG leads on the patient's back...

If we put ECG leads on the BACK of a PATIENT who is having an ACUTE POSTERIOR WALL MI.....



Continued Exam in the ED....

- Upon noting ST Depression in Anterior Leads V1-V4, ED Paramedic Gary Polizzi place three leads on the patient's back. Gary used the lead wires for V4, V5 and V6, with placement as shown here:
- The "Posterior Lead ECG" is seen on the next slide.....



Posterior STEMI Criteria:

 ST Elevation of <u>0.5</u>mm (0.5mv) or more in Leads V7, V8 and/or V9

Posterior STEMI Criteria:

 ST Elevation of ____mm (0.5mv) or more in Leads V7, V8 and/or V9



STEMI Alert !

Upon seeing "Significant ST Elevation in TWO or more CONTIGUOUS LEADS, the ED physician diagnosed "Posterior Wall STEMI," a STEMI Alert was issued, and the patient was taken immediately to the cardiac cath lab, where the following images were obtained......






SUMMARY

- Whenever ST Depression is noted in Anterior Leads (V1-V4), it could indicate that Acute Posterior Wall STEMI is present.
- To rule-out Posterior Wall STEMI, a "posterior lead ECG" (V7 – V9) must be obtained.
- In THIS CASE, Posterior Wall STEMI was diagnosed via Posterior Lead ECG.
- STEMI Alert was issued, with a Door-to-PCI time of 53 minutes.



Evaluating the ECG for ACS:





 Determine RIGHT vs. LEFT Bundle Branch Block Pattern

Simple "Turn Signal Method" . . .

THE "TURN SIGNAL METHOD" for identifying BUNDLE BRANCH BLOCK

USE LEAD V1 for this technique

To make a **RIGHT TURN**

you push the turn signal lever UP.....

THINK:

V1

V1

"QRS points UP = RIGHT BUNDLE BRANCH BLOCK"



To make a **LEFT TURN** you push the turn signal lever **DOWN**

THINK:

"QRS points DOWN = LEFT BUNDLE BRANCH BLOCK"

"Terminal Phase of QRS Method"...

DIAGNOSING BUNDLE BRANCH BLOCK



USING LEAD V1

- QRS WIDER THAN 120 ms
- BEAT IS SUPRAVENTRICULAR IN ORIGIN
- TERMINAL PHASE OF QRS COMPLEX (LAST DEFLECTION)

NEGATIVE = LEFT BUNDLE BRANCH BLOCK

- POSITIVE = RIGHT BUNDLE BRANCH BLOCK

DIAGNOSING LBBB IN LEAD V1:



- QRS GREATER THAN 120 ms (.12)
- EVIDENCE THAT THIS IS NOT VENTRICULAR BEAT
- TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS NEGATIVE DEFLECTION
- S-T SEGMENTS ARE NORMALLY ALWAYS ELEVATED !

DIAGNOSING RBBB IN LEAD V1:



- WIDER THAN 120 ms (.12)
- (or 3 little boxes)
- TERMINAL PHASE (LAST PART) OF QRS COMPLEX IS POSITIVE DEFLECTION

DIAGNOSING BUNDLE BRANCH BLOCK

USING LEADS V1, V2, and V5, V6:

LOCATING RsR' or RR' COMPLEXES:



RIGHT BUNDLE BRANCH BLOCK



LEFT BUNDLE BRANCH BLOCK

From: "Rapid Interpretation of ECGs" by Dale Dubin, MD



TERMINAL PHASE OF QRS IS POSITIVE



= RIGHT BUNDLE BRANCH BLOCK

09:16:40

74 yr Female	Caucasian	Vent. rate PR interval QRS duration QT/QTc	64 188 152 472/486	BPM ms ms ms	Normal sinus rhythm Left bundle branch block Abnormal ECG When compared with ECG of 28–MAY–2003 06:36,
Loc:7	Option:35	P-R-T axes	78 3	106	
		EKG #WR030	KG #WR03029959		

Technician: WW



TERMINAL PHASE OF QRS IS **NEGATIVE**



= LEFT BUNDLE BRANCH BLOCK

- When RIGHT Bundle Branch Block pattern is present:
 - Precordial Leads typically demonstrate ST
 Depression and T wave Inversion



- When RIGHT Bundle Branch Block pattern is present:
 - Precordial Leads typically demonstrate ST
 Depression and T wave Inversion
 - DOES NOT MASK STEMI; when ST Elevation is noted, CONSIDER STEMI ! !

