Order Set: LOW RISK CHEST PAIN ORDER SET

ADMISSION			
	All Patients Require Clinical Documentation to support the admission type chosen below		
	Admission Status		
	For Medicare FFS Patients:		
	* Outpatient		
	* Place in Observation		
	* Admit as Inpatient - Clinically supported expectations of at least two midnight stay.		
	* Admit as Inpatient - Clinically supported expectations of an additional midnight stay.		
	* Admit as Inpatient - Patient admitted for procedure on OPPS inpatient only list.		
	For Non - Medicare FFS Patients:		
	* Outpatient		
	* Place in Observation		
	* Admit as Inpatient		
	m admit to unit		
	ADMIT TO SERVICES OF:		
	CONSULT CARDIOLOGIST		
PROTOCOLS	E do note: O Misiotodio i		
I KO I O GO E G	PROTOCOL CHEST PAIN (IMPLEMENT ACUTE CHEST PAIN PROTOCOL for all incidence of: NEW ONSET, INCREASING or RECURRENT		
	CHEST PAIN (IMPLEMENT ACOTE CHEST PAIN PROTOCOL TOTAL MINIMAGENCE OF NEW ONSET, INCREASING OF RECORRENT		
	☑ PROTOCOL (ACLS PROTOCOLS FOR CARDIAC DYSRHYTHMIA/HYPOTENSION)		
SERIAL 12 LEAD ECGs			
	☑ EKG (SERIAL 12 LEAD FOR NEW ONSET, INCREASING or RECURRENT CHEST PAIN - FOLLOW ACUTE CHEST PAIN PROTOCOL)		
	☑ EKG (SERIAL 12 LEAD FOR STEADY, UNCHANGING CHEST PAIN: EVERY 30 MINUTES OR SOONER (New ST SEGMENT ELEVATION:		
	IMPLEMENT ACUTE CHEST PAIN PROTOCOL)(NEW ST-T WAVE CHANGES: NOTIFY PHYSICIAN))		
	☑ EKG (SERIAL 12 LEAD FOR DECREASING OR NO CHEST PAIN: AT 3 AND 6 HOURS AFTER INITIAL ECG IN ER)		
LABS	T		
	▼ TROPONIN I QUANT STAT and UNLESS DONE IN ER AND THEN REPEAT (TIMED) IN 3, 6 AND 12 HOURS		
	CPK-MB STAT and UNLESS DONE IN ER THEN REPEAT (TIMED) IN 3, 6, AND 12 HOURS		
	▼ IF (TROPONIN AND OR CK/MB, IF ORDERED) RESULT IS POSITIVE NOTIFY CARDIOLOGIST)		
	BASIC METABOLIC PANEL today		
	LIPID PANEL in AM CARDIAC LIPID PANEL		
	CBC W/DIFF AUTOMATED today		
ECG MONITORING			
	CONTINUOUS ECC MONITORING MINIMUM DURATION: LINTIL ALL SERIAL TROPONINS ARE NEGATIVE		

