



# The INTEGRATED LIFESAVING **ECG**

#### **Bravera Health Seven Rivers**



#### **Bravera Citrus Hills**

Session I

**Bravera Health Brooksville** 



#### **Bravera Health Spring Hill**



Wayne W Ruppert, CVT, CCCC, NREMT-P Bravera Market Regional Cardiovascular Coordinator Bravera Health Hospitals: Brooksville – Spring Hill – Seven Rivers



- Acute Coronary Syndromes
  - STEMI
  - NSTEMI
  - Unstable Angina
  - Low Risk Chest Pain

- Acute Coronary Syndromes
- Sudden Arrhythmia Death Syndromes (SADS)
  - Long QT Syndrome (LQTS)
  - Brugada Syndrome (BrS)
  - Hypertrophic Cardiomyopathy (HCM)
  - Arrhythmogenic Right Ventricular Dysplasia (ARVD)
  - Catecholinergic Polymorphic Ventricular Tachycardia (CPVT)
  - Wolff-Parkinson-White (WPW) Syndrome

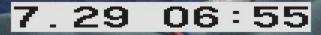
- Acute Coronary Syndromes
- Sudden Arrhythmia Death Syndromes (SADS)
   We do not cover "Axis Deviation or Axis Rotation" in today's course. While helpful to know, these items are not critical to identifying ACS or SADS conditions.

Welcome !

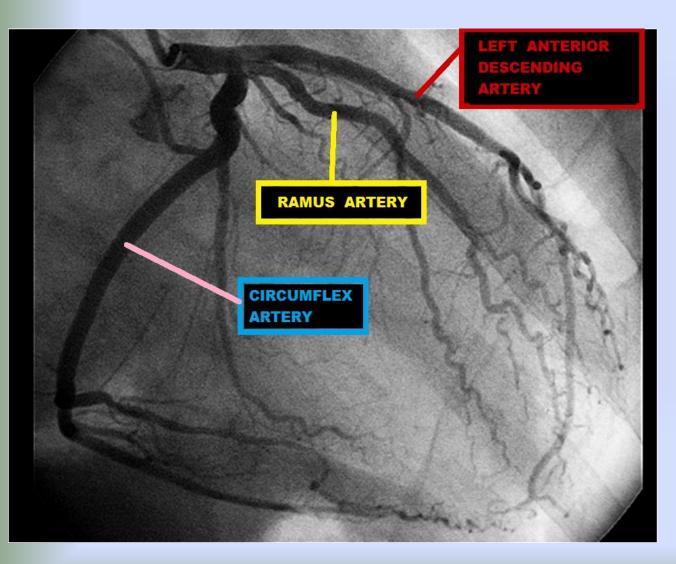


#### 13,000 – 15,000 EP and Cath Lab cases between 1996 - Today

Wayne Ruppert and Dr. James Irwin, St Joseph's Hospital, Tampa, 7/29/2004



# Cardiac Cath Lab Advantage:



Correlation of ECG leads with SPECIFIC cardiac anatomic structures.

# **Electrophysiology Lab Case Studies**



EP Catheters within the heart used for obtaining the Electrogram (the "internal ECG") Tracing and for Pace-mapping, an integral component of an EP study Author Wayne Ruppert conducting Pacemapping during EP study at the St Joseph's Hospital Heart Institute, Pediatric Electrophysiology Program, Tampa, FL in 2004

# EP Lab Advantage:



Correlation of ECG derived diagnosis with true intra-cardiac electrogram acquired diagnosis.

# Wayne Ruppert – Bio:

- 1978 1996 EMT-Paramedic
- 1996 2012 Interventional Cardiovascular Technologist Cardiac Cath Lab and Electrophysiology Labs
- 2012 Present Cardiovascular Programs Director / Coordinator

# Wayne Ruppert - Bio:

- Cardiovascular Coordinator 2012-present (coordinated 7 successful accreditations)
- Interventional Cardiovascular / Electrophysiology Technologist, 1995-Present. (Approx 13,000 patients)
- Author of: "<u>12 Lead ECG Interpretation in Acute</u> <u>Coronary Syndrome with Case Studies from the Cardiac</u> <u>Cath Lab</u>," 2010, TriGen publishing / Ingram Books
- Author of: "<u>STEMI Assistant</u>," 2014, TriGen publishing / Ingram Books
- Florida Nursing CE Provider # 50-12998
- 12 Lead ECG Instructor, 1994-present (multiple hospitals, USF College of Medicine 1994)
- ACLS Instructor: 1982 2022
- Website: <u>www.ECGtraining.org</u>

# Source of Curriculum:

 Case Studies from Cardiac Catheterization and Electrophysiology Labs, 1996 – Present

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- Case Studies from Cardiac Catheterization and Electrophysiology Labs, 1996 – Present
- Current Evidence-based Research
  - Journal of the American College of Cardiology (JACC)
  - American Heart Association (AHA) Circulation
  - ACC/AHA Guidelines
  - New England Journal of Medicine

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  - ACC/AHA Guidelines
  - New England Journal of Medicine
- Two peer reviewed, published textbooks

In the CARDIAC CATHETERIZATION LAB, we read our patients' 12 Lead ECGs and then evaluate their coronary arteries and ventricular function during angiography. Stated in plain English, we rapidly learn how to correlate 12 lead ECG findings with what's really going on inside our patients' hearts. Seeing ECGs from this perspective adds a new dimension to understanding the complex pathophysiologies of cardiovascular disease.

#### This book prepares you to:

- INTERPRET 12 Lead ECGs.
- ASSIMILATE DATA derived from the 12 Lead ECG into a comprehensive patient evaluation process
  designed to maximize diagnostic accuracy, while taking into consideration the 12 Lead ECGs inherent
  LACK of SENSITIVITY and SPECIFICITY.
- IDENTIFY 13 PATTERNS associated with myocardial ischemia and infarction, including the most subtle ECG changes often missed by clinicians and the ECG machine's computerized interpretation software.
- CORRELATE each lead of the ECG with specific regions of the heart and the CORONARY ARTERIAL DISTRIBUTION that commonly supplies it. In cases of STEMI, this knowledge prepares you to ANTICIPATE the FAILURE OF CRITICAL CARDIAC STRUCTURES – often BEFORE THEY FAIL.

For those who need to master essential material quickly, this book has been written with an expedited learning" feature, *designed to make learning as easy as 1 2 3:* 

- 1. READ the YELLOW HIGHLIGHTED TEXT
- 2. STUDY the GRAPHIC IMAGES, PICTURES and ECGs
- 3. CORRECTLY ANSWER the REVIEW QUESTIONS at the end of each section.

This is an invaluable resource for every medical professional who evaluates patients and reads their 12 lead ECGs:

- Fellows in Emergency, Cardiology, and Family Medicine
- Medical Residents
- Veteran Physicians wanting a good review in ACS patient evaluation
- Physician Assistants and Nurse Practitioners
- Emergency Department Nurses
- Coronary Care Unit and Cardiac Telemetry Nurses
- Walk-in Clinic Physicians and Nurses
- Paramedics

"I think this book will be a wonderful addition to the textbooks that are already available, with a fresh perspective'"

#### Joseph P. Ornato, MD, FACP, FACC, FACEP

 Professor and Chairman, Department of Emergency Medicine Medical College of Virginia/Virginia Commonwealth University
 Medical Director, Richmond Ambulance Authority, Richmond, Virginia

"This book integrates academic ECG principles with real-world clinical practice by incorporation of well chosen cath lab case studies into its curriculum. This combination lets readers see patients and their ECGs through the eyes of an experienced cath lab Interventionalist, and provides a balanced approach to patient evaluation that compensates for the ECGs inherent lack of sensitivity and specificity. I highly recommend this book for all Emergency Medicine and Cardiology Fellows. For experienced clinicians, it's a superb review."

Humberto Coto, MD, FACP, FACC

 Chief of Interventional Cardiology St. Joseph's Hospital Tampa, Florida



#### THE CATH LAB SERIES presents ....

12 LEAD

ECG

INTERPRETATION

5

ACUTE

CORONARY

SYNDROME

with

CASE

STUDIES

from

the

CATH

LAB

:

WAYNE

RUPPER'



#### with CASE STUDIES from the

SYNDROME

ACUTE

CORONARY -

#### CARDIAC CATHETERIZATION LAB

WAYNE W RUPPERT

### www.TriGenPress.com www.ECGtraining.org

#### BarnesandNoble.com Amazon.com

# **TEXTBOOK REVIEWED BY:**

Joseph P. Ornato, MD, FACP, FACEP, FACC, Professor and Chairman, Department of Emergency Medicine, Medical College of Virginia-Virginia Commonwealth University

Humberto Coto, MD, FACP, FACC, Chief of Cardiology, St. Joseph's Hospital

Matthew Glover, MD, FACP, FACC, Interventional Cardiologist, St. Joseph's Hospital

Xavier Prida, MD, FACP, FACC, Interventional Cardiologist, St. Joseph's Hospital

<u>Charles Sand, MD, FACP, FACEP</u>, Emergency Department Physician, St. Joseph's Hospital

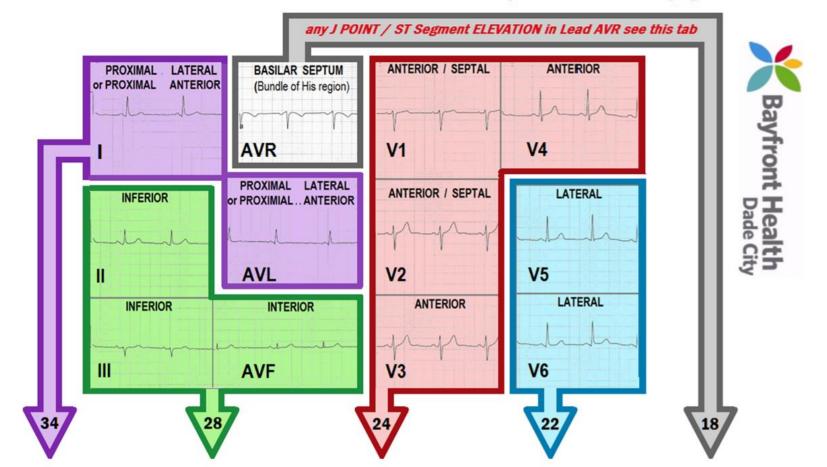
Printed and Marketed Worldwide by The Ingram Book Company 2010 - Current



by Wayne Ruppert

UNIVERSAL ACS PATIENT MANAGEMENT ALGORITHM --- See PAGE ONE ---

Select LEAD SET with HIGHEST ST ELEVATION and open to associated page ...



www.TriGenPress.com www.ECGtraining.org BarnesandNoble.com Amazon.com

# **TEXTBOOK REVIEWED BY:**

Barbra Backus, MD, PhD Inventor of "The HEART Score," University Medical Center, Utrech, Netherlands

Michael R. Gunderson, National Director, Clinical and Health IT, American Heart Association

<u>Anna Ek, AACC, BSN, RN</u> Accreditation Review Specialist, The American College of Cardiology

William Parker, PharmD, CGP, Director of Pharmacy, Bayfront Dade City

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**Tutorial Video** 

## Free download – electronic copy (PDF file)

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All cardiovascular subject-related images, graphics and diagrams in this PowerPoint were created by the author, Wayne Ruppert, and have been taken from his two published textbooks, "STEMI Assistant" and "12 Lead ECG Interpretation in ACS with Case Studies from the Cardiac Cath Lab," which are Copyright protected. No content may be removed from this PowerPoint presentation, nor may this presentation or any component thereof be used without written consent from the author.

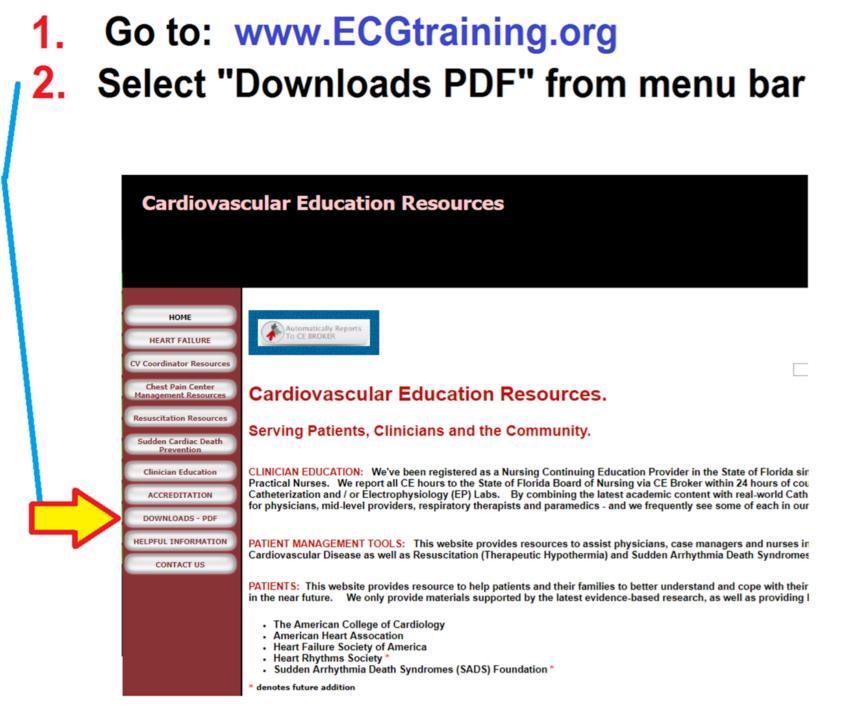
Wayne.ruppert@bayfronthealth.com

# Helpful Web Resources:

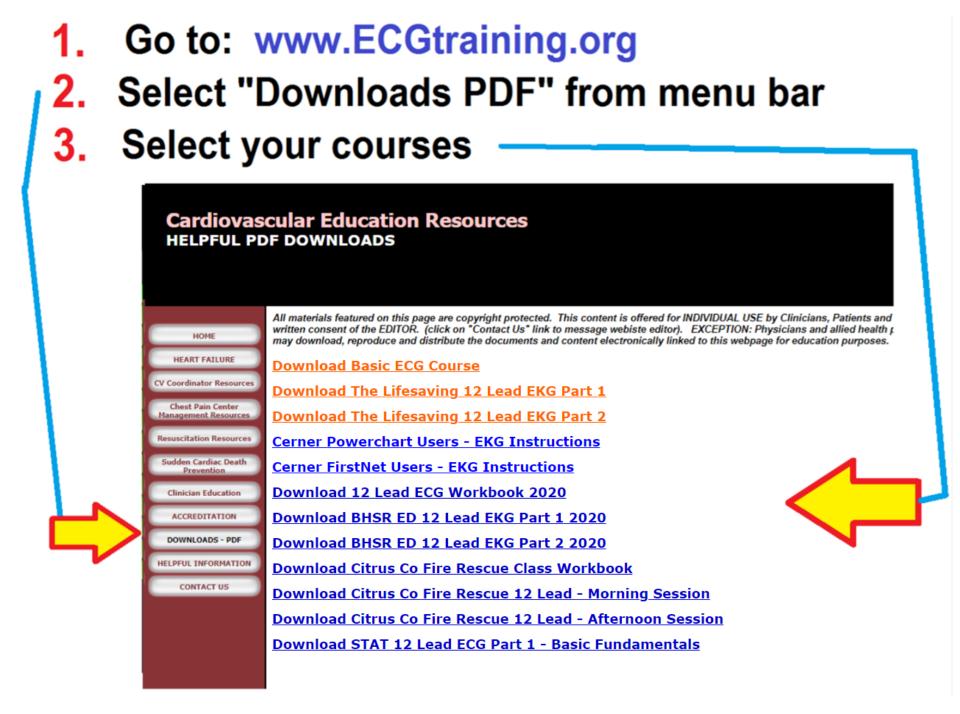
www.practicalclinicalskills.com

www.skillstat.com/tools/ecg-simulator

www.ECGtraining.org



- - - -



## To get the most from this class:

Do not try to write down or memorize every point.

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- For now .... Simply LISTEN to everything that is said. If it "makes sense," then you're learning.
- In other words, "just go along for the ride."



# Don't worry.

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This course will be NOWHERE NEAR as much fun as a roller coaster.

## Don't worry.

This course will be NOWHERE NEAR as much fun as a roller coaster.

But it will move as fast.

# Cardiac A & P "101" . . .

Action Potential of Ventricular Muscle Cells

## CARDIAC ANATOMY and PHYSIOLOGY "101"

#### CARDIAC CELLS AT REST have POSITIVE charged IONS on the OUTSIDE of the cell membrane, and NEGATIVE charged IONS on the INSIDE

Ca++ Na+ Ca++ Na+ Ca++

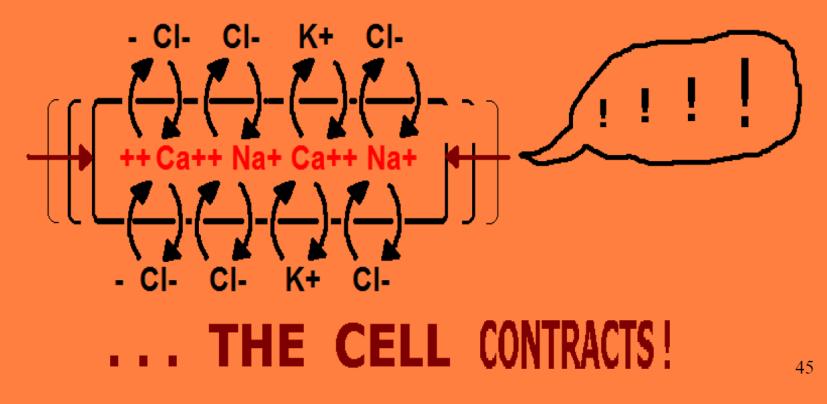
CI- CI- K+ CI- K+ CI- K+ CI-



Ca++ Na+ Ca++ Na+ Ca++

### CARDIAC ANATOMY and PHYSIOLOGY "101"

... when the IONS shift ... that is, the POSITIVE IONS that were on the outside TRADE PLACES with the NEGATIVE IONS that were on the INSIDE ....



# THIS (OF COURSE) IS KNOW AS ... DEPOLARIZATION

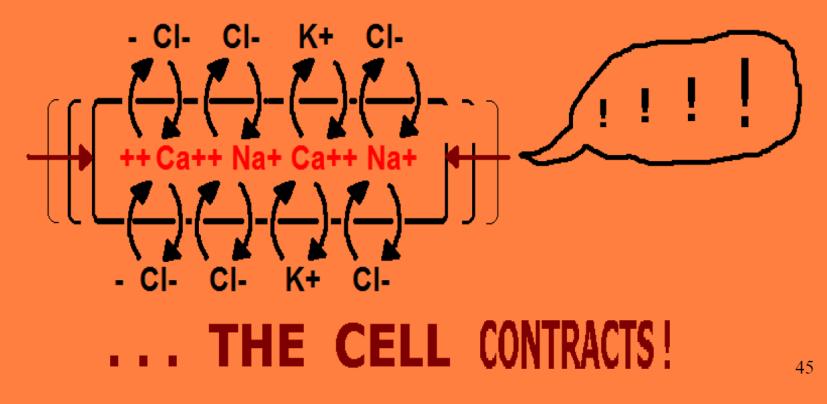
WHEN EVERYTHING IS WORKING PROPERLY, THE WAVE OF DEPOLARIZING CELLS CAUSES THE HEART TO CONTRACT, AND PUMP BLOOD TO THE LUNGS AND THE SYSTEMIC CIRCULATION

### **Ventricular Depolarization**:

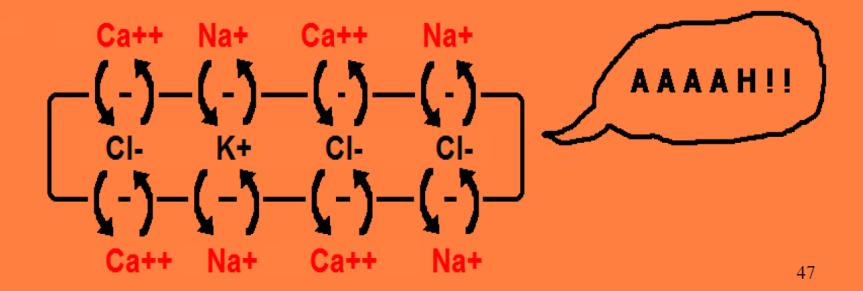
Is represented by the QRS Complex

### **QRS** Complex = Ventricular Depolarization

... when the IONS shift ... that is, the POSITIVE IONS that were on the outside TRADE PLACES with the NEGATIVE IONS that were on the INSIDE ....



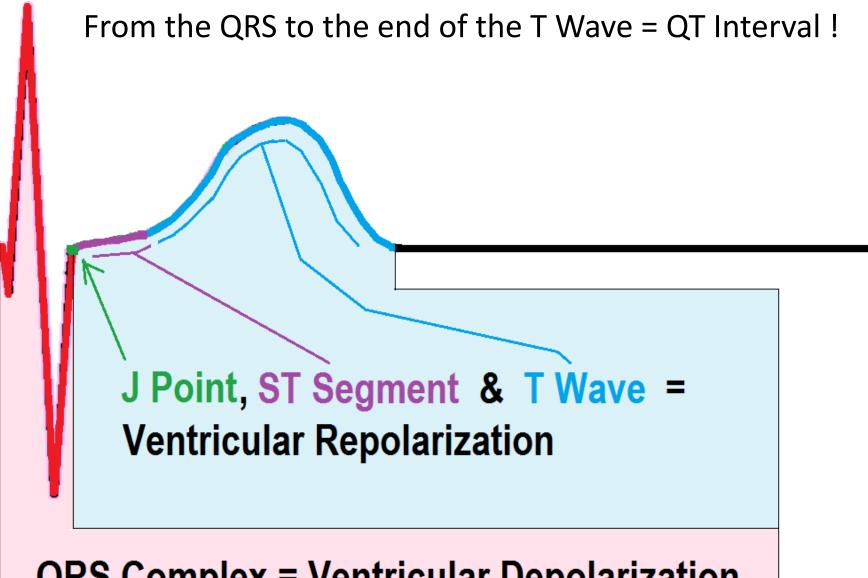
### AFTER DEPOLARIZATION, THE CELLS RELAX. THE IONS RETURN TO THEIR ORIGINAL POSITIONS --THIS PROCESS IS KNOWN AS **REPOLARIZATION**



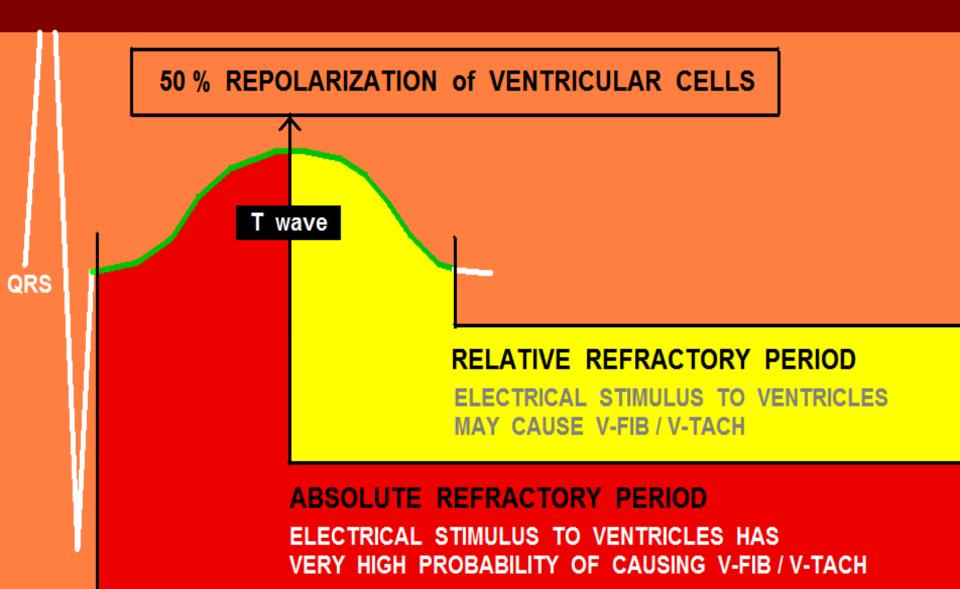
### **Repolarization** on the ECG:

- Is represented by the:
  - -J Point
  - -ST Segment
  - -T Wave

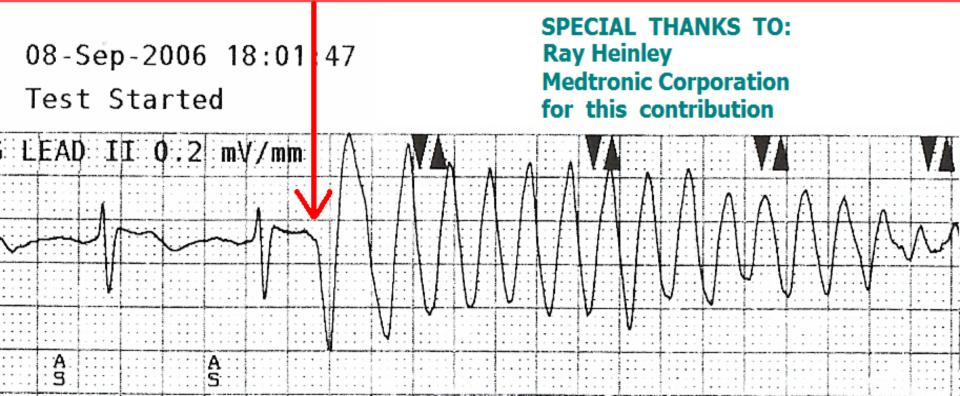
### J Point, ST Segment & T Wave = Ventricular Repolarization



### **QRS** Complex = Ventricular Depolarization

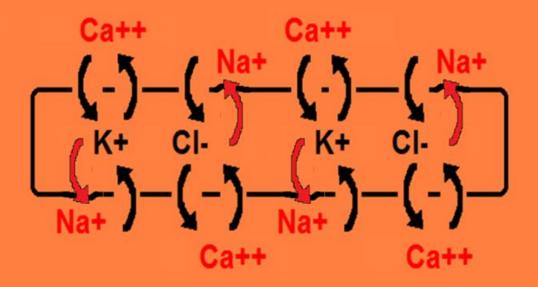


# ROUTINE TEST OF ICD ELECTRICAL IMPULSE ADMINISTERED DURING ABSOLUTE REFRACTORY PERIOD -- INDUCES VENTRICULAR FIBRILLATION



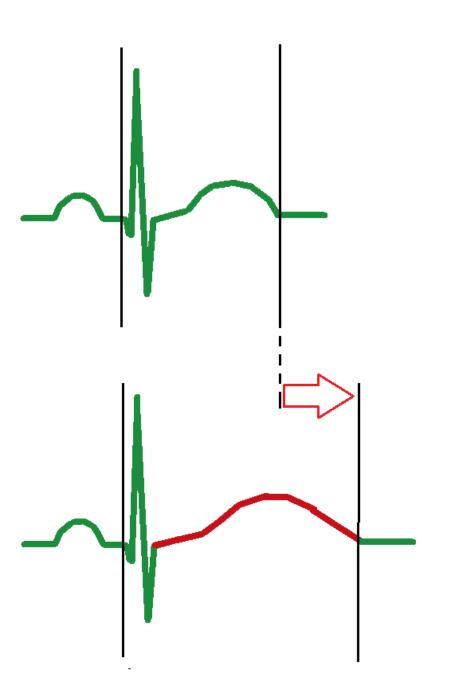
When ION CHANNELS are MALFORMED, the abnormal channel shape may DELAY the transfer of IONS .....

.... this can DELAY REPOLARIZATION, which will show on the ECG as "QT Prolongation"



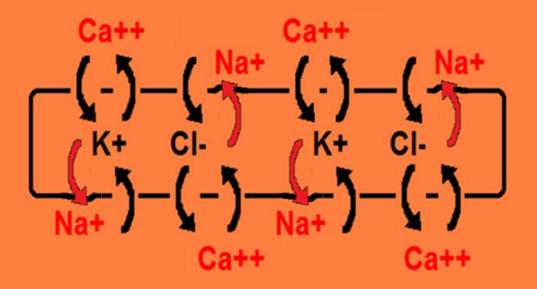
# Normal QT Interval

ABNORMAL (prolonged) QT Interval



When ION CHANNELS are MALFORMED, the abnormal channel shape may DELAY the transfer of IONS .....

.... this can DELAY REPOLARIZATION, which will show on the ECG as "QT Prolongation"



which can lead to Torsades . . . Cardiac Arrest . . . and SUDDEN DEATH.





#### Common cause: QTc > 600 ms

- Patients typically have little to no cardiac output when in this rhythm
- TdP may self-terminate or deteriorate into
   VENTRICULAR FIBRILLATION



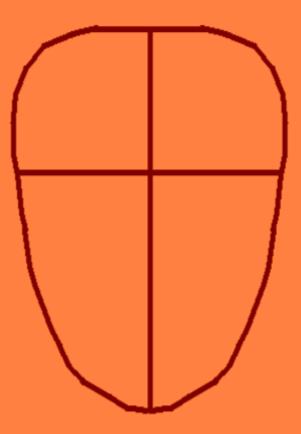


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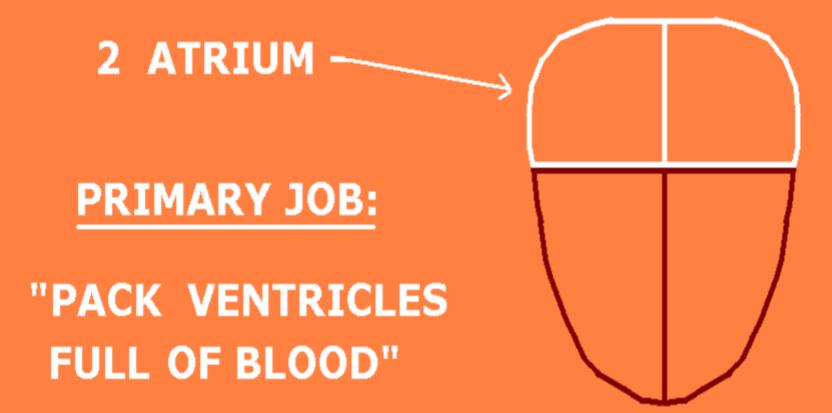
# Cardiac A & P "101" . . .

- Action Potential of Ventricular Muscle Cells
- Rapid basic review heart structure

### FOUR CHAMBERED PUMP



### FOUR CHAMBERED PUMP...



### FOUR CHAMBERED PUMP...

### **2 VENTRICLES**

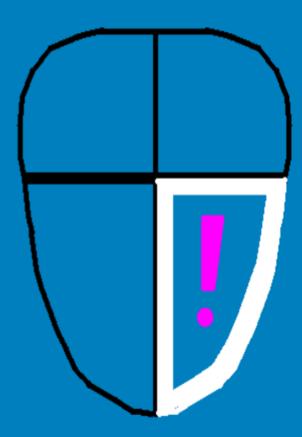
**PRIMARY JOB:** 

"PUMP BLOOD TO THE LUNGS AND THE REST OF THE BODY" WHEN FUNCTIONING PROPERLY, THE ATRIUM SUPPLY **APPROXIMATELY** 10 - 20 % WHAT PERCENTAGE OF THE **CARDIAC OUTPUT ?** 

### THE CHAMBER MOST IMPORTANT TO KEEPING THE PATIENT ALIVE

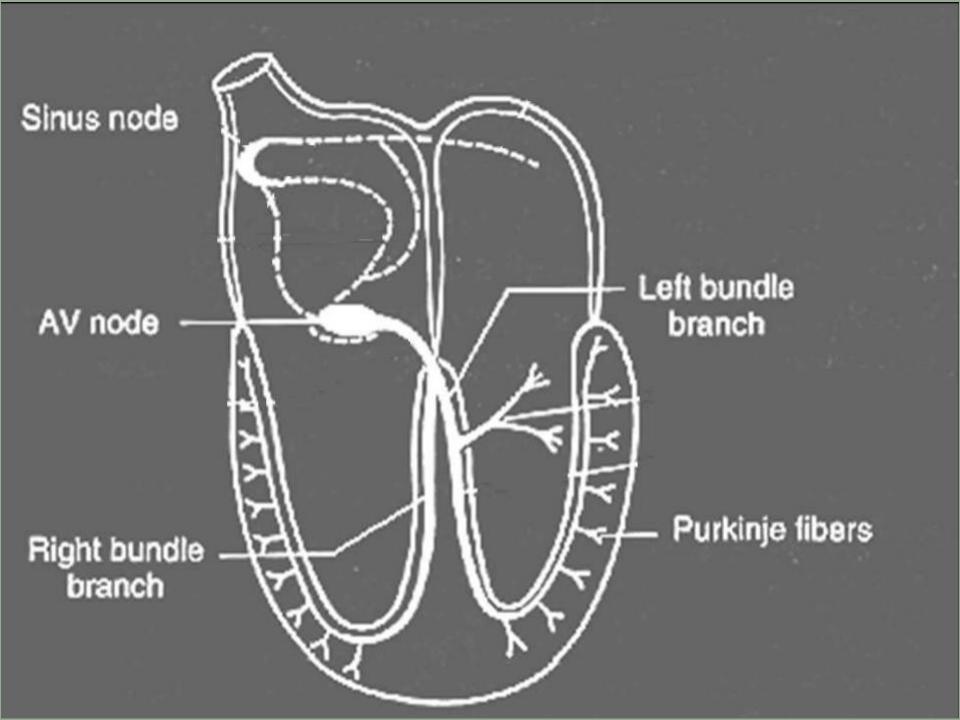
(and the ONLY one you can't live without)

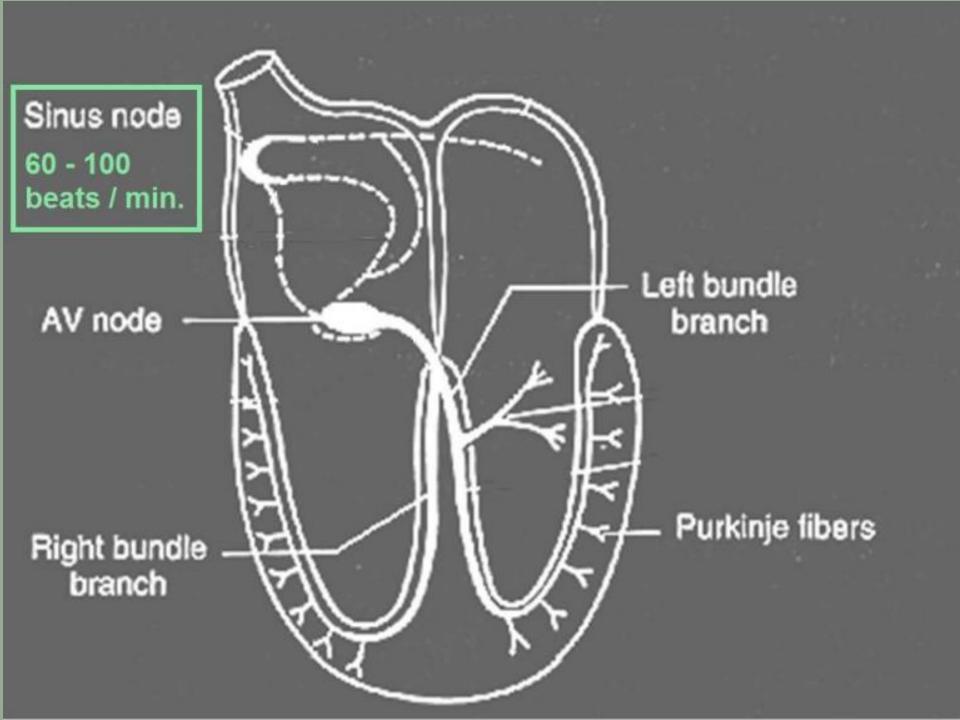
IS THE LEFT VENTRICLE WHICH WE WILL REFER TO AS THE PUMP

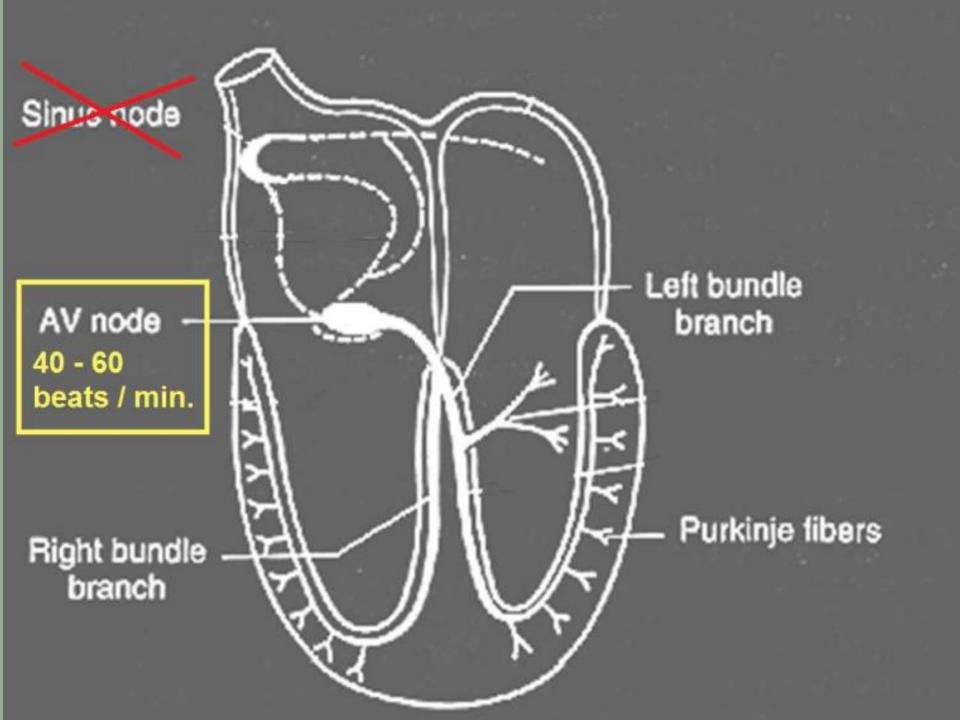


# Cardiac A & P "101" . . .

- Action Potential of Ventricular Muscle Cells
- Rapid basic review heart structure
- Electrical System