RBBB with CHEST PAIN - CASE 1: ST ELEVATION IN LEADS V1 - V4



CATH LAB FINDINGS: TOTAL OCCLUSION of mid - LEFT ANTERIOR DESCENDING ARTERY.





RBBB with CHEST PAIN - CASE 3: ST ELEVATION V3 - V6, II, III, aVF



When LBBB QRS pattern is present:

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 - Can cause up to 5mm of J Point Elevation in normally calibrated ECG (1mm=10mv)

- When LBBB QRS pattern is present:
 - -ST-Segment Elevation is typically noted in Precordial Leads
 - Can cause up to 5mm of J Point Elevation in normally calibrated ECG (1mm=10mv)
 - Does NOT typically cause ST elevation in INFERIOR Leads (II, III and AVF).



2013 ACC/AHA Guideline for Management of STEMI

• ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes

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- ST Elevation of 0.1mv (1mm) or more in leads with Positive Deflection QRS complexes
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- ST Segment Changes as compared with those of older ECGs with LBBB

LBBB with CHEST PAIN - CASE 1: PRESENTING EKG

BPM

ms

ms

ms



Vent. rate PR interval QRS duration QT/QTc 77 128 158 454/513 43 -11

Normal sinus rhythm Left bundle branch block

Abnormal ECG





2013 ACC/AHA Guideline for Management of STEMI

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- ST Segment Changes as compared with those of older ECGs with LBBB
- Convex ST Segment

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- ST Segment Changes as compared with those of older ECGs with LBBB
- Convex ST Segment
- New Onset LBBB with ACS symptoms . . .

LBBB with CHEST PAIN NEW ONSET of LBBB CASE 2:

77

172

142

38 0

BPM

ms

ms

ms

92



Normal sinus rhythm Left bundle branch block Abnormal ECG



A.H.A. ACLS GUIDELINES

- If patient has a CONFIRMED HISTORY of LBBB, rely on:
 - CARDIAC MARKERS
 - SYMPTOMS
 - RISK FACTOR PROFILE
 - HIGH INDEX OF SUSPICION

for diagnosis of STEMI

- 2. If patient has:
 - a) previously NORMAL ECGs (no LBBB)
 -- or b) no old ECGs available for comparison

consider diagnosis as STEMI until proven otherwise.



HELPFUL INDICATORS FOR ECG DIAGNOSIS OF STEMI in the presence of LBBB:

- ST ELEVATION > 5 mm
- COMPARE J POINT, ST SEGMENTS and T WAVES of previous ECG with LBBB to NEW ECG.
- CONVEX ST SEGMENT = poss. MI CONCAVE ST SEGMENT = normal
- CONCORDANT ST changes (1 mm or > ST DEPRESSION V1 - V3 or ST ELEVATION LEADS II, III, AVF)
- ST ELEVATION in LEADS II, III, and/or AVF

N. ENGL. J. MED v 348; p933 - 940 - Zimetbaum, et. al.
"Electrocardiographic Diagnosis of Evolving Acute Myocardial Infarction in the Presence of Left Bundle-Branch Block" Birnbaum et al, N Engl J Med 1996; 334:481-487 In patients with

Left Bundle Branch Block Combined with Ventricular Hypertrophy,

The J Point elevation can exceed 0.5 mv (5mm) above the iso-electric line in patients without ACS.



Practice ECGs . . .

Let's review



- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



- ECG abnormality(ies)? ST Elevation Leads I, AVR AVL, V1, V2, V3, V4, V5 & V6. ST Depression II, III and AVF
 Possible diagnosis? Acute Anterolateral Wall STEMI secondary to Left Main Coronary Artery occlusion (widowmaker MI).
- 3. Action / Intervention? STAT CATH LAB vs STAT Thrombolytics. Prepare for Cardiac Arrest





- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?