INTRAVENOUS THERAPY			
	sodium chloride 0.9 % KVO IV		
	OTHER IV FLUIDS		
	SALINE LOCK (Minimum 20G IV catheter (Flush with 3-5 ml NS Every 8 hours if no maintenance fluids)		
	Normal Saline Flush (sodium chloride 0.9 %) 3-5 ML IV Q8H (FLUSH HEPLOCK)		
DIET			
	☐ DIET Cardiac		
	☐ DIET 1800 CALORIE DIABETIC CARDIAC DIET		
	□ DIET		
	■ NPO AFTER MIDNIGHT ON		
ACTIVITY			
	ACTIVITY Up ad lib		
	ACTIVITY Bed Rest		
	ACTIVITY Bed Rest, WITH BATHROOM PRIVILGES		
VITAL SIGNS			
	✓ VITAL SIGNS INCLUDE: BP, PULSE, RESPIRATIONS, SAO2, CHEST PAIN LEVEL 0 - 10 SCALE		
	✓ VITAL SIGNS UPON ARRIVAL TO CHEST PAIN UNIT AND HEN AT 3 AND 6 HOURS THEN 8 HOURS		
	▼ VITAL SIGNS STAT FOR NEW ONSET, INCREASING, or RECURRENT CHEST PAIN: THEN Q15 MINUTES UNTIL SYMPTOMS RESOLVE		
OXYGEN			
	OXYGEN 2-4 Liters/Min; 94 %; Nasal Cannula		
ASPIRIN	·		
	Ecotrin TbEC (aspirin) 162MG ORAL DAILY X 2 doses (UNLESS ALLERGY/CONTRAINDICATED)		
	Ecotrin TbEC (aspirin) 81MG ORAL DAILY (if patient on Brilinta/Ticagrelor ONLY give 81mg daily MAX)		
	Aspirin Contraindication:		
MEDICATION	·		
	■ Nitrostat SubI (nitroglycerin) 0.4MG SUBLINGUAL q5m X 3 doses PRN chest pain (FOLLOW ACUTE CHEST PAIN PROTOCOL)		
	Restoril cap (temazepam) 15MG ORAL HS PRN insomnia (MAY REPEAT X1)		
	Mag-Al Plus Susp 200-200-20 mg/5 mL (alum-mag hydroxide-simeth) 30ML ORAL Q4H PRN gastric pain		
	Milk of Magnesia Susp 400 mg/5 mL (magnesium hydroxide) 30ML ORAL DAILY PRN constipation		
	Xanax (ALPRAZolam) 0.25MG ORAL Q6H PRN anxiety (OR RESTLESSNESS)		
	ADDITIONAL MEDICATIONS		

ADDITIONAL DIAGNOSTIC	STUDIES	
	CHEST PA & LATERAL today CARDIAC STRESS TEST today	
CARDIAC STRESS TEST - outpatient, within 72 hours of discharge NUCLEAR STRESS TEST today CT HEART WO DYE; QUAL CALC today CT HEART WWO DYE FUNCT today CARDIAC CATH		
	☐ ECHO 2D&M COMPLETE ☐ Other Diagnostic Study	
TRANSFER ORDERS		
	☐ TRANSFER TO	
DISCHARGE INSTRUCTION	DNS	
	☐ DISCHARGE PATIENT	
ADDITIONAL ORDERS		
	Other	
THROMBOLYSIS IN MYOCARDIAL INFARTION (TIMD) ACS RISK	ONE POINT IS ASSIGNED FOR EACH POSITIVE VALUE IN THE SEVEN CRITERIA LISTED AGE 65 OR OLDER CHEST PAIN / PRESSURE WITHIN THE LAST 24 HOURS	1 POINT
STRATIFICATION TOOL	3 OR MORE RISK FACTORS FAMILY HX OF CAD DIABETES MELLITUS HYPERCHOLESTEROLEMIA SMOKING HYPERTENSION	1 POINT
	PREVIOUSLY DIAGNOSED CORONARY ARTERY DISEASE	1 POINT
	ASPIRIN TAKEN IN THE LAST 24 HOURS	1 POINT
	ST SEGMENT DEVIATION (ELEVATION OR DEPRESSION) EQUAL TO OR GREATER THAN 0.5 mm	1 POINT
	ELEVATED TROPONIN LEVEL (ANY ABOVE YOUR INSTITUTION'S NORMAL RANGES)	1 POINT
	TOTAL SCORE	

ACS RISK TABLE

SCORE	RISK OF DEATH MI OR URGENT NEED FOR REVASCULARIZARION WITHIN NEXT 14 DAYS	RISK STATUS
0 - 2	5 - 8 PERCENT	LOW
3 - 4	13 - 20 PERCENT	INTERMEDIATE
5 - 7	26 - 41 PERCENT	HIGH