AV DECIO

Right bundle

branch

#### Left bundle branch

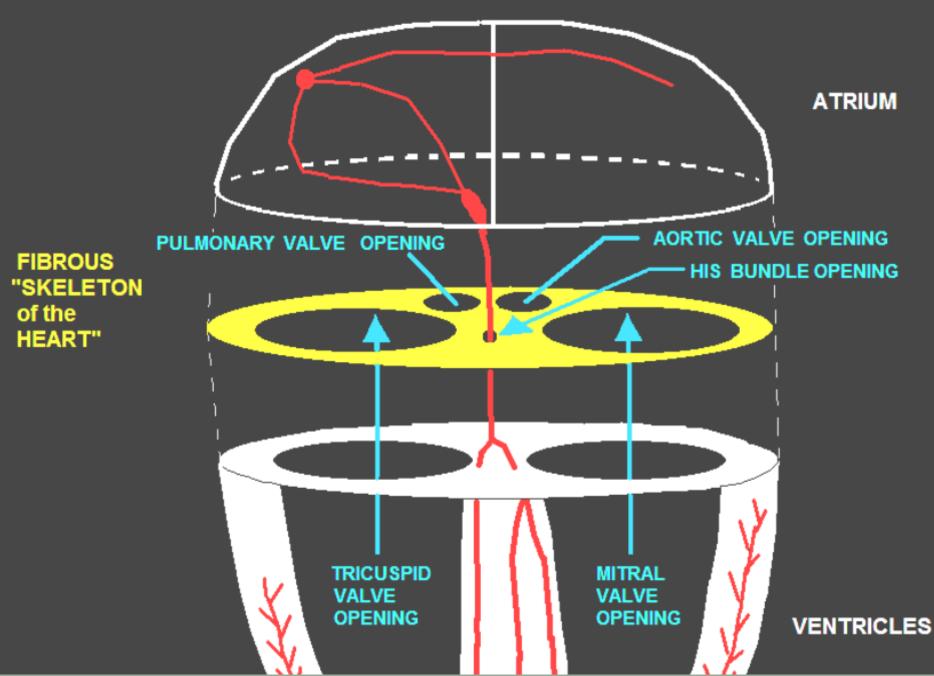
Purkinje fibers

Pacemaker site in the Ventricles: 20 - 40 beats / min

# Cardiac A & P "101" . . .

- Action Potential of Ventricular Muscle Cells
- Rapid basic review heart structure
- Electrical System
- Fibrous Skeleton of the Heart

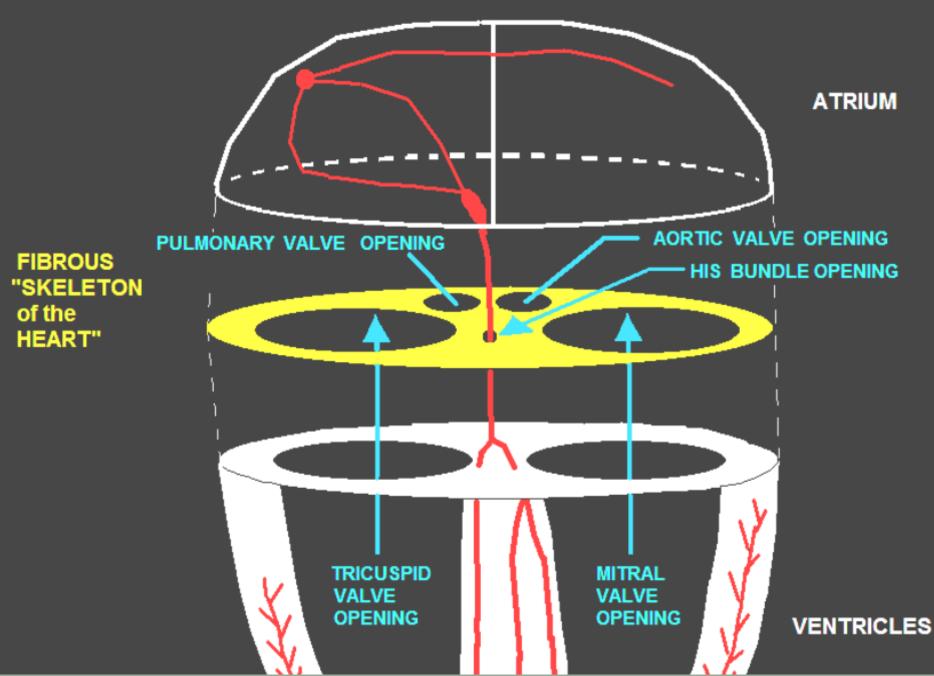
#### THE "SKELETON OF THE HEART"

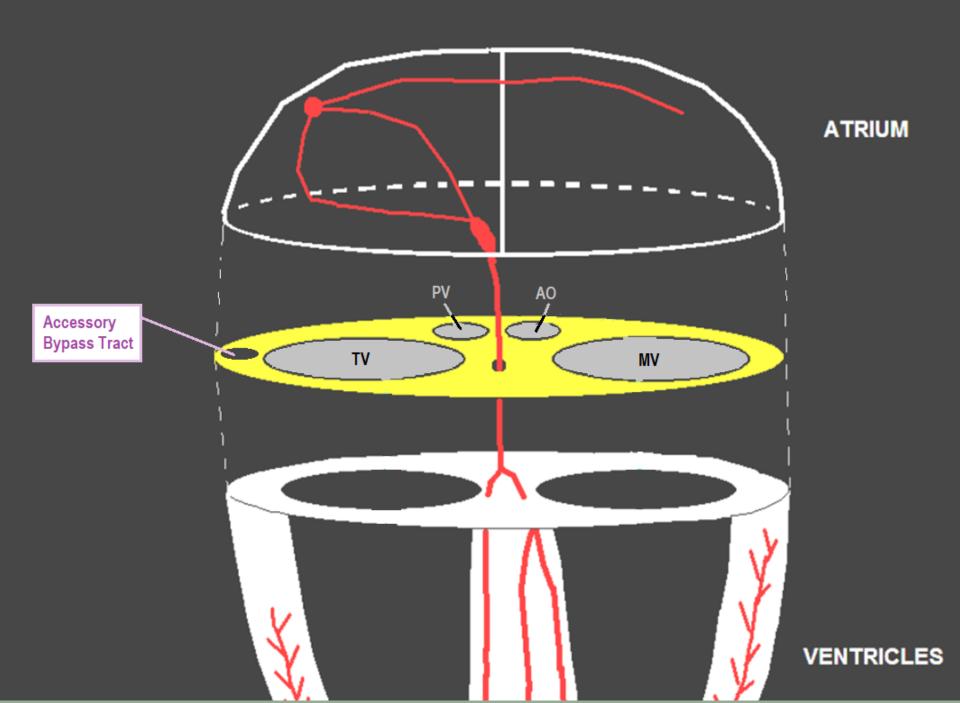


# Cardiac A & P "101" . . .

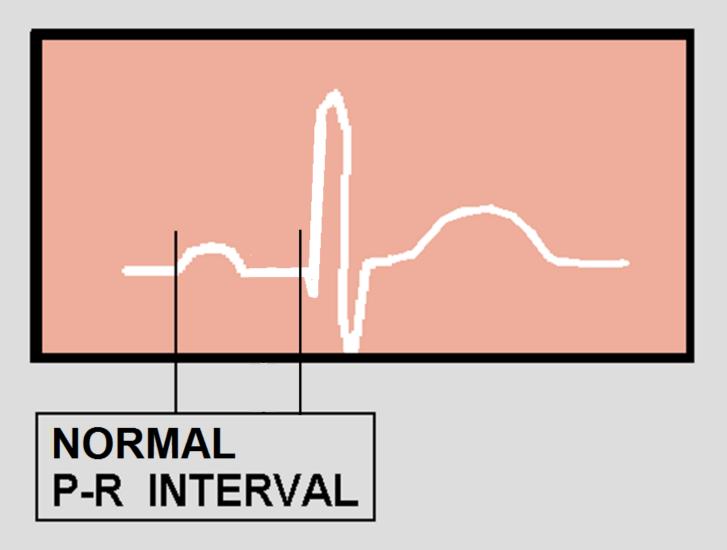
- Action Potential of Ventricular Muscle Cells
- Rapid basic review heart structure
- Electrical System
- Fibrous Skeleton of the Heart
- Pathophysiology of Accessory Bypass Tracts (cause of Wolff-Parkinson-White Syndrome)

#### THE "SKELETON OF THE HEART"

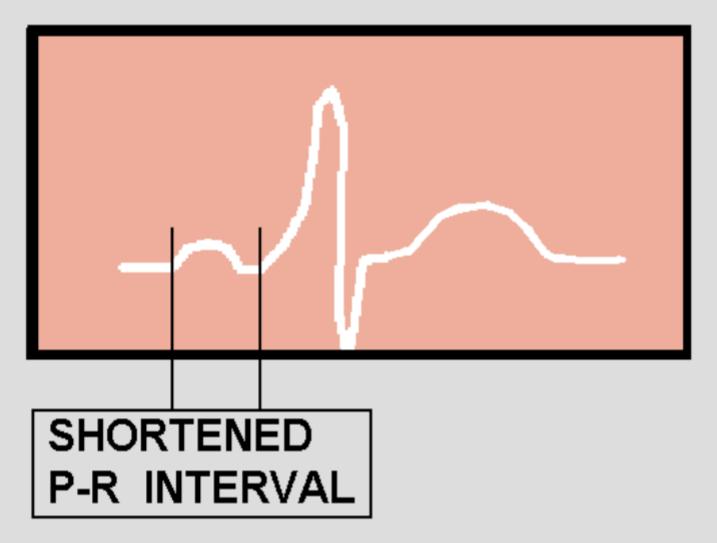




# WOLFF-PARKINSON-WHITE THE NORMAL ECG....



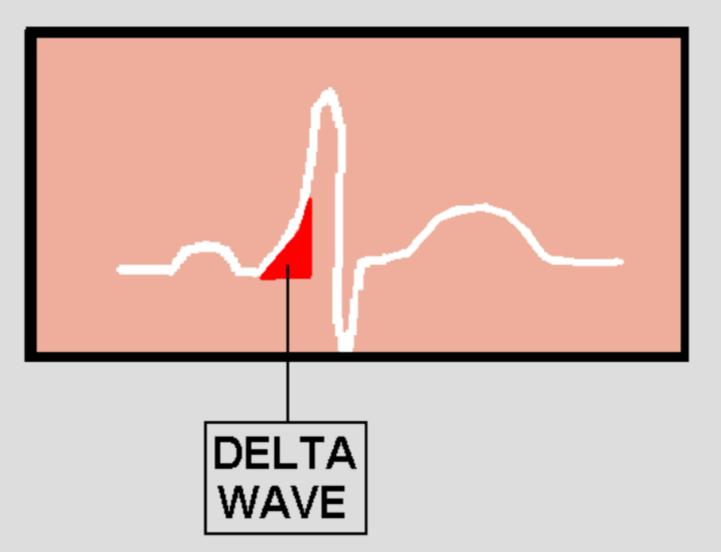
# WOLFF-PARKINSON-WHITE EKG CHARACTERISTICS

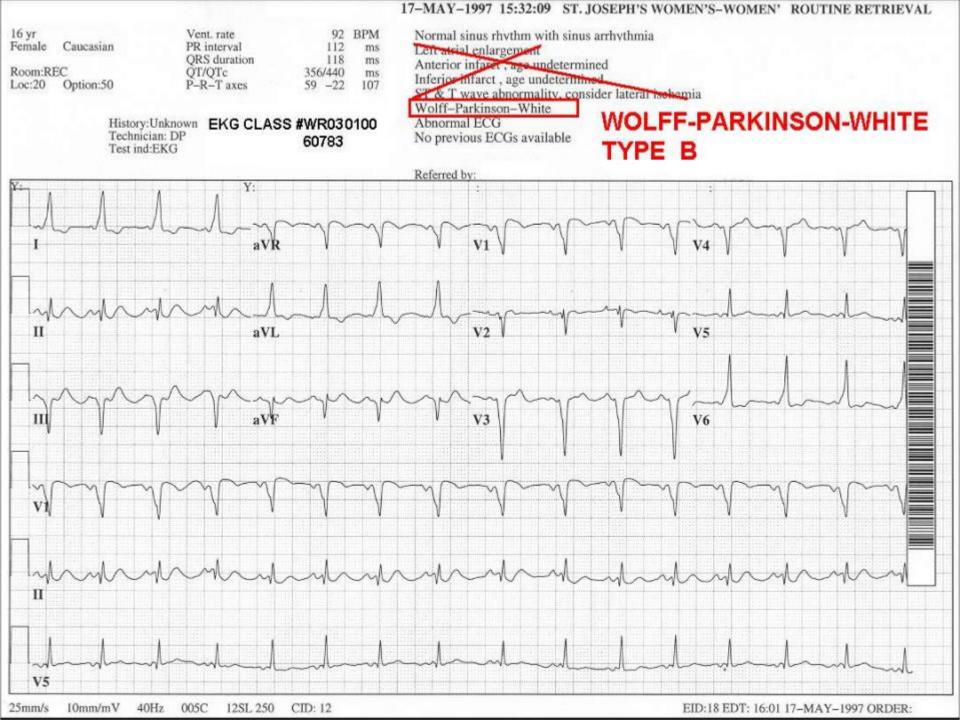


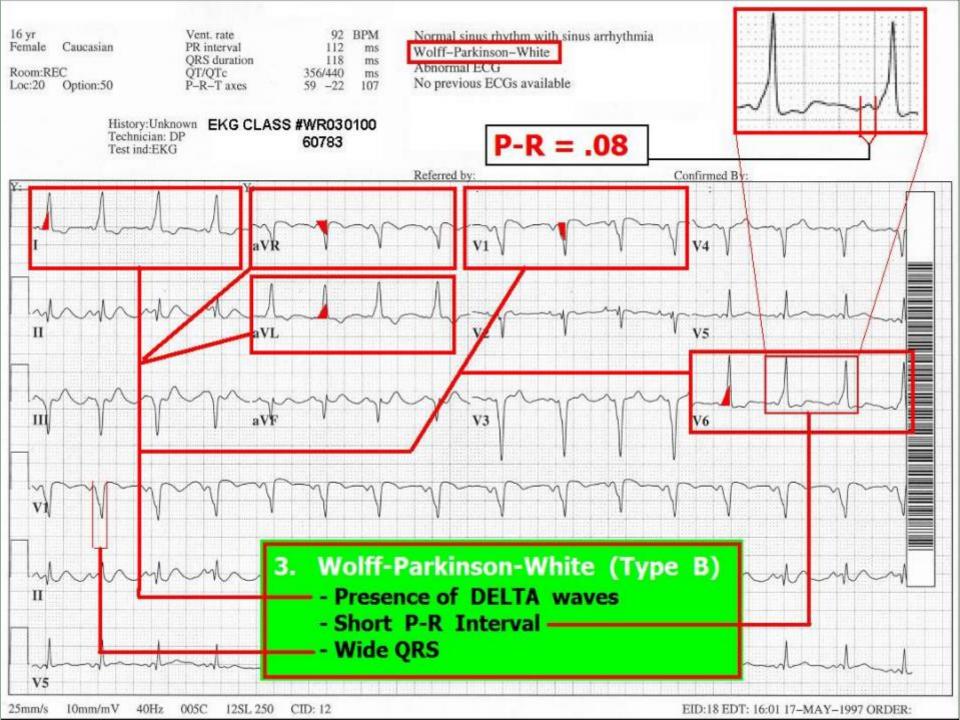
# WOLFF-PARKINSON-WHITE EKG CHARACTERISTICS



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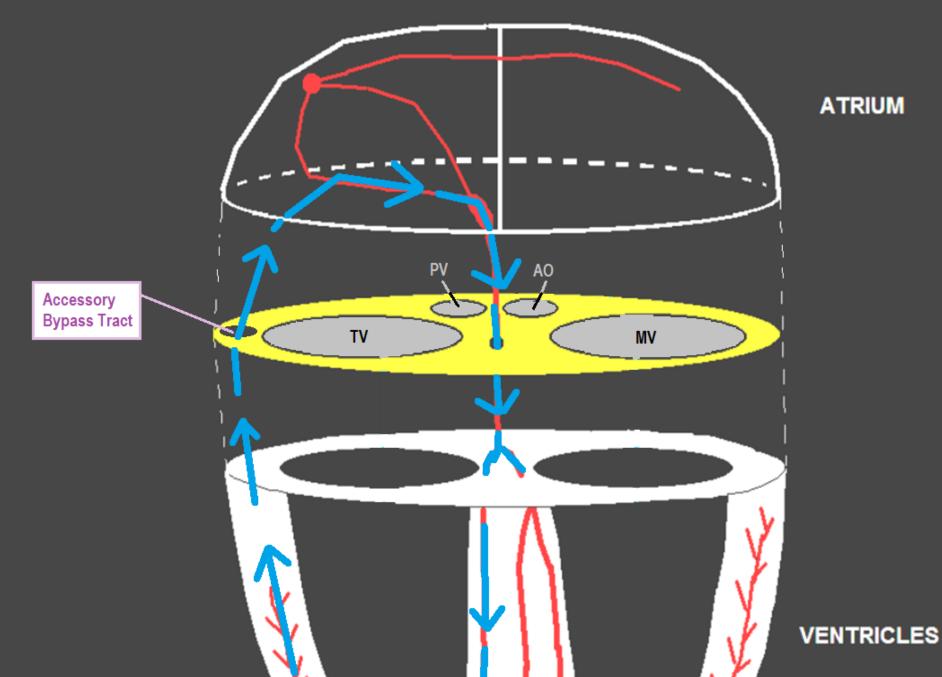
## Patient Profile: Wolff-Parkinson-White:

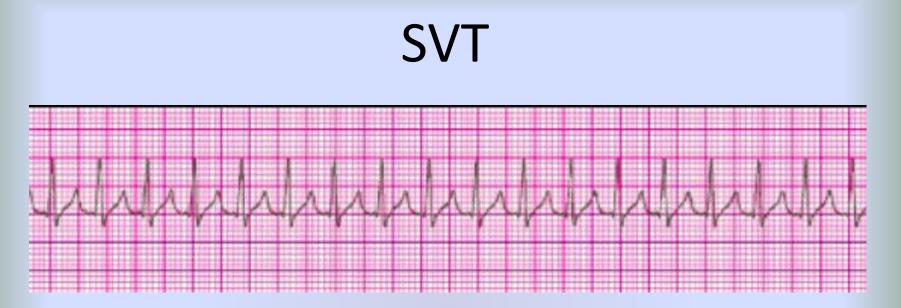
- Typically Pediatric / Young Adult
- May not know they have it
- May experience episodes of "palpitations" or "Very Fast Heartbeat."
- W-P-W may CAUSE A-fib with RVR. Patients may present with symptoms of "palpitations," "heart racing," "lightheadedness," or "passing out" . . . . .

Patients with Bypass Tract Physiology (W-P-W) may present with:

Narrow QRS Tachycardia (SVT)

#### **Orthodromic Bypass Tract Tachycardia**



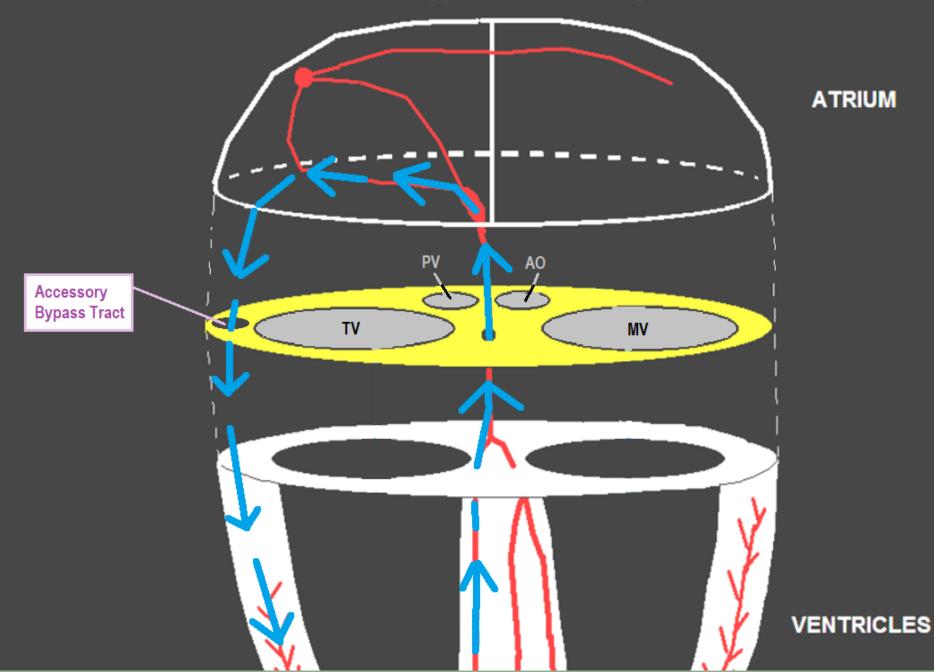


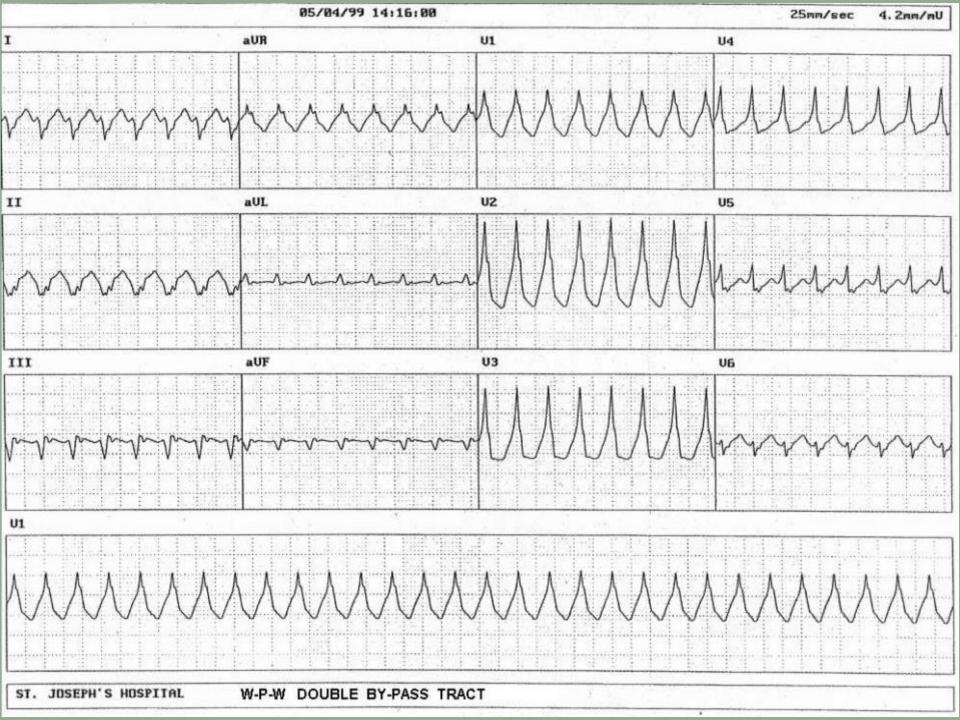
- SVT has numerous causes, including
  - Ectopic Atrial Tachycardia
  - AV Nodal Reentrant Tachycardia (Junctional)
  - Orthodromic Bypass Tract Tachycardia (WPW)
- EP study is often needed to diagnose etiology.

Patients with Bypass Tract Physiology (W-P-W) may present with:

- Narrow QRS Tachycardia (SVT)
- Wide QRS Tachycardia (mimics V-tach)

#### Antedromic Bypass Tract Tachycardia





Patients with Bypass Tract Physiology (W-P-W) may present with:

- Narrow QRS Tachycardia (SVT)
- Wide QRS Tachycardia (mimics V-tach)
- Atrial Fib with RVR and a WIDE QRS . . . .

# 37 y/o male

# Chief Complaint: Lightheadedness, Palpitations, Shortness of Breath

# HPI: Sudden onset of above symptoms approx. 1 hour ago

## **PMH: HTN (non-compliant)**

# 37 y/o male

PE: Alert, oriented, restless, cool, pale, dry skin. PERL, No JVD, Lungs clear. Abd soft non tender, Extremities: WNL, no edema

Meds: None, NKDA

VS: BP 106/50, P 180, R 26, SAO2 93%

#### ST. JOSEPH'S HOSPITAL-

37 yr		Vent. rate	180	BPM
Male	Caucasian	PR interval		ms
		QRS duration	148	ms
Room:OP		QT/QTc	284/491	ms
Loc:8	Option:16	P-R-T axes	* -77	103

WIDE QRS TACHYCARDIA – POSSIBLE VT Right bundle branch block PATTERN Abnormal ECG





Physician correctly identified Atrial Fibrillation with Rapid Ventricular Response.

However did NOT identify the Wolff-Parkinson-White component.

Patient was given Diltiazem – promptly converted to -VENTRICULAR FIBRILLATION.

# 37 y/o male

# After the patient was defibrillated, sinus rhythm with good perfusion was restored.

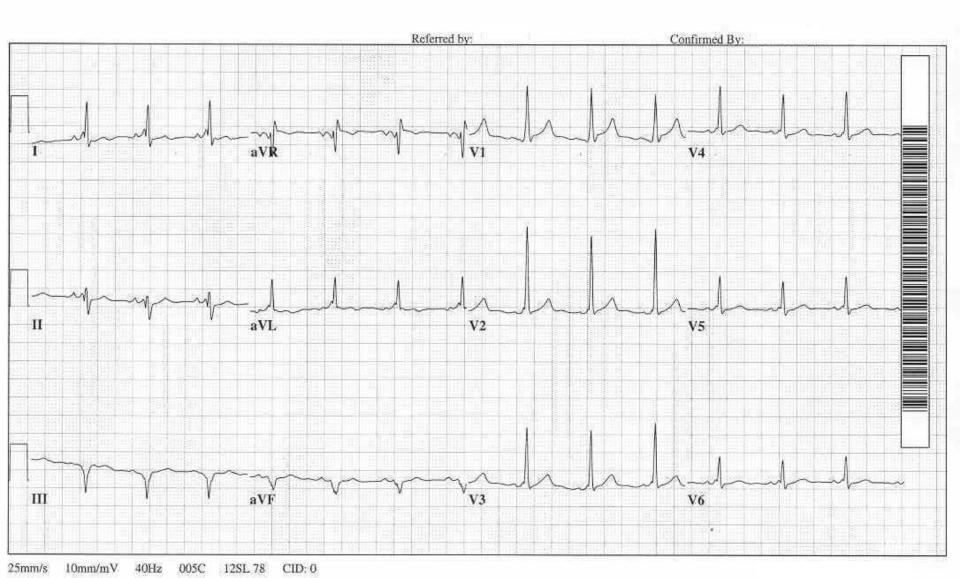
A 12 Lead EKG obtained revealed . . . .

#### ST. JOSEPH'S HOSPITAL-

#### ROUTINE RETRIEVAL

37 yr Male	Caucasian	Vent. rate PR interval	82 132	BPM ms	Norm Ventr
Room:OP		QRS duration OT/OTc	128 392/458	ms	Abno
Loc:8	Option:19	P-R-T axes	77 -44	154	

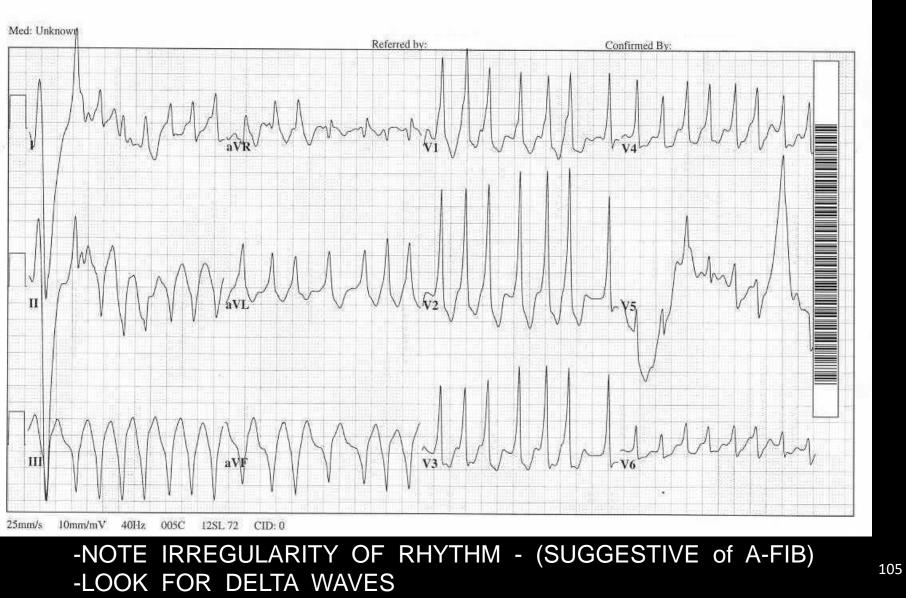
Normal sinus rhythm Ventricular pre-excitation, WPW pattern type A Abnormal ECG



#### ST. JOSEPH'S HOSPITAL-

37 yr		Vent. rate	180	BPM
Male	Caucasian	PR interval	.*	ms
1032 02		QRS duration	148	ms
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Loc:8	Option:16	P-R-T axes	* -77	103

WIDE QRS TACHYCARDIA – POSSIBLE VT Right bundle branch block PATTERN Abnormal ECG



#### 17 year old male: W-P-W with Afib & RVR



G Wave⊣Maven \_\_\_http://ecg.bidmc.harvard.edu \_\_\_\_Copyright, 2005 Beth Israel Deaconess Med Ct

## CHARACTERISTICS of W-P-W with Afib & RVR:

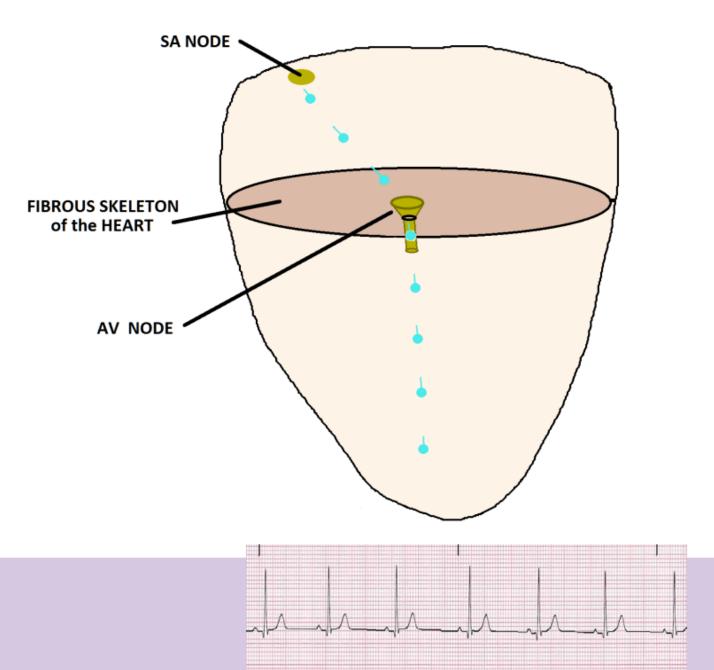
- WIDE COMPLEX TACHYCARDIA
- IRREGULARLY IRREGULAR R R INTERVALS !!



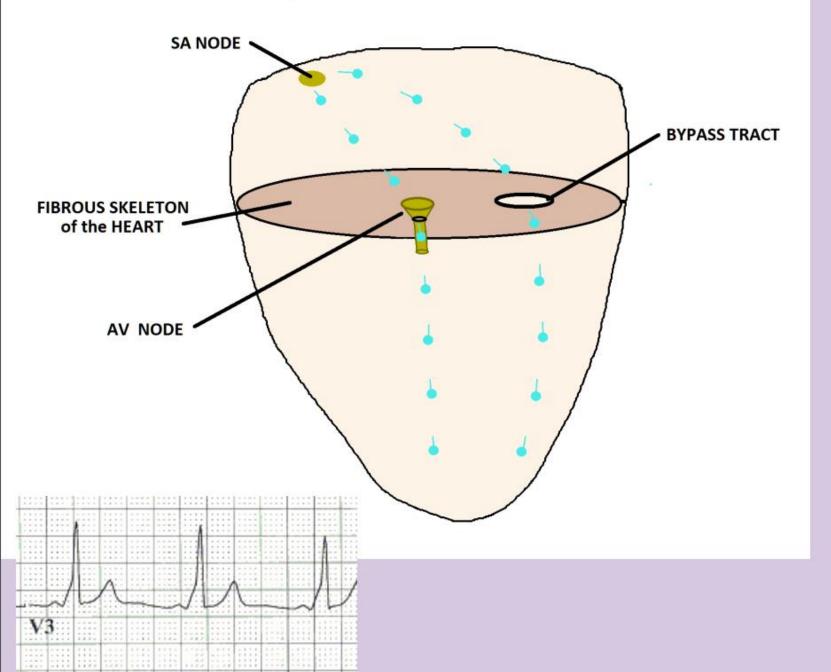
ECG Wave-Mayen http://ecg.bidmc.harvand.edu Copyright, 2005 Beth Israel Deaconess Med

NO AV NODAL BLOCKERS [ G.g. ADENOSINE, CALCIUM CHANNEL BLOCKERSJ FOR WIDE COMPLEX TACHYCARDIAS THAT COULD BE ATRIAL FIBRILLATION WITH Pre-Excitation (W-P-W)

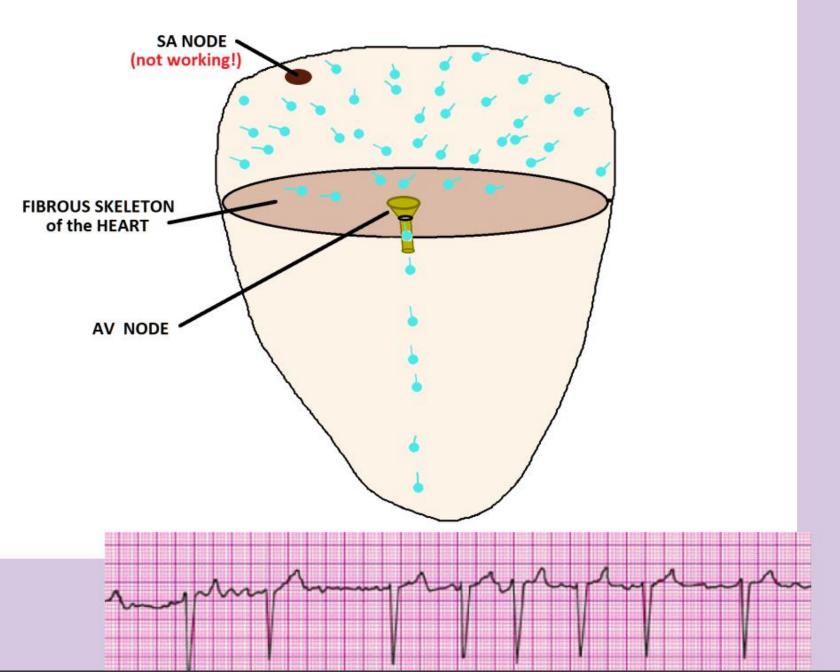
### **Normal Sinus Rhythm**



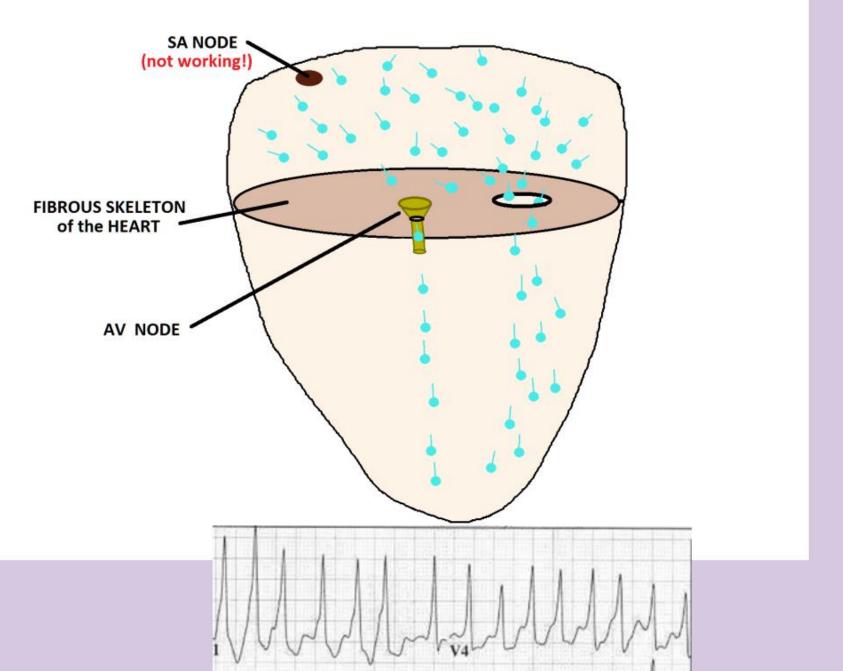
#### Normal Sinus Rhythm with Wolff-Parkinson White

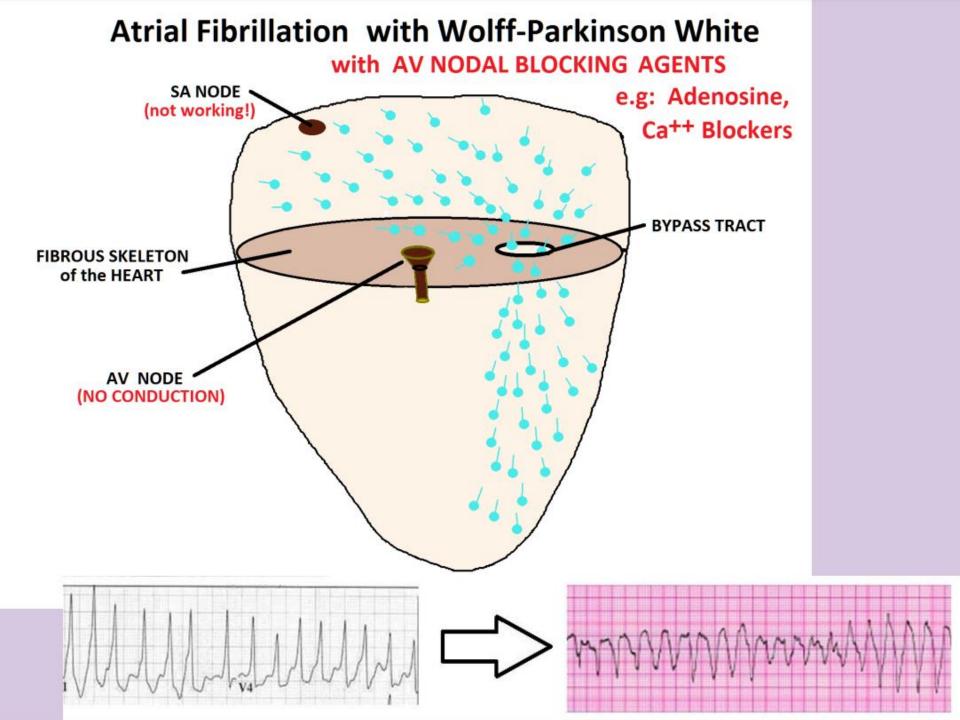


## **Atrial Fibrillation**



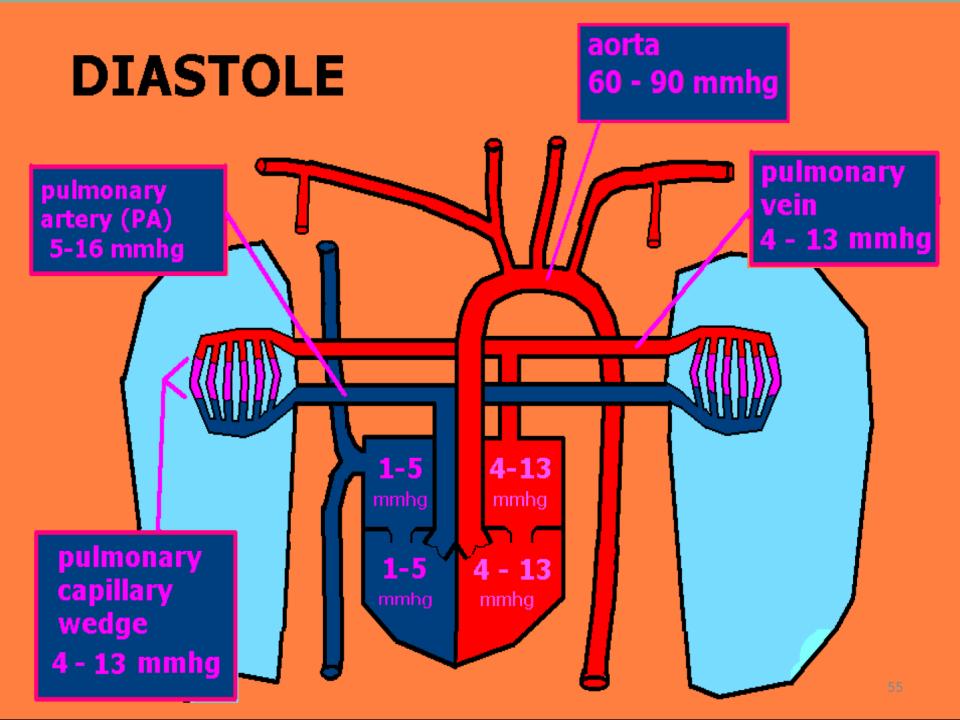
### **Atrial Fibrillation with Wolff-Parkinson White**