- ECG abnormality(ies)? ST Depression V1-V4
 Possible diagnosis? Anterior ischemia vs. Posterior wall STEMI
- 3. Action / Intervention? Posterior ECG (V7-V9)



- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



ST-Segment Elevation in Leads II, III and AVF Consistent with: INFERIOR STEMI



ECG abnormality(ies)? ST Elevation, Leads II,III & AVF
 Possible diagnosis? Inferior Wall STEMI
 Action / Intervention? 1. Do R-sided ECG, prepare for
 Atropine administration, external pacing, cardiac arrest,
 STAT cath lab visit !

What leads show signs of possible ACS?



12 Lead ECG shows ISCHEMIC CHANGES Lateral Wall:





- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



 ECG abnormality(ies)? ST Elevation Lead AVR, Global ST Depression (I, II, III, AVL, AVF, V2, V3, V4, V5, V6)
 Possible diagnosis? possible LMCA or 3x vessel disease.
 Action / Intervention? Troponins, Continuous ST monitoring, cath lab visit STAT or ASAP (based on sympt.)



ST SEGMENT ELEVATION

ST SEGMENT DEPRESSION



SUB-TOTAL OCCLUSION IF CIRCUMFLEX ARTERY.

RIGHT CORONARY ARTERY filling retrograde via COLLATERAL ARTERIES.

COLLATERAL CIRCULATION from SEPTAL PERFORATORS to RCA DISTRIBUTION. PROXIMAL OCCLUSION of the RIGHT CORONARY ARTERY.







- 1. ECG abnormality(ies)?
- 2. Possible diagnosis?
- **3.** Action / Intervention?



 ECG abnormality(ies)? Inferior (II, III, AVF) ST Depr (ischemia?), I & AVL T wave inversion, V5 ST Depr
 Possible diagnosis? Inferior / Lateral ischemia
 Action / Intervention? Serial ECGs / Troponins, additional diagnostic testing, cath lab

_			
	INVERTED T WAVE	$\sim h$	- MYOCARDITIS - ELECTROLYTE IMBAL. - ISCHEMIA
	SHARP S-T T ANGLE		- ACUTE MI (NOT COMMON) - ISCHEMIA
6	BI-PHASIC T WAVE (WELLEN'S)	-~~	- SUB-TOTAL LAD LESION - VASOSPASM - HYPERTROPHY
	DEPRESSED J POINT with UPSLOPING ST	~/~	- ISCHEMIA
	DOWNSLOPING S-T SEGMENT	$\sim \sim \sim$	- ISCHEMIA





J POINT DEPRESSION (>1 mm)

INVERTED T WAVES









BI-PHASIC T WAVE

- SUB-TOTAL OCCLUSION of LEFT ANTERIOR DESCENDING ARTERY (when noted in V1-V4)
- LEFT VENTRICULAR HYPERTROPHY
- COCAINE INDUCED VASOSPASM

58 y/o MALE WITH SUB-TOTAL OCCLUSIONS OF THE LEFT ANTERIOR DESCENDING ARTERY



BI-PHASIC T WAVES



58 y/o MALE WITH "WELLEN'S WARNING." PT HAS SUB-TOTALLY OCCLUDED LAD X2

Classic "Wellen's Syndrome:"

- Characteristic T wave changes
 - Biphasic T waves
 - Inverted T waves
- History of anginal chest pain
- Normal or minimally elevated cardiac markers
- ECG without Q waves, without significant ST-segment elevation, and with normal precordial R-wave progression

Wellen's Syndrome ETIOLOGY:

- Critical Lesion, Proximal LAD
- Coronary Artery Vasospasm
- Cocaine use (vasospasm)
- Increased myocardial oxygen demand
- Generalized Hypoxia / anemia / low H&H

Wellen's Syndrome EPIDEMIOLOGY & PROGNOSIS:

- Present in 14-18% of patients admitted with unstable angina
- 75% patients not treated developed extensive Anterior MI within 3 weeks.
- Median Average time from presentation to Acute Myocardial Infarction – 8 days

Sources: <u>H Wellens et. Al, Am Heart J 1982;</u> v103(4) 730-736

- 33 y/o male
- Chief complaint "sharp, pleuritic quality chest pain, intermittent, recent history lower respiratory infection with productive cough."
- ED physician attributed the ST elevation in precordial leads to "early repolarization," due to patient age, gender, race (African American) and concave nature of ST-segments.