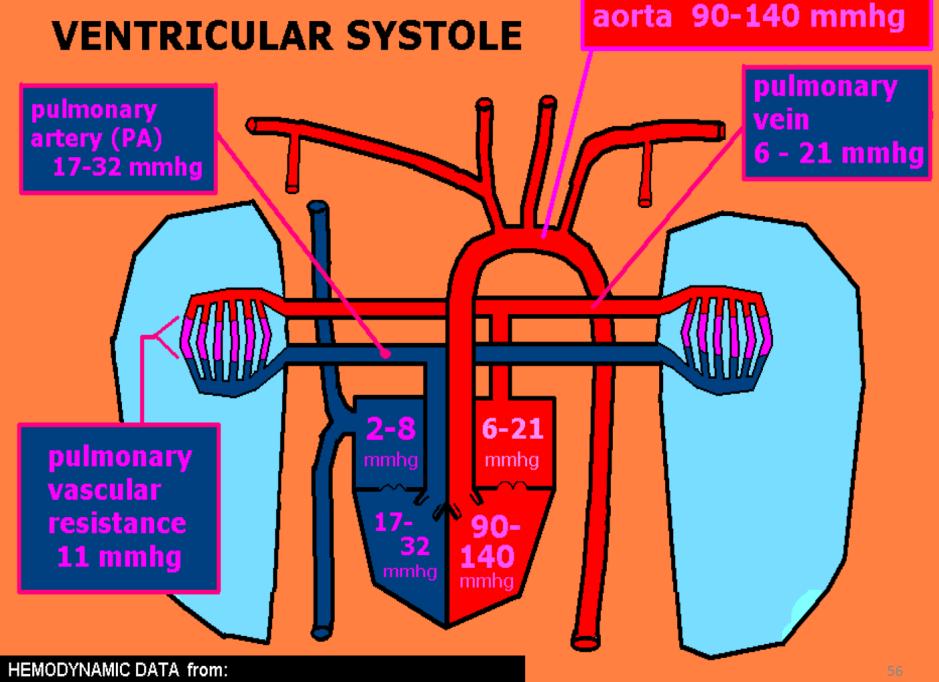




# Cardiac A & P "101" . . .

- Action Potential of Ventricular Muscle Cells
- Rapid basic review heart structure
- Electrical System
- Fibrous Skeleton of the Heart
- Pathophysiology of Accessory Bypass Tracts (cause of Wolff-Parkinson-White Syndrome)
- Normal Pressures with Heart and Lungs





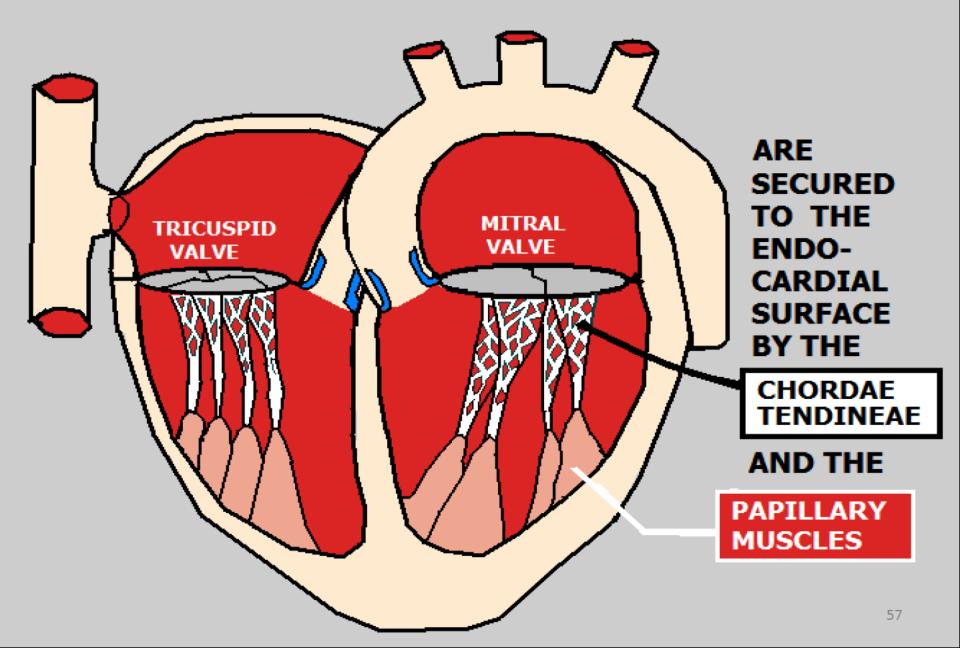
"The Cardiac Catheterization Handbook,"

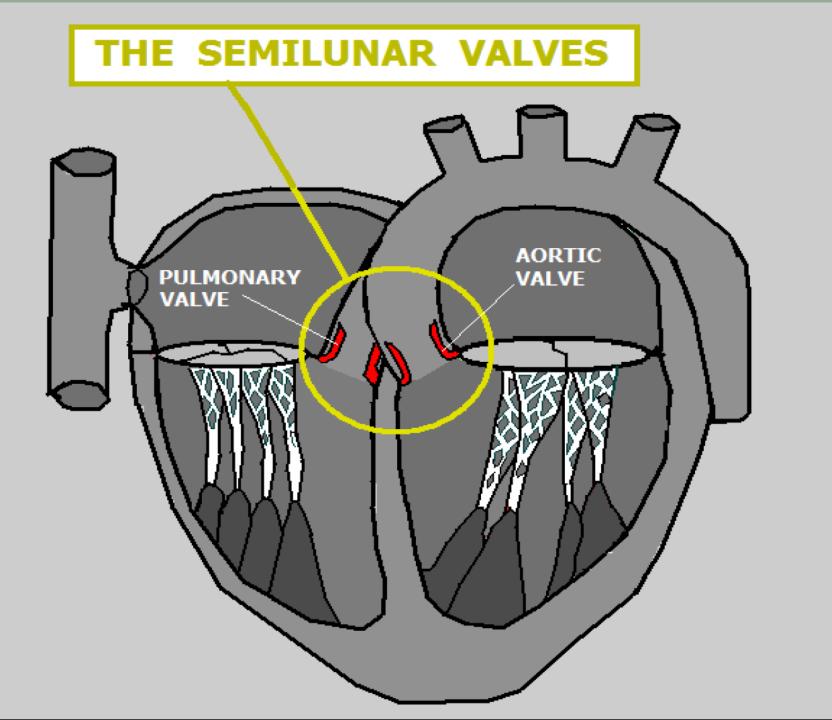
Morton J. Kearn, MD

# Cardiac A & P "101" . . .

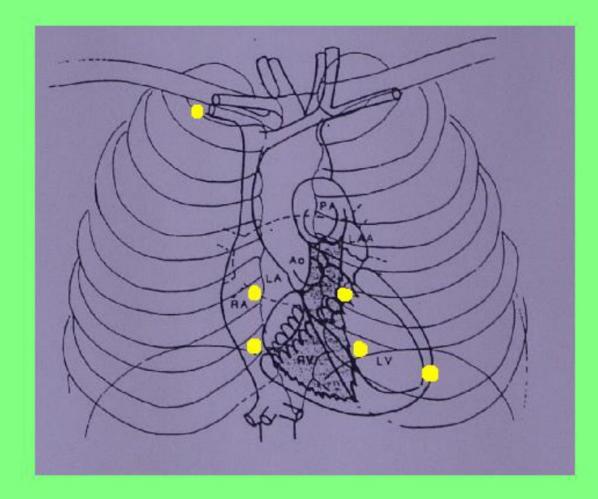
- Action Potential of Ventricular Muscle Cells
- Rapid basic review heart structure
- Electrical System
- Fibrous Skeleton of the Heart
- Pathophysiology of Accessory Bypass Tracts (cause of Wolff-Parkinson-White Syndrome)
- Normal Pressures with Heart and Lungs
- Heart Valves

## **ATRIO-VENTRICULAR VALVES**











- NormalHeartSounds
- Murmurs
   systolic
  - diastolic
- Friction Rubs



SCOTT DAVIDSON, RN auscultating heart sounds at St. Joseph's Hospital Heart Institute Tampa, FL

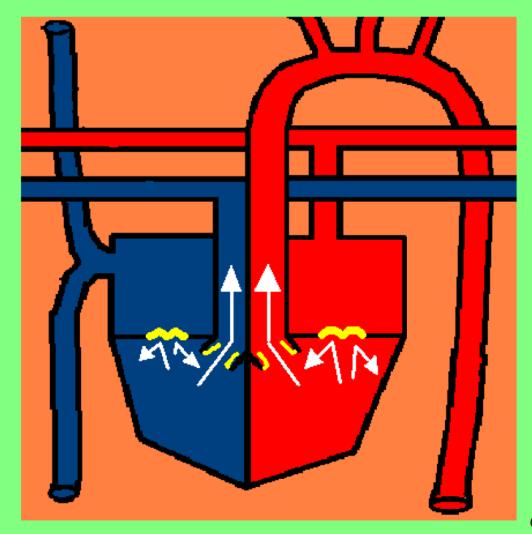
HEART SOUNDS ARE GENERATED BY THE SOUND OF THE HEART VALVES <u>CLOSING</u>.

THERE ARE TWO NORMAL HEART SOUNDS, KNOWN AS: S-1 and S-2

WE OFTEN DESCRIBE THESE HEART SOUNDS AS "LUB - DUP"

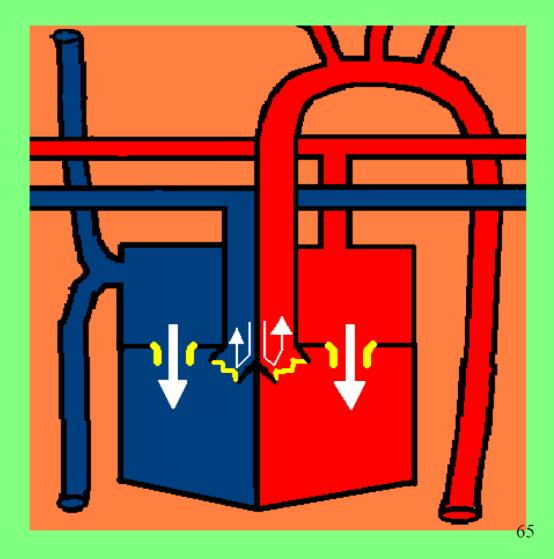
S-1 BEGINNING OF SYSTOLE.

SOUND OF THE MITRAL AND TRICUSPID VALVES CLOSING.



S-2 OCCURS AT THE END OF SYSTOLE (THE BEGINNING OF DIASTOLE).

IT IS THE SOUND OF THE AORTIC AND PULMONARY VALVES CLOSING.



#### MURMUR = "SWOOSH" SOUND CAUSED BY THE SOUND OF TURBULENCE.

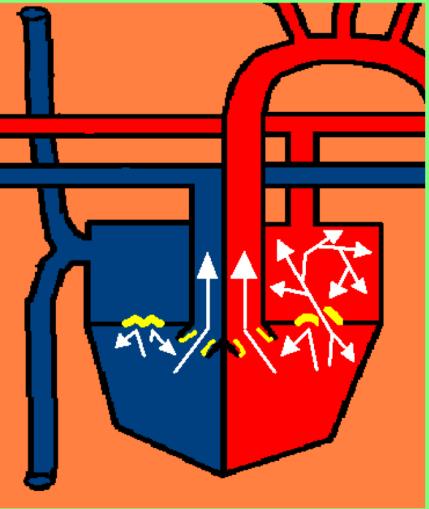
S-1 MURMUR SOUNDS LIKE:

"SWOOSH-DUB . . . SWOOSH-DUB . . . SWOOSH-DUB . . . . SWOOSH-DUB . . . "

#### CAUSE OF SYSTOLIC (S 1) MURMUR

DAMAGE TO
 MITRAL and/or
 TRICUSPID
 VALVE(s)

CAUSES REGURGITATION



# MOST SYSTOLIC MURMURS CAUSED BY MITRAL VALVE FAILURE.



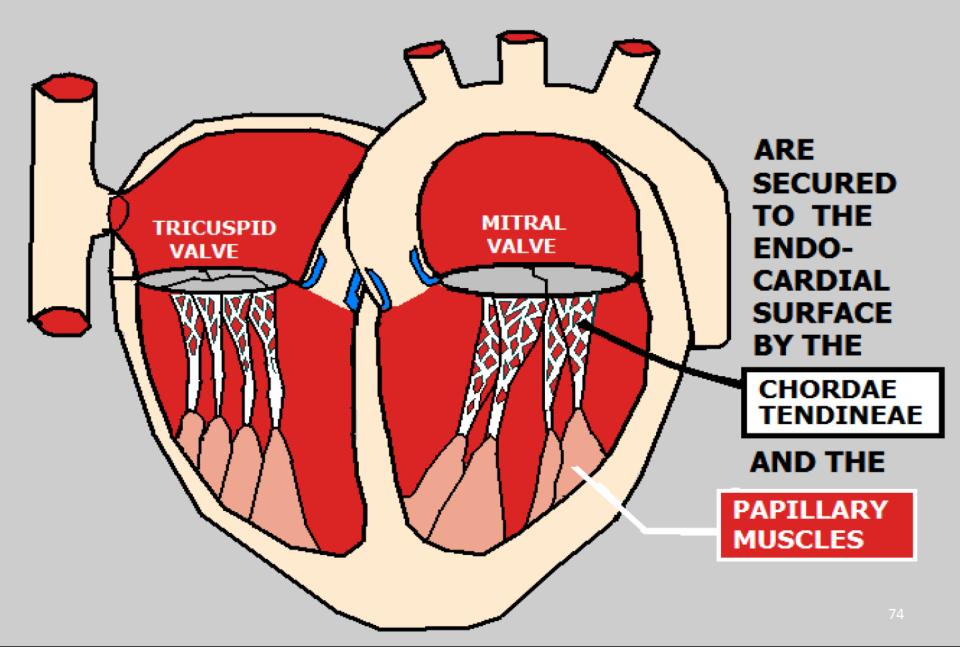
ACUTE MITRAL VALVE RUPTURE USUALLY OCCURS 7-10 DAYS POST EXTENSIVE MI (e.g.: INFERIOR POSTERIOR LATERAL MI). **ACUTE Mitral Valve REGURGITATION** can be caused by **EXTENSIVE "Multi-Site"** Myocardial Infarction and Necrosis – which results in PAPILLARY MUSCLE **NECROSIS** and **PAPILLARY MUSCLE TEAR.** 

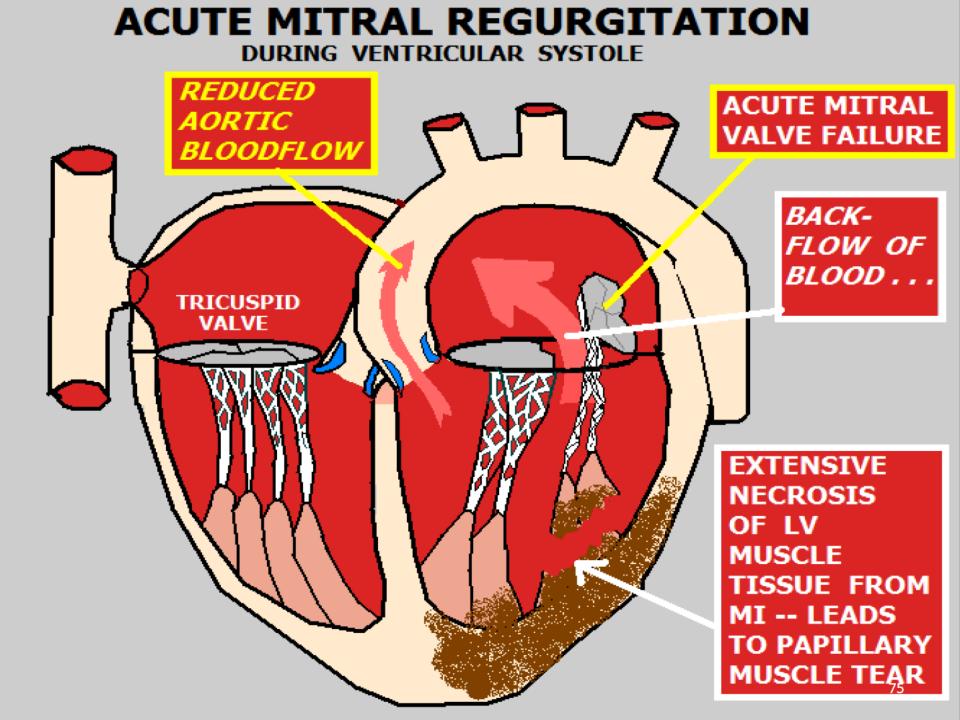
Papillary muscles are attached to "multiple surfaces" . . . .

#### A Common Cause of ACUTE MITRAL REGURGITATION is:

"Patients who are 7-10 days POST-**EXTENSIVE MI,"** in cases where the "zone of infarction" is large (e.g. "inferior-posterior-lateral") and there was a delay in PCI resulting in large zone of necrosis.

#### **ATRIO-VENTRICULAR VALVES**





#### Symptoms of Acute Mitral Regurgitation

- SHOCK
- PROFOUND HYPOTENSION
- PINK, FROTHY SPUTUM
- PULMONARY EDEMA
- SYSTOLIC (S1) MURMUR

"SWOOSH – DUB.....SWOOSH – DUB.....SWOOSH – DUB..."

#### BASIC HEART SOUNDS ASSESSMENT

#### MURMUR = "SWOOSH" SOUND CAUSED BY THE SOUND OF TURBULENCE.



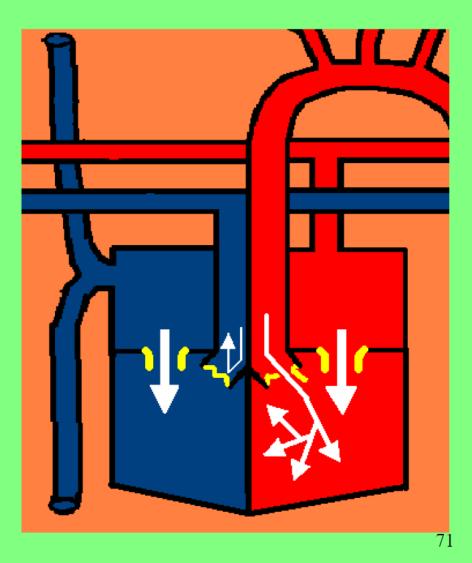
#### S-2 MURMUR SOUNDS LIKE:

"LUB-SWOOSH . . . LUB-SWOOSH . . . .LUB-SWOOSH . . . . LUB-SWOOSH . . . "

#### CAUSE OF DIASTOLIC (S2) MURMUR

DAMAGE TO
 AORTIC and/or
 PULMONIC
 VALVE(s)

CAUSES REGURGITATION



Chronic Valvular REGURGITATION (Leaky Valve) leads to elevated heart chamber pressures and DILITATION.

Chronic Valvular STENOSIS ("Creaky" Valve) leads to Cardiac Muscle STRAIN and HYPERTROPHY.

BOTH conditions, if untreated, eventually leads to **HEART FAILURE**.

#### Access University of Washington Department of Medicine

#### Heart Sound Simulator

#### PATIENT'S HEMODYNAMIC STATUS

+

SYMPTOMS

+ ECG



#### HEMODYNAMIC STATUS

- ABCs
- Shock

#### • SYMPTOMS

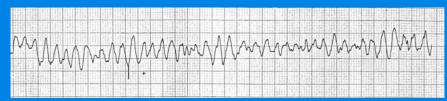
- Chest Pain / Pressure
- Other ACS Symptoms
- ECG
  - 12 Lead
  - Single Lead "rhythm strip"

• HEMODYNAMIC STATUS

– ABCs (Airway open? + Breathing? + Pulse?)

#### Start CPR

Apply ECG – determine rhythm- shockable?
 – SHOCKABLE: V-fib / V-tach / Torsades







Defib 120-200 BiPhasic

- IV Access
- Advanced Airway Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- Amiodarone 300mg OR Lidocaine 1.0 -1.5 mg/kg
   Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- <u>CONTINUE as per ACLS</u>....

#### Start CPR

Apply ECG – determine rhythm- shockable?
 – SHOCKABLE: V-fib / V-tach / Torsades

Torsades de Pointes . . . the QRS pattern resembles a "TWISTED RIBBON" . . . .





**CONSIDER using Lidocaine** in place of Amiodarone due to the increased possibility of QT PROLONGATION . . . Defib 120-200 BiPhasic

- IV Access
- Advanced Airway Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- <del>Amiodarone 300mg -</del> OR -
- Lidocaine 1.0-1.5 mg/kg
- Defib 120-200 or HIGHER
- Epinephrine 1mg IV Defib 120-200 or HIGHER
- CONTINUE as per ACLS....

#### Start CPR

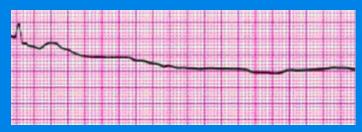
Apply ECG – determine rhythm- shockable?
 – NOT SHOCKABLE: Agonal Rhythm / Asystole / PEA



- Continue CPR
- IV/IO Access
- Advanced Airway
- Epinephrine 1mg IV
- Rule out reversible causes
- CONTINUE as per ACLS....

#### Start CPR

Apply ECG – determine rhythm- shockable?
 – NOT SHOCKABLE: Agonal Rhythm / Asystole / PEA



if the patient HAS A PULSE with AGONAL COMPLEXES . . . . IMMEDIATELY BEGIN TRANSCUTANEOUS PACING you will probably save the patient's life !

- Continue CPR
- IV/IO Access
- Advanced Airway
- Epinephrine 1mg IV
- Rule out reversible causes
- CONTINUE as per ACLS....

- HEMODYNAMIC STATUS
  - ABCs
  - Shock Assessment

#### SHOCK ASSESSMENT



#### SHOCK = INADEQUTE TISSUE PERFUSION

- STARTS THE INSTANT YOU SEE PATIENT

- ENDS WHEN YOU REACH THE PATIENT'S SIDE

#### SHOCK ASSESSMENT

LOC:	ANXIOUS RESTLESS LETHARGIC UNCONSCIOUS	AWAKE ALERT & ORIENTED
SKIN:	PALE / ASHEN CYANOTIC COOL DIAPHORETIC	NORMAL HUE WARM DRY
BREATHING:	TACHYPNEA	NORMAL
PULSE:	WEAK / THREADY TOO FAST or SLOW	STRONG
STATUS:	SHOCK SK	NORMAL

# SHOCK is the CORRIDOR to DEATH



### SHOCK – FIND CAUSE . . .

- HYPOVOLEMIC (internal or external bleeding)
- OBSTRUCTIVE (PE / tamponade)
- PSYCHOGENIC (sudden fear self-correcting)
- NEUROLOGICAL (spinal injury)
- INSULIN (hypoglycemia)
- SEPTIC (systemic infection)
- CARDIOGENIC (abnormal heart rate or contractility)

### SHOCK – FIND CAUSE . . .

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- SEPTIC (systemic infection)

CARDIOGENIC (abnormal heart rate or contractility)

#### \*Initial Patient Workup:

- Determine CHIEF COMPLAINT
- STAT 12 Lead ECG (if indicated)
- Continuous ECG Monitoring
- Vital signs
- Verbal history
- O2 (if indicated)
- IV (if indicated)

\* Appropriate order of events varies based on a case-by-case basis

#### \*Initial Patient Workup:

- Determine CHIEF COMPLAINT
- STAT 12 Lead ECG (if indicated)
- Continuous ECG Monitoring
- Vital signs
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\* Appropriate order of events varies based on a case-by-case basis

- HEMODYNAMIC STATUS
  - ABCs
  - Shock
- SYMPTOMS
  - Chest Pain / Pressure

- HEMODYNAMIC STATUS
  - ABCs
  - Shock
- SYMPTOMS
  - Chest Pain / Pressure = STAT 12 LEAD ECG !!!

(within 10 minutes) !!

#### CHIEF COMPLAINT

#### **KEY WORDS:**

#### "CHEST: PAIN / HEAVINESS / PRESSURE/ FUNNY FEELING IN," etc.

#### SHORTNESS BREATH

**DIZZINESS / LIGHTHEADEDNESS** 

ETC. ETC. ETC.

SYMTOMS OF MYOCARDIAL INFARCTION:

#### 1. CHEST PAIN:

- Substernal can radiate to neck, shoulders, jaw, L or R arm
- Pain described as "Dull Pain" or "Pressure" or "Heaviness" but can be sharp
- Usually NOT effected by DEEP INSPIRATION, POSITION, or MOVEMENT

SYMTOMS OF MYOCARDIAL INFARCTION:

 CHEST PAIN
 SHORTNESS OF BREATH May or may not be present.

SYMTOMS OF MYOCARDIAL INFARCTION:

- 1. CHEST PAIN
- 2. SHORTNESS OF BREATH
- 3. NAUSEA
  - May or may not be present

SYMTOMS OF MYOCARDIAL INFARCTION:

- 1. CHEST PAIN
- 2. SHORTNESS OF BREATH
- 3. NAUSEA
- 4. COLD, CLAMMY, PALE SKIN and other signs of hypoperfusion may be present

#### - - - "Classic Symptoms" - - -

#### **QUICK ASSESSMENT "SHORT FORM**"

- SUBSTERNAL CHEST PAIN (HAVE PATIENT POINT TO WORST PAIN)
- DESCRIBED AS "DULL PAIN," "PRESSURE," or "HEAVINESS"
- DOES NOT CHANGE WITH DEEP BREATH

### Integrated ECG:

#### HEMODYNAMIC STATUS

- ABCs
- Shock
- SYMPTOMS
  - Chest Pain / Pressure
  - Other ACS Symptoms

### Integrated ECG:

- HEMODYNAMIC STATUS
  - ABCs
  - Shock
- SYMPTOMS
  - Chest Pain / Pressure
  - Other ACS Symptoms = STAT 12 LEAD ECG !!!
    - (within 10 minutes)!!

### **ATYPICAL SYMPTOMS of ACS**

???

Acute MI patients who present without chest pain<sup>\*</sup> are SHREWD:

Stroke (previous history of) Heart failure (previous history of) Race (non-white) Elderly (age 751) Women Diabetes mellitus \* The information listed in the table to the immediate left resulted from a study conducted by John G. Canto, MD, MSPH, et. al., of the University of Alabama. The study consisted of 434,877 patients diagnosed with AMI between 1994 and 1998 in 1,674 US hospitals. Study results were published in the Journal of the American Medical Association (JAMA) on June 28, 2000, Vol. 283, No. 24, pages 3223-3229

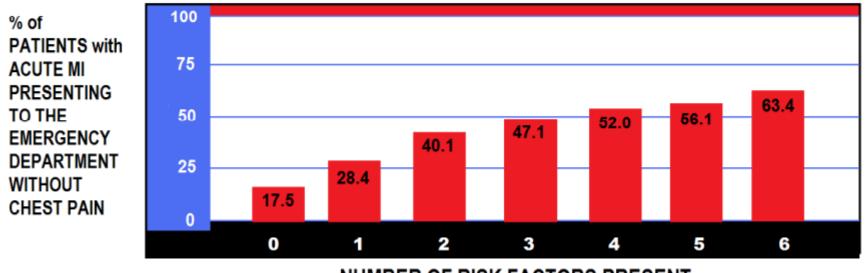
#### Common atypical complaints associated with AMI without chest pain include:

Malaise (weakness) Indigestion Nausea Dizziness Syncope

Fatigue Abdominal pain Cold sweats Elevated heart rate Dsypnea

#### BOOK PAGE: 70

#### Effect of Having Multiple Risk Factors for AMI Without Chest Pain



NUMBER OF RISK FACTORS PRESENT

#### RISK FACTORS INCLUDE: Stroke (previous), Heart failure (previous), Race (non-white), Elderly (age 75+), Women, Diabtetes

DATA SOURCE: J. CANTO, MD, MSPH, et al, JAMA 2000; 283: 3223 - 3229

### Integrated ECG:

#### HEMODYNAMIC STATUS

- ABCs
- Shock

#### SYMPTOMS

- Chest Pain / Pressure
- Other ACS Symptoms
- ECG
  - 12 Lead
  - Single Lead "rhythm strip"

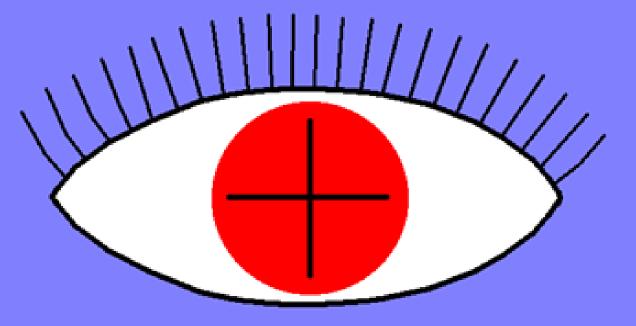
- The 12 Lead ECG has been ordered
- Meanwhile we'll hook the patient to the ECG monitor . . . .

## THE EKG MACHINE

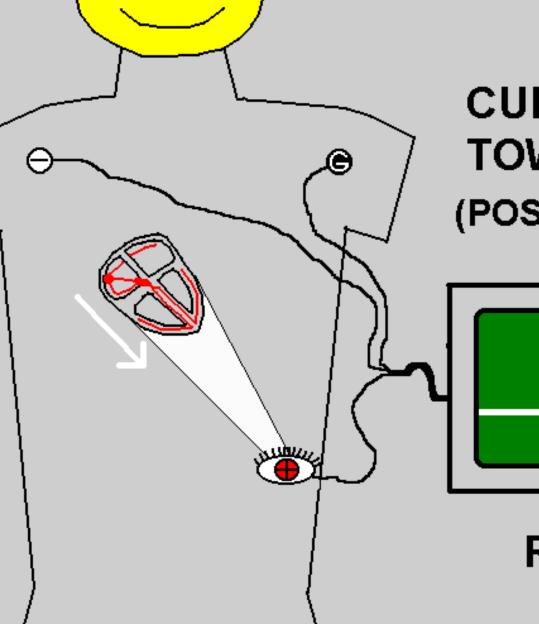
STANDARD 12 LEADS - USES 10 WIRES (6 CHEST and 4 LIMB)

- I, II, III, and V1, V2, V3, V4, V5, V6 EACH CONSIST OF:

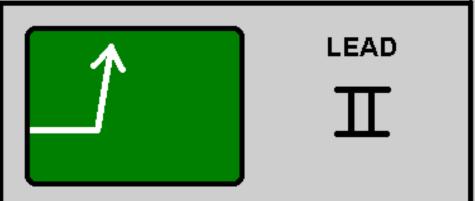
### THE POSITIVE ELECTRODE



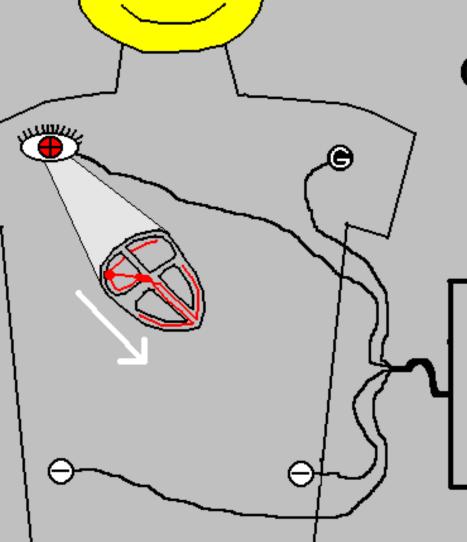
#### IS THE "EYE" . .



#### CURRENT MOVING TOWARD THE EYE (POSITIVE ELECTRODE)



#### RECORDS AN "UPWARD" DEFLECTION

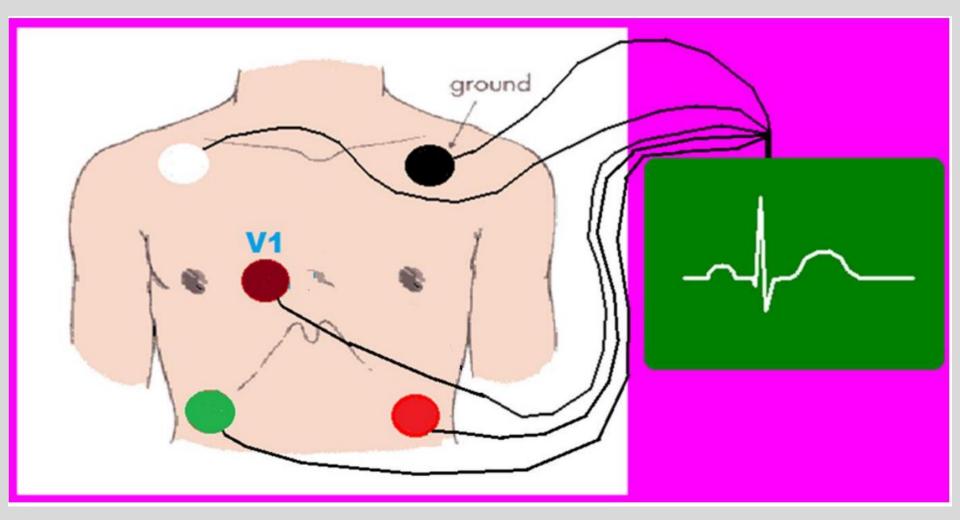


#### CURRENT MOVING AWAY FROM THE EYE (POSITIVE ELECTRODE)

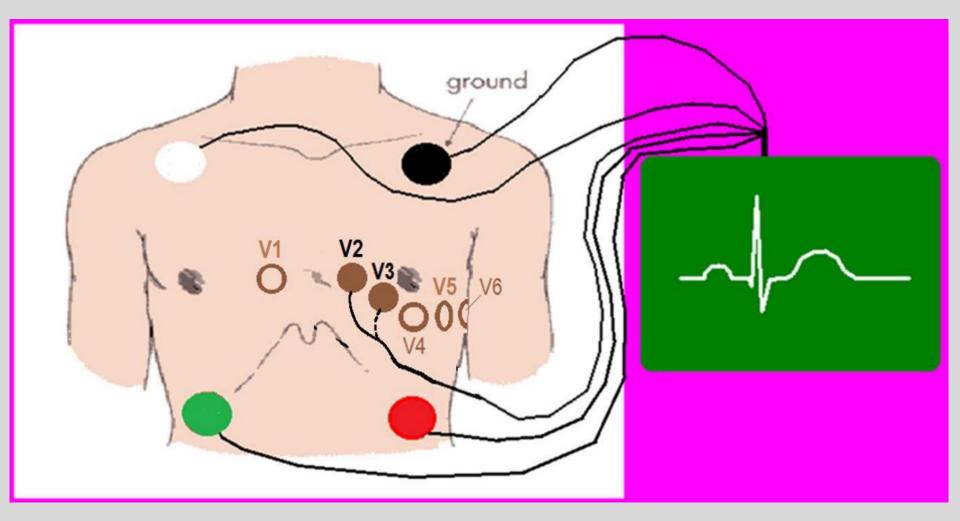


RECORDS A "DOWNWARD" DEFLECTION

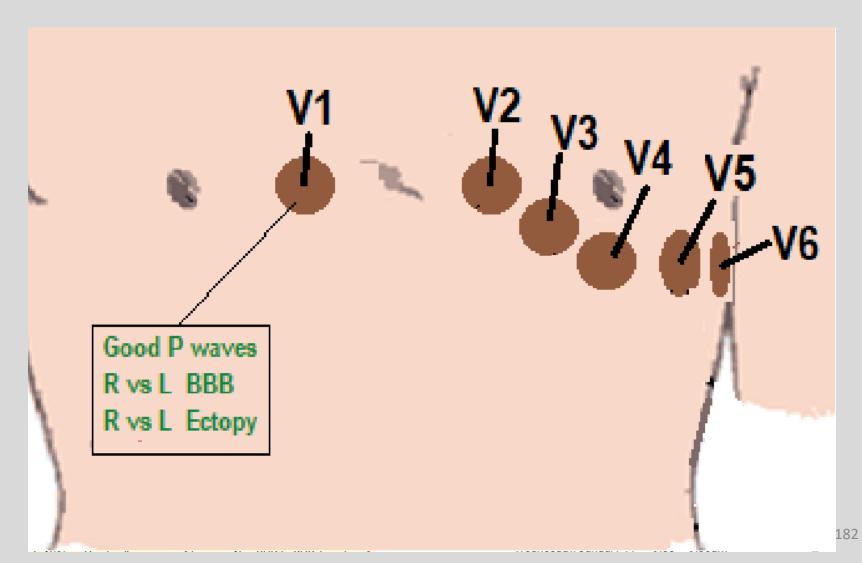
## Traditional ECG Monitoring Lead Placement:



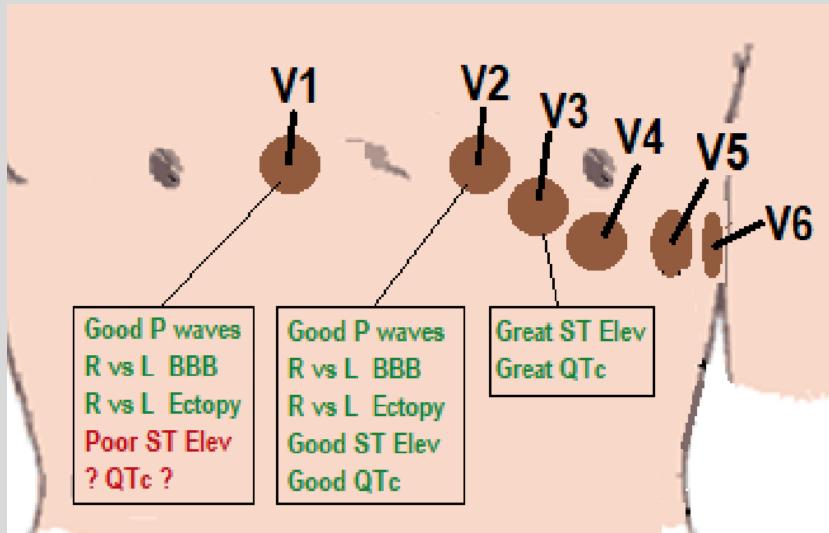
## New (2014) Guideline Suggested ECG Monitoring Lead Placement



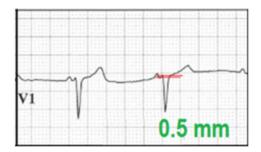
## Traditional Continuous ECG Monitoring Lead: V1



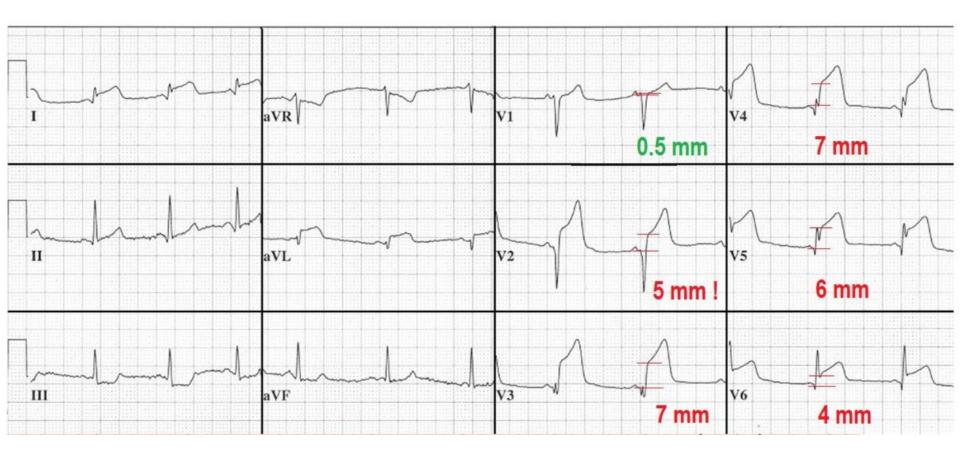
## New (2014) Guideline Suggested ECG Monitoring Leads: V2 or V3



#### Why not V1 ?

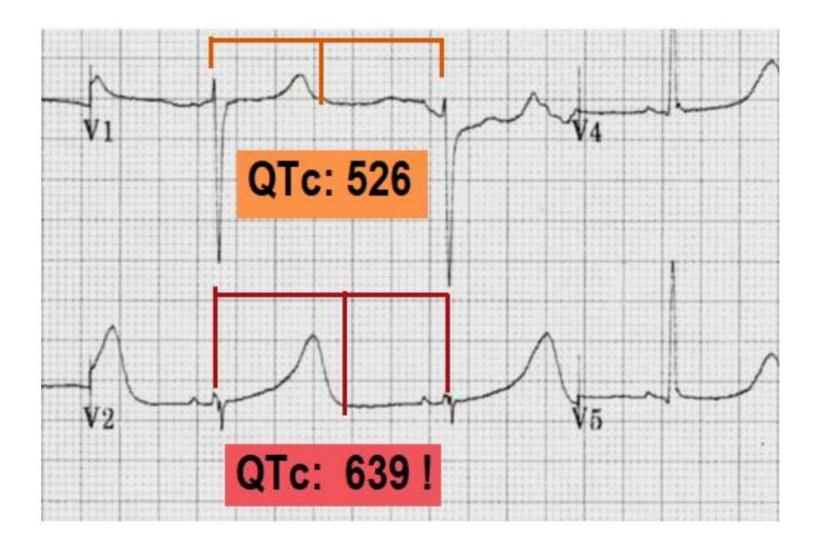


### Why not V1 ? (often won't see STEMI !)



If you were only monitoring Leads II and V1, you would NOT detect this patient's STEMI !!

### Why not V1 ? (may not detect critical QTc)



 We've established continuous ECG monitoring and we assess the rhythm . . .

• Heart Rate:

-Should be between 50-150

• Heart Rate:

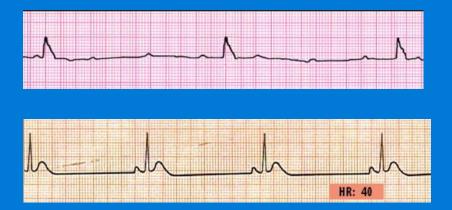
-Should be between 50-150

DECREASED CARDIAC OUTPUT may be present when heart rate is:

- LESS THAN 50

- GREATER THAN 150

- Heart Rate
  - TOO SLOW (less than 50) with signs of shock:
  - SPEED UP THE HEART RATE
  - (follow ACLS and Protocols)

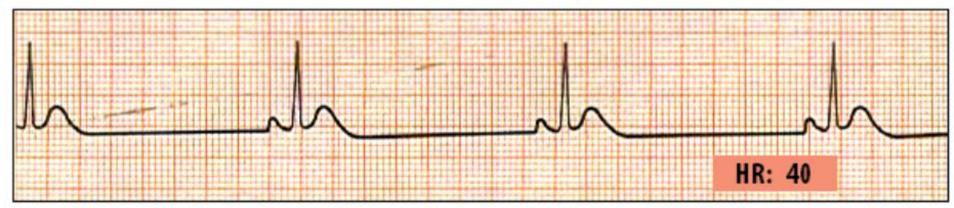


- **Usual treatment:**
- Atropine
- Pacemaker

### **Bradycardias & Heart Block**

- There are several ECG Rhythms seen with "BRADYCARDIA"
- While you should be able to distinguish each rhythm, what is MORE IMPORTANT is that you simply "identify when the heart rate being TOO SLOW is causing the patient to be symptomatic (SHOCK) . . . . and that you. . .
- KNOW how to treat it.

#### THIS RHYTHM IS: SINUS BRADYCARDIA



#### WE MUST CONSIDER UNDERLYING CAUSES:

INCREASED VAGAL TONE

HYPOTHERMIA \_\_\_\_\_

ORGANOPHOSPHATE POISONING  $\longrightarrow$ ATHLETIC METABOLISM  $\longrightarrow$ (excellent health!)

#### AND TREAT THEM:

ATROPINE

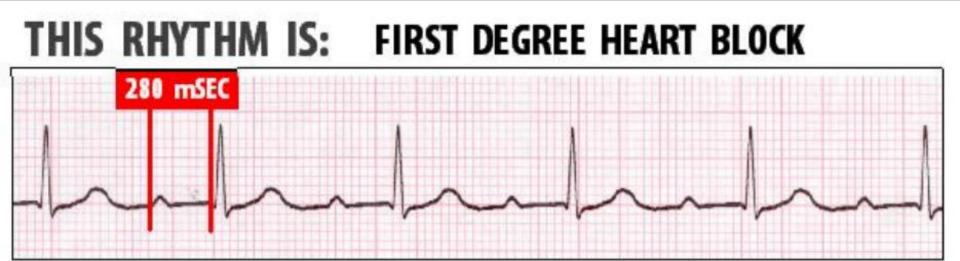
CARDIAC CATH - PTCA / STENT THROMBOLYTICS

CORRECT ELECTROLYTES

WARM PATIENT

ATROPINE

**COMPLIMENT PATIENT!** 



MAIN IDENTIFICATION CHARACTERISTIC(S): P - R INTERVAL TOO LONG -(GREATER THAN 200 mSEC.)

RATE	NORMAL
RHYTHM	REGULAR
P-R INTERVAL	> 200 mSEC
P: QRS RATIO	1:1
QRS INTERVAL	NORMAL

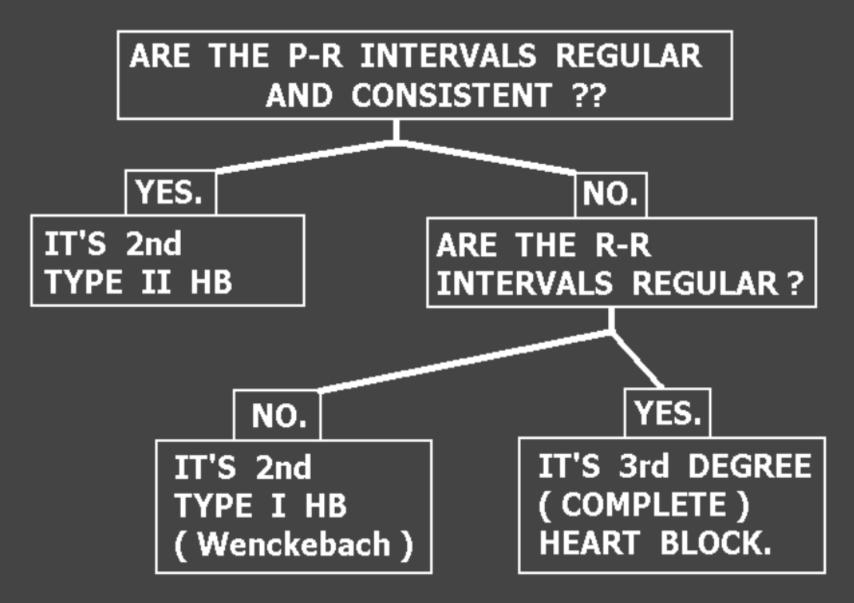
# **P:QRS RATIO** IF GREATER THAN 1:1

THINK:

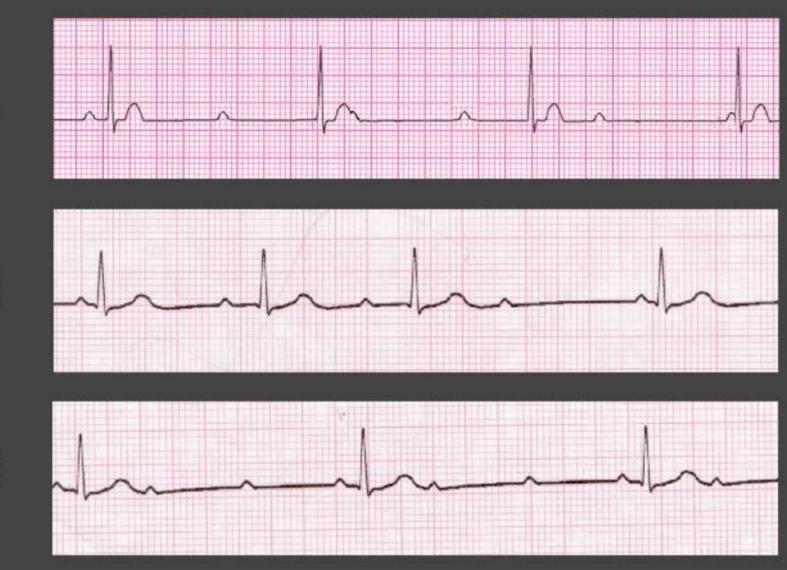
# - 2° HEART BLOCK (TYPE 1 or 2) - 3° HEART BLOCK



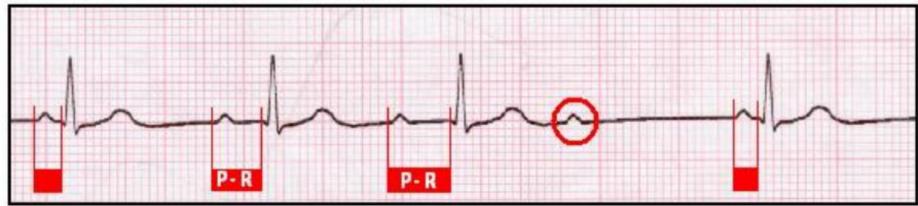
#### MORE P-WAVES THAN QRS COMPLEXES PRESENT.



#### LET'S TEST THE PROCEDURE . . .



### THIS RHYTHM IS: 2nd <sup>0</sup> TYPE I HB (Wenckebach)

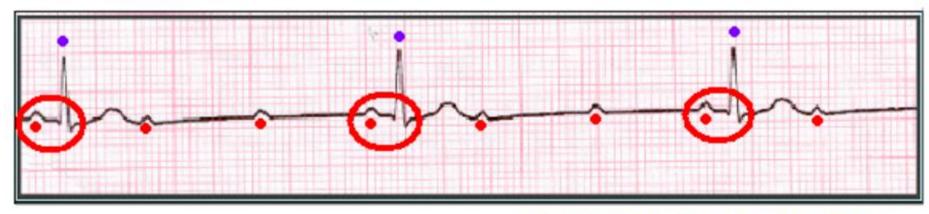


MAIN IDENTIFICATION CHARACTERISTIC(S): P-R INTERVAL GETS PROGRESSIVELY LONGER UNTIL IT DROPS A QRS -- THEN CYCLE REPEATS

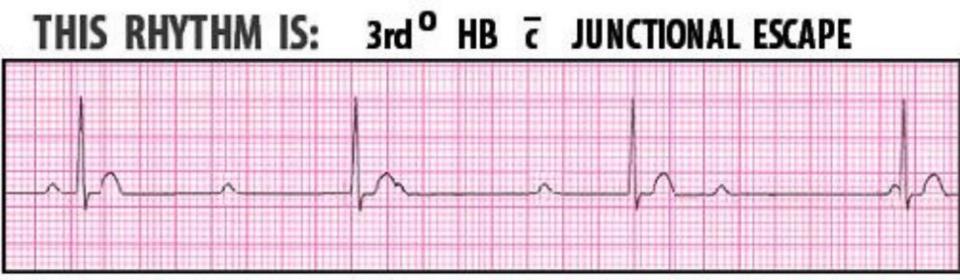
RATE ------RHYTHM ------P-R INTERVAL -----P: QRS RATIO ------QRS INTERVAL -----

NORMAL or BRADYCARDIC REGULARLY IRREGULAR VARIES (regularly irregular) VAIRES (usually 1:1 and 2:1) NORMAL

#### THIS RHYTHM IS: 2nd <sup>o</sup> TYPE II HEART BLOCK



MAIN IDENTIFICATION CHARACTERISTIC(S): MORE THAN ONE P WAVE FOR EACH QRS -- BUT EVERY QRS HAS A NORMAL, CONSISTENT P - R INTERVAL



#### MAIN IDENTIFICATION CHARACTERISTIC(S): P - R INTERVAL INCOSISTENT, P - P INTERVALS REGULAR, R - R INTERVALS REGULAR -- NO RELATIONSHIP BETWEEN P WAVES AND QRS COMPLEXES.

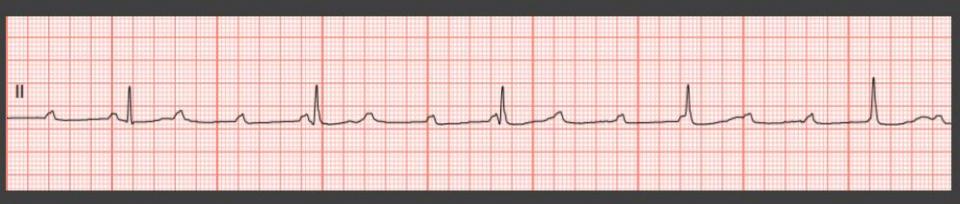
RATE	USUALLY BRADYCARDIC (40 - 60 JUNCTIONAL RATE)
RHYTHM	REGULAR
P-R INTERVAL	INCONSISTENT (irregularly irregular)
P: QRS RATIO	VARIES - USUALLY > 2:1
QRS INTERVAL	NORMAL ( < 120 ms ) UNLESS PT HAS BUNDLE BRANCH BLOCK

#### THIS RHYTHM IS: 3rd<sup>O</sup> HB & IDIOVENTRICULAR ESCAPE



MAIN IDENTIFICATION CHARACTERISTIC(S): P - R INTERVALS INCONSISTENT P - P INTERVALS REGULAR, R - R INTERVALS REGULAR. NO RELATIONSHIP BETWEEN P WAVES AND QRS COMPLEXES. QRS COMPLEXES are WIDER THAN 120ms, AND OF SLOW VENTRICULAR RATE (usually < 40)

RATE	USUALLY BRADYCARDIC ( < 40 VENTRICULAR RATE)
RHYTHM	REGULAR
P-R INTERVAL	INCONSISTENT (irregularly irregular)
P: QRS RATIO	VARIES - USUALLY > 2:1
QRS INTERVAL	WIDER THAN 120 ms



???

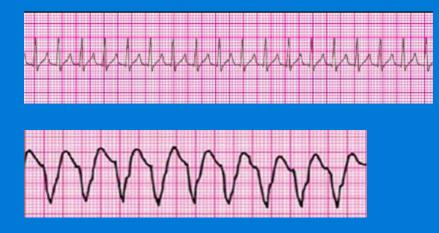
#### THIS RHYTHM IS: JUNCTIONAL RHYTHM



MAIN IDENTIFICATION CHARACTERISTIC(S): P WAVES ABSENT, or LOCATED JUST AFTER QRS (in S-T seg) or JUST BEFORE QRS (short P-R). WHEN P wave RATE ------- 40-60 RHYTHM ------ 40-60 REGULAR P-R INTERVAL ----- ABSENT or SHORT P: QRS RATIO ----- 1:1

QRS INTERVAL ----- NORMAL

- Heart Rate
  - TOO FAST (greater than 150) with signs of shock:
  - SLOW the heart rate
    (follow ACLS and Protocols)



Usual treatment: - Synchronized Cardioversion

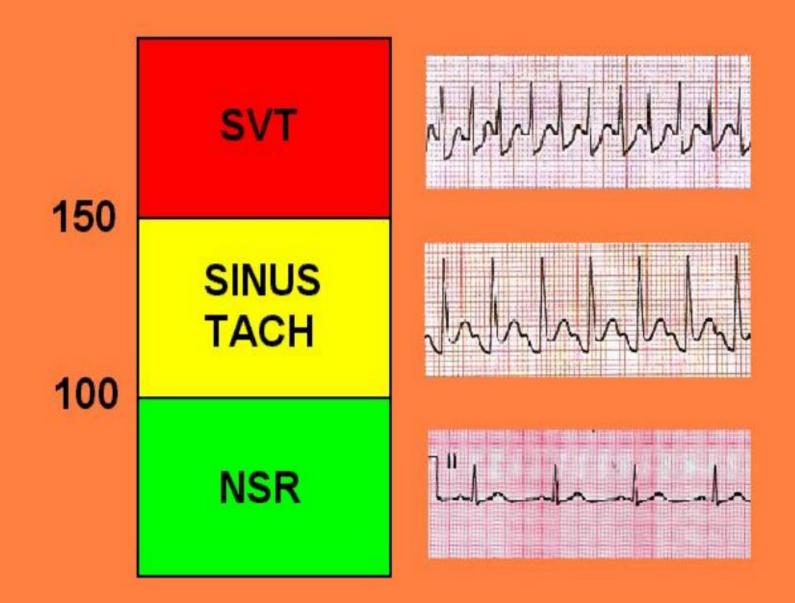
### Tachycardias

- Is the patient STABLE or UNSTABLE?
- QRS narrow or wide ???
  - Narrow = "not greater than 120 ms" (3 mm)
  - Wide = "greater than 120 ms (3 mm)

## ALL UNSTABLE TACHYCARDIAS:

- SYNCHRONIZED CARDIOVERSION
  - As per agency PROTOCOL and/or ACLS
  - NARROW tachycardias = less initial energy
  - WIDE QRS tachycardias AND A-fib RVR = higher initial energy

## ACLS TACHYCARDIA GUIDELINES



### THIS RHYTHM IS: SINUS TACHYCARDIA



MAIN IDENTIFICATION CHARACTERISTIC(S): SINUS RHYTHM, RATE HIGHER THAN 100. (ACLS guidelines: heart rate 100 - 150 )

RATE	100 - 150 ( can be > 150 )
RHYTHM	REGULAR
P-R INTERVAL	NORMAL (120 - 200 ms)
P: QRS RATIO	1:1
QRS INTERVAL	NORMAL (< 120 ms), (unless Bundle Branch Block present)

## THIS RHYTHM IS: SINUS TACHYCARDIA



### WE MUST CONSIDER UNDERLYING CAUSES :

## ANXIETY/FEAR

## AND TREAT THEM :

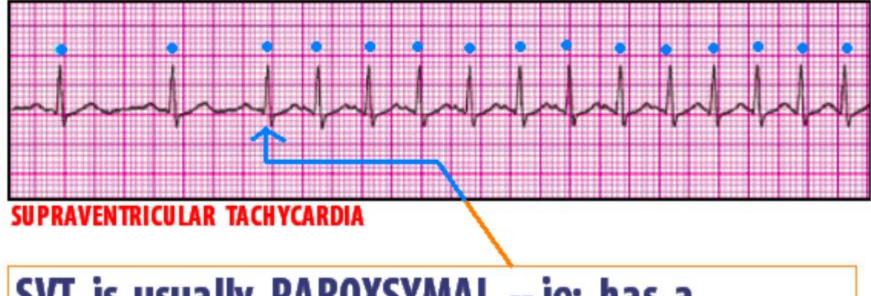
### $\rightarrow$ CALM PATIENT

HYPOVOLEMIA DEHYDRATION BLOOD LOSS

#### 

→ FLUID S
→ STOP BLEEDING
→ CONSIDER MEDICAL Tx
→ IDENTIFY & Tx DISORDER

### RHTHYM CLUES . . . .



# SVT is usually PAROXSYMAL -- ie: has a SUDDEN ONSET.

SINUS TACHYCARDIA usually has a "ramp - up " and "ramp - down " period -- a gradual change in HEART RATE.

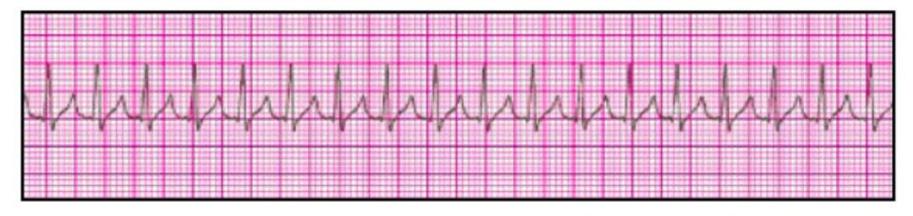
### THIS RHYTHM IS: SUPRAVENTRICULAR TACHYCARDIA (SVT)



MAIN IDENTIFICATION CHARACTERISTIC(S): HEART RATE TOO FAST, USUALLY > 150. P WAVES MAY BE "BURIED" IN THE PRECEDING T WAVES. Pt USUALLY C/O "SUDDEN ONSET of HEART RACING," or "PALPITATIONS."

RATE	TACHYCARDIC (usually >	150)
RHYTHM	REGULAR	
P-R INTERVAL	NORMAL or ABNORMAL.	MAY BE IMPOSSIBLE TO SEE DUE
P: QRS RATIO	1:1	TO P WAVE BURIED IN T WAVES
QRS INTERVAL	NORMAL	

### THIS RHYTHM IS: SUPRAVENTRICULAR TACHYCARDIA (SVT)



MAIN IDENTIFICATION CHARACTERISTIC(S): HEART RATE TOO FAST, USUALLY > 150. P WAVES MAY BE "BURIED" IN THE PRECEDING T WAVES. Pt USUALLY C/O "SUDDEN ONSET of HEART RACING," or "PALPITATIONS."

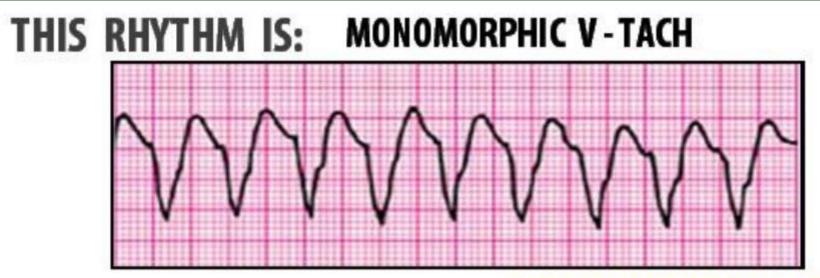
#### **TREATMENT / INTERVENTIONS :**





#### MAIN IDENTIFICATION CHARACTERISTIC(S):

RATE -----RHYTHM ------P-R INTERVAL -----P: QRS RATIO ------QRS INTERVAL -----



MAIN IDENTIFICATION CHARACTERISTIC(S): WIDE QRS COMPLEXES (> 120 ms) HR USUALLY BETWEEN 150 - 200; ALL QRS COMPLEXES APPEAR SAME IN SHAPE and DEFELCTION; IF P WAVES SEEN, DISASSOTIATED w/ QRS

RATE	> 100 (usually 150 - 200)
RHYTHM	REGULAR
P-R INTERVAL	N/A
P: QRS RATIO	N/A
QRS INTERVAL	> 120 ms

## V-Tach

- NO PULSE Follow Protocols / ACLS for "V-Fib / V-Tach"
- PULSE but UNSTABLE Synchronized Cardioversion
- STABLE Give MEDS as per Protocols / ACLS

### THIS RHYTHM IS: POLYMORPHIC V - TACH



#### MAIN IDENTIFICATION CHARACTERISTIC(S): WIDE QRS COMPLEXES, MULTIPLE SHAPES AND FORMS, POSITVE AND NEGATIVE DEFLECTIONS, APPEARS TO ROTATE BETWEEN NEGATIVE AND POSITIVE (TWISTING OF POINTS)

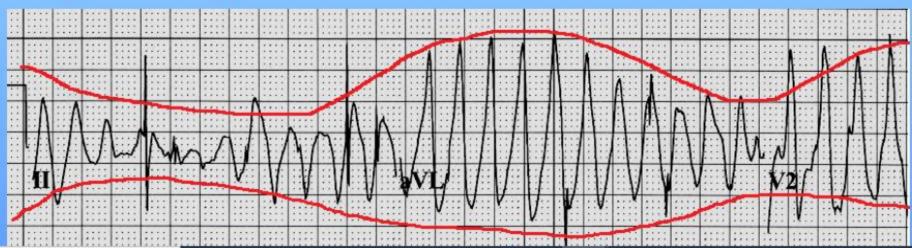
RATE	200-300
RHYTHM	VARIES
P-R INTERVAL	N/A
P: QRS RATIO	N/A
QRS INTERVAL	VARIES

## ECG Characteristics of TdP: The QRS Pattern of *Torsades de Pointes*

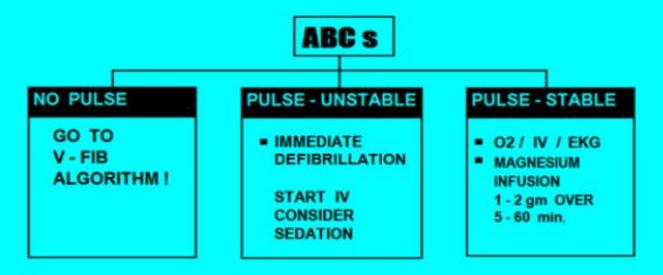
resembles . . . .



### a piece of Twisted Ribbon !







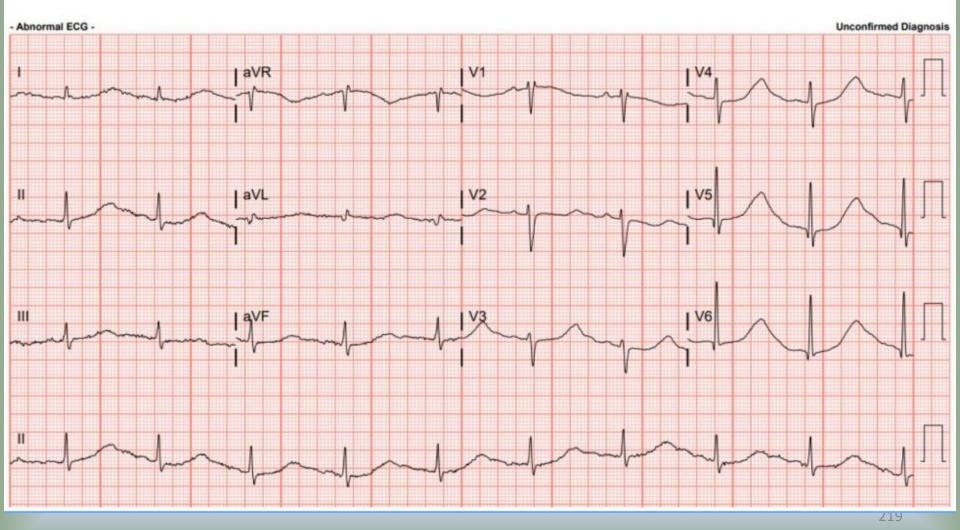
DO NOT give PROCAINAMIDE, AMIODARONE, or SOTALOL to patients with TORSADES or POLYMORPHIC VT !!!

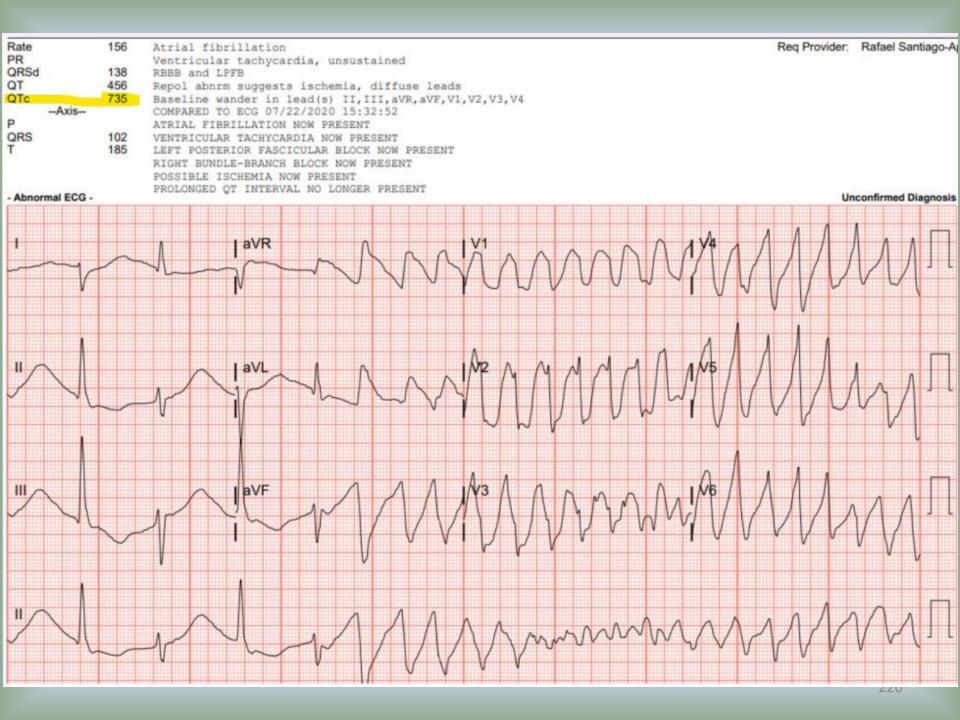
## QTc Values:

Too Short:	< 390 ms		
Normal			
-Males:	390 - 450 ms		
-Females:	390 - 460 ms		
Borderline High			
-Males:	450 - 500 ms		
-Females:	460 - 500 ms		
High (All Genders): 500 - 600 ms			
Critical High			
(associated with TdP): 600 + ms			

Reg Provider: Rafael Santiago-Ap

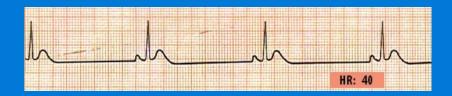






- Heart Rate TOO SLOW or TOO FAST
  - Wide QRS
  - Narrow QRS









• Heart Rate:

-Should be between 50-150

- Heart Rate:
  - -Should be between 50-150
- Decreased Contractility: – STEMI / Acute Coronary Syndrome (vascular)



- Heart Rate:
  - -Should be between 50-150
- Decreased Contractility:

   STEMI / Acute Coronary Syndrome (vascular)
   Myocarditis (muscle dysfunction)

- Heart Rate:
  - -Should be between 50-150
- Decreased Contractility:

   STEMI / Acute Coronary Syndrome (vascular)
   Myocarditis (muscle dysfunction)
   Often mimics STEMI on the ECG. Often
   "challenging" for advanced practitioners to diagnose.

## **Initial Patient Workup:**

• If patient has ANY symptoms of ACS, get a

## STAT 12 Lead ECG

## EMS 12 Lead ECG



## In-Hospital 12 Lead ECG

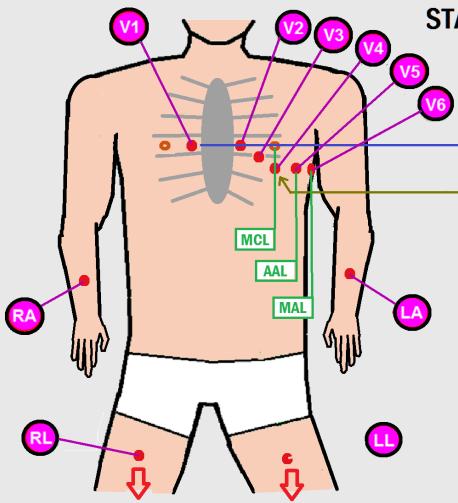


## 10 wires . . .

- 4 limb leads
- 6 chest ("V") leads



## **Obtaining the 12 Lead ECG**



#### STANDARD LEAD PLACEMENT ---12 LEAD ECG

4 th INTERCOSTAL SPACE

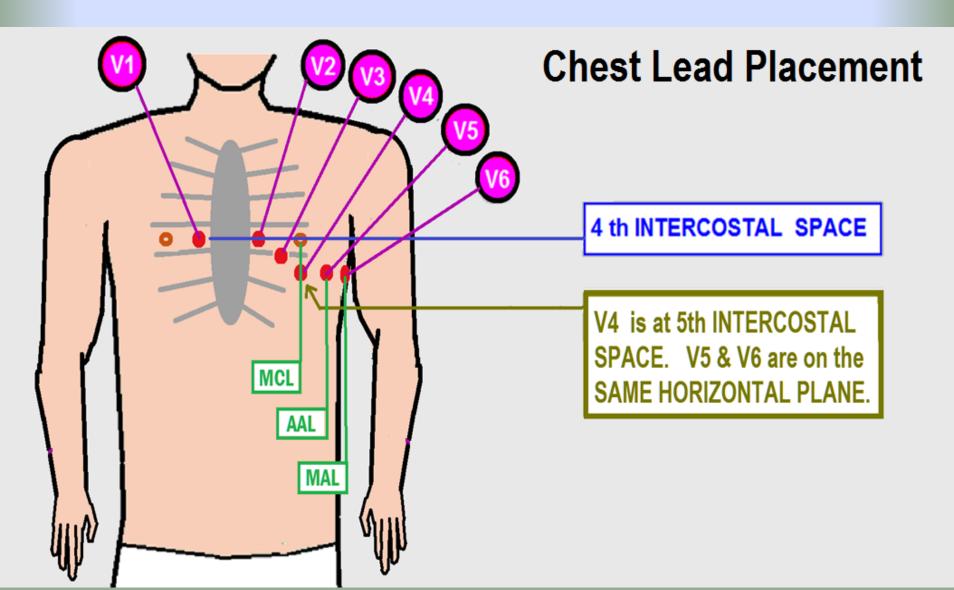
V4 is at 5th INTERCOSTAL SPACE. V5 & V6 are on the SAME HORIZONTAL PLANE.

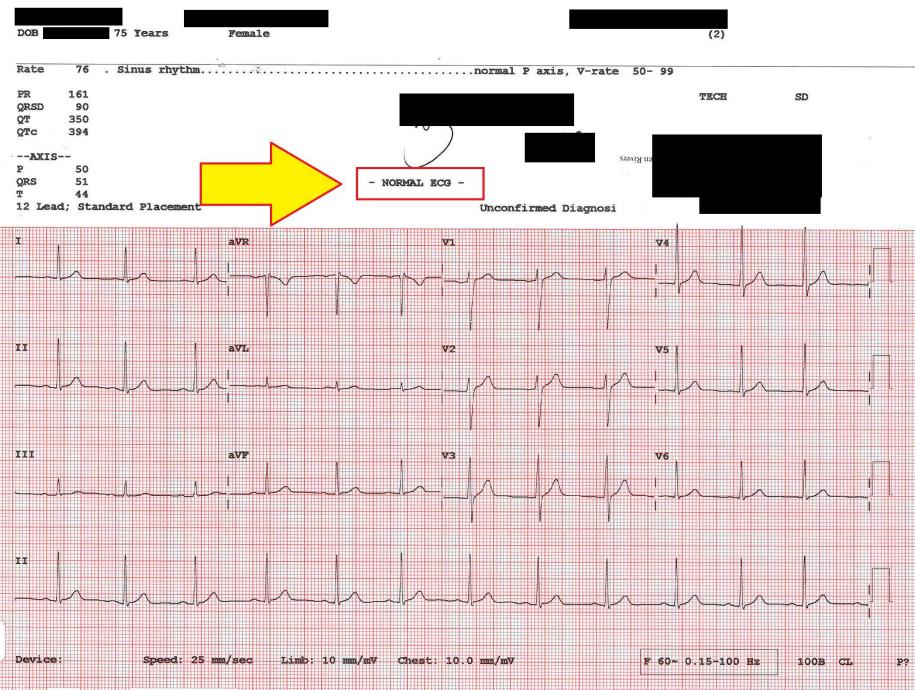
- PATIENT SHOULD LAY AS FLAT AS POSSILVE
- LIMB LEADS SHOULD BE PLACED AS DISTALLY AS POSSIBLE

## Leads V1 & V2 on 12 Lead ECG:

- Proper lead placement of precordial Leads V1 and V2 are 4th intercostal space on opposite sides of the sternum.
- Incorrect placement of Leads V1 and V2 will result in: reduction of R wave amplitude (resulting in poor R wave progression) leading to misdiagnosis of previous anterior / septal infarction.