SERIAL EKG CASE STUDY 1 - EKG #1 @ 06:22 HOURS



SERIAL EKG CASE STUDY 1 - EKG #2 @ 09:42 HOURS



DYNAMIC ST-T Wave Changes ARE PRESENT !!

NOW is the time for the **STAT CALL** to the CARDIOLOGIST !!!!

SERIAL EKG CASE STUDY 1 - EKG # 3 @ 12:12 HOURS



SERIAL EKG CASE STUDY 1 - EKG # 4 @ 15:37 HOURS

600/652

20 1

71

144

74

BPM

ms

ms

ms

160



Vent. rate PR interval QRS duration QT/QTc P-R-T axes Normal sinus rhythm Marked T wave abnorm

Marked T wave abnormality, consider anterolateral ischemia

Prolonged QT

Abnormal ECG



SUB-TOTAL OCCLUSION OF LEFT ANTERIOR DESCENDING ARTERY

STENT DEPLOYMENT, LEFT ANTERIOR DESCENDING ARTERY, 33 y/o male

SUB-TOTAL OCCLUSION OF LEFT ANTERIOR DESCENDING ARTERY

POST PCI -LAD

Additional Resources:

Wellen's Syndrome, NEJM case study
S-T SEGMENT DEPRESSION - COMMON ETIOLOGIES:



CONDITION:

- RECIPROCAL CHANGES of ACUTE MI
- NON-Q WAVE M.I. (NON-STEMI)
- ISCHEMIA
- POSITIVE STRESS TEST
- VENTRICULAR HYPERTROPHY (STRAIN PATTERN)
- WOLFF-PARKINSON-WHITE
- OLD MI (NECROSIS vs. ISCHEMIA)
- DIGITALIS
- R. BUNDLE BRANCH BLOCK











T WAVE INVERSION - COMMON ETIOLOGIES:



CONDITION:

- MYOCARDITIS
- ELECTROLYTE IMBALANCE
- ISCHEMIA
- POSITIVE STRESS TEST
- CEREBRAL DISORDER
- MITRAL VALVE PROLAPSE
- VENTRICULAR HYPERTROPHY
- WOLFF-PARKINSON-WHITE
- HYPERVENTILATION
- CARDIOACTIVE DRUGS
- OLD MI (NECROSIS vs. ISCHEMIA)
- DIGITALIS
- R. BUNDLE BRANCH BLOCK
- NO OBVIOUS CAUSE

Some less common, less reliable possible indicators of ACS:

?	FLAT S-T SEGMENT > 120 ms	$\sim \downarrow \sim$	- ISCHEMIA
?	LOW VOLTAGE T WAVE WITH NORMAL QRS		- ISCHEMIA
?	U WAVE POLARITY OPPOSITE THAT OF T WAVE	$\downarrow \sim$	- ISCHEMIA

STEIR ASSISTANC: an Emergency Crash Cart Interactive Reference Manual - free Download



STEMI Assistant – Information Video

Helpful STEMI ECG Resources

^[1] <u>"Use of the Electrocardiogram in Acute Myocardial</u> Infarction," Zimetbaum, et al, NEJM 348:933-940

Abnormal ST Elevation Criteria: ACC/AHA 2009 "Standardization and Interpretation of the ECG, Part VI Acute Ischemia and Infarction," Galen Wagner, et al

ECG in STEMI – excellent powerpoint – quick reference, in-depth material

Your thoughts, ideas, comments and feedback are welcome . . .

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My top two reasons for giving everything in life the best I have to offer.