## **CORRECT** Lead placement:

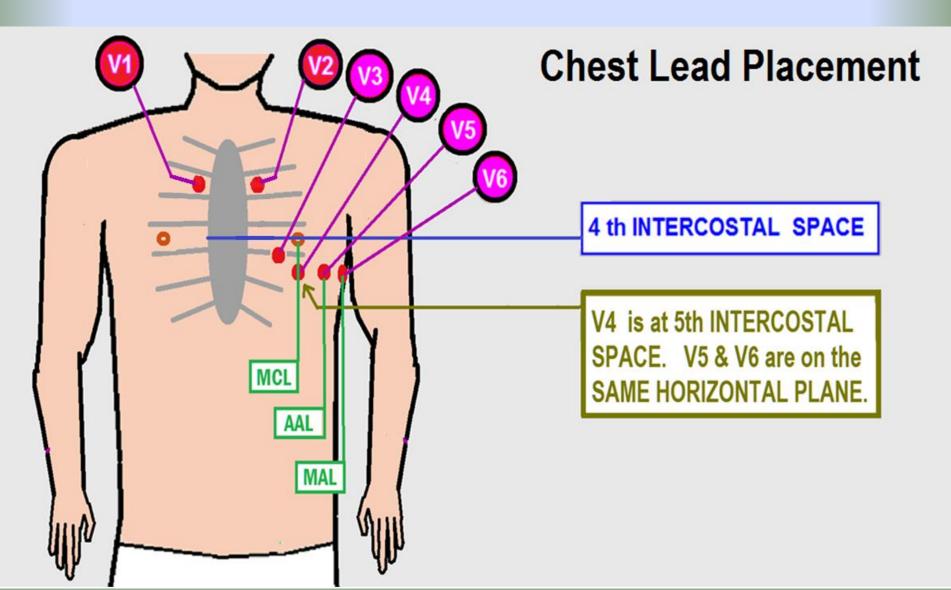


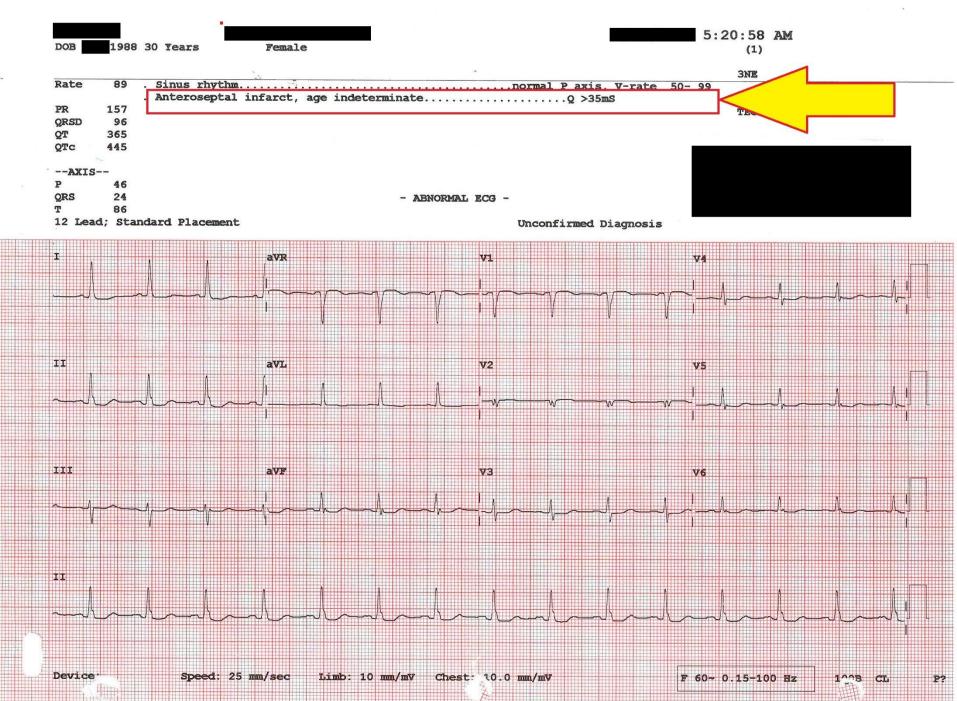


COVIDIEN Kendall

HEF 30768678

## **INCORRECT** Lead placement:





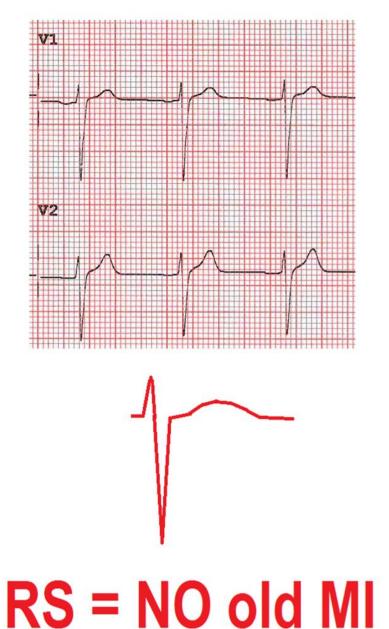
#### **AHA/ACC/HRS Scientific Statement**

#### **Recommendations for the Standardization and Interpretation of the Electrocardiogram** Part I: The Electrocardiogram and Its Technology

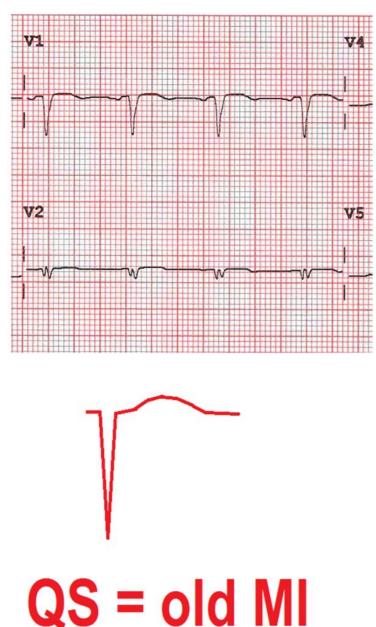
1.1

the often profound alterations in waveforms that can result from precordial electrode misplacement.<sup>85,86</sup> A common error is superior misplacement of  $V_1$  and  $V_2$  in the second or third intercostal space. This can result in reduction of initial **R**-wave amplitude in these leads, approximating 0.1 mV per interspace, which can cause poor R-wave progression or erroneous signs of anterior infarction.<sup>87</sup> Superior displacement of the  $V_1$  and  $V_2$  electrodes will often result in rSr' complexes with T-wave inversion, resembling the complex in lead aVR. It also has been shown that in patients with low diaphragm position, as in obstructive pulmonary disease,<sup>88,89</sup>

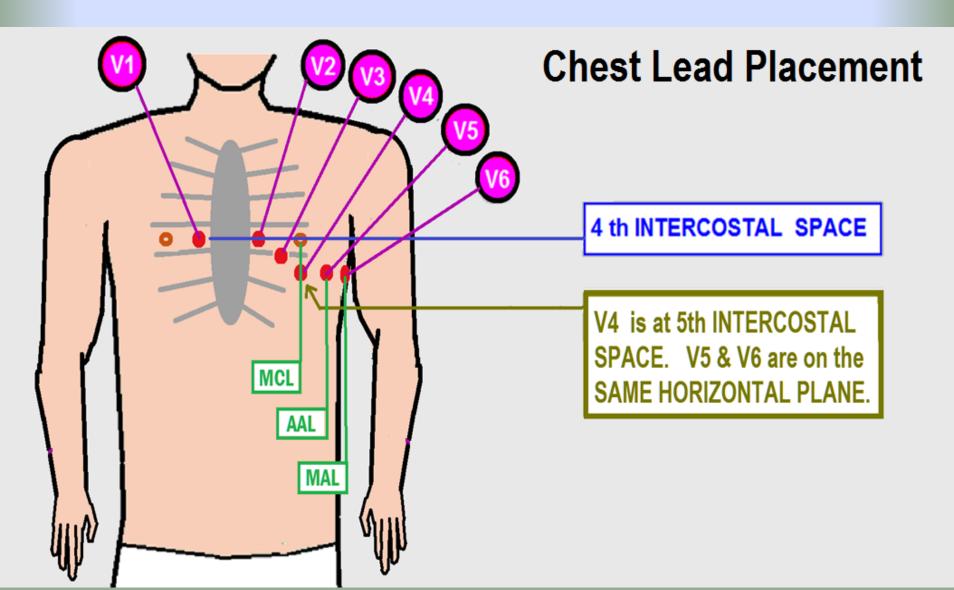
#### **Correct Lead Placement**



#### **Incorrect Lead Placement**

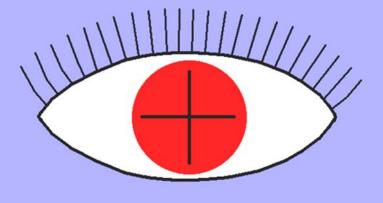


## **CORRECT** Lead placement:

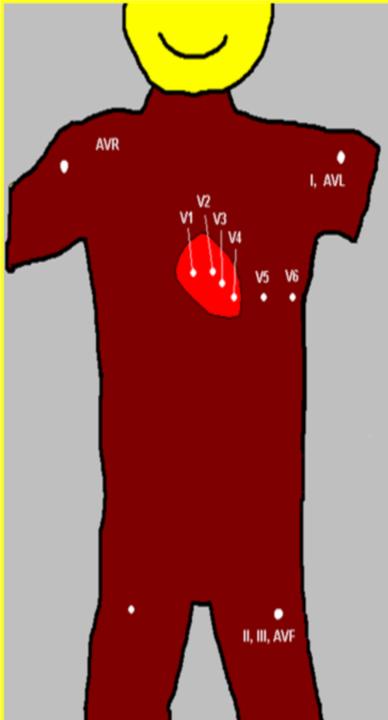


## What part of the HEART does each lead SEE ?

#### THE POSITIVE ELECTRODE



IS THE "EYE" . . .



### AREAS VIEWED by 12 LEAD ECG

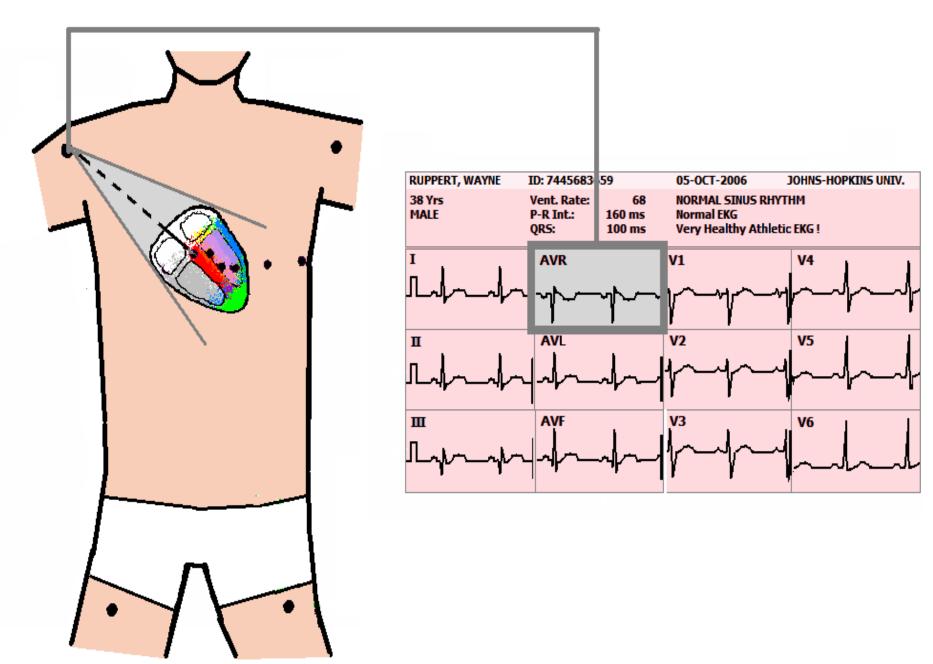


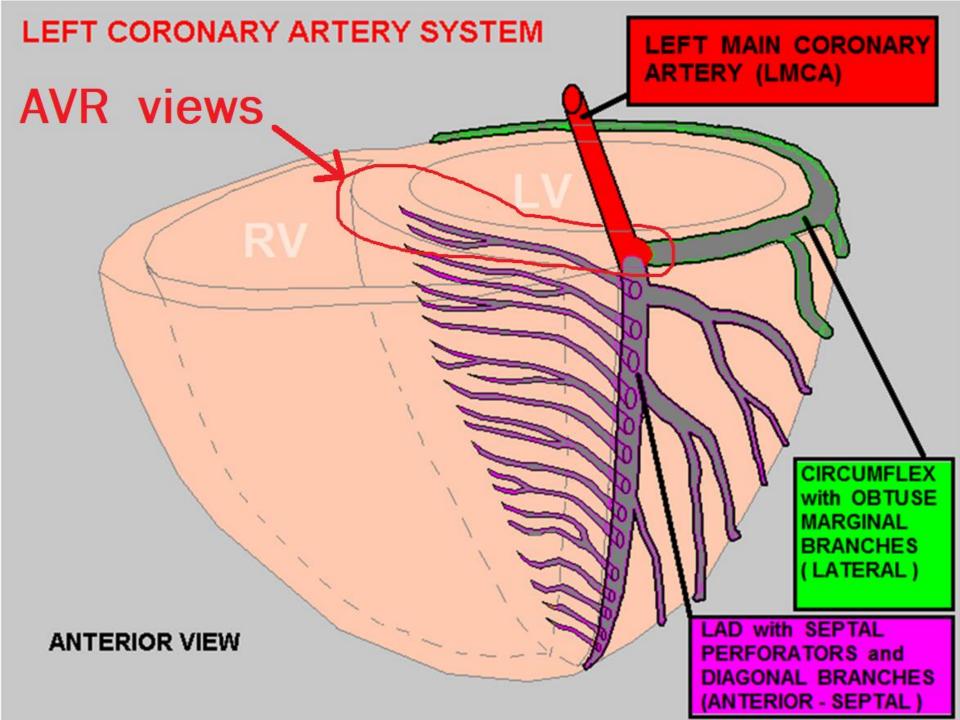
II, III, AVF

THE POSITIVE ELECTRODE

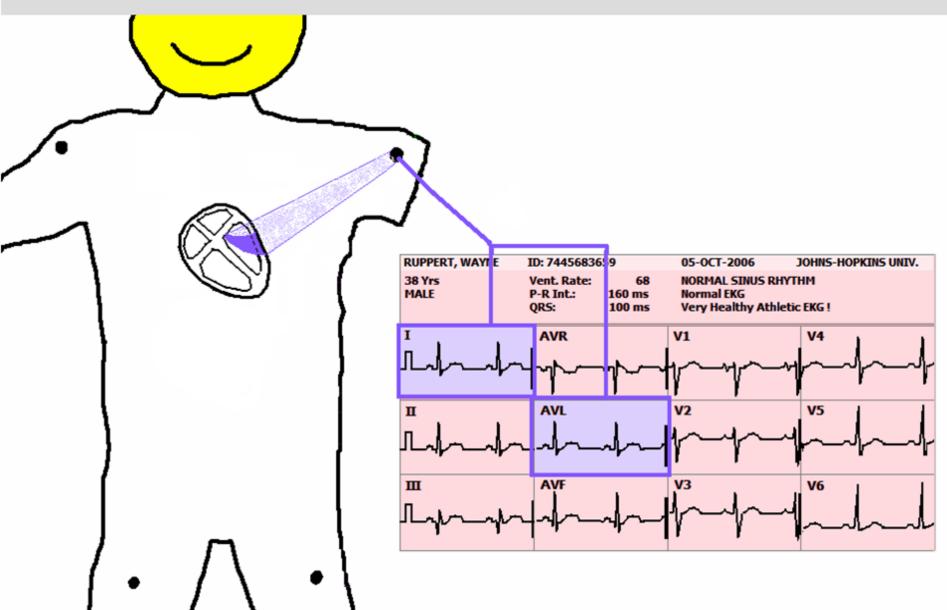
IS THE "EYE" . . .

Lead AVR Views the BASILAR SEPTUM (region of the Bundle of His)

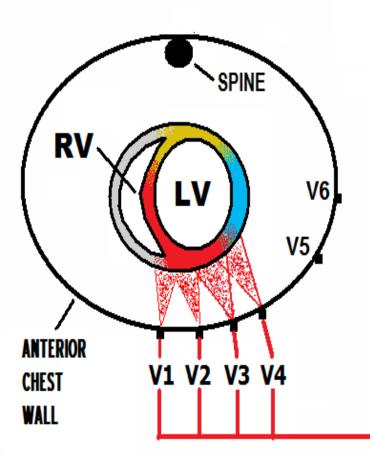




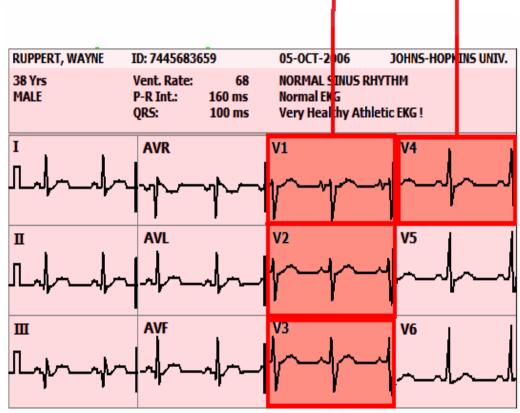
# LEADS I and aVL VIEW the LATERAL - ANTERIOR WALL



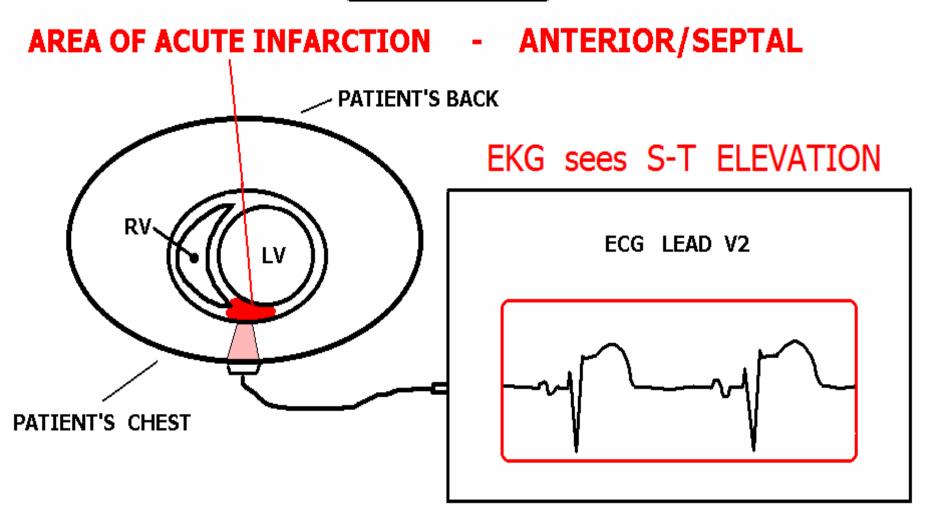
## V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE



### V1, V2 - ANTERIOR / SEPTAL V3, V4 - ANTERIOR

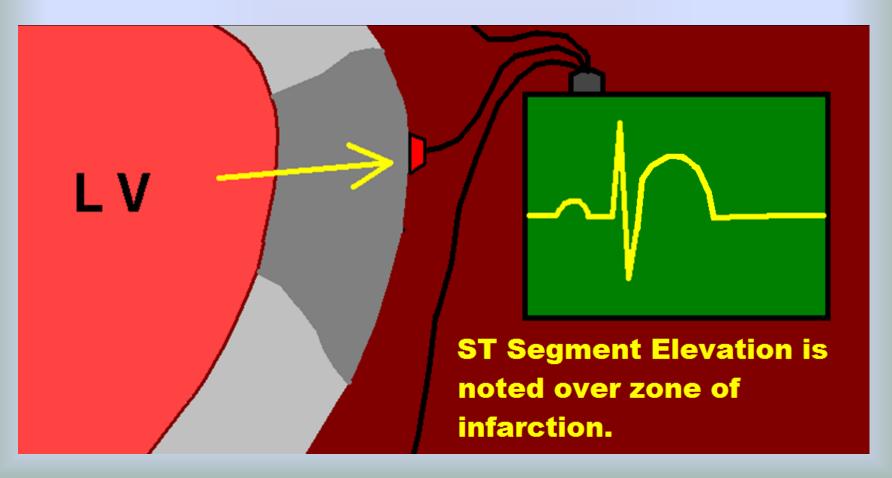


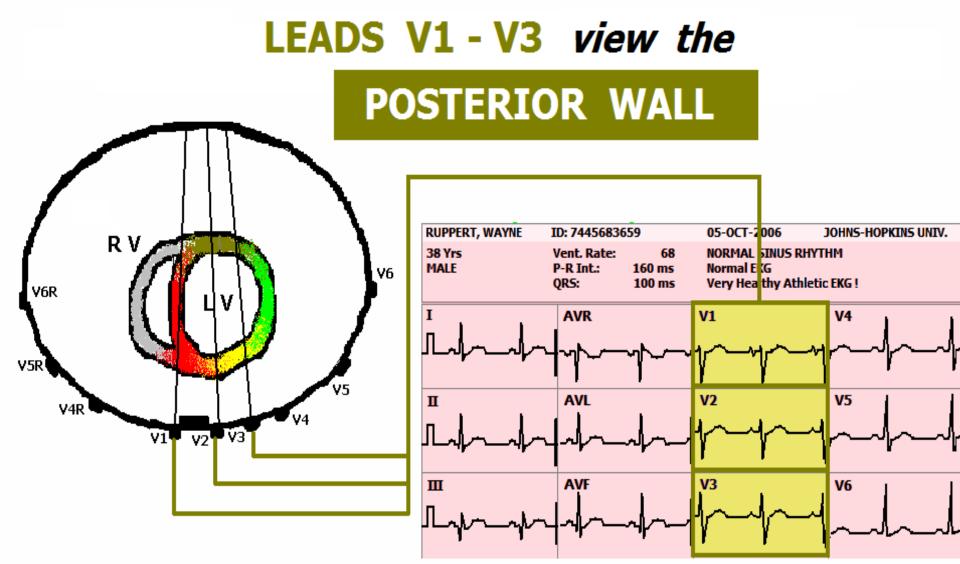
#### HOW EKG VIEWS INDICATIVE CHANGES



# STEMI

ST Segment Elevation Myocardial Infarction.





#### via RECIPROCAL CHANGES.

# ST Depression in Leads V1 – V4:



Direct view of ISCHEMIA (anterior wall)

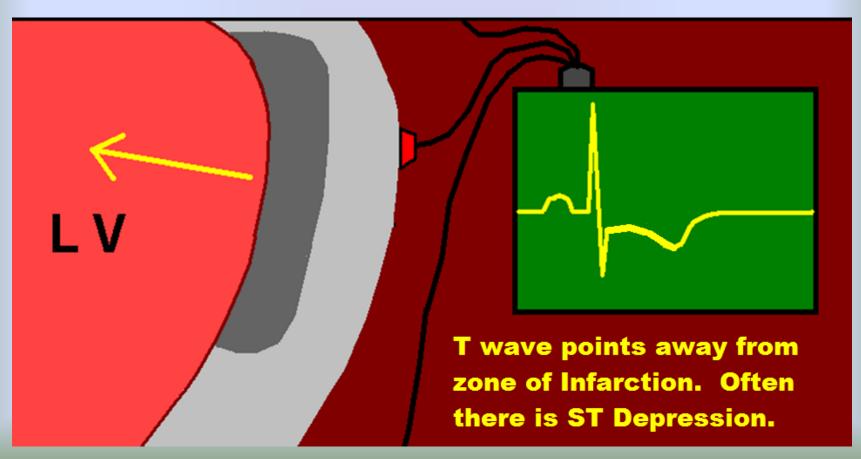




- Direct view of ISCHEMIA (anterior wall)
- Direct view of NSTEMI (anterior wall)

# Non-STEMI (NSTEMI)

Non-ST Segment Elevation Myocardial Infarction. "sub-endocardial MI" . . . "partial wall thickness"

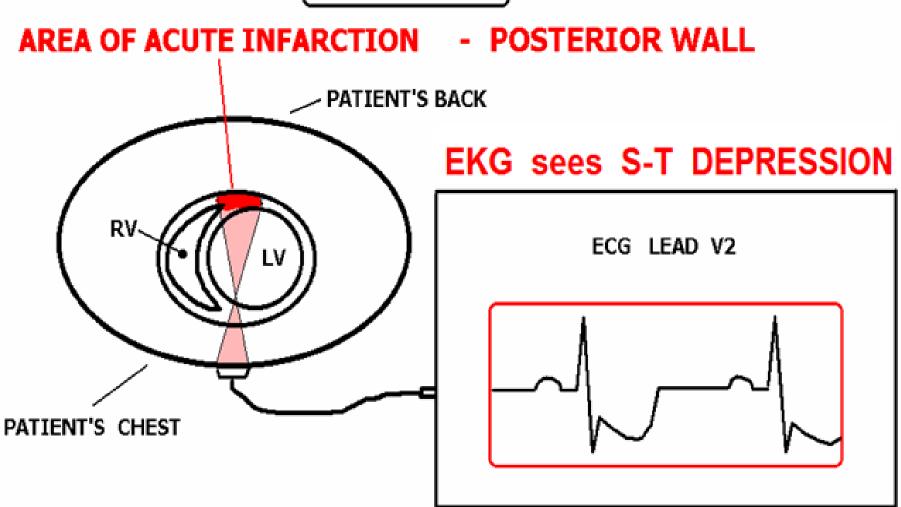




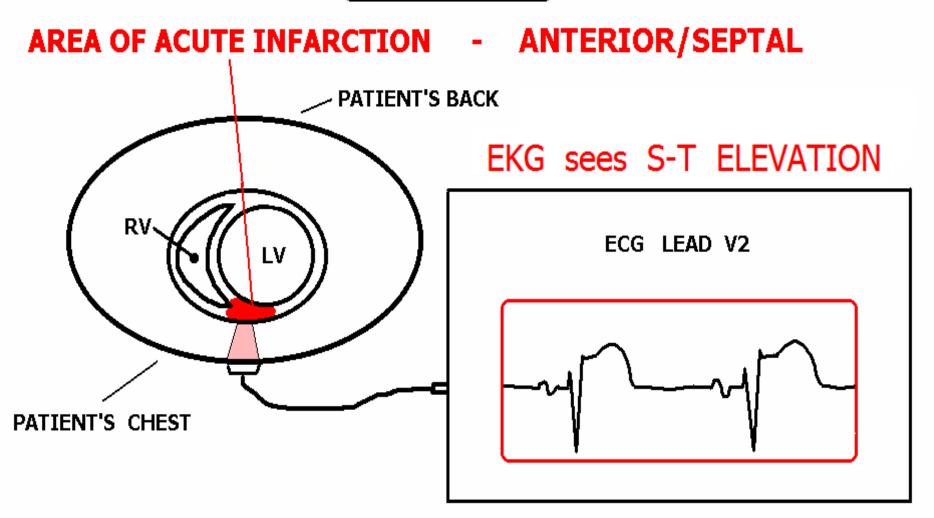


- Direct view of ISCHEMIA (anterior wall)
- Direct view of NSTEMI (anterior wall)
- Reciprocal view of STEMI (opposite side of heart - posterior wall)

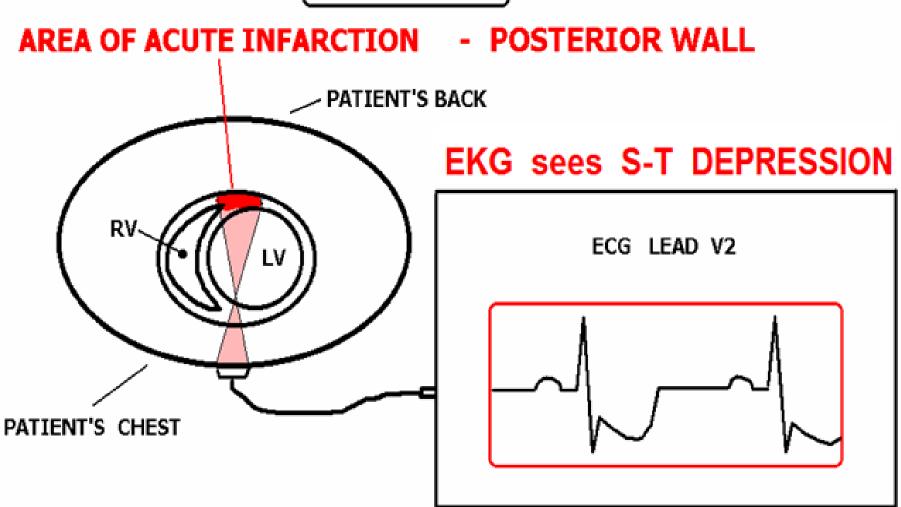
#### HOW EKG VIEWS RECIPROCAL CHANGES



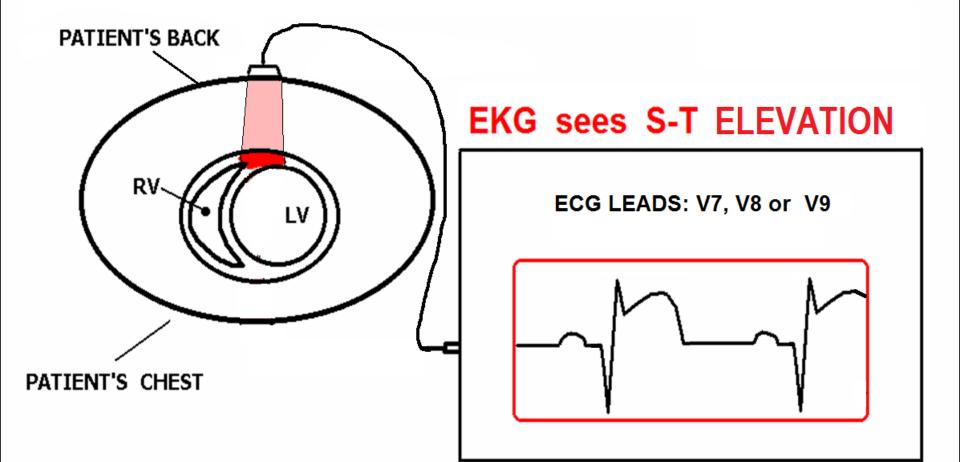
#### HOW EKG VIEWS INDICATIVE CHANGES



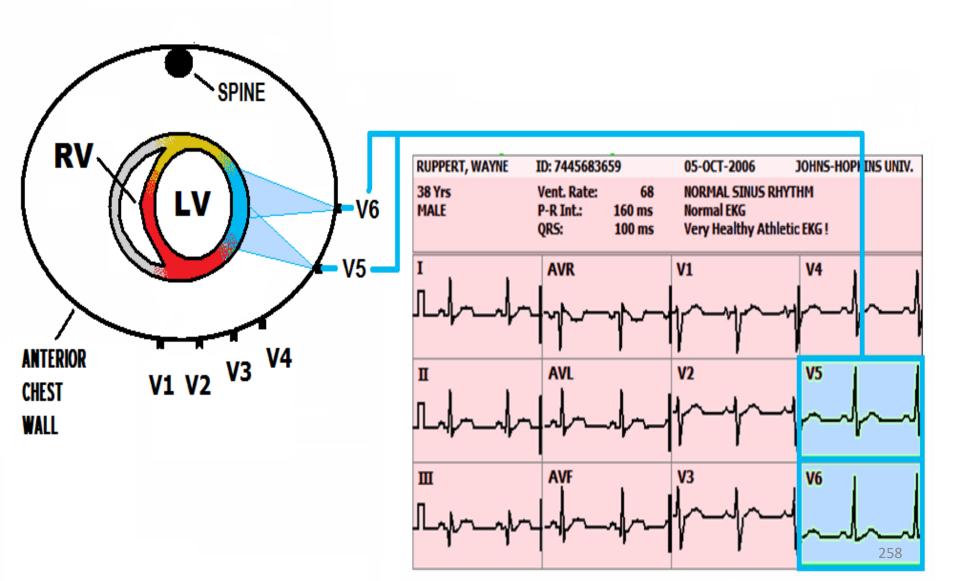
#### HOW EKG VIEWS RECIPROCAL CHANGES



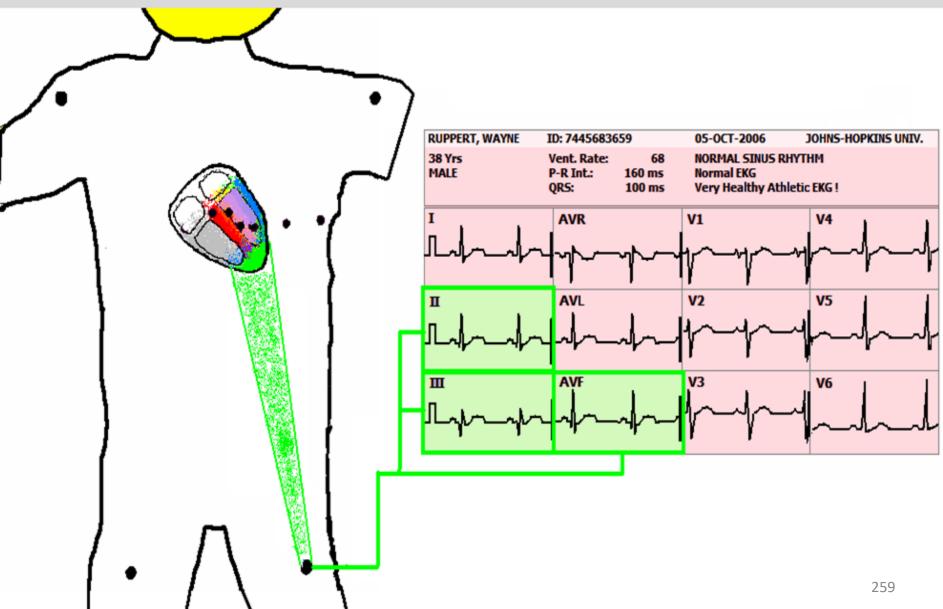
### If we put ECG leads on the BACK of a PATIENT who is having an ACUTE POSTERIOR WALL MI....

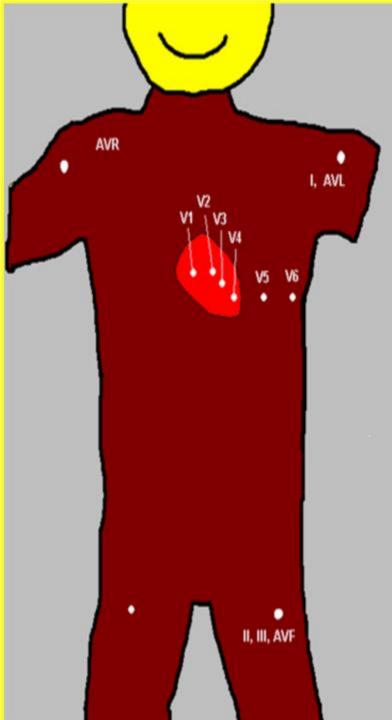


## V5 - V6 VIEW THE LATERAL WALL of the LEFT VENTRICLE



## LEADS II, III, and aVF VIEW INFERIOR WALL of the LEFT VENTRICLE





#### AREAS VIEWED by 12 LEAD ECG

AVR	BASILAR SEPTAL	

AVL, I LATERAL ANTERIOR

V1, V2 ANTERIOR

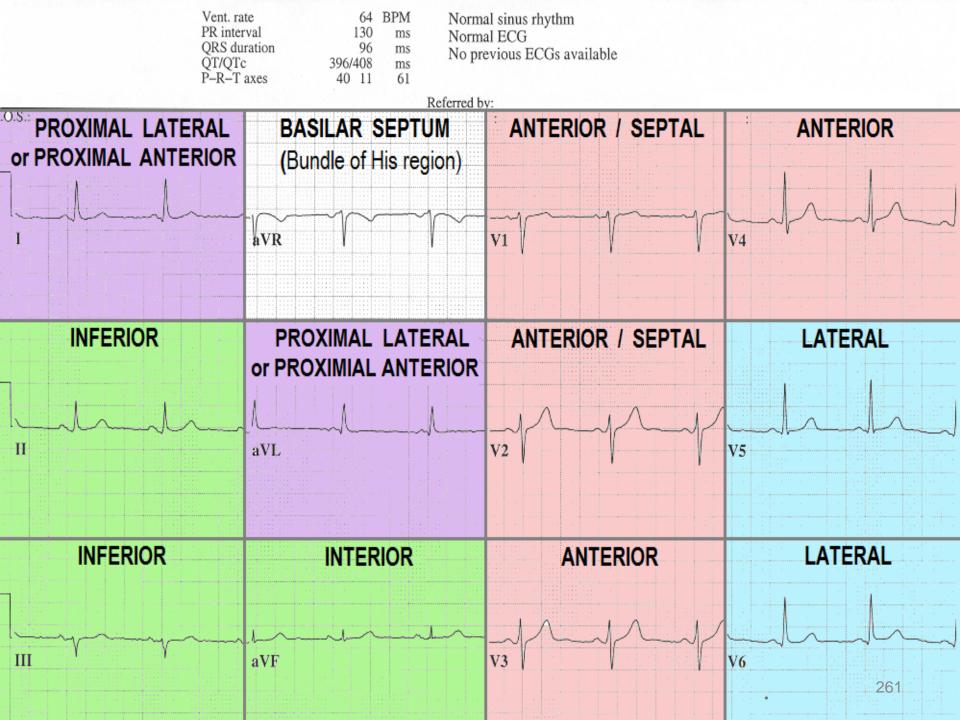
SEPTAL

POSTERIOR (recip.)

V3, V4	ANTERIOR

V5, V6 LATERAL

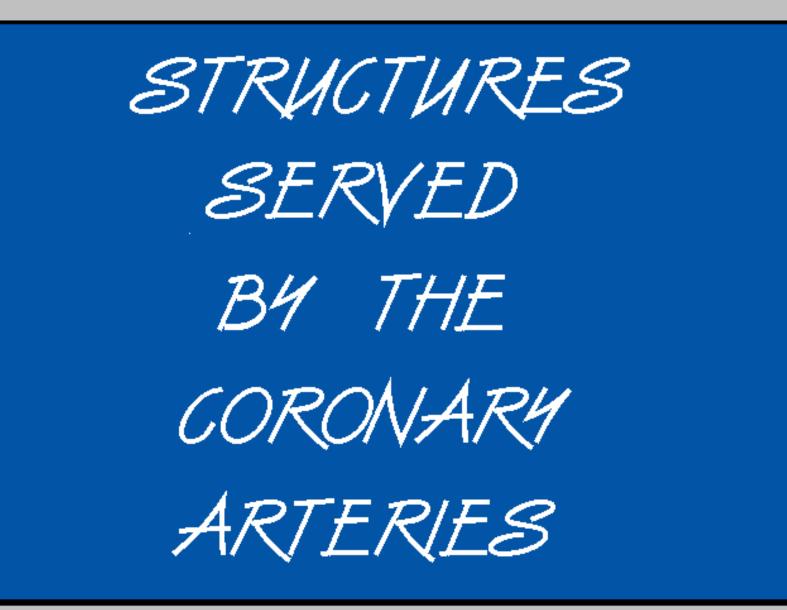
II, III, AVF INFERIOR

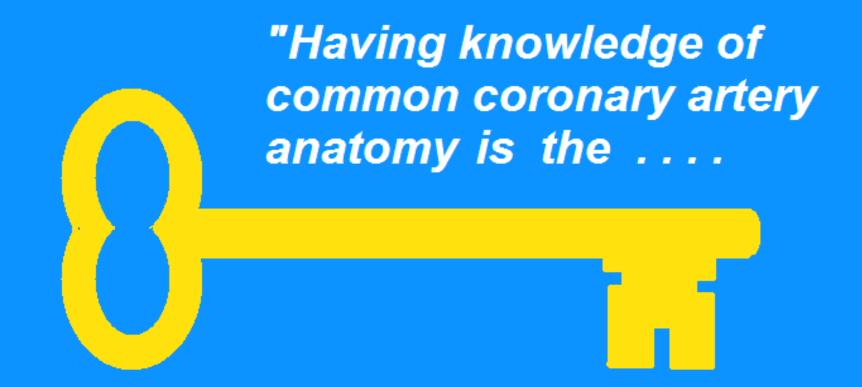


THE CORONARY









## to understanding the PHYSIOLOGICAL CHANGES that occur during ACUTE MI."

"INVALUABLE ASSET for ALL MEDICAL PROFESSIONALS who provide direct care to STEMI patients !"

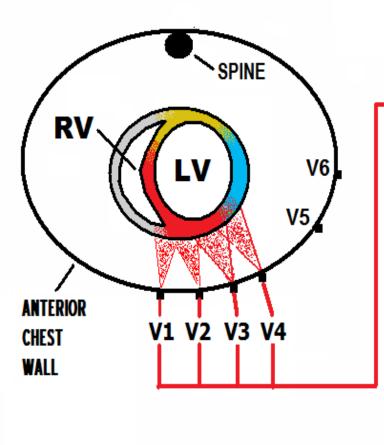
# The 12 Lead ECG becomes your "erystal ball !!"



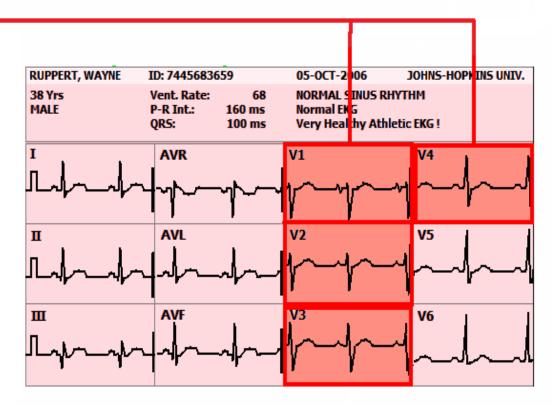
# **INTERPRET THE EKG, THEN:**

IDENTIFY THE AREA OF THE HEART WITH A PROBLEM . . . RECALL THE ARTERY WHICH SERVES THAT REGION . . . RECALL OTHER STRUCTURES SERVED BY THAT ARTERY ... ANTICIPATE FAILURE OF THOSE STRUCTURES . . . • INTERVENE APPROPRIATELY!

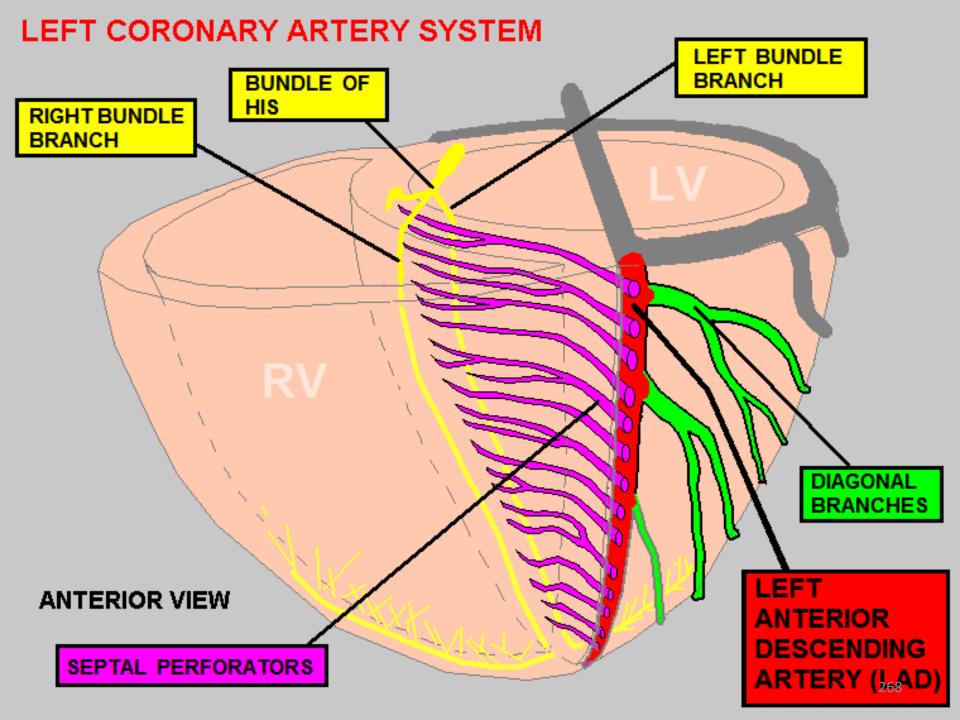
#### V1 - V4 VIEW THE ANTERIOR-SEPTAL WALL of the LEFT VENTRICLE

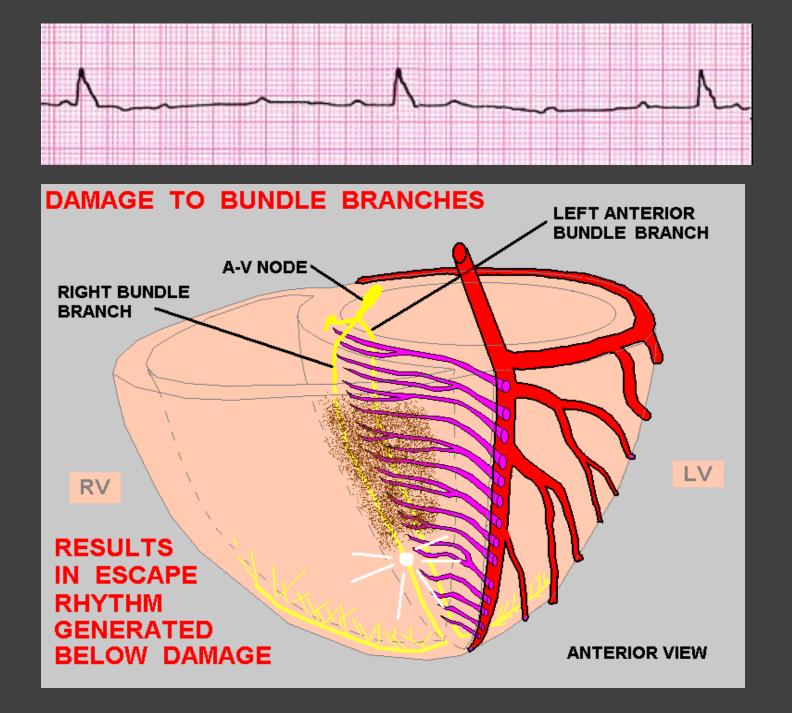


V1, V2 - ANTERIOR / SEPTAL V3, V4 - ANTERIOR



Which Coronary Artery typically Supplies the ANTERIOR WALL? 267

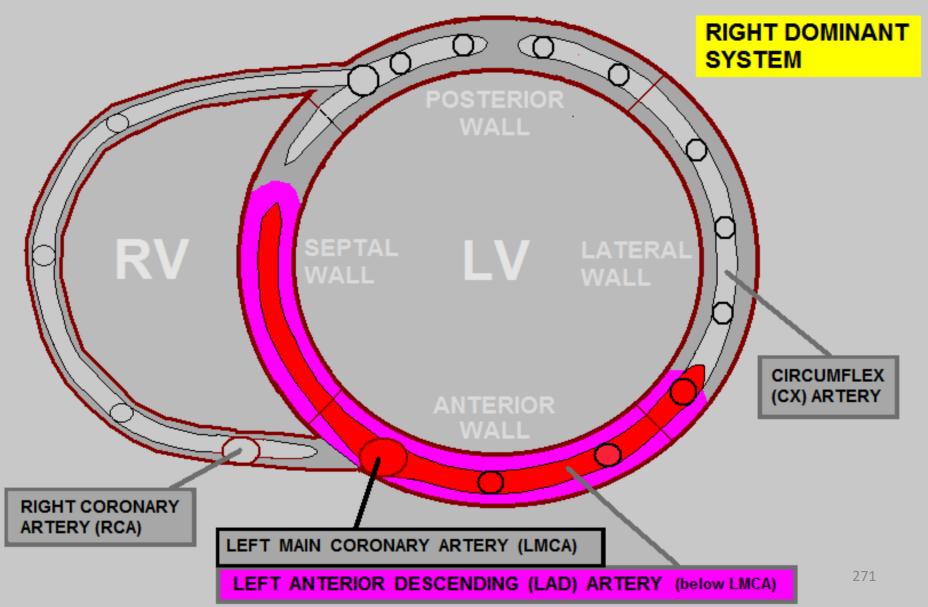




cutaway view of the

#### LEFT ANTERIOR DESCENDING ARTERY (LAD)

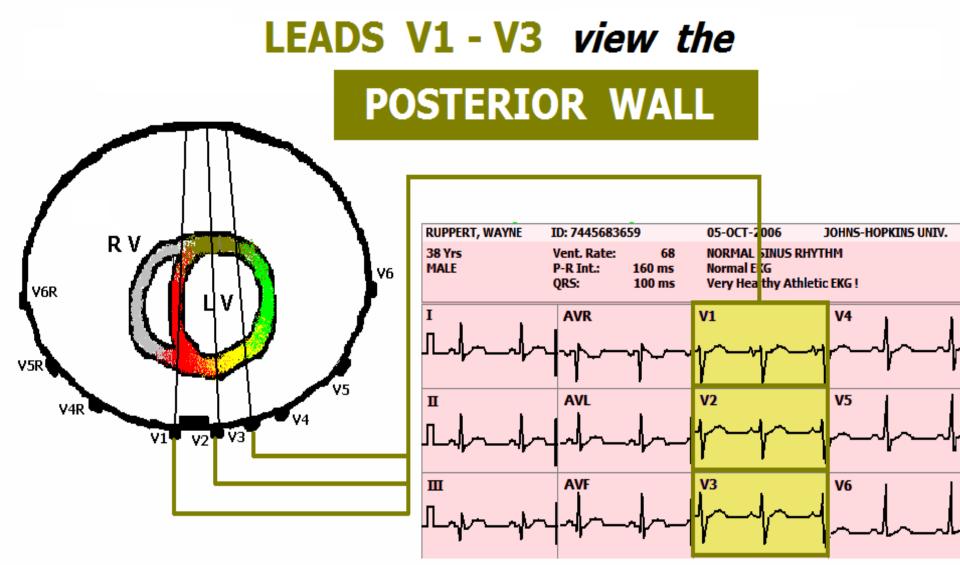
#### SUPPLIES APPROX. 35 - 45% of the LV MUSCLE MASS



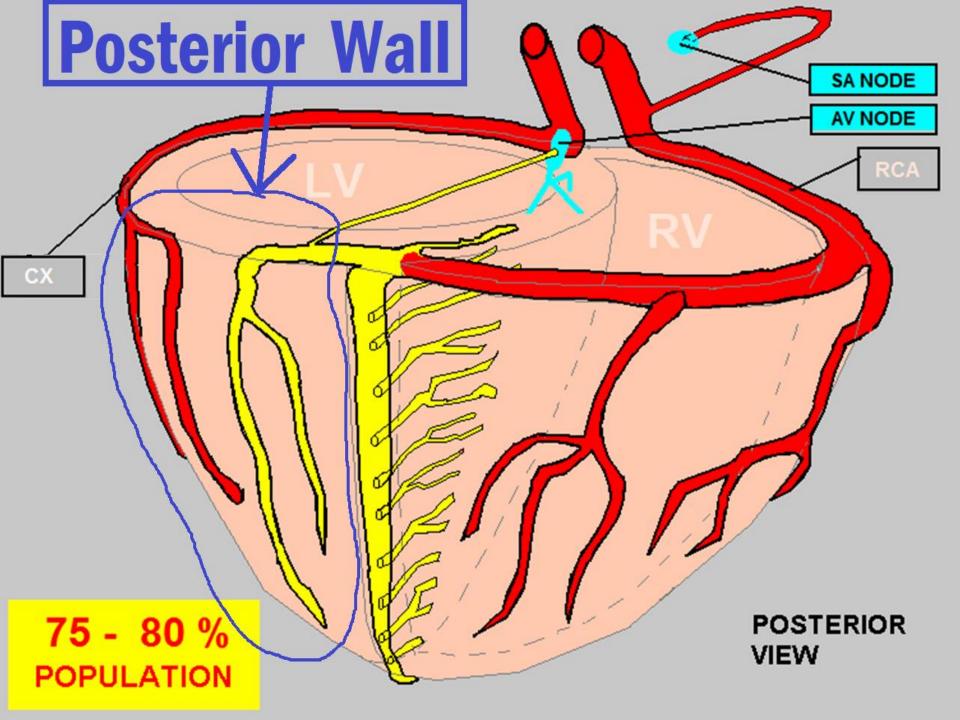


# LEFT ANTERIOR DESCENDING ARTERY (LAD)

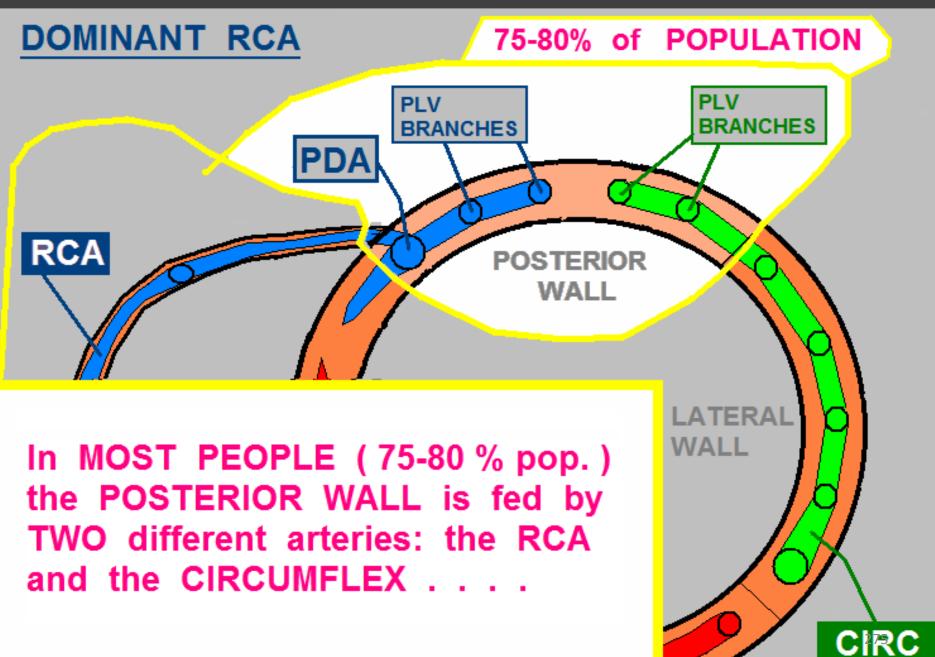
BUNDLE OF HIS
BUNDLE BRANCHES ()
35 - 45 % OF LV MUSCLE MASS
ANTERIOR WALL
SEPTAL WALL (anterior 2/3)



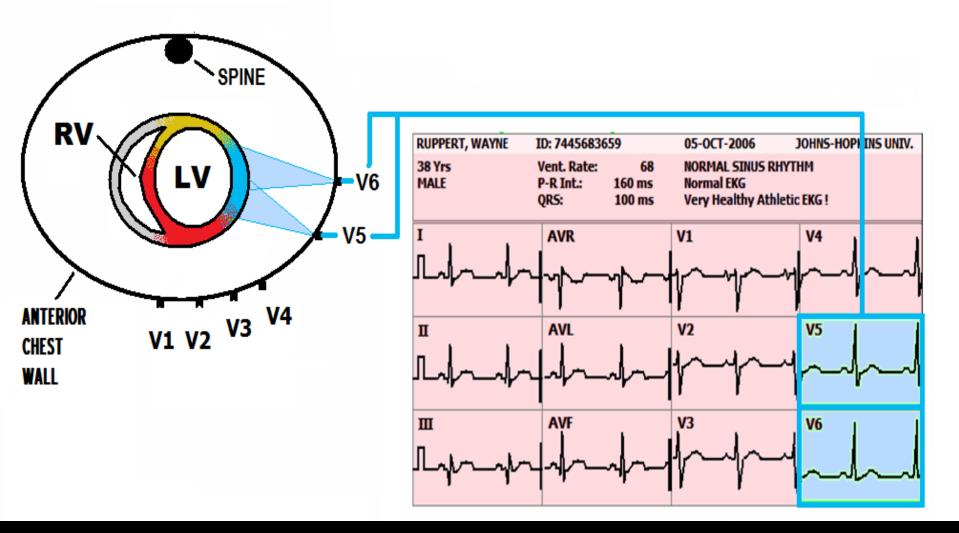
#### via RECIPROCAL CHANGES.



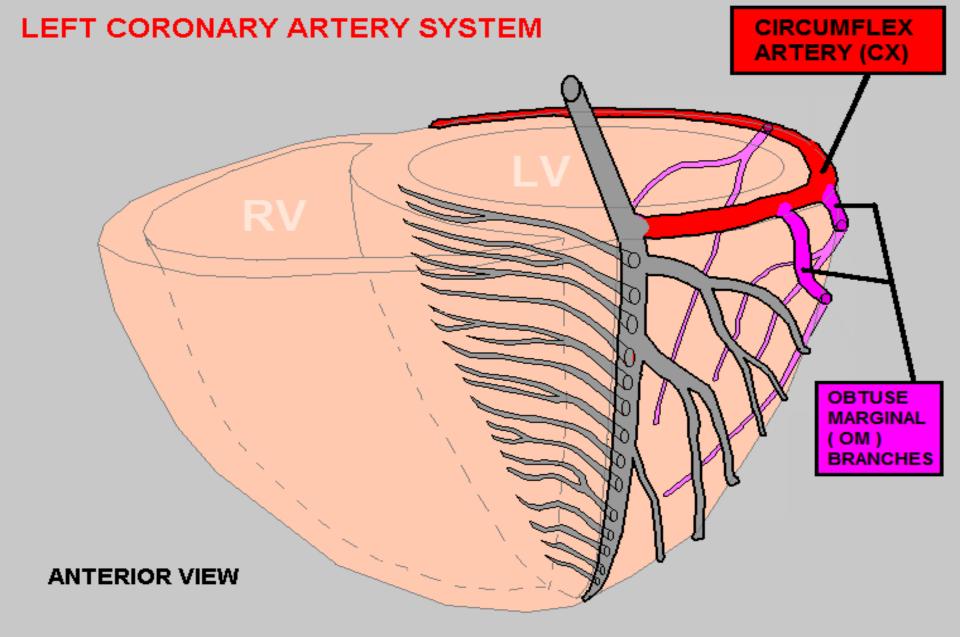
#### POSTERIOR WALL BLOOD SUPPLY



#### V5 - V6 VIEW THE LATERAL WALL of the LEFT VENTRICLE



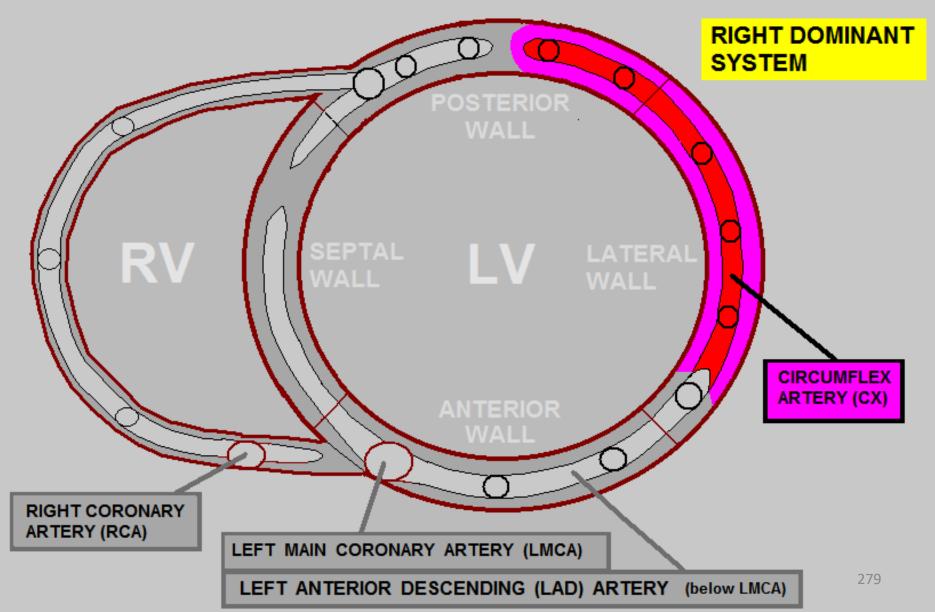
Which Coronary Artery typically Supplies the LATERAL WALL? 276

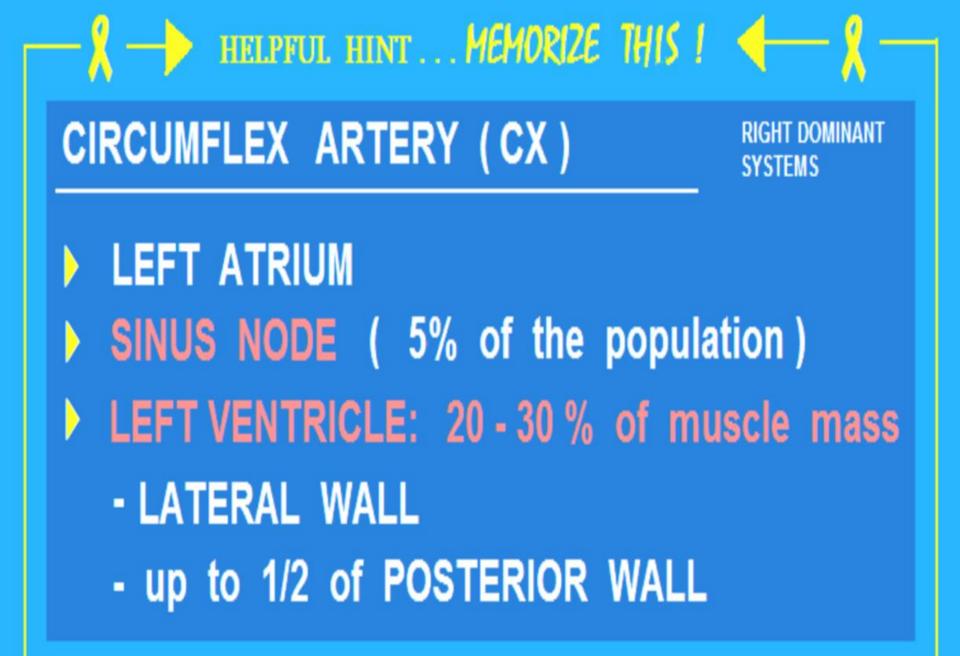


cutaway view of the

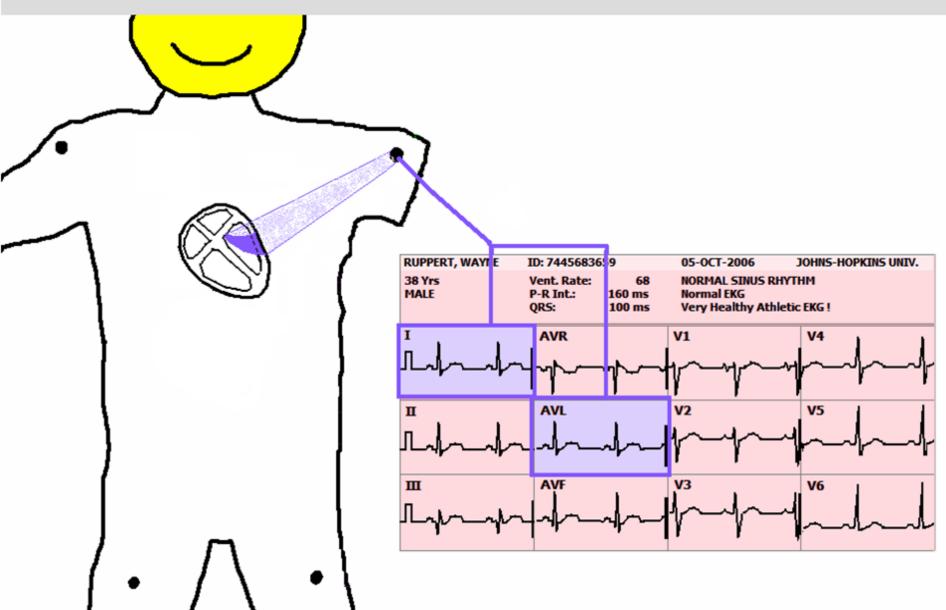
#### CIRCUMFLEX ARTERY (CX) DISTRIBUTION

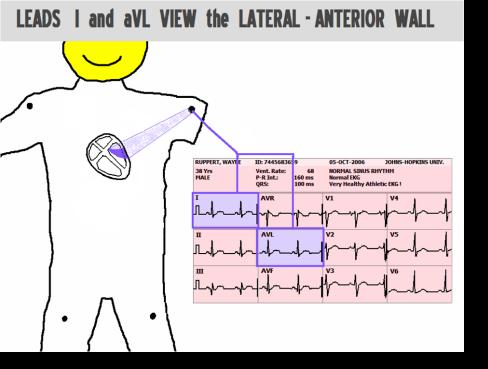
#### SUPPLIES 20 - 30 % of the LV MUSCLE MASS



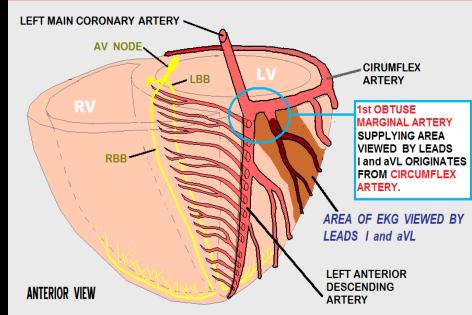


# LEADS I and aVL VIEW the LATERAL - ANTERIOR WALL

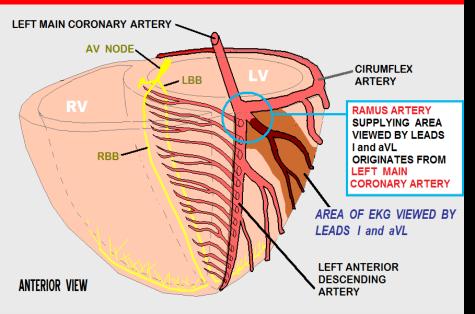




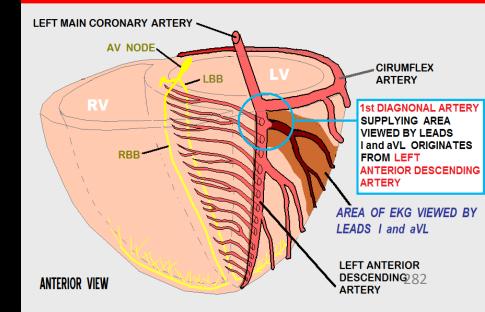
#### OCCLUSION of OBTUSE MARGINAL ARTERY



#### OCCLUSION of RAMUS ARTERY



#### OCCLUSION of DIAGONAL ARTERY



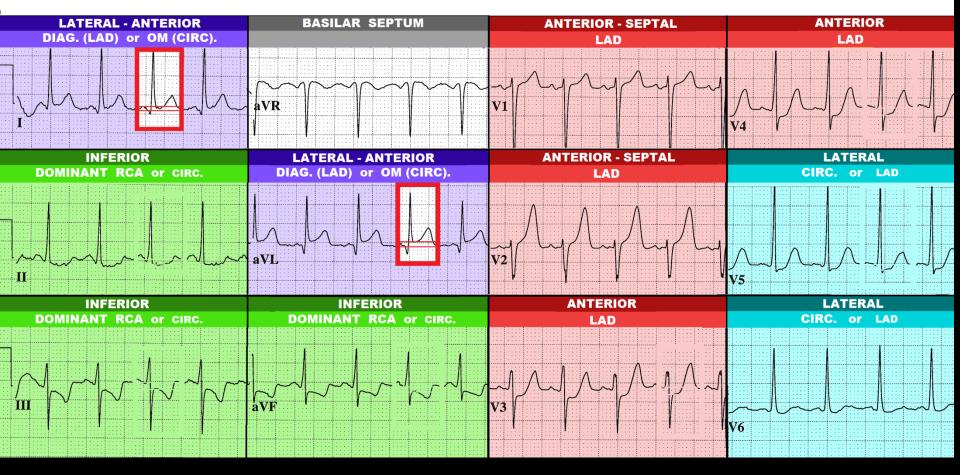
46 yr	Vent. rate	109	BPM
Female	PR interval	132	ms
	QRS duration	82	ms
Room:ER	QT/QTc	346/465	ms
	P–R–T axes	60 11	-32

Sinus tachycardia

Left ventricular hypertrophy with repolarization abnormality

ST elevation consider lateral injury or acute infarct

\*\*\* \*\* \*\* \*\* \* ACUTE MI \*\* \*\* \*\*

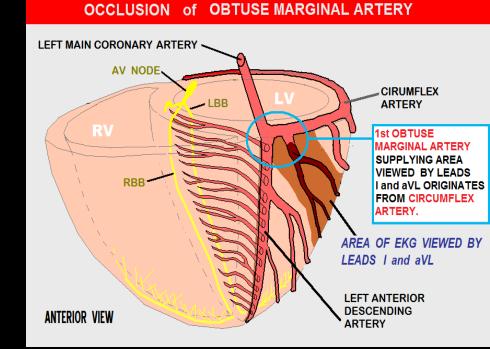


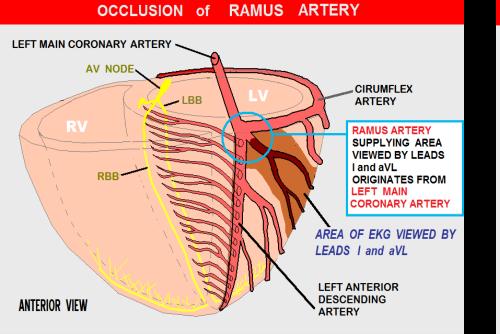
# ST Segment elevation ONLY in Leads I and aVL

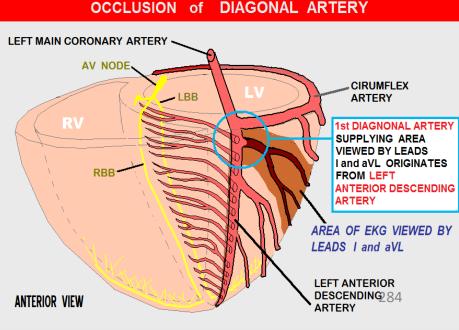
ST SEGMENT ELEVATION

ST Elevation isolated to Leads I and aVL - usually indicates the "Culprit Artery" is most likely One of the following:

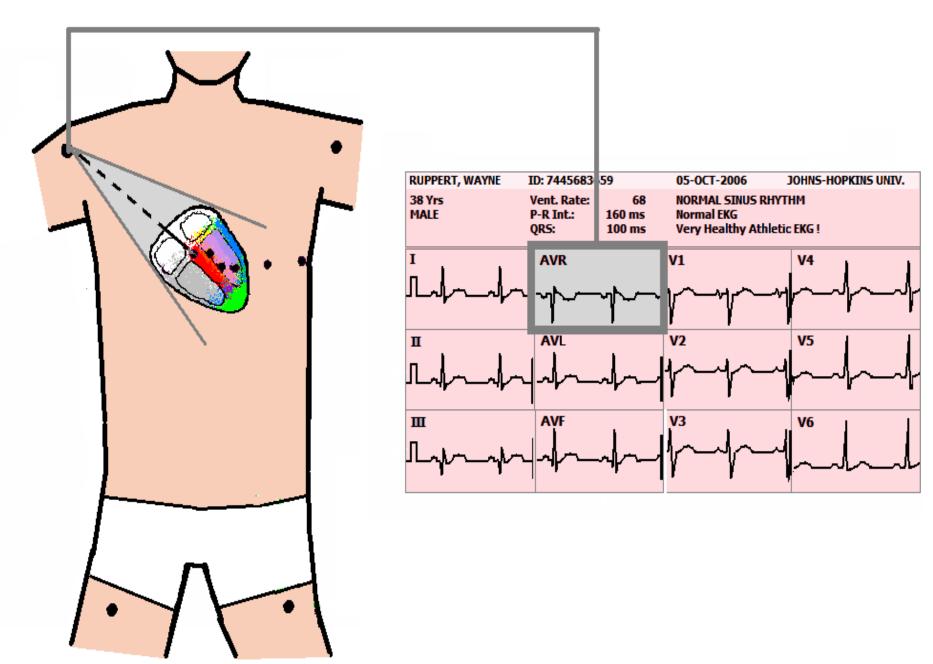
- RAMUS BRANCH
- 1<sup>st</sup> DIAGONAL off of LAD
- 1<sup>st</sup> OBTUSE MARGINAL off of CIRCUMFLEX

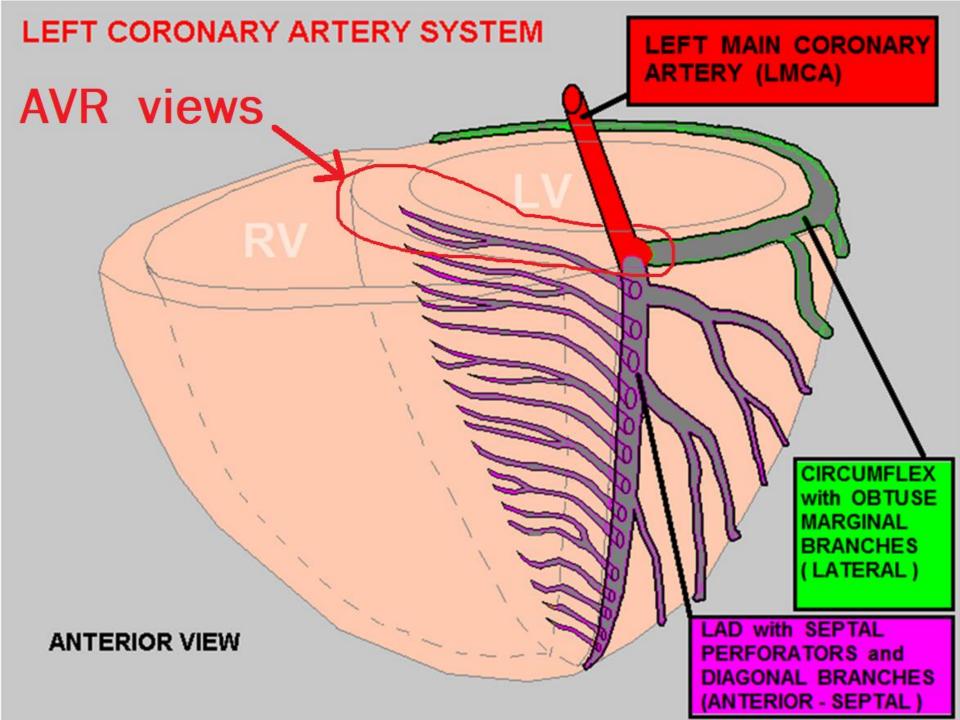




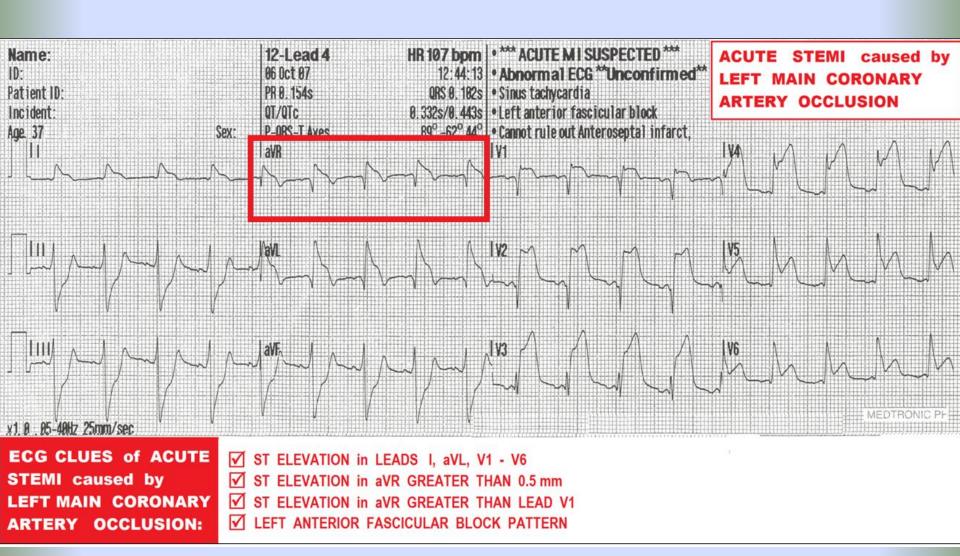


Lead AVR Views the BASILAR SEPTUM (region of the Bundle of His)

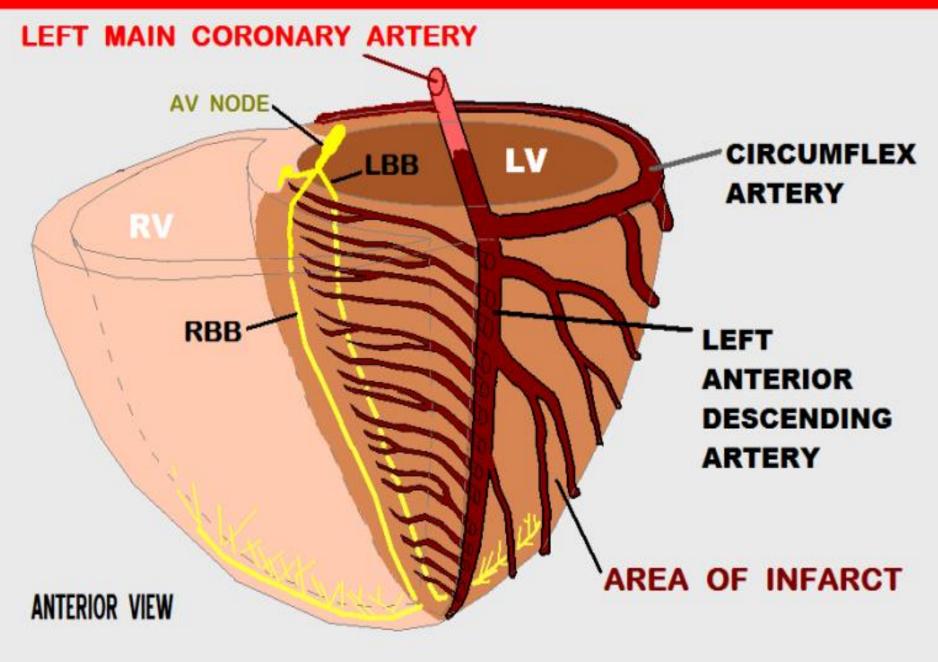




When LEAD AVR shows ST Elevation: **STEMI:** consider occlusion of the Left Main Coronary Artery.



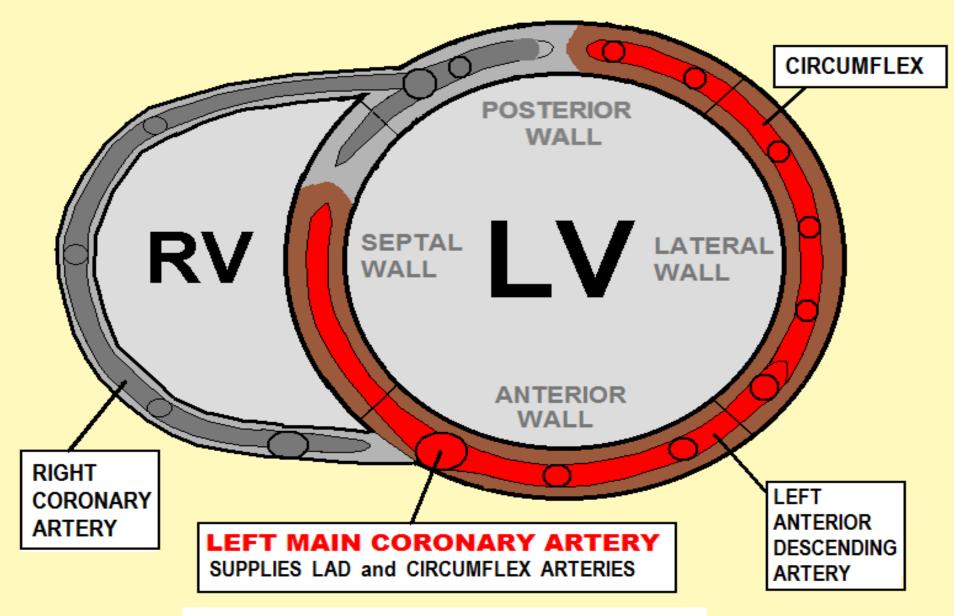
## **OCCLUSION** of the LEFT MAIN CORONARY ARTERY



## TOTAL OCCLUSION of the LEFT MAIN CORONARY ARTERY

## The LEFT MAIN CORONARY ARTERY

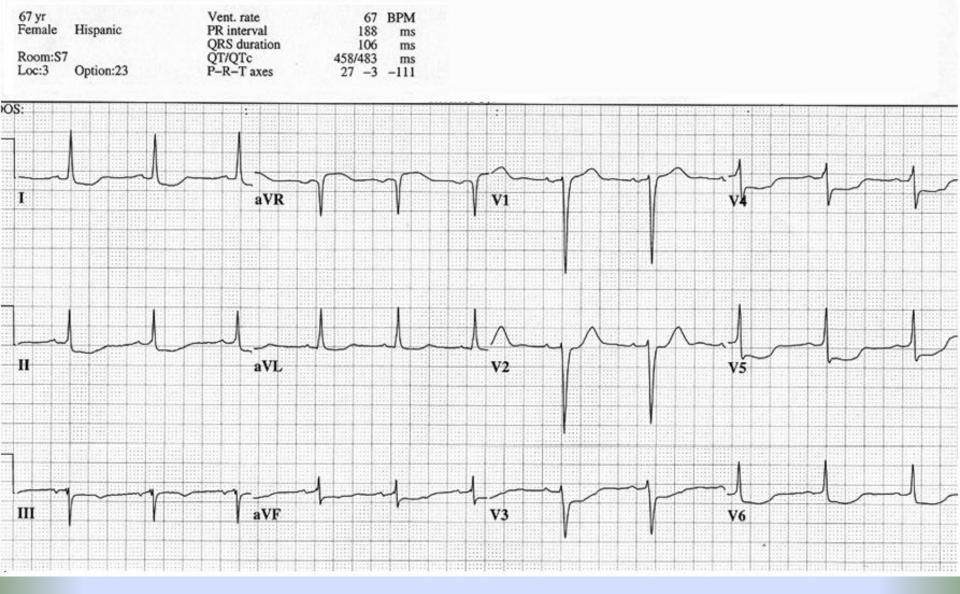
#### SUPPLIES 75 - 100 % of the LEFT VENTRICULAR MUSCLE MASS



When LEAD AVR shows ST Elevation: **STEMI:** consider occlusion of the Left Main Coronary Artery.

When LEAD AVR shows ST **Elevation**: **NSTEMI** and **Unstable Angina** consider LMCA **Occlusion – or TRIPLE VESSEL DISEASE** 

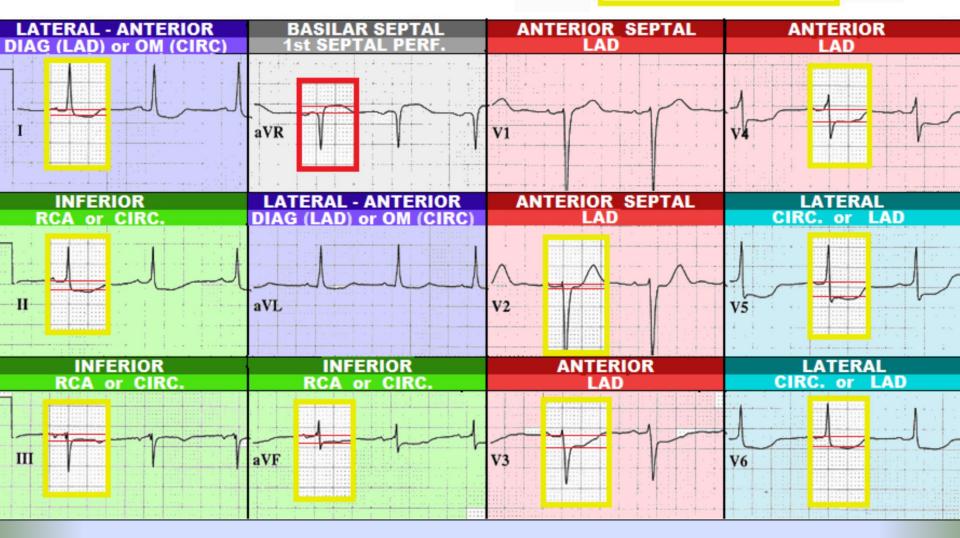
In patients without STEMI, ST **Elevation in AVR, when seen** with global indications of ischemia (ST Depression in 8 leads or more), is indicative of advanced multi-vessel disease or significant Left Main **Coronary Artery stenosis** 



67 yr	Vent. rate	67	BPM
Female Hispanic	PR interval	188	ms
	QRS duration	106	ms
Room:S7	QT/QTc	458/483	ms
Loc:3 Option:23	P-R-T axes	27 -3	-111

#### ST SEGMENT ELEVATION

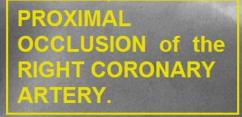
#### ST SEGMENT DEPRESSION



# **GLOBAL ISCHEMIA**

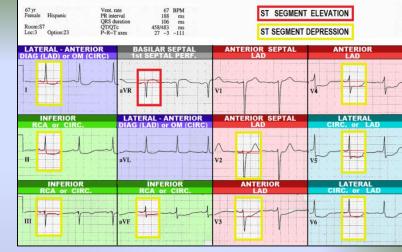
- ST Elevation Lead aVR
- ST Depression in 8 or more other Leads
- Indicates either SUB-TOTALLY OCCLUDED LEFT MAIN CORONARY ARTERY – or – TRIPLE VESSEL DISEASE.
- MOST PATIENTS WITH THIS ECG PRESENTATION REQUIRE OPEN HEART SURGERY.

## Critical Triple Vessel Disease = STAT Coronary Artery Bypass Surgery



RIGHT CORONARY ARTERY filling retrograde via COLLATERAL ARTERIES.

COLLATERAL CIRCULATION from SEPTAL PERFORATORS to RCA DISTRIBUTION.

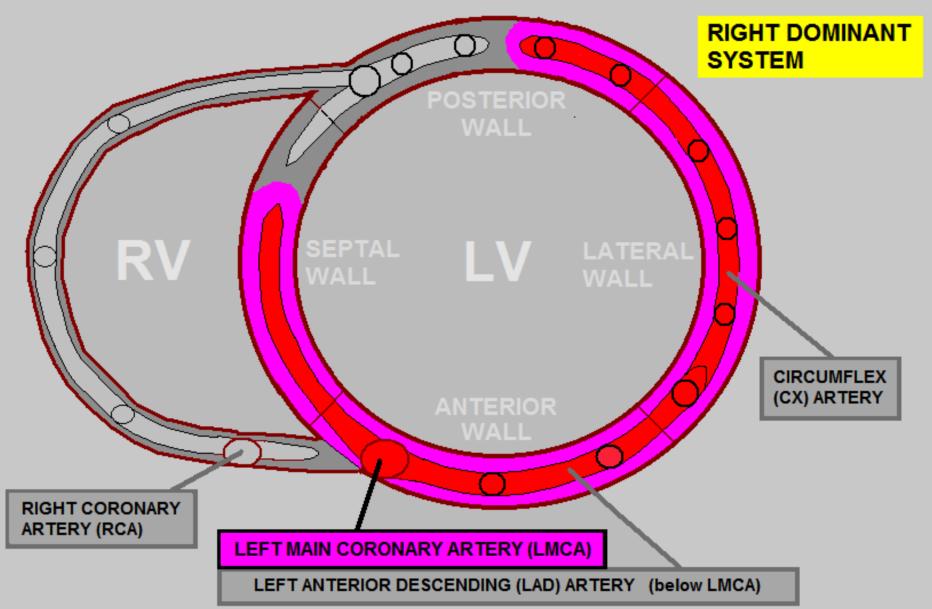


## SUB-TOTAL OCCLUSION IF CIRCUMFLEX ARTERY.

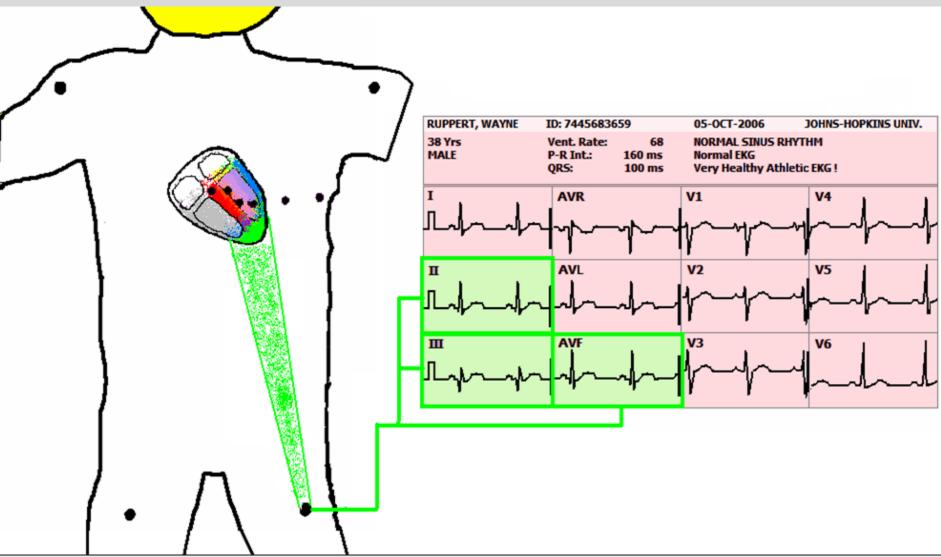
cutaway view of the

### LEFT MAIN CORONARY ARTERY (LMCA)

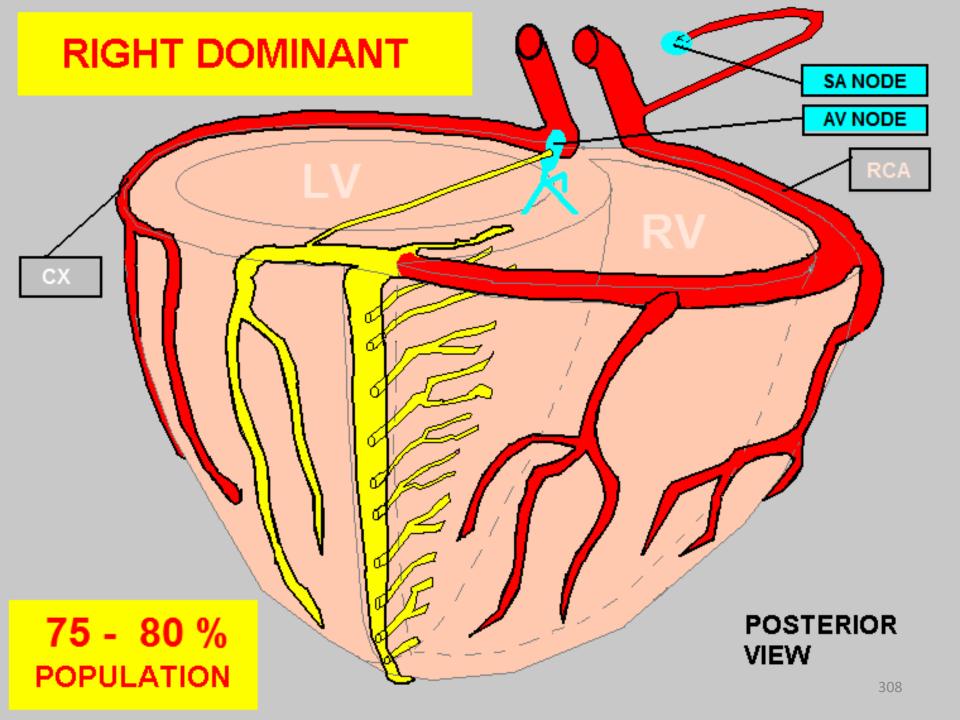
#### **GP** SUPPLIES APPROXIMATELY 75% OF LV MUSCLE MASS



## LEADS II, III, and aVF VIEW INFERIOR WALL of the LEFT VENTRICLE

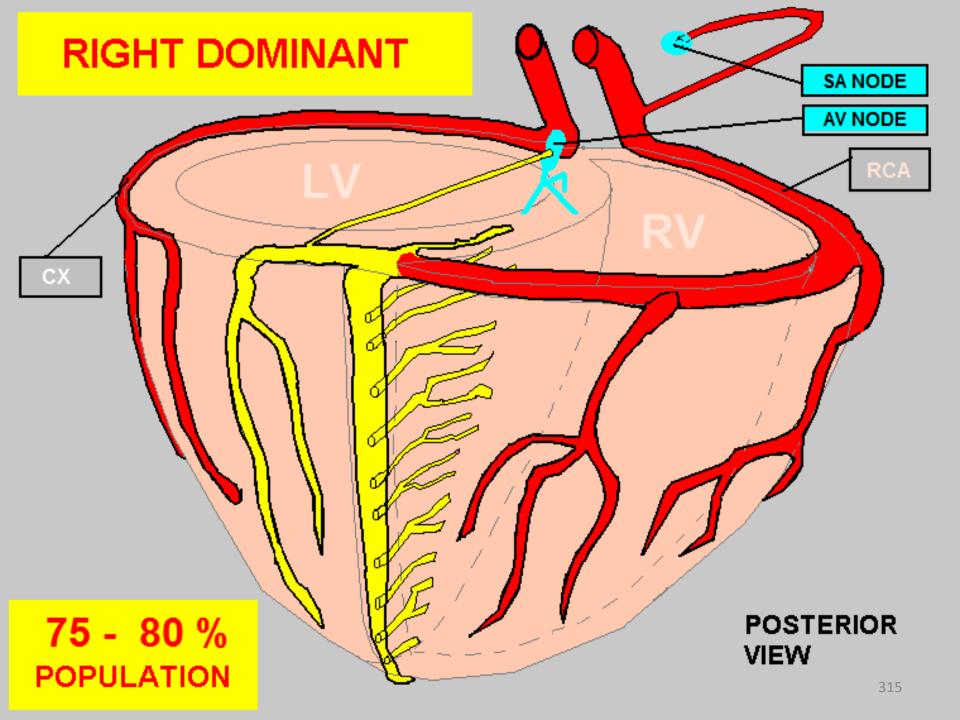


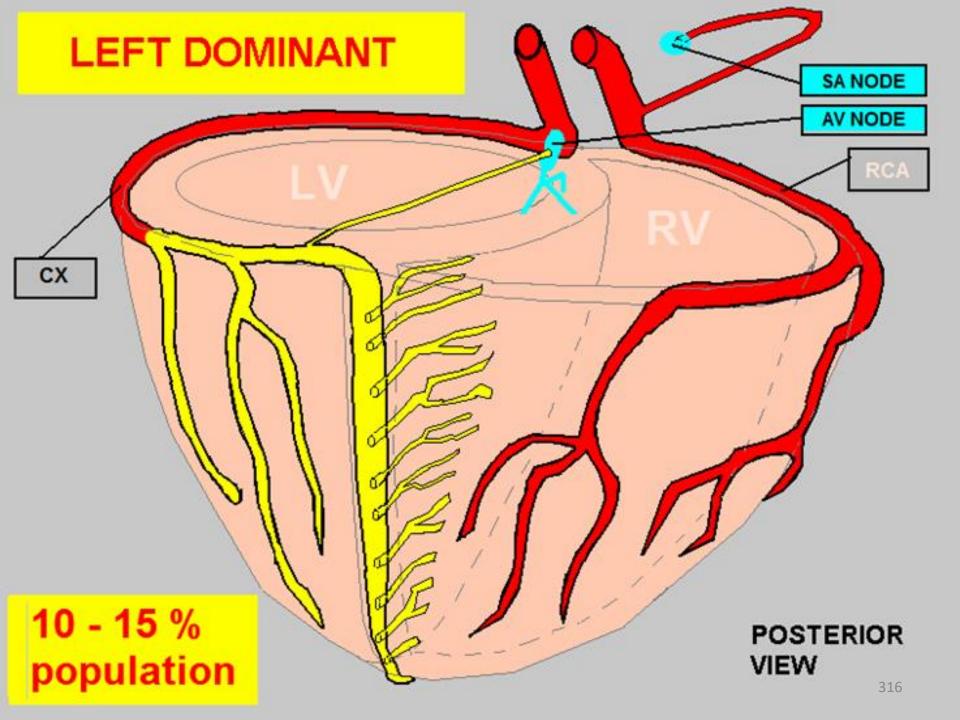
Which CORONARY ARTERY usually supplies the INFERIOR WALL ??

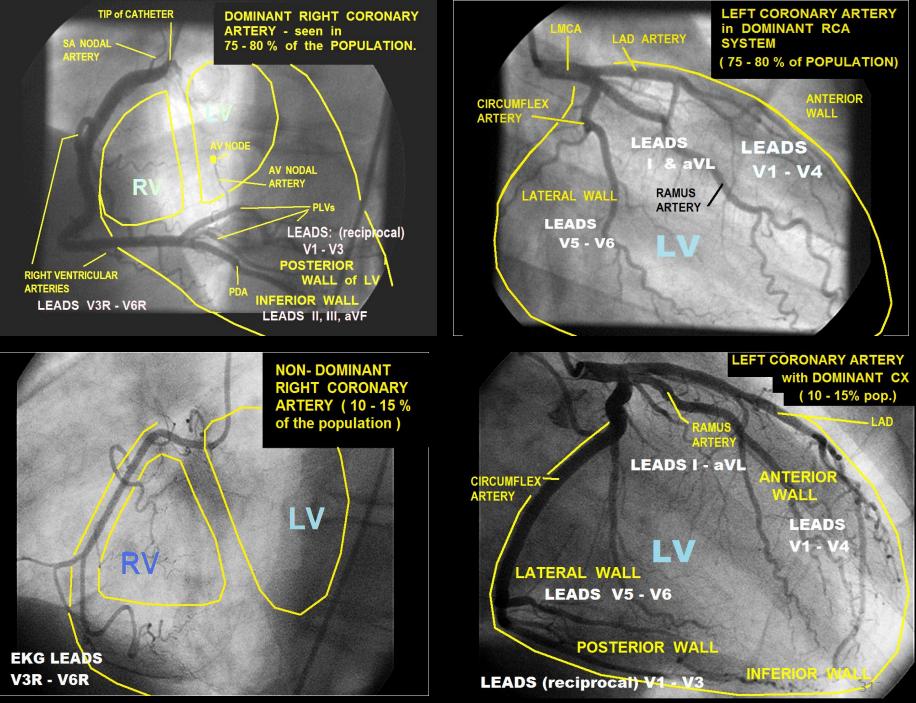


– 🕺 — 🔶 HELPFUL HINT ... MEMORIZE THIS I 🛛 🔶 🕺 **RIGHT CORONARY ARTERY (RCA) RIGHT DOMINANT** SYSTEMS RIGHT ATRIUM SINUS NODE (55% of the population) RIGHT VENTRICLE - 100 % of muscle mass LEFT VENTRICLE: 15 - 25 % of muscle mass - INFERIOR WALL - approx. 1/2 of POSTERIOR WALL AV NODE

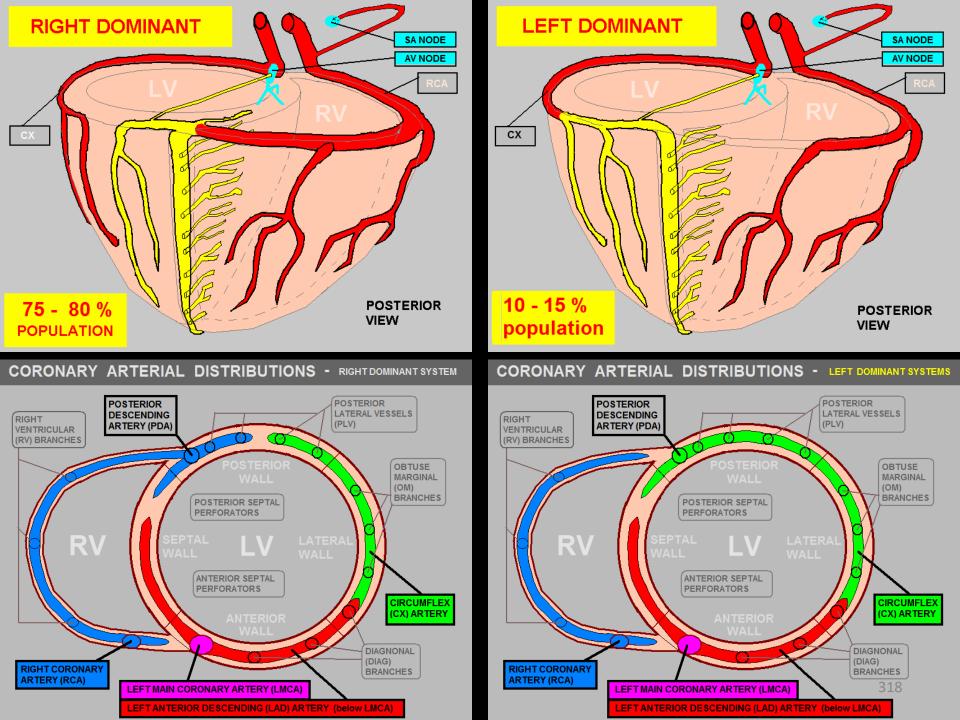
DOMINANT RIGHT CORONARY ARTERY - Most common arterial anatomy (75-80% of population) So if the Right Coronary Artery Is DOMINANT in 75 – 80% of the POPULATION, what accounts for the Other 20 – 25% ??





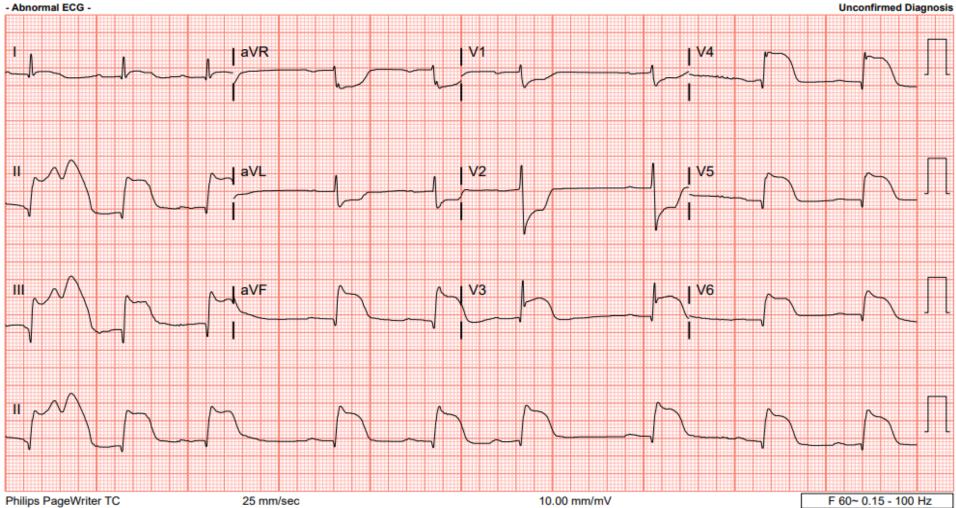


LEADS II, III, aVF



Pat ID RX DX		01/20/2021 07:46:46 08/17/1955 65 yrs	Account #	Bayfront Health Dept Room Tech	Seven Rivers ED ED EDWR mg
Rate PR QRSd QT QTc Av P QRS T	54 329 139 437 415 xis -83 80 77	<ul> <li>Atrial premature complex</li> <li>Prolonged PR interval</li> <li>Nonspecific intraventricular</li> <li>Inferoposterior infarct, acute</li> <li>Anterolateral infarct, acute</li> <li>Baseline wander in lead(s) V.</li> <li>NO PREVIOUS ECG AVAILABLE FOR</li> </ul>	conduction delay te (LCx) 3,V4	Req Provider:	Xandus Chen

#### - Abnormal ECG -

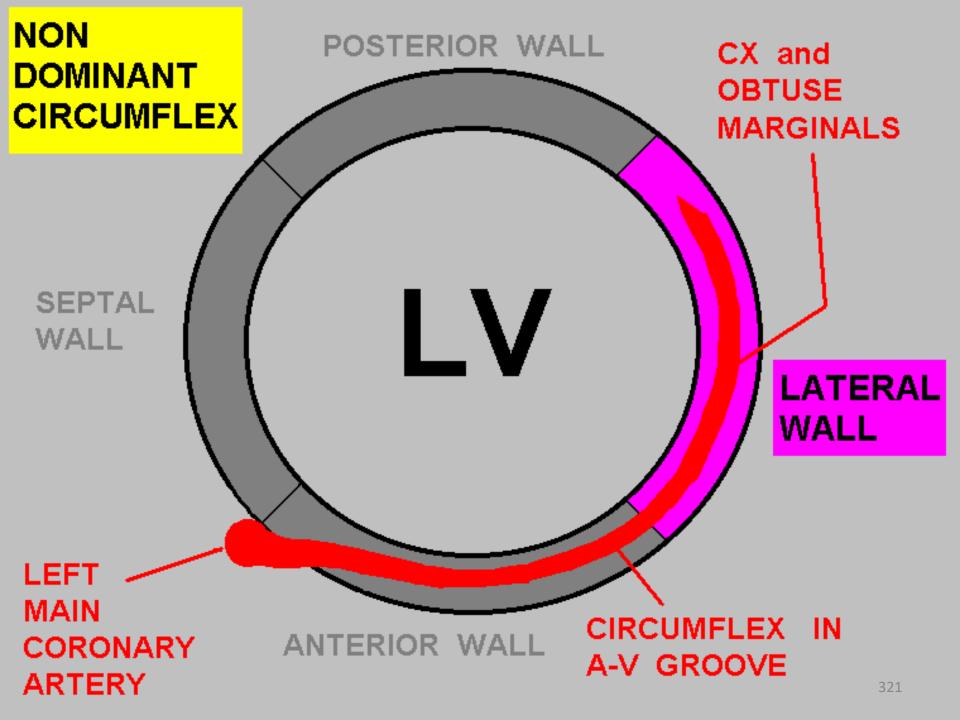


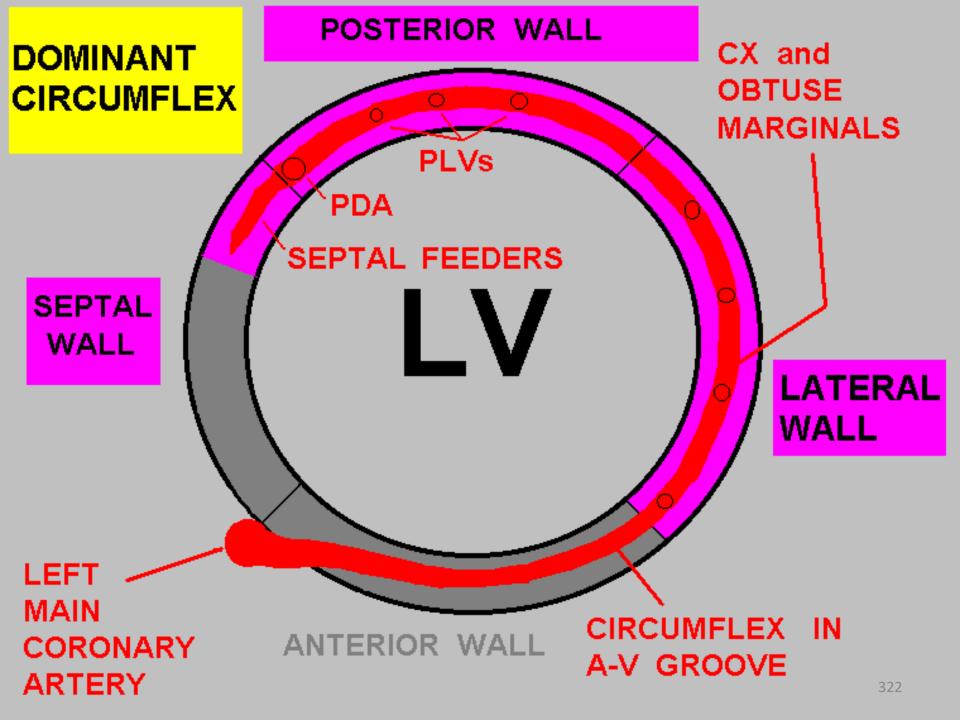
# CIRCUMFLEX ARTERY (CX)

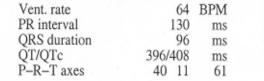
# - NON-DOMINANT CX: CX = 15 - 30% OF LV MASS

# - DOMINANT CX:

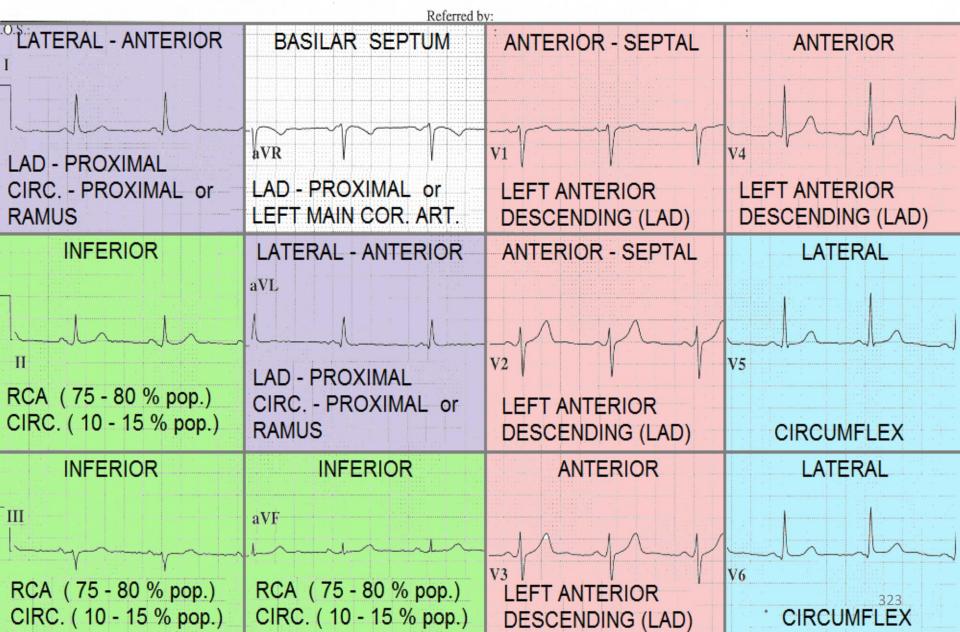
# CX = 15 - 30% OF LV MASS + PDA = 15 - 25% OF LV MASS TOTAL 30 - 55% OF LV MASS







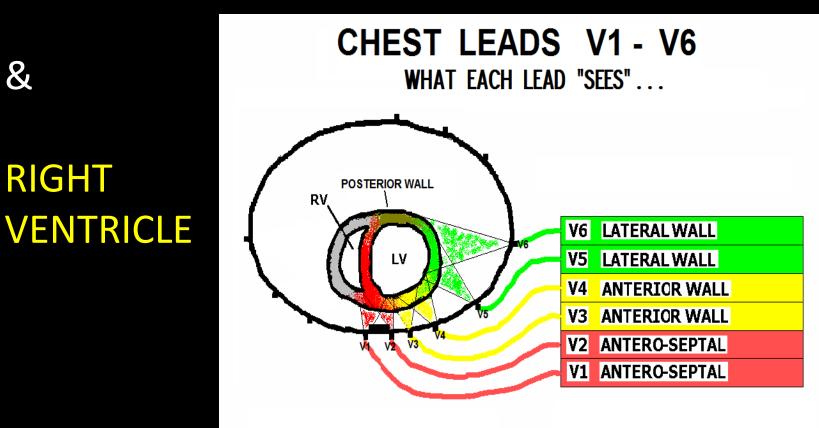
Normal sinus rhythm Normal ECG No previous ECGs available



# The 12 Lead ECG Has TWO major BLIND SPOTS . . . . **The POSTERIOR WALL**

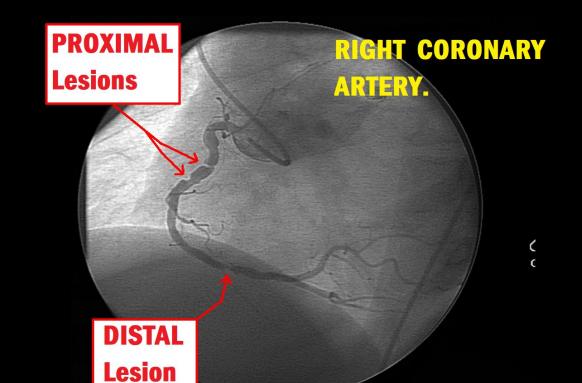
&

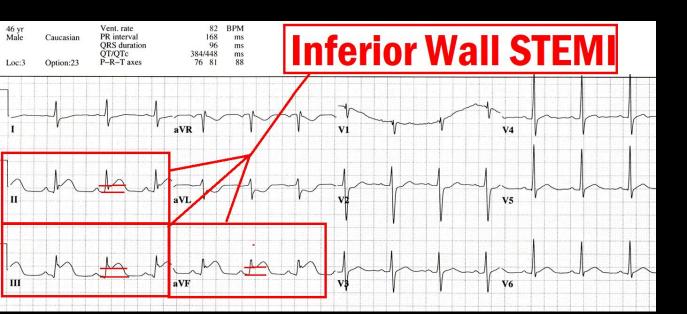
RIGHT



# When do we need to see the Right Ventricle?

 All Patient with INFERIOR WALL STEMI (ST Elevation in Leads II, III, aVF). When you see an EKG with ST Elevation in Leads II, III and AVF (Inferior Wall STEMI) – you cannot tell if the blockage is in the PROXIMAL RCA – or the DISTAL RCA.



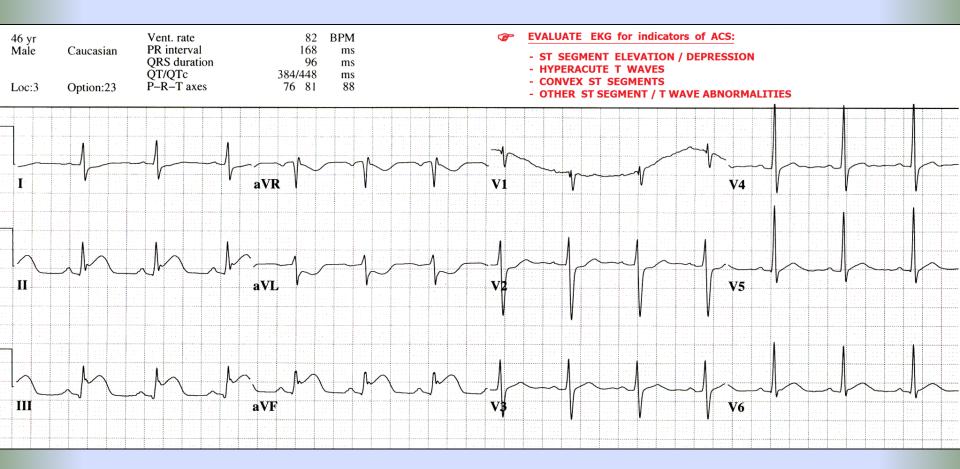


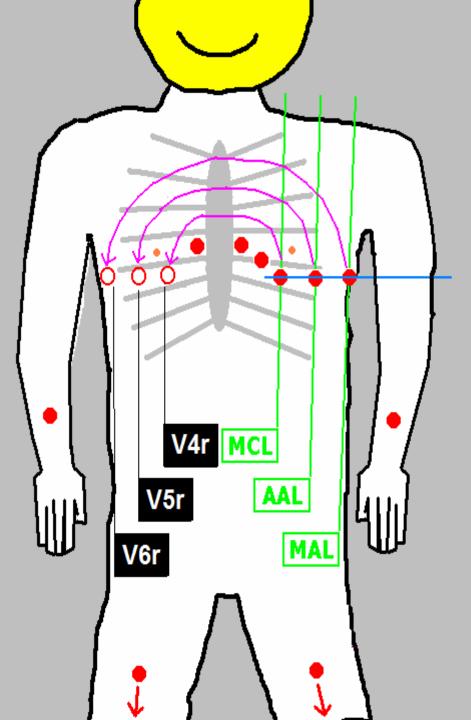
326

# To see the RIGHT VENTRICLE ...

# ... such as in cases of INFERIOR WALL M.I.

# You must do a RIGHT - SIDED EKG!



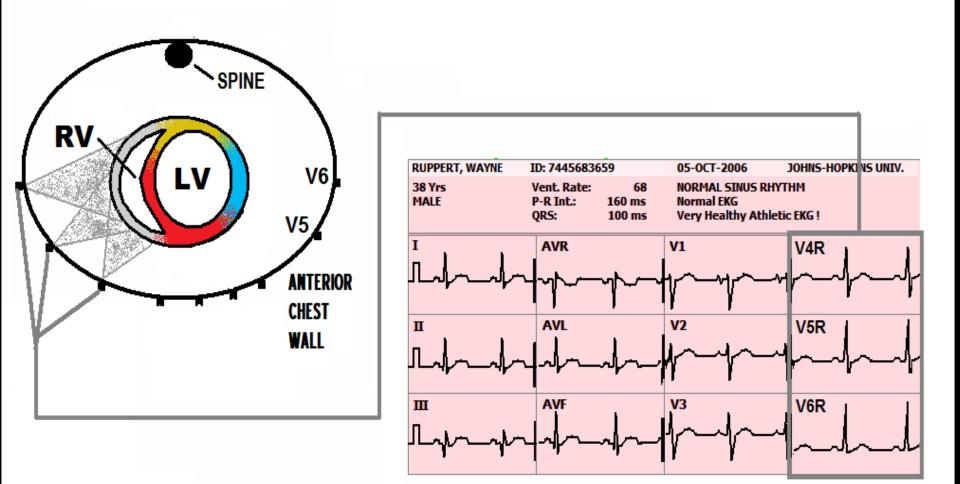


#### To do a RIGHT - SIDED EKG . .

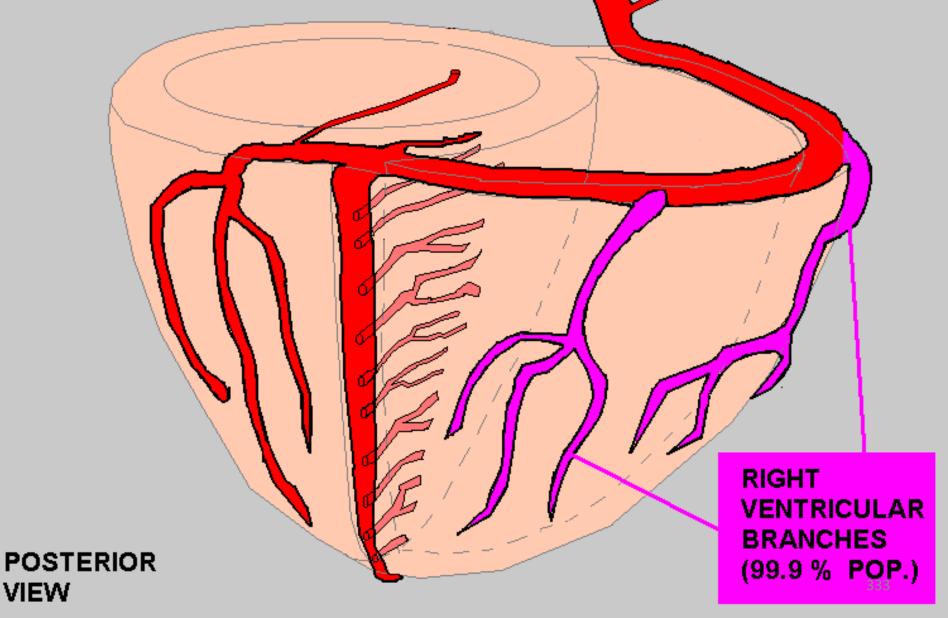
MOVE leads V4, V5, and V6

to the corresponding placement on the RIGHT SIDE of patient's chest...

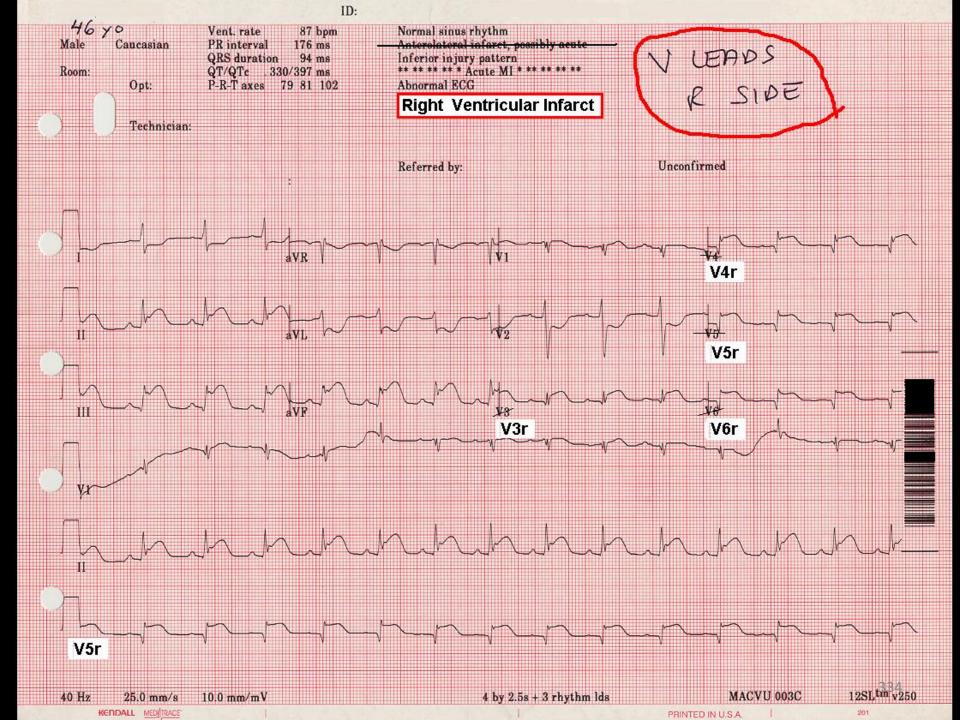
## V4R - V6R VIEW THE RIGHT VENTRICLE







SA NODAL



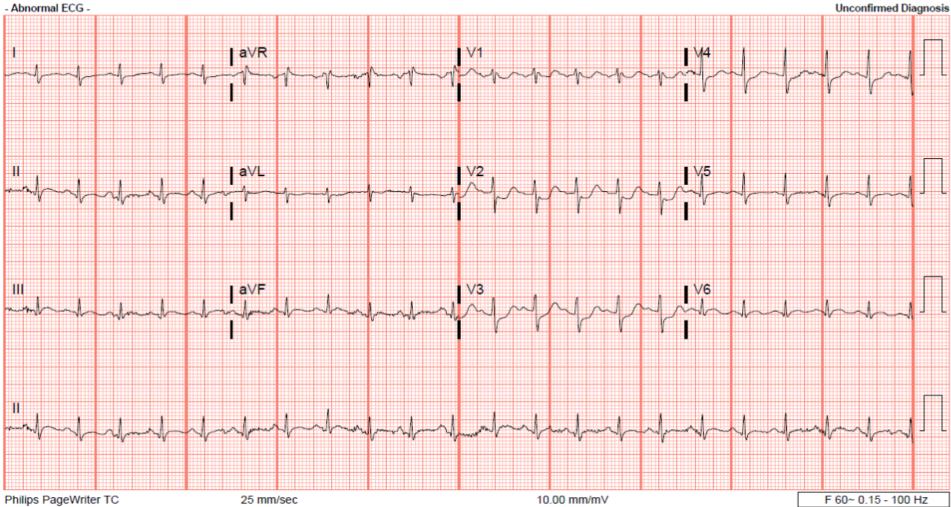
## When do we need to see the Posterior Wall?

## When do we need to see the Posterior Wall?

 Any time a patient presents with symptoms of ACS and the 12 Lead ECG shows ST Depression in Leads V1, V2, V3 and/or V4.

Pat ID RX			2019 22:07:54 46 yrs	Caucasian Female Account #	Dept Room	Seven Rivers ED ED
DX					Tech	LDC
Rate		131	Sinus tachycardia		Req Provider:	CHARLES NOLES
PR		128	Probable inferior infarct, old		-	
QRSd		92	Posterior infarct, acute (LCx)			
QT		317	ST depression V1-V3, suggest record	ding posterior leads		
QTc		468	NO PREVIOUS ECG AVAILABLE FOR COMP.	ARISON		
-	-Axis					
P		65				
QRS		83				
Т		132				

#### - Abnormal ECG -



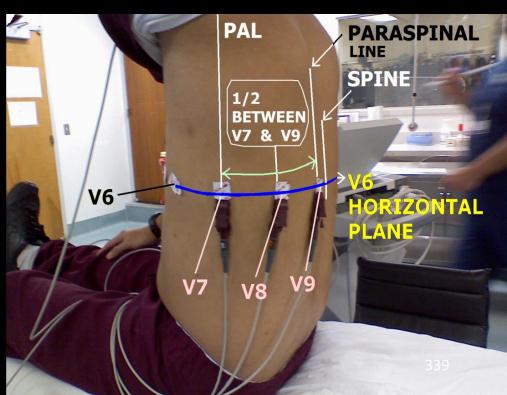
## Whenever you see **STDEPRESSION** in Leads V1 - V4

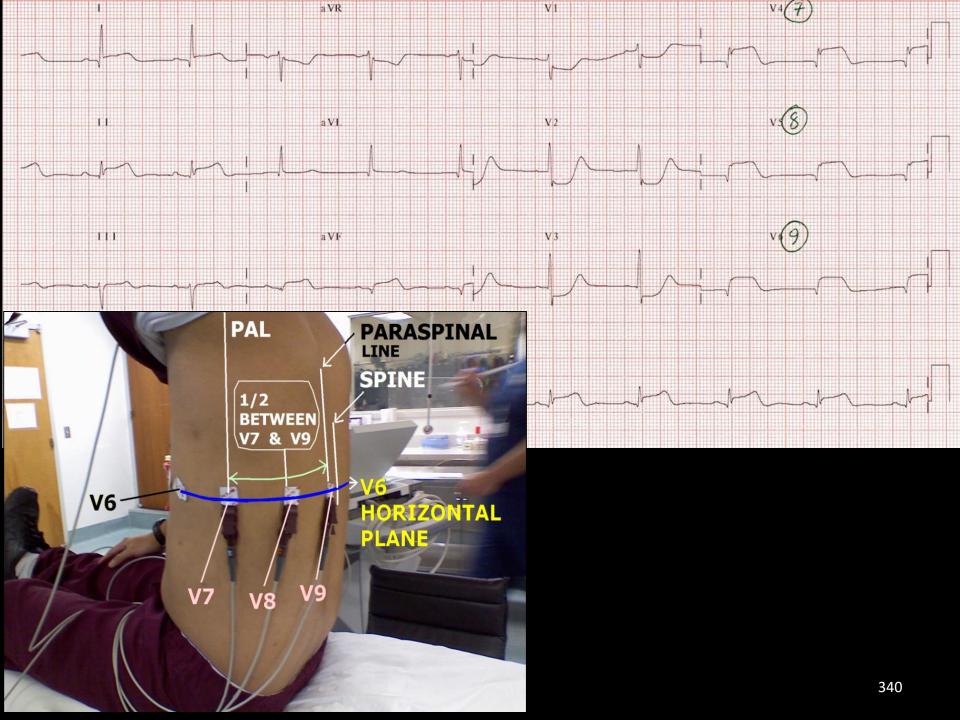
# you must do a **POSTERIOR LEAD ECG** (V7 - V9)

## to see if you Patient is having a POSTERIOR WALL STEM

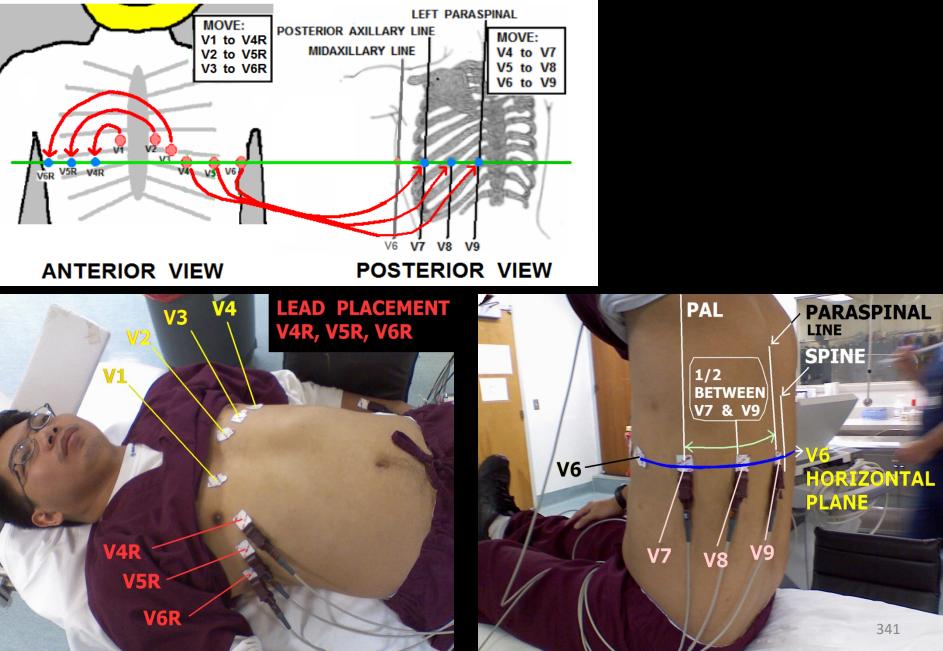
Whenever your patient's ECG exhibits ST DEPRESSION in any of the ANTERIOR LEADS (V1-V4), CONSIDER the possibility of POSTERIOR WALL STEMI !!

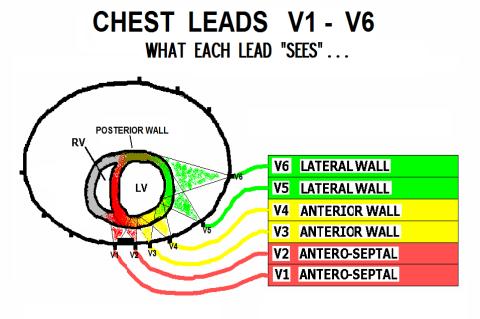
... To DIGANOSE Posterior Wall STEMI, we should see LEADS V7 – V9 !!





#### HOW TO REPOSITION 6 CHEST LEADS to OBTAIN 3 R VENTRICLE and 3 POSTERIOR LEADS

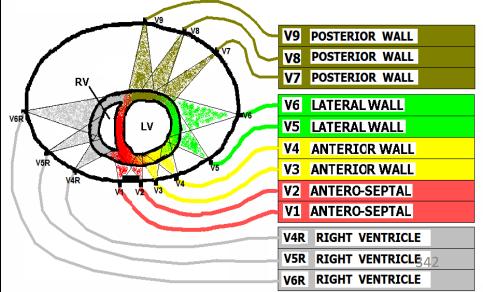


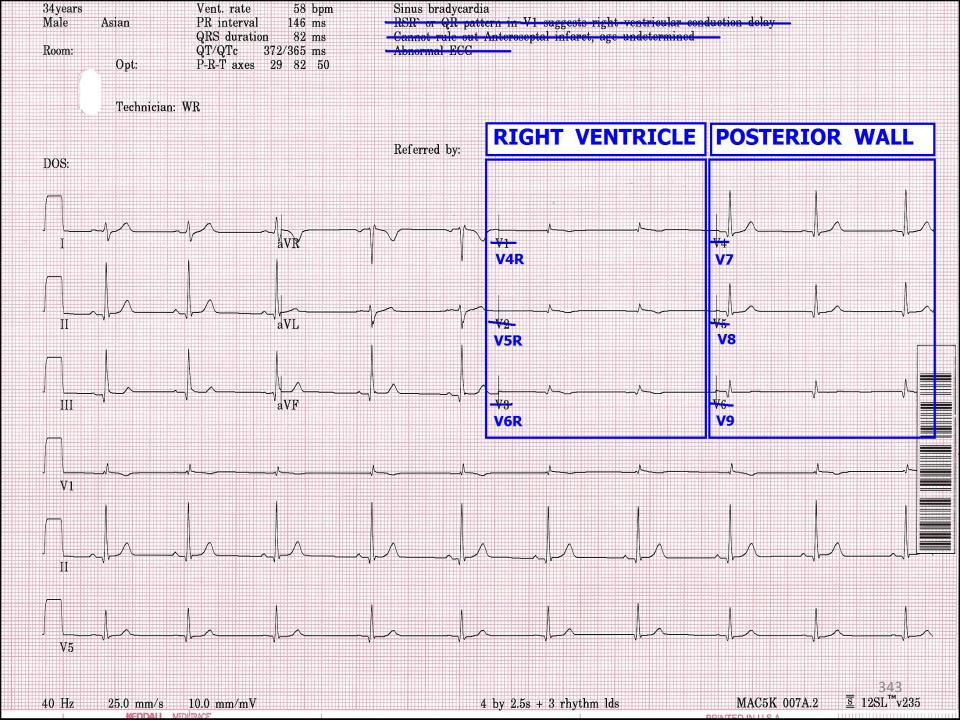


#### ⇐ The 12 Lead ECG

#### The 18 Lead ECG $\Rightarrow$







## POSTERIOR WALL MI usually accompanies INFERIOR and/or LATERAL WALL MI !!!

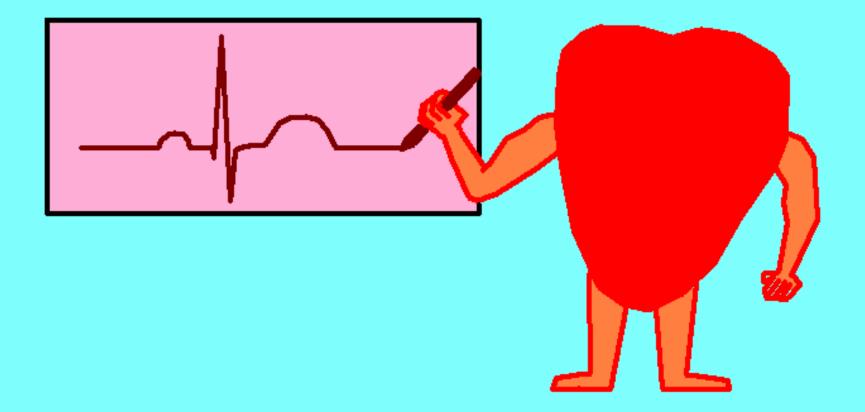
POSTERIOR WALL MI usually accompanies **INFERIOR** and/or LATERAL WALL MI !!! . . . On rare occasions, we see isolated cases of POSTERIOR WALL MI



"ROAD TO FOREVER," Rt 385, Oklahoma panhandle, 1994

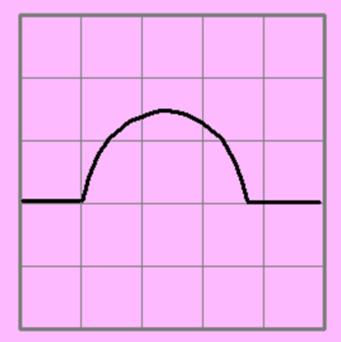
## PUTTING IT ALL ON PAPER . . .

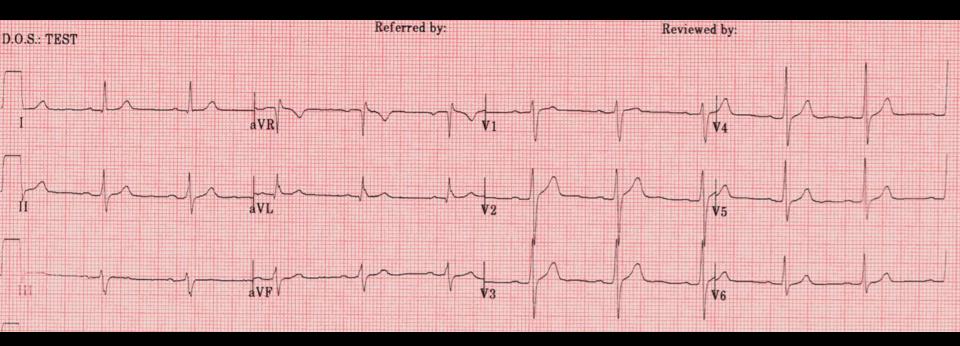
#### WAVEFORMS and INTERVALS ...



## THE P WAVE

 SHOULD BE UPRIGHT, CONVEX-SHAPED DOME IN ALL LEADS EXCEPT AVR and V1

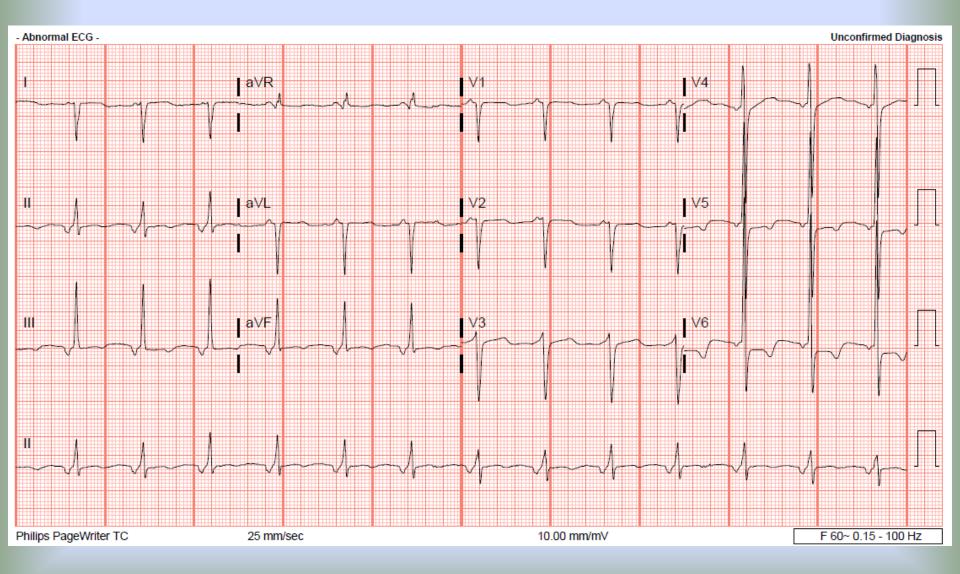




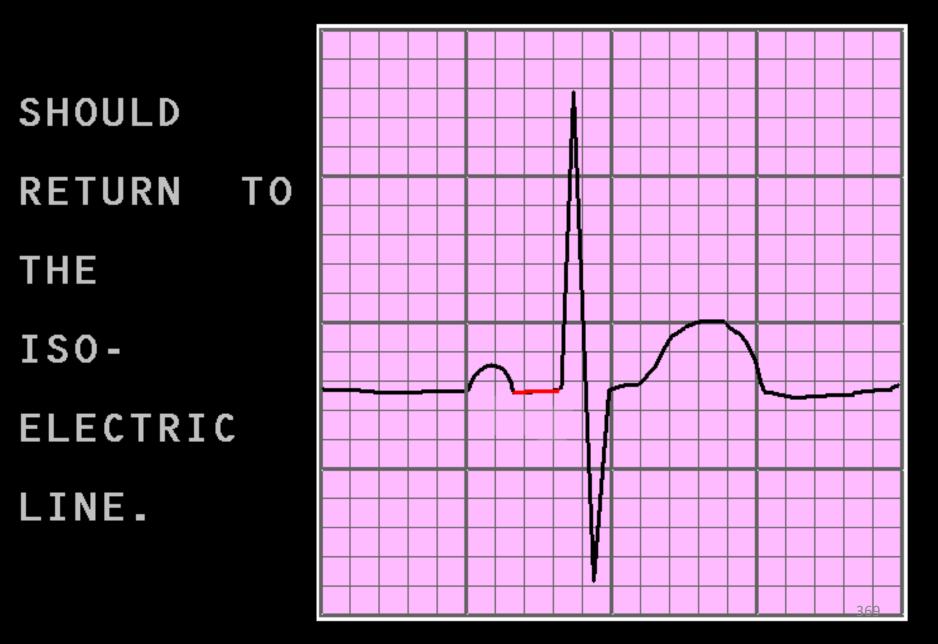
### P Wave Axis

- P waves with abnormal axis ("not pointing in the right direction") may signify ectopic atrial beats.
- When P waves are inverted in most leads with an abnormally short P-R interval (<120ms) the origin of the rhythm may be the AV node (Junctional Rhythm).

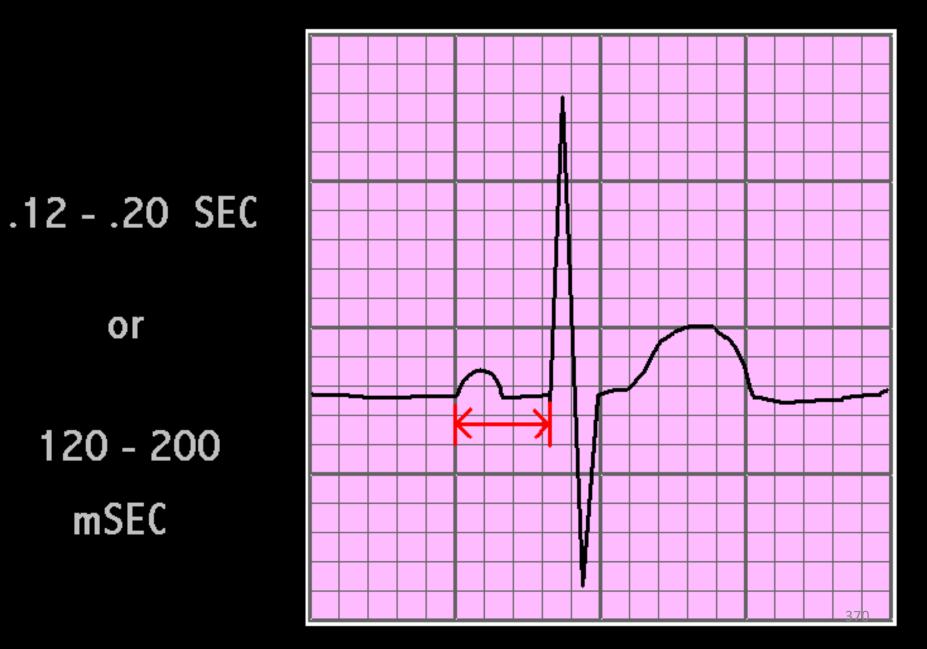
#### Inverted P waves & short P-R interval:



#### THE P-R SEGMENT



#### NORMAL P-R INTERVAL



## P - R INTERVAL TOO SHORT . . . LESS THAN 120 mSEC

## THINK:

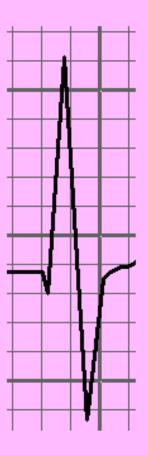
ECTOPIC ATRIAL ACTIVITY
 PRE-EXCITATION (WPW)
 JUNCTIONAL (nearly on top of QRS, possibly inverted)

## **P - R INTERVAL TOO LONG** GREATER THAN 200 mSEC

## THINK:

### - HEART BLOCK

- MAY BE POSITIVE, NEGATIVE, OR BI- PHASIC, BASED ON THE LEAD VIEWED
- TOTAL WIDTH SHOULD BE LESS THAN 120 ms / or .12



#### THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS . . . .

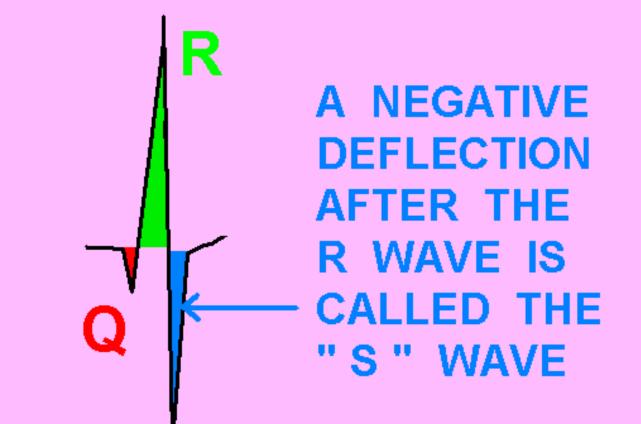
#### THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS . . . .

THE FIRST DEFLECTION, IF IT POINTS DOWNWARD, IS NAMED THE "Q WAVE"

## THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS . . . .

THE FIRST POSITIVE DEFECTION IS KNOW AS THE 'R' WAVE

#### THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS . . . .



## THIS QRS COMPLEX CONSISTS OF 3 DEFLECTIONS . . . .

R

S

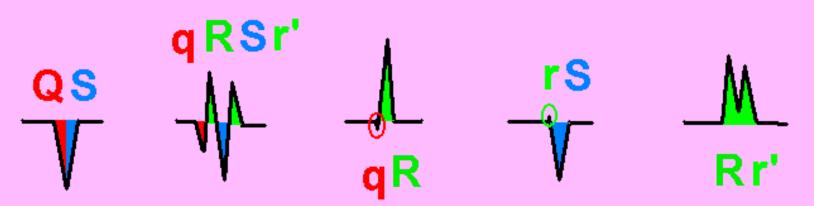
Q

AND IS THE <u>ONLY</u> TRUE "QRS" COMPLEX

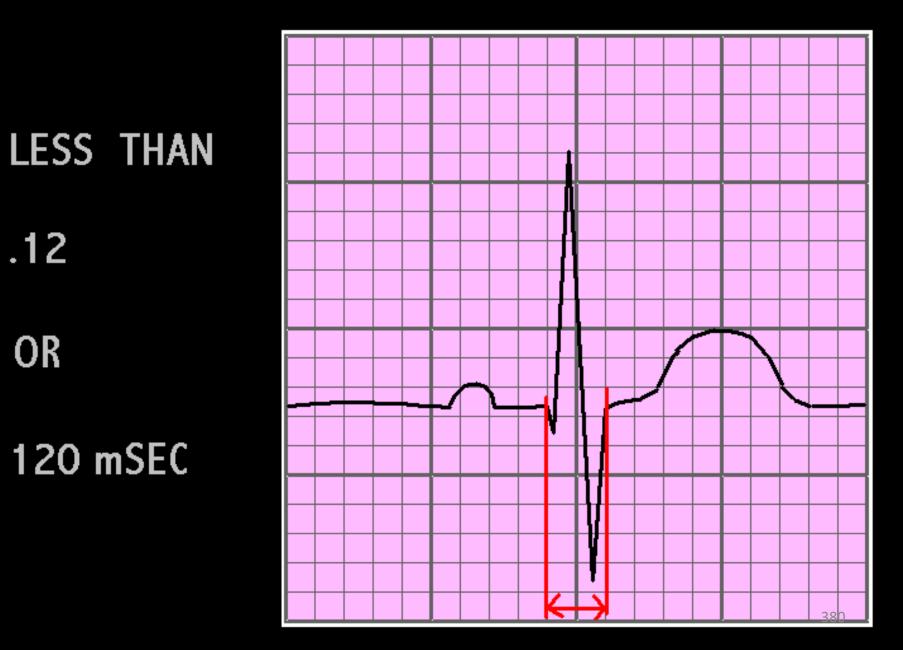
SOME OF THE OTHER VARIATIONS INCLUDE ...

#### WHAT ARE THESE COMPLEXES ??





#### **QRS** INTERVAL



## QRS COMPLEX TOO WIDE WIDER THAN 120 mSEC

## THINK:

- BUNDLE BRANCH BLOCK
  VENTRICULAR COMPEX (ES)
- PACED RHYTHM
- L VENTRICULAR HYPERTROPHY
- **ELECTROLYTE IMBAL.**  $(\uparrow K + \downarrow C_a ++)$
- DELTA WAVE (PRE-EXCITATION)

## When the QRS is WIDE (> 3mm):

 If you KNOW the Rhythm is originating ABOVE the Ventricles (such as NSR or any Supraventricular Rhythm) – you should determine if the QRS has a RIGHT or LEFT Bundle Branch Block morphology. Normal Sinus and Other "Supraventricular Rhythms" with WIDE QRS ( > 120 ms )

 Determine LEFT vs. RIGHT Bundle Branch Block Pattern





## Simple "Turn Signal Method" . . .

#### THE "TURN SIGNAL METHOD" for identifying BUNDLE BRANCH BLOCK

#### **USE LEAD V1 for this technique**

To make a **RIGHT TURN** 

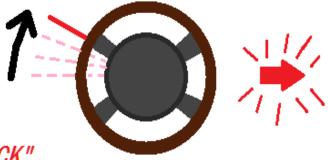
you push the turn signal lever **UP**....

THINK:

**V1** 

**V1** 

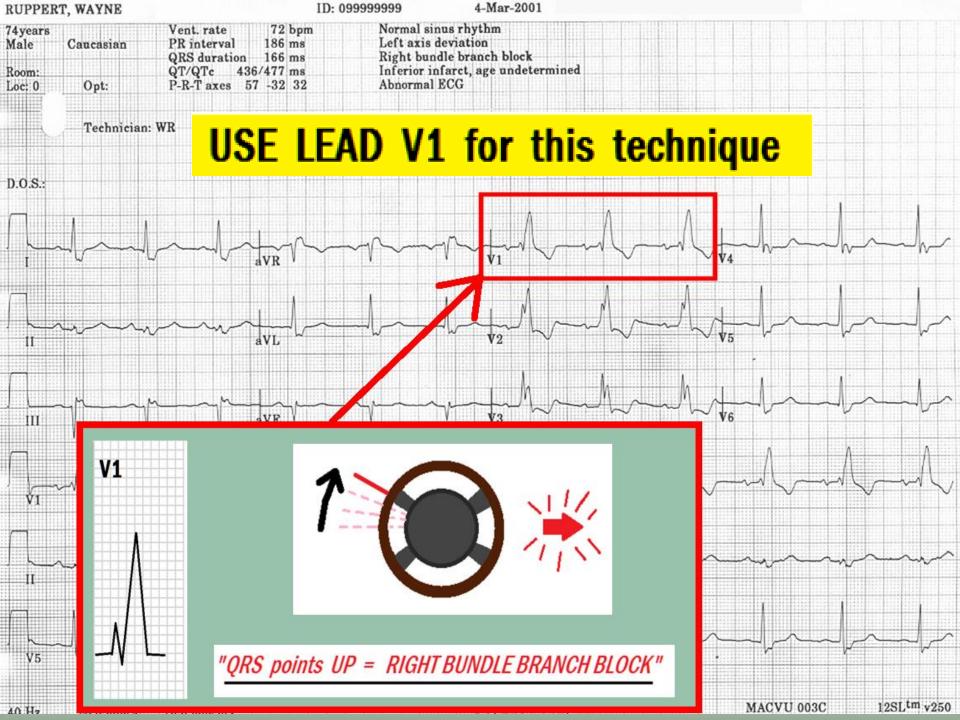
"QRS points UP = RIGHT BUNDLE BRANCH BLOCK"



To make a **LEFT TURN** you push the turn signal lever **DOWN** ....

THINK:

"QRS points DOWN = LEFT BUNDLE BRANCH BLOCK"



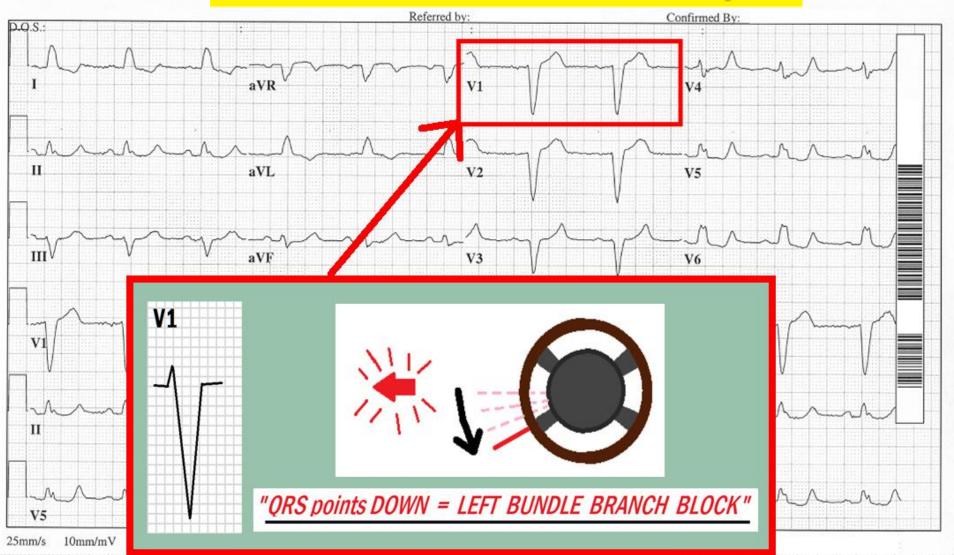
#### 09:16:40

74 yr		Vent. rate	64	BPM	
Female	Caucasian	PR interval	188	ms	
		QRS duration	152	ms	
		QT/QTc	472/486	ms	
Loc:7	Option:35	P-R-T axes	78 3	106	
		EKG #14/D 02020050			

Normal sinus rhythm Left bundle branch block Abnormal ECG When compared with ECG of 28–MAY–2003 06:36,

#### Technician: WW

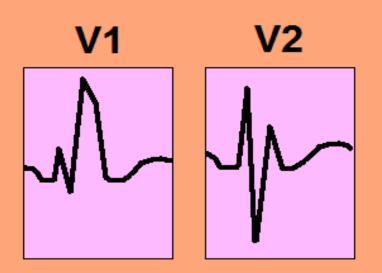
#### **USE LEAD V1 for this technique**



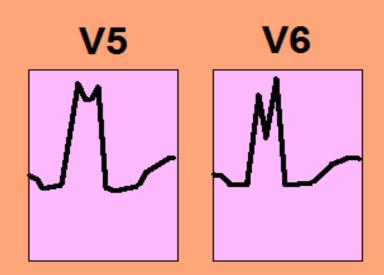
#### DIAGNOSING BUNDLE BRANCH BLOCK

#### USING LEADS V1, V2, and V5, V6:

LOCATING RsR' or RR' COMPLEXES:



#### RIGHT BUNDLE BRANCH BLOCK



#### LEFT BUNDLE BRANCH BLOCK

From: "Rapid Interpretation of ECGs" by Dale Dubin, MD



MOM and DAD at Lee's Diner, York, PA 2006